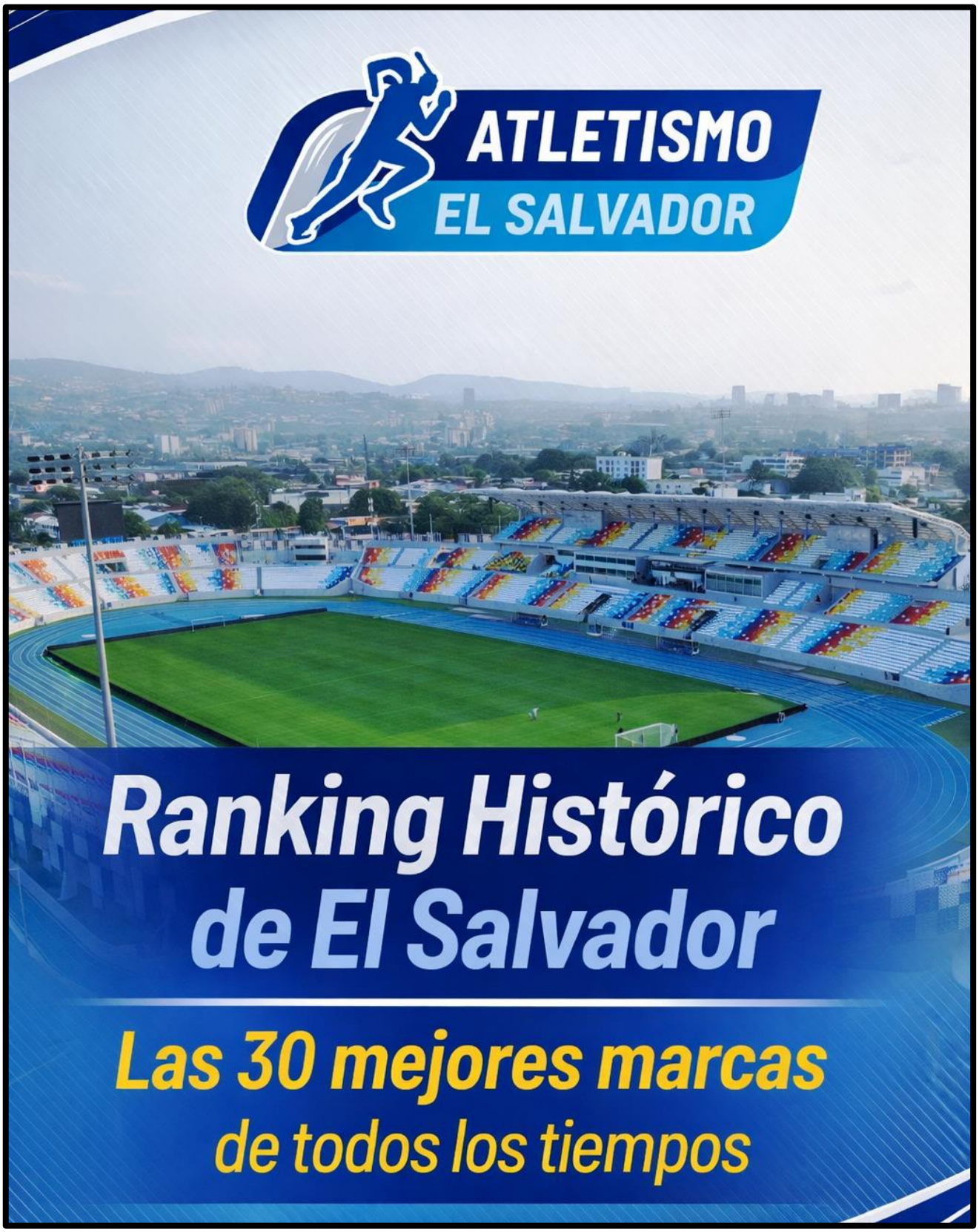
*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***



# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

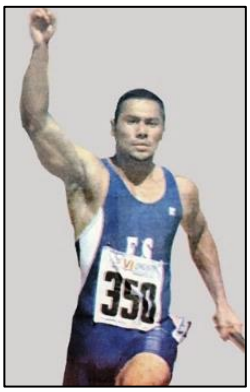
## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### 100 METROS PLANOS (-11.17s)

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| **1** | **10.35** | 1.5 | **Rubén Antonio Benitez** | **15-sep-1972** | **25** | **Individual** | **Fullerton** | **USA** | **23-abr-1998** | **Torneo** |
| **2** | **10.48** | 0.6 | Edgardo Antonio Serpas Rodas | 10-dic-1973 | **23** | Individual | Los Angeles, CA | USA | 3-may-1997 | Triang |
| **3** | **10.53** | -1.7 | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **28** | Individual | San José | CRC | 6-may-2023 | CAMayor |
| **4** | **10.58** | 0.0 | José Andrés Salazar Mijangos | 11-ene-1997 | **22** | Projuves | Chihuahua | MEX | 31-may-2019 | CNMayor |
| **5** | **10.68** | | Francisco Colorado | 16-oct-1967 | **22** | Individual | Guadalajara | MEX | 12-may-1990 | Torneo |
| **6** | **10.68** | 1.2 | Julio Cesar Roque Morales | 25-oct-1977 | **20** | Juvel | Guatemala | GUA | 7-nov-1997 | JuegosCA |
| **7** | **10.72** | 1.8 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **24** | Green Dreams | Natchitoches, LA | USA | 1-may-2010 | NSUInvit |
| **8** | **10.77** | | Carlos José Toledo | 19-mar-1973 | **18** | Individual | Cd. Víctoria | MEX | 21-jun-1991 | Torneo |
| **9** | **10.85** | 0.0 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **23** | CAS | Cuiba | BRA | 10-may-2024 | Ibero |
| **10** | **10.86** | -0.3 | José David Braghieri Peralta | 3-dic-1998 | **18** | Projuves | Guatemala | GUA | 25-nov-2017 | Torneo |
| **11** | **10.89** | | Aldo Salandra Bove | 3-jun-1958 | **18** | Individual | Xalapa | MEX | **26-ago-1976** | CACJuvenil |
| **12** | **10.89** | 1.4 | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **23** | CAS | San Salvador | ESA | 25-jun-2022 | CNMayor |
| **13** | **10.95** | | Juan Diego Medina Portillo | 18-feb-2010 | **15** | New Dreamers | San Salvador | ESA | **10-oct-2025** | Torneo |
| **14** | **10.96** | | Rene Edgardo Hernández | | | Individual | Cd. Víctoria | MEX | **1989** | Torneo |
| **15** | **10.96** | | Alejandro José Navarro Barriere | 8-feb-1979 | **19** | BFA | San Salvador | ESA | 4-jul-1998 | CNMayor |
| **16** | **10.97** | 1.7 | Piero Rafael Braghieri Peralta | 2-oct-2002 | **15** | Athletics Beans | San Salvador | ESA | 1-jun-2018 | CAJuvenil |
| **17** | **10.97** | 0.9 | José Rene Navas Ortiz | 12-jul-2002 | **21** | CAS | San Salvador | ESA | 3-sep-2023 | CNMayor |
| **18** | **10.98** | 1.0 | José Fabricio Marroquin Zepeda | 11-oct-1997 | **27** | ACSA Santa Ana | Managua | NCA | **2-ago-2025** | CAMayor |
| **19** | **11.01** | | José Adalberto Chorro Figueroa | 1-dic-1993 | **23** | Olimpicus | South Dakota | USA | 11-may-2017 | NSAACH |
| **20** | **11.02** | 0.1 | Fernando José Bonilla Diaz | 29-abr-2001 | **17** | Athletics Beans | San Salvador | ESA | 1-jun-2018 | CAJuvenil |
| **21** | **11.03** | -2.0 | Renan Alejandro Palma Bernabe | 13-oct-1990 | **18** | Olimpicus | San Salvador | ESA | 16-may-2009 | CAJuvenil |
| **22** | **11.04** | 1.9 | George Vincent Erazo Mureski | 10-may-1992 | **27** | Elite Feats | New York, NY | USA | 15-jun-2019 | Torneo |
| **23** | **11.06** | 1.5 | Ronal Alexis Moreno Alas | 14-jun-1996 | **25** | Green Dreams | San Salvador | ESA | 11-jun-2022 | Torneo |
| **24** | **11.07** | | Marcelo Gabriel Gamero Lucero | 17-nov-2008 | **16** | Trojans | San Salvador | ESA | **10-oct-2025** | Torneo |
| **25** | **11.09** | | Isaias Antonio Palencia Avelar | 13-ene-1993 | **16** | Olimpicus | San Salvador | ESA | 21-feb-2009 | Torneo |
| **26** | **11.14** | | Mario Enrique Quintanilla Ruiz | 13-sep-1985 | **20** | UES | Guatemala | GUA | 4-nov-2005 | Cempro |
| **27** | **11.14** | 1.6 | Juan Carlos Rivas Carcamo | 25-ago-1993 | **16** | Athletics Beans | San José | CRC | 18-sep-2009 | Codicader |
| **28** | **11.16** | | Luis Alonso Reyes Velásquez | 4-ene-1987 | **16** | Vitta | San Salvador | ESA | 28-jun-2003 | Torneo |
| **29** | **11.17** | 1.4 | Gabry Pratt Moreno Martinez | 22-ago-2003 | **18** | Projuves | San Salvador | ESA | 25-jun-2022 | CNMayor |
| **30** | **11.17** | -0.1 | Manuel Alejandro Aguilar Gonzalez | 1-jul-2004 | **18** | Trojans | San Salvador | ESA | 17-nov-2022 | AASCA |

*Rubén Benítez*



*Edgardo Serpas*

*Juan Carlos Rodríguez*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### CON VIENTO A FAVOR

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 10.42 | 2.7 | José Andrés Salazar Mijangos | 11-ene-1997 | 22 | Projuves | Managua | NCA | 22-jun-2019 | CAMayor |
| 2 | 10.53 | 2.7 | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | 24 | Olimpicus | Managua | NCA | 22-jun-2019 | CAMayor |
| 3 | 10.75 | 3.2 | Renan Alejandro Palma Bernabe | 13-oct-1990 | 20 | Arlington Univ. | Natchitoches, LA | USA | 16-abr-2011 | Northwest |
| 4 | 10.90 | 4.2 | Juan Diego Medina Portillo | 18-feb-2010 | 15 | New Dreamers | San Salvador | ESA | 14-jun-2025 | CAJuvenil |
| 5 | 10.96 | 2.7 | Rene Murillo | | | Individual | Mexico DF | MEX | 22-jul-1988 | Ibero |

