



CONFEDERACION ATLETICA DEL ITSMO CENTROAMERICANO
FEDERACION SALVADOREÑA DE ATLETISMO
XIII CAMPEONATO CENTROAMERICANO U14 Y U16



SABADO 30 DE NOVIEMBRE Y DOMINGO 1 DE DICIEMBRE DE 2019
ESTADIO NACIONAL JORGE MAGICO GONZALEZ

PROGRAMA DE COMPETENCIAS / TIME TABLE ** VERSION 1 - al 10 de Septiembre **

JORNADA 1 * SABADO 30 MAÑANA / SATURDAY MORNING						
#	HORA	PRUEBA / EVENT	CAT	SEXO	SERIE	AT
1	8:00	80 metros / metres	U14	MAS	Heptatlon 1	
2	8:00	Pertiga / Pole Vault	U16	FEM	Final	
3	8:00	Altura / High Jump	U16	MAS	Final	
4	8:10	80 metros / metres	U14	FEM	Heptatlon 1	
5	8:20	80 metros / metres	U16	FEM	Heptatlon 1	
6	8:25	80 metros / metres	U16	MAS	Heptatlon 1	
7	8:30	2000 marcha / walk	U14	FEM	Final	
8	8:30	4000 marcha / walk	U16	FEM	Final	
9	8:30	Bala / Shot Put (3k)	U14	MAS	Heptatlon 2	
10	8:40	Longitud / Long Jump	U14	FEM	Heptatlon 2	
11	9:00	100 metros / metres	U16	FEM	Eliminatoria	
12	9:15	100 metros / metres	U16	MAS	Eliminatoria	
13	9:15	Pertiga / Pole Vault	U16	MAS	Final	
14	9:15	Altura / High Jump	U16	FEM	Heptatlon 2	
15	9:30	2000 Obst. / Steeple (0.76)	U16	FEM	Final	
16	9:45	2000 Obst. / Steeple (0.76)	U16	MAS	Final	
17	10:00	Longitud / Long Jump	U16	MAS	Heptatlon 2	
18	10:00	Martillo / Hammer (4k)	U16	MAS	Final	
19	10:00	Martillo / Hammer (3k)	U16	FEM	Final	
20	10:30	100 metros / metres	U16	FEM	Final	
21	10:45	100 metros / metres	U16	MAS	Final	

JORNADA 2 * SABADO 30 TARDE / SATURDAY EVENING						
#	HORA	PRUEBA / EVENT	CAT	SEXO	SERIE	AT
3:30 INAUGURACION						
22	4:00	150 metros / metres	U16	FEM	Eliminatoria	
23	4:00	Bala / Shot Put (3k)	U14	FEM	Heptatlon 3	
24	4:00	Longitud / Long Jump	U14	MAS	Heptatlon 3	
25	4:00	Altura / High Jump	U16	MAS	Heptatlon 3	
26	4:15	150 metros / metres	U16	MAS	Eliminatoria	
27	4:30	300m vallas / hurdles (0.76)	U16	FEM	Final x Tiempo	
28	4:45	300m vallas / hurdles (0.76)	U16	MAS	Final x Tiempo	
29	5:00	600 metros / metres	U16	FEM	Final	
30	5:00	Disco / Discus (1k)	U16	FEM	Final	
31	5:15	600 metros / metres	U16	MAS	Final	
32	5:25	Altura / High Jump	U16	FEM	Final	
33	5:25	Bala / Shot Put (3k)	U16	FEM	Heptatlon 3	
34	5:25	Salto Triple / Triple Jump (8m)	U16	FEM	Final	
35	5:30	150 metros / metres	U16	FEM	Final	
36	5:45	150 metros / metres	U16	MAS	Final	
37	6:15	Disco / Discus (1k)	U16	MAS	Final	
38	6:25	Salto Triple / Triple Jump (10m)	U16	MAS	Final	
39	6:30	Relevo 4x100 / Relays	U14	Mixto	Final	
40	6:45	Relevo 4x100 / Relays	U16	FEM	Final	
41	7:00	Relevo 4x100 / Relays	U16	MASC	Final	