### MARCAS MANUALES

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 10.6 | | Aldo Salandra Bove | 3-jun-1958 | 19 | Individual | San Salvador | ESA | 29-nov-1977 | JuegosCA |
| 2 | 10.6 | | Francisco Colorado | 16-oct-1967 | 20 | Individual | Mexico DF | MEX | 26-abr-1989 | Torneo |
| 3 | 10.7 | | Benjamin Reyes | | | Individual | San Salvador | ESA | 29-nov-1977 | JuegosCA |
| 4 | 10.7 | | Rene López Escobar | 14-jun-1963 | 22 | Batos | San Salvador | ESA | 21-sep-1985 | CNMayor |
| 5 | 10.8 | | Luis Chandier | | | Individual | San Salvador | ESA | 1987 | Torneo |
| 6 | 10.8 | -1.0 | Edgardo Antonio Serpas Rodas | 10-dic-1973 | 23 | Individual | San Pedro Sula | HON | 9-dic-1997 | JuegosCA |
| 7 | 10.8 | -0.9 | Julio Cesar Roque Morales | 25-oct-1977 | 20 | Juvel | San Pedro Sula | HON | 9-dic-1997 | JuegosCA |
| 8 | 10.9 | | Luis Antonio Amaya | | | Laspu | San Salvador | ESA | 13-ago-1994 | CNMayor |
| 9 | 11.0 | | Raul Antonio Mena | | | Individual | San Salvador | ESA | 18-sep-1965 | CAMayor |
| 10 | 11.0 | | Emilio Delgado | | | Individual | San Salvador | ESA | 1-oct-1974 | CNMayor |
| 11 | 11.0 | | Eduardo Chandier | | | SAS | San Salvador | ESA | 28-sep-1985 | CNMayor |
| 12 | 11.0 | | Lucas Oswaldo Miralda | 5-abr-1969 | 19 | Individual | Santo Domingo | DOM | 20-oct-1988 | Torneo |
| 13 | 11.0 | | Hector Armando Flores Paniagua | 6-feb-1974 | 19 | Emiliani | Guatemala | GUA | 23-sep-1993 | CNMayor |

*José Andrés Salazar*

*Aldo Salandra*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

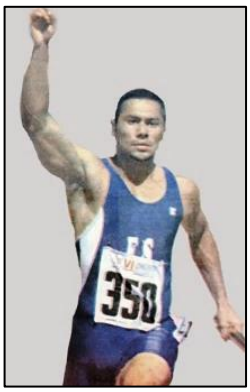
*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### 200 METROS PLANOS (-22.66s)

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 21.05 | 0.0 | Rubén Antonio Benitez | 16-sep-1972 | 25 | Individual | Los Angeles | USA | 16-may-1998 | Torneo |
| 2 | 21.23 | 1.3 | José Andrés Salazar Mijangos | 11-ene-1997 | 22 | Projuves | Managua | NCA | 22-jun-2019 | CAMayor |
| 3 | 21.30 | -0.3 | Edgardo Antonio Serpas Rodas | 10-dic-1973 | 25 | Individual | Bridgetown | BAR | 27-jun-1999 | CACMayor |
| 4 | 21.48 | -0.6 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | 23 | Green Dreams | Nacogdoches, TX | USA | 9-may-2009 | Southland |
| 5 | 21.57 | 0.8 | Renan Alejandro Palma Bernabe | 13-oct-1990 | 19 | Olimpicus | Arlington, TX | USA | 15-may-2010 | Southland |
| 6 | 21.65 | 0.5 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 22 | CAS | San Salvador | ESA | 2-jun-2024 | CNMayor |
| 7 | 21.73 | -0.2 | José David Braghieri Peralta | 3-dic-1998 | 18 | Projuves | Managua | NCA | 28-jul-2017 | CAJuvenil |
| 8 | 21.78 | 1.7 | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | 24 | CAS | San Salvador | ESA | 25-sep-2022 | Torneo |
| 9 | 21.91 | | Julio Cesar Roque Morales | 25-oct-1977 | 19 | Juvel | La Habana | CUB | 17-may-1997 | Torneo |
| 10 | 21.94 | | Rene Marcelo Figueroa | 30-nov-1982 | 21 | CEDH | San Salvador | ESA | 4-jul-2004 | CNMayor |
| 11 | 22.05 | | Carlos José Toledo | 19-mar-1973 | 24 | Sanjatts | San Salvador | ESA | 27-jul-1997 | Torneo |
| 12 | 22.15 | | Francisco Colorado | 16-oct-1967 | 22 | Individual | Guadalajara | MEX | 12-may-1990 | Torneo |
| 13 | 22.22 | 1.8 | Piero Rafael Braghieri Peralta | 2-oct-2002 | 16 | Olimpicus | Queretaro | MEX | 6-jul-2019 | NACACU18U23 |
| 14 | 22.23 | 1.2 | Rene López Escobar | 14-jun-1963 | 22 | Batos | Nassau | BAH | 26-jul-1985 | CACMayor |
| 15 | 22.23 | 1.8 | José Rene Navas Ortiz | 12-jul-2002 | 19 | CAS | San Salvador | ESA | 15-may-2022 | CNJuvenil |
| 16 | 22.26 | 0.0 | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | 24 | Olimpicus | Guatemala | GUA | 8-jun-2019 | CNMayor |
| 17 | 22.26 | 1.2 | Ronal Alexis Moreno Alas | 14-jun-1996 | 26 | Individual | Managua | NCA | 2-jul-2022 | CAMayor |
| 18 | 22.28 | 1.7 | Fernando José Bonilla Diaz | 29-abr-2001 | 16 | Athletics Beans | San Salvador | ESA | 14-oct-2017 | CNMayor |
| 19 | 22.28 | 1.5 | Sebastian Andrés Vidal Cerna | 17-ene-2002 | 17 | Athletics Beans | San José | CRC | 20-jul-2019 | PANAMU20 |
| 20 | 22.29 | | George Vincent Erazo Mureski | 10-may-1992 | 19 | Individual | Queens, NY | USA | 9-abr-2012 | |
| 21 | 22.35 | | Isaias Antonio Palencia Avelar | 13-ene-1993 | 15 | Olimpicus | San Pedro Sula | HON | 28-sep-2008 | Codicader |
| 22 | 22.41 | 1.2 | José Fabricio Marroquin Zepeda | 11-oct-1997 | 27 | ACSA Santa Ana | San Salvador | ESA | 29-jun-2025 | CNMayor |
| 23 | 22.50 | | Aldo Salandra Bove | 3-jun-1958 | 18 | Individual | Xalapa | MEX | 28-ago-1976 | CACJuvenil |
| 24 | 22.51 | | Roberto Cortes Molina | 10-feb-1981 | 23 | Leones | Guatemala | GUA | 6-nov-2004 | Cempro |
| 25 | 22.54 | | Rolando Arturo Ayala Hernández | 10-abr-1991 | 21 | Olimpicus | San Salvador | ESA | 7-abr-2013 | Torneo |
| 26 | 22.59 | | Mario Enrique Quintanilla Ruiz | 13-sep-1985 | 20 | UES | San Salvador | ESA | 15-oct-2005 | Torneo |
| 27 | 22.61 | 1.7 | Samuel José Ibáñez Guevara | 7-jul-2003 | 19 | CAS | San Salvador | ESA | 25-sep-2022 | Torneo |
| 28 | 22.63 | 0.6 | Gabry Pratt Moreno Martinez | 22-ago-2003 | 19 | Projuves | San Salvador | ESA | 26-jun-2022 | CNMayor |
| 29 | 22.65 | -1.2 | Cesar Alejandro Cornejo Nuila | 16-abr-1988 | 19 | Green Dreams | San Salvador | ESA | 26-may-2007 | CAJuvenil |
| 30 | 22.66 | | Gerardo Gutierrez | 4-nov-1991 | 16 | Batos | San Salvador | ESA | 23-ago-2008 | CNJuvenil |

*Rubén Benítez*

*José Andrés Salazar*



*Edgardo Serpas*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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### CON VIENTO A FAVOR

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 20.90 | 2.6 | José Andrés Salazar Mijangos | 11-ene-1997 | 22 | Projuves | Queretaro | MEX | 6-jul-2019 | NACACU18U23 |
| 2 | 20.94 | 2.7 | Rubén Antonio Benitez | 16-sep-1972 | 25 | Individual | Fullerton, CA | USA | 23-abr-1998 | Torneo |
| 3 | 21.40 | 4.1 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | 24 | Green Dreams | Natchitoches, LA | USA | 1-may-2010 | NorthInvt |
| 4 | 21.68 | 3.1 | José David Braghieri Peralta | 3-dic-1998 | 18 | Projuves | Managua | NCA | 28-jul-2017 | CAJuvenil |
| 5 | 21.85 | 3.2 | George Vincent Erazo Mureski | 10-may-1992 | 26 | Elite Feats | Azusa, CA | USA | 10-abr-2019 | Torneo |

### MARCAS MANUALES

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 21.6 | | Rene López Escobar | 14-jun-1963 | 22 | Batos | San Salvador | ESA | 21-sep-1985 | CNMayor |
| 2 | 22.1 | | Alejandro José Navarro Barriere | 8-feb-1979 | 19 | BFA | Guatemala | GUA | 27-nov-1998 | Torneo |
| 3 | 22.2 | | Aldo Salandra Bove | 3-jun-1958 | 19 | Individual | San Salvador | ESA | 30-nov-1977 | JuegosCA |
| 4 | 22.5 | | Emilio Delgado | | | Individual | San Salvador | ESA | 1-oct-1974 | CNMayor |
| 5 | 22.5 | | Luis Antonio Amaya | | | Laspu | San Salvador | ESA | 30-mar-1996 | Torneo |
| 6 | 22.6 | | Lucas Oswaldo Miralda | 5-abr-1969 | 20 | UTEC | San Salvador | ESA | 1989 | Torneo |
| 7 | 22.6 | | Benjamin Reyes | | | Individual | San Salvador | ESA | 30-nov-1977 | JuegosCA |
| 8 | 22.7 | | Oscar López | | | Individual | Guatemala | GUA | 27-sep-1958 | CAMayor |
| 9 | 22.7 | | Hector Alexander Centeno | 7-feb-1975 | 19 | Individual | San Salvador | ESA | 12-abr-1994 | Torneo |
| 10 | 22.8 | | Juan Carlos Colorado | 1-ene-1969 | 16 | Batos | Mexico DF | MEX | 22-jun-1985 | Nakasawa |
| 11 | 22.8 | | Francisco Colorado | 16-oct-1967 | 18 | Batos | San Salvador | ESA | 21-sep-1985 | CNMayor |

*René López*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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### 400 METROS PLANOS (-50.17s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 45.99 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | 26 | Green Dreams | Medellin | COL | 28-abr-2012 | XRestrepo |
| 2 | 46.57 | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | 24 | CAS | Oordegem | BEL | 27-may-2023 | IFAM |
| 3 | 47.51 | Rubén Antonio Benitez | 16-sep-1972 | 20 | Individual | Valencia | VEN | 1-may-1993 | Torneo |
| 4 | 47.56 | George Vincent Erazo Mureski | 10-may-1992 | 21 | Individual | Cheyney, PA | USA | 3-may-2014 | Torneo |
| 5 | 47.66 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 24 | CAS | San Salvador | ESA | 1-jun-2024 | CNMayor |
| 6 | 47.70 | Rene Marcelo Figueroa | 30-nov-1982 | 18 | Sanjatts | La Habana | CUB | 25-may-2001 | Barrientos |
| 7 | 47.76 | Sebastian Andrés Vidal Cerna | 17-ene-2002 | 22 | Athletics Beans | San Salvador | ESA | 28-jun-2024 | CAMayor |
| 8 | 47.86 | Ronal Alexis Moreno Alas | 14-jun-1996 | 21 | Green Dreams | Tegucigalpa | HON | 30-jun-2017 | CAMayor |
| 9 | 47.91 | Roberto Cortes Molina | 10-feb-1981 | 24 | Sanjatts | San José | CRC | 3-jun-2005 | CAMayor |
| 10 | 48.23 | Samuel José Ibáñez Guevara | 7-jul-2003 | 20 | CAS | San Salvador | ESA | 28-jun-2024 | CAMayor |
| 11 | 48.27 | José Rene Navas Ortiz | 12-jul-2002 | 20 | CAS | San José | CRC | 7-may-2023 | CAMayor |
| 12 | 48.32 | Rolando Arturo Ayala Hernández | 10-abr-1991 | 21 | Olimpicus | San José | CRC | 16-feb-2013 | Torneo |
| 13 | 48.37 | Santiago Heriberto Mellado | 6-abr-1963 | 25 | Individual | Seul | KOR | 28-sep-1988 | JOlimpicos |
| 14 | 48.41 | Carlos José Toledo | 19-mar-1973 | 24 | Sanjatts | San Salvador | ESA | 26-jul-1997 | Torneo |
| 15 | 48.47 | Francisco López Torres | 5-ago-1957 | 20 | Individual | Medellin | COL | 15-jul-1978 | Torneo |
| 16 | 48.71 | Rene López Escobar | 14-jun-1963 | 21 | Batos | Los Angeles, CA | USA | 4-ago-1984 | JOlimpicos |
| 17 | 48.93 | Joséph Alejandro Hernández Silva | 10-feb-1999 | 25 | CAS | San Salvador | ESA | 20-abr-2024 | CNJuvenil |
| 18 | 48.94 | Julio Cesar Martínez Canales | 7-oct-2004 | 20 | Individual | Managua | NCA | 2-ago-2025 | CAMayor |
| 19 | 49.07 | Alejandro José Navarro Barriere | 8-feb-1979 | 22 | Individual | Guatemala | GUA | 20-jul-2001 | CACMayor |
| 20 | 49.43 | Felix Antonio Gonzalez | 12-jun-1977 | 24 | Sanjatts | Guatemala | GUA | 29-nov-2001 | JuegosCA |
| 21 | 49.46 | Juan Andrés Moncayo Atalah | 15-oct-2008 | 15 | Trojans | San José | CRC | 18-may-2024 | CAJuvenil |
| 22 | 49.48 | Juan Francisco Cuellar Sandoval | 19-nov-1989 | 21 | Santa Ana | San Salvador | ESA | 28-may-2011 | CNJuvenil |
| 23 | 49.57 | Cesar Alejandro Cornejo Nuila | 16-abr-1988 | 19 | Green Dreams | San Salvador | ESA | 27-may-2007 | CAJuvenil |
| 24 | 49.78 | José Andrés Salazar Mijangos | 11-ene-1997 | 26 | Projuves | San Salvador | ESA | 1-abr-2023 | Torneo |
| 25 | 49.95 | Bryan Isaac Ramos Benitez | 18-sep-1989 | 23 | Individual | San Salvador | ESA | 6-abr-2013 | Torneo |
| 26 | 49.98 | Paul Joséph Dennehy | 29-ago-1982 | 22 | Juvel | San Salvador | ESA | 14-may-2005 | CNMayor |
| 27 | 49.99 | Erick David García | | | Juvel | San Salvador | ESA | 17-nov-2002 | Torneo |
| 28 | 50.00 | Paolo Cordon Mejia | 15-may-2003 | 20 | Green Dreams | San Salvador | ESA | 11-may-2024 | Torneo |
| 29 | 50.03 | Ruben Boanerges Quintanilla Baires | 9-jul-1981 | 22 | Vides Athletics | San Salvador | ESA | 26-jul-2003 | CNMayor |
| 30 | 50.17 | Frank Alberto Hernández Silva | 10-feb-1999 | 25 | CAS | San Salvador | ESA | 23-mar-2024 | Torneo |

*Takeshi Fujiwara*

*Pablo Ibáñez*

*Rubén Benítez*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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**MARCAS MANUALES**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 48.4 | Rene López Escobar | 14-jun-1963 | 22 | Batos | San Salvador | ESA | 22-sep-1985 | CNMayor |
| 2 | 48.4 | Alejandro José Navarro Barriere | 8-feb-1979 | 19 | Individual | Guatemala | GUA | 26-nov-1998 | Torneo |
| 3 | 49.1 | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | 21 | Individual | San José | CRC | 28-nov-1975 | CAMayor |
| 4 | 49.5 | Salvador López Torres | 5-ago-1957 | 18 | Individual | San José | CRC | 29-nov-1975 | CAMayor |
| 5 | 49.6 | Carlos José Toledo | 19-mar-1973 | 20 | Sanjatts | San Salvador | ESA | 18-jun-1993 | CNMayor |
| 6 | 49.7 | Francisco López Torres | 5-ago-1957 | 20 | Individual | San Salvador | ESA | 1-dic-1977 | JuegosCA |
| 7 | 50.1 | Carlos Humberto Alas | | | ENA | San Salvador | ESA | 22-sep-1985 | CNMayor |
| 8 | 50.3 | Hector Armando Flores Paniagua | 6-feb-1974 | 19 | Individual | Guatemala | GUA | 25-sep-1993 | CNMayor |
| 9 | 50.6 | Ernesto Napoleon Vides Oliva | 15-dic-1949 | 27 | Individual | San Salvador | ESA | 19-nov-1977 | Torneo |
| 10 | 50.6 | Hernan Antonio Castro Hernández | 1-ene-1963 | 22 | ENA | San Salvador | ESA | 30-nov-1985 | Torneo |

*René López*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### 800 METROS PLANOS (-1.57.81s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1.50.43 | Aaron Alexander Hernández Bolaños | 6-mar-2000 | 25 | Betania | Freeport | BAH | 15-ago-2025 | NACACMayor |
| 2 | 1.50.85 | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | 24 | CAS | San Salvador | ESA | 26-jun-2022 | CNMayor |
| 3 | 1.51.63 | George Vincent Erazo Mureski | 10-may-1992 | 30 | Individual | San José | CRC | 6-may-2023 | CAMayor |
| 4 | 1.52.14 | Joséph Alejandro Hernández Silva | 10-feb-1999 | 24 | CAS | San Salvador | ESA | 4-jul-2023 | JuegosCAC |
| 5 | 1.52.64 | Roberto Cortes Molina | 10-feb-1981 | 24 | Sanjatts | San José | CRC | 3-jun-2005 | CAMayor |
| 6 | 1.52.91 | Ronal Alexis Moreno Alas | 14-jun-1996 | 19 | Green Dreams | Rio de Janeiro | BRA | 14-may-2016 | Ibero |
| 7 | 1.53.12 | Cesar Augusto Arias Samayoa | 4-nov-1978 | 23 | Bansal | San Salvador | ESA | 20-jul-2002 | Torneo |
| 8 | 1.53.99 | Francis de Jesus Jimenez | 9-jun-1985 | 21 | Betania | San José | CRC | 8-jun-2007 | CAMayor |
| 9 | 1.54.1 | Francisco López Torres | 5-ago-1957 | 20 | Individual | San Salvador | ESA | 29-nov-1977 | JuegosCA |
| 10 | 1.54.56 | Jon Diaz Querejeta | 7-jun-2001 | 24 | Individual | Managua | NCA | 3-ago-2025 | CAMayor |
| 11 | 1.54.70 | Oscar Omar Villata Fuentes | 1-ene-1983 | 23 | UES | San Salvador | ESA | 4-jun-2006 | Torneo |
| 12 | 1.54.85 | David Josué Reina | 17-sep-1983 | 18 | Festina | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 13 | 1.54.91 | Luis Gustavo Solorzano Osorio | 25-nov-1996 | 17 | Betania | Tegucigalpa | HON | 20-jun-2014 | CAMayor |
| 14 | 1.55.06 | Erick Saul Hernández Salguero | 28-sep-1998 | 18 | Fenix | Tegucigalpa | HON | 30-jun-2017 | CAMayor |
| 15 | 1.55.15 | Ronald Ernesto Arias | 1-ene-1973 | 24 | Bansal | San Pedro Sula | HON | 11-dic-1997 | JuegosCA |
| 16 | 1.55.33 | Juan Manuel Canjura | 30-sep-1980 | 24 | Betania | San Salvador | ESA | 15-may-2005 | CNMayor |
| 17 | 1.55.37 | Juan Andrés Moncayo Atalah | 15-oct-2008 | 15 | Trojans | San José | CRC | 19-may-2024 | CAJuvenil |
| 18 | 1.55.50 | Paolo Cordon Mejia | 15-may-2003 | 21 | Green Dreams | San Salvador | ESA | 2-jun-2024 | CNMayor |
| 19 | 1.55.59 | Juan Pablo Arafath Tutila | 20-jun-1980 | 18 | Individual | San Salvador | ESA | 6-jun-1999 | Torneo |
| 20 | 1.55.7 | Giovanni Edgardo García Medrano | 22-feb-1969 | 20 | UES | San Salvador | ESA | 11-ene-1990 | JuegosCA |
| 21 | 1.55.72 | Marlon Vladimir Monterrosa | 13-oct-1987 | 16 | Cojute L.Beltran | Managua | NCA | 17-sep-2004 | Codicader |
| 22 | 1.55.94 | Cain Elias Rodriguez | 26-oct-1983 | 17 | Betania | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 23 | 1.56.92 | Ruben Boanerges Quintanilla Baires | 9-jul-1981 | 22 | Vides Athletics | La Habana | CUB | 24-abr-2004 | CNMayor |
| 24 | 1.57.01 | Juan José Giron | | | Ipsfa-Sanjatts | San Salvador | ESA | 10-sep-1995 | CNMayor |
| 25 | 1.57.14 | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | 16 | Individual | San Salvador | ESA | 17-jul-1971 | Torneo |
| 26 | 1.57.31 | Juan Carlos Acosta Latino | 6-ene-1996 | 16 | Vitta Sanjatts | San Salvador | ESA | 25-may-2012 | CAJuvenil |
| 27 | 1.57.35 | José Rene Navas Ortiz | 12-jul-2002 | 21 | CAS | San Salvador | ESA | 12-may-2024 | Torneo |
| 28 | 1.57.49 | Salvador Francisco Romero | 14-may-1984 | 19 | Betania | San Salvador | ESA | 4-abr-2004 | Torneo |
| 29 | 1.57.7 | José Argueta | | | Individual | San Salvador | ESA | 1987 | Torneo |
| 30 | 1.57.81 | Víctor Manuel Castro Acevedo | 26-abr-1992 | 18 | Asterix | Panama | PAN | 28-may-2010 | CAJuvenil |