JORNADA 3 * DOMINGO 1 MAÑANA / SUNDAY MORNING						
#	HORA	PRUEBA / EVENT	CAT	SEXO	SERIE	AT
42	8:00	60m vallas/hurdles (0.76mts)	U14	FEM	Heptatlon 4	
43	8:00	Jabalina / Javelin (500g) *NORTE*	U16	FEM	Final	
44	8:10	80m vallas / hurdles (0.76mts)	U16	FEM	Heptatlon 4	
45	8:20	80m vallas/hurdles (0.84mts)	U14	MAS	Heptatlon 4	
46	8:30	100m vallas / hurdles (0.84mts)	U16	MAS	Heptatlon 4	
47	8:30	Altura / High Jump	U14	FEM	Heptatlon 5	
48	8:45	3000 marcha / walk	U14	MAS	Final	
49	8:45	5000 marcha / walk	U16	MAS	Final	
50	9:00	Longitud / Long Jump	U16	FEM	Heptatlon 5	
51	9:15	Lanz. Pelota / Baseball Throw *NORTE*	U14	MAS	Heptatlon 5	
52	9:30	1200 metros / metres	U16	FEM	Final	
53	9:30	Bala / Shot Put (4k)	U16	MAS	Heptatlon 5	
54	9:45	1200 metros / metres	U16	MAS	Final	
55	10:15	300 metros / metres	U16	FEM	Final x Tiempo	
56	10:15	Jabalina / Javelin (600g) *NORTE*	U16	MAS	Final	
57	10:30	300 metros / metres	U16	MAS	Final x Tiempo	

JORNADA 4 * DOMINGO 1 TARDE / SUNDAY EVENING						
#	HORA	PRUEBA / EVENT	CAT	SEXO	SERIE	AT
58	3:00	80m vallas / hurdles (0.76mts)	U16	FEM	Semifinal	
59	3:00	Altura / High Jump	U14	MAS	Heptatlon 6	
60	3:00	Lanz. Pelota / Baseball Throw *NORTE*	U14	FEM	Heptatlon 6	
61	3:15	100m vallas / hurdles (0.84mts)	U16	MAS	Semifinal	
62	3:30	Longitud / Long Jump	U16	FEM	Final	
63	3:30	Bala / Shot Put (4k)	U16	FEM	Final	
64	3:45	2000 metros / metres	U16	FEM	Final	
65	4:00	2000 metros / metres	U16	MAS	Final	
66	4:15	Jabalina / Javelin (500g) *NORTE*	U16	FEM	Heptatlon 6	
67	4:15	Jabalina / Javelin (600g) *NORTE*	U16	MAS	Heptatlon 6	
68	4:30	80m vallas / hurdles (0.76mts)	U16	FEM	Final	
69	4:45	100m vallas / hurdles (0.84mts)	U16	MAS	Final	
70	4:45	Longitud / Long Jump	U16	MAS	Final	
71	4:45	Bala / Shot Put (4k)	U16	MAS	Final	
72	5:00	1000 metros / metres	U14	FEM	Heptatlon 7	
73	5:15	1200 metros / metres	U14	MAS	Heptatlon 7	
74	5:30	800 metros / metres	U16	FEM	Heptatlon 7	
75	5:45	1000 metros planos	U16	MAS	Heptatlon 7	
76	6:00	Relevo 8x100	U16	Mixto	Final	



CAMPEONATO / U14
CENTROAMERICANO / U16
DE ATLETISMO / U16
EL SALVADOR 2019

DOMINGO 1 DE DICIEMBRE A LA 7 PM
ENTREGA DE TROFEOS POR EQUIPO EN EL ESTADIO
TEAM AWARDS CEREMONIES AT THE STADIUM

- PRUEBAS U14 / U14 EVENTS
- PRUEBAS DE CAMPO U16 / U16 FIELD EVENTS
- XX PRUEBAS COMBINADAS U16 / U16 COMBINED EVENTS
- AT CANTIDAD DE ATLETAS POR PRUEBA / ATHLETES PER EVENT

RESULTADOS EN LINEA <https://atletismoelsalvador.revsys.net/>