*Aarón Hernández*

*Pablo Ibáñez*

*George Erazo*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### 1500 METROS PLANOS (-4.08.64s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 3.47.93 | Aaron Alexander Hernández Bolaños | 6-mar-2000 | 25 | Betania | Freeport | BAH | 16-ago-2025 | NACACMayor |
| 2 | 3.54.11 | Cesar Enrique Peraza Rodriguez | 13-ago-1997 | 25 | Betania | San Salvador | ESA | 14-may-2022 | CNJuvenil |
| 3 | 3.55.52 | Francis de Jesus Jimenez | 9-jun-1985 | 21 | Betania | San José | CRC | 2-sep-2006 | TorneoCA |
| 4 | 3.56.56 | Luis Gustavo Solorzano Osorio | 25-nov-1996 | 18 | Betania | Tegucigalpa | HON | 21-jun-2014 | CAMayor |
| 5 | 3.56.66 | Ronald Ernesto Arias | 1-ene-1973 | 24 | Bansal | San Pedro Sula | HON | 13-dic-1997 | JuegosCA |
| 6 | 3.57.70 | Erick Amilcar Bonilla Rosa | 8-oct-1981 | 20 | Bansal | San German | PUR | 30-mar-2002 | Torneo |
| 7 | 3.58.3 | Rene Francis Merino Monroy | 30-dic-1963 | 25 | Escuela Naval | Santiago | CHI | 1-jul-1989 | Torneo |
| 8 | 3.58.7 | Dagoberto Perez | 26-mar-1964 | 29 | UES | Cali | COL | 1-ago-1993 | CACMayor |
| 9 | 4.00.73 | Juan Manuel Canjura | 30-sep-1980 | 19 | Betania | La Habana | CUB | 29-jul-2000 | Barrientos |
| 10 | 4.01.5 | Cesar Augusto Arias Samayoa | 4-nov-1978 | 19 | Denver | San Salvador | ESA | 4-jul-1998 | CNMayor |
| 11 | 4.01.72 | David Alexander Escobar Castillo | 7-jul-1995 | 22 | Sn José Guayabal | Tegucigalpa | HON | 30-jun-2017 | CAMayor |
| 12 | 4.02.2 | José Fernando López | 5-feb-1982 | 16 | Leones | San Salvador | ESA | 4-jul-1998 | CNMayor |
| 13 | 4.03.0 | Eduardo Hernández | | | Individual | San Salvador | ESA | 8-ago-1977 | CNMayor |
| 14 | 4.03.0 | Wilfredo Ayala Soriano | 11-ago-1961 | 21 | Individual | San Salvador | ESA | 12-jun-1983 | Torneo |
| 15 | 4.03.45 | William Stanley Marroquin | 3-may-1978 | 27 | Betania | San Salvador | ESA | 14-may-2005 | CNMayor |
| 16 | 4.03.53 | Oscar William Calderon | 11-sep-1966 | 21 | Aetos | San Salvador | ESA | 1987 | Torneo |
| 17 | 4.04.46 | Salvador Francisco Romero | 14-may-1984 | 19 | Betania | San José | CRC | 4-sep-2003 | CAJuvenil |
| 18 | 4.04.65 | Marlon Vladimir Monterrosa | 13-oct-1987 | 16 | Cojute L.Beltran | San Salvador | ESA | 30-may-2004 | CNJuvenil |
| 19 | 4.04.68 | David Josué Reina | 17-sep-1983 | 18 | Individual | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 20 | 4.04.73 | Francisco Salvador Romero | 20-jun-1984 | 20 | Betania | San Salvador | ESA | 3-jul-2004 | CNMayor |
| 21 | 4.04.97 | Noe Antonio Rivas Valenzuela | 18-jul-1996 | 21 | Betania | San Salvador | ESA | 13-may-2017 | Torneo |
| 22 | 4.05.03 | Cristian Bladimir Quintanilla Castillo | 1-ene-1991 | 15 | Batos | Puerto España | TTO | 14-jul-2006 | CACJuvenil |
| 23 | 4.05.42 | Cain Elias Rodriguez | 26-oct-1983 | 19 | Betania | San Salvador | ESA | 26-jul-2003 | CNMayor |
| 24 | 4.06.12 | Douglas Omar Aguilar Perez | 15-feb-1989 | 22 | Betania | San José | CRC | 24-jun-2011 | CAMayor |
| 25 | 4.06.36 | Amilcar Arturo Tejada Escobar | 1-ago-1992 | 30 | Fuerza Armada | San Salvador | ESA | 25-jun-2022 | CNMayor |
| 26 | 4.06.76 | Carlos Rene Aguilar Perez | 4-abr-1992 | 17 | Betania | San Salvador | ESA | 16-may-2009 | CAJuvenil |
| 27 | 4.06.86 | William Edgardo Salinas | 3-may-1978 | 26 | Betania | San Salvador | ESA | 2-abr-2005 | Torneo |
| 28 | 4.07.4 | Alex Armando Calderon | 1-ene-1967 | 18 | Aetos | San Salvador | ESA | 28-sep-1985 | CNMayor |
| 29 | 4.08.14 | Erick Saul Hernández Salguero | 28-sep-1998 | 19 | Individual | Managua | NCA | 28-jul-2017 | CAJuvenil |
| 30 | 4.08.64 | Ivan Alfredo Menéndez Magaña | 21-mar-1994 | 31 | Fuerza Armada | San Salvador | ESA | 16-abr-2025 | Torneo |

*Aaron Hernández*

*Cesar Peraza*

*Francis Jiménez*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### 3000 METROS PLANOS (-9.30.00s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **8.42.29** | **Benjamin Ricardo Jimenez García** | **31-mar-1993** | **30** | **Fuerza Armada** | **San Salvador** | **ESA** | **10-mar-2024** | **Torneo** |
| 2 | 8.43.46 | Cesar Enrique Peraza Rodriguez | 13-ago-1997 | 22 | Betania | San Salvador | ESA | 1-feb-2020 | Torneo |
| 3 | 8.44.31 | Oscar Antonio Aldana Hernández | 25-oct-1990 | 33 | AdN | San Salvador | ESA | 10-mar-2024 | Torneo |
| 4 | 8.46.62 | Francis de Jesus Jimenez | 9-jun-1985 | 20 | Betania | San Salvador | ESA | 19-mar-2006 | Torneo |
| 5 | 8.50.40 | Williams Alexander Sanchez Rivera | 11-feb-1983 | 23 | Betania | San Salvador | ESA | 19-mar-2006 | Torneo |
| 6 | 8.51.11 | William Stanley Marroquin | 3-may-1978 | 25 | Betania | San Salvador | ESA | 12-mar-2005 | Torneo |
| 7 | 8.52.75 | William Edgardo Salinas | 28-may-1983 | 21 | Betania | San Salvador | ESA | 12-mar-2005 | Torneo |
| 8 | 8.53.77 | David Alexander Escobar Castillo | 7-jul-1995 | 23 | Sn José Guayabal | San Salvador | ESA | 3-mar-2019 | Torneo |
| 9 | 8.54.99 | Luis Gustavo Solorzano Osorio | 25-nov-1996 | 16 | Betania | San Salvador | ESA | 28-abr-2013 | CNJuvenil |
| 10 | 8.55.14 | Aaron Alexander Hernández Bolaños | 6-mar-2000 | 24 | Betania | San Salvador | ESA | 10-mar-2024 | Torneo |
| 11 | 8.57.43 | Amilcar Arturo Tejada Escobar | 1-ago-1992 | 32 | Fuerza Armada | San Salvador | ESA | 10-mar-2024 | Torneo |
| 12 | 9.02.22 | Cristian Bladimir Quintanilla Castillo | 1-ene-1991 | 15 | Batos | Panamá | PAN | 10-sep-2006 | Codicader |
| 13 | 9.04.05 | Douglas Omar Aguilar Perez | 15-feb-1989 | 17 | Betania | Panamá | PAN | 10-sep-2006 | Codicader |
| 14 | 9.06.77 | Carlos Rene Aguilar Perez | 4-abr-1992 | 17 | Betania | San Salvador | ESA | 24-abr-2009 | CNJuvenil |
| 15 | 9.07.04 | José Vladimir Maravilla Hernández | 15-ago-1998 | 16 | Individual | San Salvador | ESA | 12-jun-2015 | CAJuvenil |
| 16 | 9.07.49 | Diego Ernesto Linares Mendez | 14-abr-2006 | 19 | Green Dreams | San Salvador | ESA | **14-jun-2025** | CAJuvenil |
| 17 | 9.10.71 | Diego Pablo Roca Hernández | 5-sep-1996 | 21 | Sn José Guayabal | San Salvador | ESA | 25-feb-2018 | Torneo |
| 18 | 9.10.80 | Marlon Vladimir Monterrosa | 13-oct-1987 | 16 | Cojute López Beltran | Managua | NCA | 19-sep-2004 | Codicader |
| 19 | 9.11.46 | Erick Amilcar Bonilla Rosa | 8-oct-1981 | 18 | Bansal | San Salvador | ESA | 21-sep-2000 | Torneo |
| 20 | 9.17.1 | Guillermo Isai Delgado | 11-feb-1989 | 17 | Tepetitan | Santa Ana | ESA | 10-feb-2007 | Torneo |
| 21 | 9.18.18 | Jonathan Geovanny Santos Borja | 11-nov-1994 | 24 | Betania/UES | San Salvador | ESA | 10-feb-2019 | Torneo |
| 22 | 9.18.44 | Joséph Alejandro Hernández Silva | 10-feb-1999 | 19 | Individual | San Salvador | ESA | 25-feb-2018 | Torneo |
| 23 | 9.18.99 | Ronald de Jesus Monterrosa Beltran | 16-jun-1997 | 18 | Cojutepeque | San Salvador | ESA | 6-feb-2016 | Torneo |
| 24 | 9.19.80 | Nelson Ismael Aldana Henriquez | 3-feb-2001 | 17 | Fénix | San Salvador | ESA | 1-jun-2018 | CAJuvenil |
| 25 | 9.20.28 | Luis Alonso Loucel Saca | 11-feb-1988 | 33 | Rasan | San Salvador | ESA | 20-feb-2021 | Torneo |
| 26 | 9.21.50 | Ivan Alfredo Menendez Magaña | 21-mar-1994 | 29 | Fuerza Armada | San Salvador | ESA | 11-feb-2024 | Torneo |
| 27 | 9.26.60 | Gabriel Armando Jimenez García | 29-sep-2007 | 17 | Betania | San Salvador | ESA | **14-jun-2025** | CAJuvenil |
| 28 | 9.28.71 | Salvador de Jesus Cañas Paiz | 20-abr-2001 | 19 | Rasan | San Salvador | ESA | 20-feb-2021 | Torneo |
| 29 | 9.29.93 | Kevin Rolando Gochez Guardado | 13-dic-1993 | 15 | Batos | San Salvador | ESA | 17-may-2009 | CAJuvenil |
| 30 | 9.29.98 | Erick Saul Hernández Salguero | 28-sep-1998 | 17 | Fénix | San Salvador | ESA | 6-feb-2016 | Torneo |

*Benjamín Jiménez*

*Cesar Peraza*

*Oscar Aldana*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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### 5000 METROS PLANOS (-15.50.00)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 14.20.69 | Carlos Alcides Santos Tobar | 7-jun-2000 | 21 | Stony Brook U | New York, NY | USA | 19-may-2023 | TrackNight |
| 2 | 14.38.37 | Ronald Ernesto Arias | 1-ene-1973 | 28 | Bansal | La Habana | CUB | 27-may-2001 | Barrientos |
| 3 | 14.46.81 | Oscar Antonio Aldana Hernández | 25-oct-1990 | 34 | AdN | San Salvador | ESA | 28-jun-2025 | CNMayor |
| 4 | 15.05.95 | Benjamin Ricardo Jimenez García | 31-mar-1993 | 31 | Fuerza Armada | San Salvador | ESA | 1-jun-2024 | CNMayor |
| 5 | 15.08.98 | Williams Alexander Sanchez Rivera | 11-feb-1983 | 28 | Betania | San José | CRC | 24-jun-2011 | CAMayor |
| 6 | 15.10.42 | Carlos Rene Aguilar Perez | 4-abr-1992 | 22 | Betania | San Salvador | ESA | 30-may-2014 | CNMayor |
| 7 | 15.12.22 | Juan Carlos Ochoa Bernal | 2-dic-1969 | 20 | Individual | Cdad. Víctoria | MEX | 1989 | Torneo |
| 8 | 15.13.61 | José Daniel Guzman | 21-ago-1968 | 25 | Individual | Ponce | PUR | 25-nov-1993 | JuegosCAC |
| 9 | 15.14.6 | José Jaime Hernández Rosales | | | Individual | San Salvador | ESA | 1-jun-1979 | Torneo |
| 10 | 15.15.33 | William Edgardo Salinas | 28-may-1983 | 21 | UES | Managua | NCA | 25-sep-2004 | CAMayor |
| 11 | 15.16.00 | Erick Amilcar Bonilla Rosa | 8-oct-1981 | 20 | Bansal | Ponce | PUR | 13-abr-2002 | JustasLAI |
| 12 | 15.16.36 | German Escamilla | 12-may-1970 | 23 | Individual | San Salvador | ESA | 17-ene-1994 | JuegosCA |
| 13 | 15.17.10 | Douglas Cardona | | | Agua Cristal | San Salvador | ESA | 22-mar-1997 | Torneo |
| 14 | 15.18.1 | Oscar William Calderon | 11-sep-1966 | 23 | Coca Cola | San Salvador | ESA | 1989 | CNMayor |
| 15 | 15.18.21 | Aaron Alexander Hernández Bolaños | 6-mar-2000 | 24 | Betania | San Salvador | ESA | 1-jun-2024 | CNMayor |
| 16 | 15.22.4 | Víctor Manuel Vasquez Valletas | 10-mar-1964 | 25 | ANTEL | San Salvador | ESA | 1989 | Torneo |
| 17 | 15.22.9 | Cesar Enrique Peraza Rodriguez | 13-ago-1997 | 24 | Betania | Guatemala | GUA | 26-mar-2022 | Torneo |
| 18 | 15.27.7 | Dagoberto Perez | 26-mar-1964 | 25 | UES | San Salvador | ESA | 1989 | Torneo |
| 19 | 15.27.93 | David Alexander Escobar Castillo | 7-jul-1995 | 18 | Sn José Guayabal | San Salvador | ESA | 30-may-2014 | CNMayor |
| 20 | 15.30.50 | Jorge Hernández | 18-feb-1981 | 20 | Bansal | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 21 | 15.34.59 | Gabriel Armando Jimenez García | 29-sep-2007 | 17 | Betania | San Salvador | ESA | 3-may-2025 | CNJuvenil |
| 22 | 15.34.80 | Fernando Jossue Escobar Barrera | 18-nov-1999 | 19 | UT Rio Grande USA | Houston, TX | USA | 20-abr-2019 | DucketMeet |
| 23 | 15.38.59 | Amilcar Arturo Tejada Escobar | 1-ago-1992 | 32 | Fuerza Armada | San Salvador | ESA | 23-mar-2024 | Torneo |
| 24 | 15.39.0 | Eduardo Hernández | | | Individual | San José | CRC | 24-jul-1975 | CAJuvenil |
| 25 | 15.39.57 | Salvador de Jesus Cañas Paiz | 20-abr-2001 | 21 | Rasan | San Salvador | ESA | 11-jun-2022 | Torneo |
| 26 | 15.42.94 | Ernesto Represa Monroy | 9-nov-1987 | 25 | Fenix | San Salvador | ESA | 19-ene-2013 | Torneo |
| 27 | 15.43.51 | Ronald de Jesus Monterrosa Beltran | 16-jun-1997 | 20 | Cuscatlan | San Salvador | ESA | 23-sep-2017 | Torneo |
| 28 | 15.44.86 | Jonathan Geovanny Santos Borja | 11-nov-1994 | 23 | Betania | San Salvador | ESA | 25-mar-2018 | Torneo |
| 29 | 15.48.0 | Rene Francis Merino Monroy | 30-dic-1963 | 25 | Escuela Naval | Valparaiso | CHI | 17-jun-1989 | Torneo |
| 30 | 15.50.3 | Alex Armando Calderon | 1-ene-1967 | 18 | Aetos | San Salvador | ESA | 29-sep-1985 | CNMayor |

*Carlos Santos*

*Ronald Arias*

*Oscar Aldana*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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### 10000 METROS PLANOS (-33.38.00s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 30.27.96 | Ronald Ernesto Arias | 1-ene-1973 | 28 | Bansal | C. Habana | CUB | 25-may-2001 | Barrientos |
| 2 | 30.43.58 | Oscar Antonio Aldana Hernández | 25-oct-1990 | 31 | Betania | San Salvador | ESA | 29-jun-2024 | CAMayor |
| 3 | 31.20.26 | Juan Carlos Ochoa Bernal | 2-dic-1969 | 27 | Bansal | Cdad. Víctoria | MEX | 16-jun-1989 | Torneo |
| 4 | 31.24.9 | José Jaime Hernández Rosales | | | Individual | San Juan | PUR | 7-jul-1979 | Juegos PANAM |
| 5 | 31.38.47 | Williams Alexander Sanchez Rivera | 11-feb-1983 | 28 | Betania | San José | CRC | 24-jun-2011 | CAMayor |
| 6 | 31.46.68 | José Daniel Guzman | 21-ago-1968 | 25 | Individual | Ponce | PUR | 23-nov-1993 | JuegosCAC |
| 7 | 31.51.07 | Dagoberto Perez | 26-mar-1964 | 30 | UES | San Salvador | ESA | 16-dic-1994 | CopaESA |
| 8 | 31.59.22 | Benjamin Ricardo Jimenez García | 31-mar-1993 | 31 | Fuerza Armada | San Salvador | ESA | 29-jun-2024 | CAMayor |
| 9 | 32.05.9 | Víctor Manuel Vasquez Valletas | 10-mar-1964 | 25 | ANTEL | San Salvador | ESA | 20-ago-1989 | Torneo |
| 10 | 32.09.6 | Juan Francisco Vasquez | | | Individual | Guatemala | GUA | 17-ago-1984 | CAMayor |
| 11 | 32.13.01 | William Edgardo Salinas | 28-may-1983 | 21 | UES | Managua | NCA | 25-sep-2004 | CAMayor |
| 12 | 32.16.91 | Carlos Rene Aguilar Perez | 4-abr-1992 | 21 | Betania | San Salvador | ESA | 7-abr-2013 | Torneo |
| 13 | 32.19.04 | Luis Alonso Loucel Saca | 11-feb-1988 | 34 | Individual | Estocolmo | SWE | 17-may-2022 | Langloparnas |
| 14 | 32.27.29 | Carlos Carballo | 1-ene-1982 | 25 | Leones | San Salvador | ESA | 15-abr-2007 | Torneo |
| 15 | 32.35.54 | Ernesto Represa Monroy | 9-nov-1987 | 25 | Fenix | San Salvador | ESA | 20-ene-2013 | Torneo |
| 16 | 32.44.12 | David Alexander Escobar Castillo | 7-jul-1995 | 23 | Sn José Guayabal | San Salvador | ESA | 31-mar-2019 | Torneo |
| 17 | 32.44.3 | Oscar William Calderon | 1-feb-1966 | 23 | Coca Cola | San Salvador | ESA | 15-abr-1989 | |
| 18 | 32.50.2 | Carlos Acosta Toches | 1-ene-1947 | 27 | Individual | Guatemala | GUA | 16-nov-1974 | Torneo |
| 19 | 32.59.4 | German Escamilla | 12-may-1970 | 23 | Individual | San Salvador | ESA | 17-ene-1994 | JuegosCA |
| 20 | 33.00.5 | Ramon Gonzalez | | | UES | San Salvador | ESA | 18-jun-1993 | CNMayor |
| 21 | 33.05.6 | Erick Amilcar Bonilla Rosa | 8-oct-1981 | 19 | Bansal | San Salvador | ESA | 23-dic-2000 | Torneo |
| 22 | 33.08.2 | Jorge Gonzalez | 23-ago-1965 | 23 | Coca Cola | San Salvador | ESA | 20-ago-1989 | Torneo |
| 23 | 33.11.1 | Alexander Brizuela | 16-feb-1966 | 23 | Coca Cola | San Salvador | ESA | 15-abr-1989 | Torneo |
| 24 | 33.15.36 | Guillermo Isai Delgado | 11-feb-1989 | 18 | Individual | San Salvador | ESA | 27-may-2007 | CAJuvenil |
| 25 | 33.26.65 | Rene Amilcar Rodriguez Castillo | 2-jul-1985 | 32 | Individual | San Salvador | ESA | 15-may-2018 | Torneo |
| 26 | 33.27.03 | Salvador de Jesus Cañas Paiz | 20-abr-2001 | 19 | Rasan | San Salvador | ESA | 11-abr-2021 | Torneo |
| 27 | 33.29.91 | Ronald de Jesus Monterrosa Beltran | 16-jun-1997 | 19 | Individual | San Salvador | ESA | 18-jun-2016 | CAMayor |
| 28 | 33.31.1 | Marco Antonio Martinez | 16-feb-1963 | 32 | Agua Cristal | San Salvador | ESA | 3-sep-1995 | CNMayor |
| 29 | 33.32.4 | Marcos Hernández | | | Individual | Guatemala | GUA | 23-sep-1993 | CNMayor |
| 30 | 33.37.6 | Jorge Hernández | 18-feb-1981 | 21 | Bansal | Granada | NCA | 27-abr-2002 | Torneo |

*Ronald Arias*

*Oscar Aldana*

*Juan Carlos Ochoa*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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## MEDIA MARATON (21kms) (-1h 37.36)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1h 07.54 | Oscar Antonio Aldana Hernández | 25-oct-1990 | 32 | Betania | San Salvador | ESA | 2-jul-2023 | JuegosCAC |
| 2 | 1h 10.59 | Benjamin Ricardo Jimenez García | 31-mar-1993 | 29 | Fuerza Armada | Santa Ana | ESA | 24-abr-2022 | CN21K10K |
| 3 | 1h 11.55 | Williams Alexander Sanchez Rivera | 11-feb-1983 | 28 | Individual | San Salvador | ESA | 3-jul-2011 | MaratCOES |
| 4 | 1h 12.04 | Ronald Ernesto Arias | 1-ene-1973 | 27 | Bansal | Veracruz | MEX | 12-nov-2000 | MundialMMar |
| 5 | 1h 14.09 | Dagoberto Perez | 26-mar-1964 | 31 | UES | Guatemala | GUA | 16-jul-1995 | CACMayor |
| 6 | 1h 14.58 | Juan Carlos Ochoa Bernal | 2-dic-1969 | 18 | Individual | San Salvador | ESA | 6-dic-1987 | |
| 7 | 1h 14.59 | Marco Antonio Martinez | 16-feb-1963 | 31 | Agua Cristal | San Salvador | ESA | 18-sep-1994 | |
| 8 | 1h 15.10 | Víctor Manuel Vasquez Valletas | 10-mar-1964 | 31 | Individual | Guatemala | GUA | 16-jul-1995 | CACMayor |
| 9 | 1h 15.14 | Luis Gustavo Hernández Martinez | 18-ago-1977 | 39 | Individual | San Salvador | ESA | 15-oct-2016 | CAMaster |
| 10 | 1h 15.21 | Douglas Omar Aguilar Perez | 15-feb-1989 | 22 | Betania | San Salvador | ESA | 3-jul-2011 | MaratCOES |
| 11 | 1h 15.37 | Rafael Flores | | | Individual | Barranquilla | COL | 14-dic-1946 | JuegosCAC |
| 12 | 1h 15.59 | Jorge Hernández | 26-jun-1973 | 28 | Bansal | Guatemala | GUA | 22-jul-2001 | CACMayor |
| 13 | 1h 16.14 | Ivan Alfredo Menendez Magaña | 21-mar-1994 | 28 | Fuerza Armada | Santa Ana | ESA | 24-abr-2022 | CN21K10K |
| 14 | 1h 17.31 | Marvin Alexis López Segovia | 1-jul-1980 | 41 | Individual | Santa Ana | ESA | 24-abr-2022 | CN21K10K |
| 15 | 1h 18.48 | Jorge Moises Rodas Barrera | 2-nov-2001 | 20 | Betania | Santa Ana | ESA | 24-abr-2022 | CN21K10K |
| 16 | 1h 18.52 | Wilman Romeo Dolores Rodríguez | 13-nov-2006 | 18 | Betania | San Salvador | ESA | 27-jul-2025 | CN21K10K |
| 17 | 1h 19.37 | Juan Alberto Nerio García | 16-may-1963 | 53 | Individual | San Salvador | ESA | 15-oct-2016 | CAMaster |
| 18 | 1h 20.19 | Iván Calvo | 1-ene-1990 | 35 | Individual | San Salvador | ESA | 27-jul-2025 | CN21K10K |
| 19 | 1h 20.19 | Edwin Jeovany Guzmán Elías | 1-ene-1985 | 40 | Individual | San Salvador | ESA | 27-jul-2025 | CN21K10K |
| 20 | 1h 20.55 | Ever Geremias Rivera Cabrera | 4-mar-2003 | 21 | Fuerza Armada | San Salvador | ESA | 5-may-2024 | CN21K10K |
| 21 | 1h 21.32 | Josué Enrique Mejia Chavez | 14-feb-1998 | 27 | Fuerza Armada | San Salvador | ESA | 27-jul-2025 | CN21K10K |
| 22 | 1h 21.58 | Miguel Tobar | | | Individual | San José | CRC | 19-nov-1971 | CAMayor |
| 23 | 1h 22.24 | José Guillermo Padilla Morales | 9-sep-2000 | 21 | Betania | Santa Ana | ESA | 24-abr-2022 | CN21K10K |
| 24 | 1h 23.12 | Bryan Francisco Linares Ramirez | 24-ago-2001 | 21 | Fuerza Armada | San Salvador | ESA | 23-abr-2023 | CN21K10K |
| 25 | 1h 23.45 | Francisco Miguel Menchaca | 29-dic-1993 | 28 | Individual | Santa Ana | ESA | 24-abr-2022 | CN21K10K |
| 26 | 1h 24.14 | Fernando Antonio Castaneda Aragon | 3-feb-2002 | 20 | Cojute | Santa Ana | ESA | 24-abr-2022 | CN21K10K |
| 27 | 1h 24.17 | Misael Antonio Servellon Ventura | 28-abr-2001 | 21 | Individual | San Salvador | ESA | 23-abr-2023 | CN21K10K |
| 28 | 1h 24.26 | Bryan Edenilson Lue Reyes | 19-ene-2002 | 22 | Fuerza Armada | San Salvador | ESA | 5-may-2024 | CN21K10K |
| 29 | 1h 25.51 | Mario Ernesto Lue Ventura | 3-oct-1989 | 32 | Betania | Santa Ana | ESA | 24-abr-2022 | CN21K10K |
| 30 | 1h 27.23 | Santos Lemus | 13-mar-2002 | 23 | Individual | San Salvador | ESA | 27-jul-2025 | CN21K10K |

*Oscar Aldana*

*Benjamín Jiménez*

*Williams Sánchez*

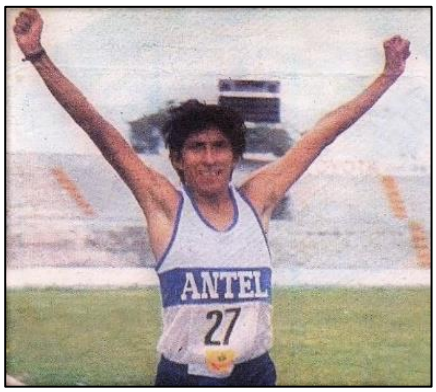
# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

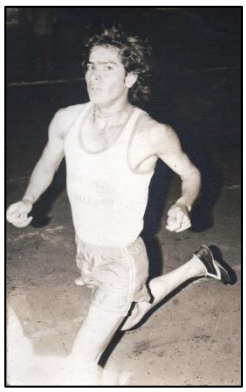
### MARATON (42kms) (-2h 54.00s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 2h 26.57 | Víctor Manuel Vasquez Valletas | 10-mar-1964 | 26 | ANTEL | Tegucigalpa | HON | 13-ene-1990 | JuegosCA |
| 2 | 2h 28.09 | Luis Alonso Aguillon Calderon | | | Individual | San Salvador | ESA | 13-sep-1983 | |
| 3 | 2h 29.53 | José Jaime Hernández Rosales | | | Individual | San Salvador | ESA | 17-sep-1991 | |
| 4 | 2h 31.06 | Dagoberto Perez | 26-mar-1964 | 30 | UES | San Salvador | ESA | 18-sep-1994 | |
| 5 | 2h 32.07 | Eusebio Miranda | 1-ene-1957 | 35 | Individual | San Salvador | ESA | 1992 | |
| 6 | 2h 34.50 | Jason Neftali García | 29-nov-1990 | 31 | Individual | Woodlands, TX | USA | 6-mar-2021 | WoodlandMar |
| 7 | 2h 35.46 | Hipolito Antonio Olmedo Alvarado | 1-ene-1956 | 36 | Individual | Los Angeles, CA | USA | 1992 | |
| 8 | 2h 36.08 | Carlos Acosta Tochez | 1-ene-1947 | 35 | Individual | Boston, MA | USA | 19-abr-1982 | BostonMar |
| 9 | 2h 38.10 | Raul Pineda Molina | 1-ene-1949 | 41 | Vides Athletics | Los Angeles, CA | USA | 4-mar-1990 | LosAngelesMar |
| 10 | 2h 38.48 | Julian Barrera | 1-ene-1943 | 44 | Individual | Boston, MA | USA | 20-abr-1987 | BostonMar |
| 11 | 2h 39.34 | José Tobias Menjivar | | | Individual | San Salvador | ESA | 1991 | |
| 12 | 2h 39.37 | Manuel Vicente Quiteño | | | Individual | San Salvador | ESA | 1988 | |
| 13 | 2h 39.47 | Williams Alexander Sanchez Rivera | 11-feb-1983 | 42 | Fuerza Armada | Valencia | ESP | 7-dic-2025 | ValenciaMar |
| 14 | 2h 40.24 | Antonio Escobar | | | Individual | San Salvador | ESA | 1992 | |
| 15 | 2h 40.39 | Carlos Daniel Suria | | | Permatex | San Salvador | ESA | 1989 | |
| 16 | 2h 41.24 | Mario Ernesto Granadeño Renderos | 27-jun-1992 | 30 | Individual | Sacramento, CA | USA | 4-dic-2022 | CaliforMar |
| 17 | 2h 43.18 | Marcos Eliseo Hernández | | | Individual | San Salvador | ESA | 23-ene-1994 | JuegosCA |
| 18 | 2h 44.06 | Felix Salvador Gonzalez | | | Individual | San José | CRC | 26-nov-1975 | CAMayor |
| 19 | 2h 44.52 | Elias Maldonado | | | Individual | Boston, MA | USA | 18-abr-1994 | BostonMar |
| 20 | 2h 45.22 | Nelson Bolaños | 2-ene-1982 | 19 | Individual | Los Angeles, CA | USA | 4-mar-2001 | |
| 21 | 2h 46.40 | Napoleon Martinez | 1-ene-1950 | 35 | ANDA | San Salvador | ESA | 22-sep-1985 | Bracos |
| 22 | 2h 48.45 | José Campos | | | Individual | San Salvador | ESA | 23-ene-1994 | JuegosCA |
| 23 | 2h 49.44 | José Alfredo Romero | 9-mar-1969 | 19 | Individual | San Salvador | ESA | 15-may-1988 | Maratón |
| 24 | 2h 50.09 | Mario Ernesto Avalos Ayala | | | Individual | Houston, TX | USA | 16-ene-2022 | HoustonMar |
| 25 | 2h 50.47 | Raul Ventura Contreras | | | Individual | Guatemala | GUA | 8-nov-1980 | CAMayor |
| 26 | 2h 51.32 | Baltazar Zepeda | | | Individual | San Salvador | ESA | 7-mar-1993 | MaratCOES |
| 27 | 2h 51.43 | Carlos Perez | | | Individual | San Salvador | ESA | 1993 | |
| 28 | 2h 52.04 | Miguel Angel Tobar | | | Individual | Guatemala | GUA | 8-nov-1980 | CAMayor |
| 29 | 2h 53.06 | José Urrutia | | | Individual | Boston, MA | USA | 15-abr-1996 | BostonMar |
| 30 | 2h 53.28 | Carlos Rivera | 1-ene-1951 | 34 | Individual | San Salvador | ESA | 22-sep-1985 | Bracos |



*Víctor Vásquez*

*Luis Aguillón*


*José Hernández*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### 110 METROS VALLAS (1.06m)(-18.35s)

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 14.09 | 1.3 | Víctor Andrés Steiner Jacoby | 17-ago-2001 | 20 | South Florida Univ. | Tampa, FL | USA | 14-may-2023 | AOChamp |
| 2 | 14.13 | -0.9 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 24 | Projuves | Quetzaltenango | GUA | 19-oct-2025 | JuegosCA |
| 3 | 14.19 | 1.8 | Renan Alejandro Palma Bernabe | 13-oct-1990 | 21 | Olimpicus | Guadalajara | MEX | 27-oct-2011 | JPANAM |
| 4 | 14.53 | | José Adalberto Chorro Figueroa | 1-dic-1993 | 23 | Individual | South Dakota | USA | 11-may-2017 | NSAACH |
| 5 | 14.60 | -1.5 | Alejandro Ernesto Olmedo Borja | 16-oct-1988 | 19 | Individual | Ponce | PUR | 12-abr-2008 | JustasLAI |
| 6 | 15.01 | 1.6 | Rudel Antonio Franco Duarte | 2-dic-1971 | 23 | Rocasa | San Salvador | ESA | 18-ene-1994 | JuegosCA |
| 7 | 15.05 | | Alejandro José Navarro Barriere | 8-feb-1979 | 18 | Individual | Guatemala | GUA | 7-nov-1997 | Torneo |
| 8 | 15.17 | 0.6 | Marlon Eduardo Colorado Bustamante | 6-mar-1992 | 22 | Olimpicus | San Salvador | ESA | 31-may-2014 | CNMayor |
| 9 | 15.26 | 0.7 | Roberto Cortes Molina | 10-feb-1981 | 20 | Individual | Guatemala | GUA | 30-nov-2001 | JuegosCA |
| 10 | 15.37 | | Mauricio Carranza Rivas | 2-feb-1965 | 26 | Individual | Tegucigalpa | HON | 28-jun-1991 | CAMayor |
| 11 | 15.39 | | Santiago Heriberto Mellado | 6-abr-1963 | 25 | Individual | Seul | KOR | 29-sep-1988 | JOlimpicos |
| 12 | 15.40 | | Dany Elias Menjivar | 3-ene-1980 | 19 | Individual | Puerto Barrios | GUA | 13-jun-1999 | CAJuvenil |
| 13 | 15.60 | | Roger Rafael Manzur Aguilar | 23-dic-1961 | 21 | Individual | Sto. Domingo | DOM | 27-oct-1983 | Torneo |
| 14 | 15.68 | | Josué Benjamin Rivera | 17-abr-1985 | 19 | Santa Ana | San Salvador | ESA | 16-abr-2005 | Torneo |
| 15 | 15.84 | 1.6 | Luis Alberto Aguirre Cortez | 9-sep-1964 | 29 | Juvel | San Salvador | ESA | 18-ene-1994 | JuegosCA |
| 16 | 15.84 | 0.4 | Yehefri Benjamin Vides | 27-sep-1985 | 18 | Las Aguilas | San José | CRC | 11-jun-2004 | CAJuvenil |
| 17 | 16.56 | -2.1 | Antonio José Flamenco Mira | 1-ene-1992 | 18 | Olimpicus | Guatemala | GUA | 17-sep-2010 | CAMayor |
| 18 | 16.68 | 1.3 | Mario Alejandro Mancia Zepeda | 13-abr-1993 | 20 | Santa Ana | San Salvador | ESA | 9-jun-2013 | CNMayor |
| 19 | 16.71 | 0.5 | Marco Antonio Rodriguez Pablo | 28-abr-1991 | 18 | Olimpicus | Guatemala | GUA | 13-jun-2009 | CAMayor |
| 20 | 16.80 | | Hector Mata | 8-feb-1972 | 19 | Individual | Cdad. Víctoria | MEX | 23-jun-1991 | Torneo |
| 21 | 16.88 | | Alejandro Duarte | 1-ene-1975 | 19 | Individual | San Salvador | ESA | 24-jun-1994 | CAInfJuv |
| 22 | 16.88 | | Ruben Reynaldo Guevara | 5-ene-1979 | 24 | Vides Athletics | San Salvador | ESA | 26-jul-2003 | CNMayor |
| 23 | 17.03 | -0.8 | Marcos Daniel Ibáñez Guevara | 27-oct-1999 | 19 | Sanjatts Sport | San Salvador | ESA | 22-jun-2018 | CNMayor |
| 24 | 17.17 | | Paul Joséph Dennehy | 29-ago-1982 | 22 | Juvel | San Salvador | ESA | 16-abr-2005 | Torneo |
| 25 | 17.33 | 0.7 | Camilo Ernesto Menjivar Marroquin | 7-dic-1999 | 22 | CAS | San Salvador | ESA | 6-jun-2021 | CNMayor |
| 26 | 17.46 | | Jarel Oswaldo Rivas | 23-ene-1988 | 17 | Vides Athletics | San Salvador | ESA | 16-abr-2005 | Torneo |
| 27 | 17.83 | | Walter Mauricio Payes | 17-jul-1985 | 18 | Santa Ana | San José | CRC | 11-jun-2004 | CAJuvenil |
| 28 | 18.00 | | Ruben Ernesto López | 3-jul-1978 | 24 | Vides Athletics | San Salvador | ESA | 26-abr-2003 | Torneo |
| 29 | 18.20 | | Walter Jacobo Lobato | | | Individual | San Salvador | ESA | 24-mar-2012 | Torneo |
| 30 | 18.34 | | Carlos Rigoberto Clemente Flores | 23-jun-1979 | 20 | BFA | San Salvador | ESA | 28-ago-1999 | CNMayor |

*Víctor Steiner*

*Esteban Ibáñez*

*Renán Palma*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### CON VIENTO A FAVOR

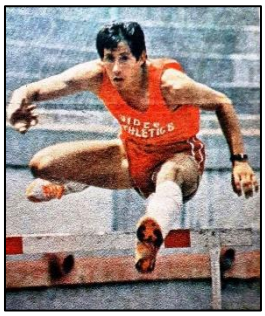
| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 13.95 | 4.3 | Renan Alejandro Palma Bernabe | 13-oct-1990 | 23 | Individual | San Marcos, TX | USA | 11-may-2014 | SunBelt |
| 2 | 13.95 | 2.1 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 24 | CAS | Managua | NCA | 2-ago-2025 | CAMayor |
| 3 | 14.14 | 2.5 | Víctor Andrés Steiner Jacoby | 17-ago-2001 | 20 | South Florida Univ. | Tampa, FL | USA | 8-abr-2022 | SouthInvit |
| 4 | 15.10 | 2.1 | Marlon Eduardo Colorado Bustamante | 6-mar-1992 | 33 | Olimpicus | Managua | NCA | 2-ago-2025 | CAMayor |

### MARCAS MANUALES

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 15.1 | | Rudel Antonio Franco Duarte | 2-dic-1971 | 19 | Rocasa | San Salvador | ESA | 25-ago-1990 | Torneo |
| 2 | 15.1 | | Mauricio Carranza Rivas | 2-feb-1965 | 25 | Individual | San Salvador | ESA | 1990 | Torneo |
| 3 | 16.2 | | Joel Chavez | | | SAS | Guatemala | GUA | 15-ago-1984 | CAMayor |
| 4 | 16.2 | | Luis Alberto Aguirre Cortez | 9-sep-1964 | 29 | Juvel | Guatemala | GUA | 24-sep-1993 | CNMayor |
| 5 | 16.3 | | Dany Elias Menjivar | 3-ene-1980 | 18 | Denver | San Salvador | ESA | 9-may-1998 | CNJuvenil |
| 6 | 16.4 | | Ritter Franco Duarte | 1-ene-1962 | 23 | Rocasa | San Salvador | ESA | 29-sep-1985 | CNMayor |
| 7 | 16.7 | | Carlos José Carias | 1-ene-1975 | 18 | Individual | Guatemala | GUA | 24-sep-1993 | CNMayor |
| 8 | 17.0 | | José Luis Guadron | 1-ene-1964 | 21 | Juvel | San Salvador | ESA | 13-abr-1985 | Torneo |
| 9 | 17.1 | | Vidal Menjivar | | | ALAC | San Salvador | ESA | 1989 | Torneo |
| 10 | 17.1 | | Roger Rafael Manzur Aguilar | 23-dic-1961 | 23 | Juvel | San Salvador | ESA | 6-jul-1985 | Torneo |

*Renán Palma*

*Rudel Franco*


*Mauricio Carranza*

### MARCAS JUVENILES

**(0.99)**

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 13.79 | 2.0 | Renan Alejandro Palma Bernabe | 13-oct-1990 | 18 | Olimpicus | Puerto España | TTO | 31-ago-2009 | PANAMU20 |
| 2 | 14.06 | 2.9 | Víctor Andrés Steiner Jacoby | 17-ago-2001 | 18 | IMG (USA) | Lakeland, FL | USA | 15-feb-2020 | JenkinInvt |
| 3 | 14.13 | 0.0 | José Adalberto Chorro Figueroa | 1-dic-1993 | 18 | Olimpicus | San Salvador | ESA | 1-jul-2012 | CACJuvenil |
| 4 | 14.45 | 2.9 | Alejandro Ernesto Olmedo Borja | 16-oct-1988 | 17 | Individual | Puerto España | TTO | 14-jul-2006 | CACJuvenil |
| 5 | 14.96 | 1.0 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 18 | Sanjatts Sport | San José | CRC | 21-jul-2019 | PANAMU20 |

**(0.91)**

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 13.63 | 1.2 | Víctor Andrés Steiner Jacoby | 17-ago-2001 | 17 | Athletics Beans | Buenos Aires | ARG | 16-oct-2018 | JOlimpJuv |
| 2 | 14.15 | 0.3 | Renan Alejandro Palma Bernabe | 13-oct-1990 | 16 | Olimpicus | San Salvador | ESA | 28-abr-2007 | Torneo |
| 3 | 14.39 | 0.7 | José Adalberto Chorro Figueroa | 1-dic-1993 | 16 | Olimpicus | San Salvador | ESA | 3-abr-2010 | ClasOlimp |
| 4 | 14.66 | 1.4 | Fabio Andrés Mayorga Monterroza | 21-feb-2009 | 16 | Athletics Beans | San Salvador | ESA | 14-jun-2025 | CAJuvenil |
| 5 | 14.70 | 1.1 | Antonio José Flamenco Mira | 1-ene-1992 | 17 | Olimpicus | San José | CRC | 18-sep-2009 | Codicader |

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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### 400 METROS VALLAS (0.91)(-58.19s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 48.56 | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | 24 | CAS | San José | CRC | 6-may-2023 | CAMayor |
| 2 | 52.13 | Roberto Cortes Molina | 10-feb-1981 | 20 | Sanjatts | Guatemala | GUA | 22-jul-2001 | CACMayor |
| 3 | 52.21 | Samuel José Ibáñez Guevara | 7-jul-2003 | 19 | CAS | San José | CRC | 6-may-2023 | CAMayor |
| 4 | 52.57 | Santiago Heriberto Mellado | 6-abr-1963 | 19 | Individual | Houston, TX | USA | 14-may-1982 | SWCMeet |
| 5 | 52.84 | George Vincent Erazo Mureski | 10-may-1992 | 24 | Individual | San Salvador | ESA | 19-jun-2016 | CAMayor |
| 6 | 53.02 | Alejandro José Navarro Barriere | 8-feb-1979 | 18 | Individual | San Pedro Sula | HON | 12-dic-1997 | JuegosCA |
| 7 | 53.09 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | 20 | Individual | Ponce | PUR | 29-abr-2006 | JUSTAS |
| 8 | 53.55 | Paul Joséph Dennehy | 29-ago-1982 | 22 | Juvel | San José | CRC | 3-jun-2005 | CAMayor |
| 9 | 53.55 | José Adalberto Chorro Figueroa | 1-dic-1993 | 18 | Olimpicus | San Salvador | ESA | 29-jun-2012 | CACJuvenil |
| 10 | 53.58 | Dany Elias Menjivar | 3-ene-1980 | 19 | Individual | Tampa, FL | USA | 11-jul-1999 | PanamJuv |
| 11 | 53.95 | Rene Rafael Perla Quintanilla | 16-feb-1996 | 20 | Individual | Manhattan, KS | USA | 7-may-2016 | Haylett |
| 12 | 54.18 | Mauricio Carranza Rivas | 2-feb-1965 | 27 | Vides Athletics | Sevilla | ESP | 17-jul-1992 | Ibero |
| 13 | 54.48 | José Eduardo Gonzalez Sanchez | 28-mar-1990 | 18 | Green Dreams | Guatemala | GUA | 8-nov-2008 | Cempro |
| 14 | 55.35 | Miguel Alexander Rivas Navidad | 5-abr-1992 | 22 | Green Dreams | Tegucigalpa | HON | 20-jun-2014 | CAMayor |
| 15 | 55.73 | Francisco Alberto Urquilla Paz | 19-may-1993 | 19 | Cojutepeque | San Salvador | ESA | 27-may-2012 | CAJuvenil |
| 16 | 55.74 | Juan Francisco Caneses | 4-jul-1986 | 18 | Individual | Managua | NCA | 25-sep-2004 | CAMayor |
| 17 | 55.86 | Carlos Rigoberto Clemente Flores | 23-jun-1979 | 19 | BFA | San Salvador | ESA | 19-jul-1998 | CopaESA |
| 18 | 56.13 | Renan Alejandro Palma Bernabe | 13-oct-1990 | 17 | Olimpicus | San Salvador | ESA | 24-ago-2008 | CNJuvenil |
| 19 | 56.51 | Mario Luis Ronquillo Gomez | 5-jun-1999 | 18 | Sanjatts Sport | San Salvador | ESA | 3-jun-2018 | CAJuvenil |
| 20 | 56.74 | Carlos José Carias | 1-ene-1975 | 19 | Individual | San Salvador | ESA | 24-jun-1994 | CAInfJuv |
| 21 | 56.76 | Oscar Orlando Vasquez Martinez | 18-ago-1988 | 18 | Individual | San Salvador | ESA | 25-may-2007 | CAJuvenil |
| 22 | 57.02 | Cristian Eduardo Perez | 26-ene-1987 | 17 | Bilingüe Frances | San Salvador | ESA | 26-ago-2004 | Estudiantil |
| 23 | 57.25 | Luis Eduardo Hernández | 18-dic-1978 | 17 | Sanjatts | San Salvador | ESA | 14-jul-1996 | CACJuvenil |
| 24 | 57.28 | Ruben Reynaldo Guevara | 5-ene-1979 | 26 | Sanjatts | San José | CRC | 3-jun-2005 | CAMayor |
| 25 | 57.38 | Antonio Flamenco | 26-dic-1992 | 17 | Individual | Panama | PAN | 29-may-2010 | CAJuvenil |
| 26 | 57.46 | Mario Nelson Mendoza | 1-ene-1987 | 17 | Liceo Cristiano | San Salvador | ESA | 26-ago-2004 | Estudiantil |
| 27 | 57.53 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 18 | Sanjatts Sport | San Salvador | ESA | 1-sep-2019 | CNMayor |
| 28 | 57.56 | Cesar Ernesto Leon Alarcon | 5-ene-1990 | 17 | Santa Ana | San José | CRC | 8-jun-2007 | CAMayor |
| 29 | 57.63 | Jarel Oswaldo Rivas | 23-ene-1988 | 18 | Vides Athletics | Guatemala | GUA | 11-may-2006 | CAJuvenil |
| 30 | 58.19 | Naian Breno Freitas Chavez | 26-feb-2007 | 18 | CAS | San Salvador | ESA | 15-jun-2025 | CAJuvenil |

*Pablo Ibáñez*

*Roberto Cortés*

*Samuel Ibáñez*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### MARCAS MANUALES

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 52.2 | Alejandro José Navarro Barriere | 8-feb-1979 | 19 | BFA | Guatemala | GUA | 27-nov-1998 | Torneo |
| 2 | 54.5 | Mauricio Carranza Rivas | 2-feb-1965 | 26 | UES | Tegucigalpa | HON | 28-jun-1991 | CAJuvenil |
| 3 | 55.4 | Ernesto Napoleon Vides Oliva | 15-dic-1949 | 25 | Individual | San Salvador | ESA | 18-nov-1975 | Torneo |
| 4 | 56.5 | Edgardo García | 22-feb-1969 | 20 | Individual | Tegucigalpa | HON | 12-ene-1990 | JuegosCA |
| 5 | 56.7 | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | 26 | Individual | Guatemala | GUA | 5-nov-1980 | CAMayor |
| 6 | 57.1 | Francisco Antonio Peña | 21-may-1960 | 19 | Individual | San Salvador | ESA | 27-jul-1979 | Torneo |
| 7 | 57.2 | Luis Rene Escobar | 1-ene-1956 | 17 | Individual | Guatemala | GUA | 28-nov-1973 | JuegosCA |
| 8 | 57.5 | Fredy Romero | | | Individual | Guatemala | GUA | 5-nov-1980 | CAMayor |
| 9 | 57.6 | Carlos Carias | 1-ene-1975 | 18 | Individual | Guatemala | GUA | 23-sep-1993 | CNMayor |
| 10 | 57.7 | Giovanni Edgardo García Medrano | 22-feb-1969 | | UES | San Salvador | ESA | 1989 | Torneo |

*Alejandro Navarro*

### MARCAS JUVENILES

**(0.84)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 52.56 | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | 16 | Sanjatts | Cali | COL | 16-jul-2015 | MundialU18 |
| 2 | 53.65 | José Adalberto Chorro Figueroa | 1-dic-1993 | 16 | Olimpicus | Panama | PAN | 28-may-2010 | CAJuvenil |
| 3 | 53.74 | Ricardo Manuel Ortiz Moran | 4-feb-1999 | 16 | Athletics Beans | Cali | COL | 16-jul-2015 | MundialU18 |
| 4 | 54.50 | José Eduardo Gonzalez Sanchez | 28-mar-1990 | 17 | Green Dreams | Suchitepequez | GUA | 28-ago-2007 | Codicader |
| 5 | 55.01 | Rene Rafael Perla Quintanilla | 16-feb-1996 | 17 | Green Dreams | San Salvador | ESA | 7-abr-2013 | Torneo |

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## 3000 METROS OBSTACULOS (0.91)(-10.09.00s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 8.45.36 | Carlos Alcides Santos Tobar | 7-jun-2000 | 23 | Stony Brook U. | W. Long Brch, NJ | USA | 17-jun-2023 | EllisInvt |
| 2 | 9.04.20 | Erick Amilcar Bonilla Rosa | 8-oct-1981 | 20 | Bansal | San German | PUR | 7-may-2002 | JustasLAI |
| 3 | 9.12.38 | Cesar Enrique Peraza Rodriguez | 13-ago-1997 | 24 | Betania | San José | CRC | 26-jun-2021 | CAMayor |
| 4 | 9.21.7 | Dagoberto Perez | 26-mar-1964 | 28 | Individual | San Salvador | ESA | 17-jun-1992 | Torneo |
| 5 | 9.28.45 | David Alexander Escobar Castillo | 7-jul-1995 | 20 | Sn José Guayabal | Managua | NCA | 28-jun-2015 | CAMayor |
| 6 | 9.29.9 | Luis Alonso Aguillon Calderon | | | Individual | San Salvador | ESA | 2-jun-1979 | Torneo |
| 7 | 9.35.0 | Oscar William Calderon | 11-sep-1966 | 23 | Coca Cola | San Salvador | ESA | 19-ago-1989 | CNMayor |
| 8 | 9.37.62 | William Stanley Marroquin | 3-may-1978 | 27 | Betania | San José | CRC | 3-jun-2005 | CAMayor |
| 9 | 9.38.0 | Alexander Brizuela | 16-feb-1966 | 23 | Coca Cola | San Salvador | ESA | 19-ago-1989 | CNMayor |
| 10 | 9.40.25 | Jorge Hernández | 18-feb-1981 | 20 | Bansal | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 11 | 9.40.36 | Douglas Omar Aguilar Perez | 15-feb-1989 | 21 | Betania | Panama | PAN | 18-abr-2010 | JuegosCA |
| 12 | 9.41.2 | Wilfredo Ayala Soriano | 1-ene-1961 | 24 | Permatex | San Salvador | ESA | 1-dic-1985 | Torneo |
| 13 | 9.46.50 | Carlos Antonio Perez Gutierrez | 16-feb-1989 | 19 | Betania | San Pedro Sula | HON | 27-jun-2008 | CAMayor |
| 14 | 9.50.92 | Marlon Vladimir Monterrosa | 12-oct-1987 | 16 | Cojute L. Beltran | Managua | NCA | 25-sep-2004 | CAMayor |
| 15 | 9.52.8 | Ernesto Arias | | | Bansal | San Salvador | ESA | 22-mar-1997 | Torneo |
| 16 | 9.53.28 | Francisco Salvador Romero | 20-jun-1984 | 20 | Betania | San Salvador | ESA | 3-jul-2004 | CNMayor |
| 17 | 9.54.34 | Alejandro Juarez | 16-feb-1966 | 22 | Individual | Mexico DF | MEX | 23-jul-1988 | Ibero |
| 18 | 9.54.4 | Efrain Cordero | 8-mar-1938 | 24 | Individual | Kingston | JAM | 20-ago-1962 | JuegosCAC |
| 19 | 9.56.0 | Rene Francis Merino Monroy | 30-dic-1963 | 25 | Escuela Naval | Valparaiso | CHI | 11-jun-1989 | Torneo |
| 20 | 9.57.8 | Nelson Martinez | | | Individual | San Salvador | ESA | 2-dic-1977 | JuegosCA |
| 21 | 10.00.1 | Alexander Juarez | 1-ene-1966 | 19 | Gacelas | San Salvador | ESA | 1-dic-1985 | Torneo |
| 22 | 10.00.50 | Ronald Ernesto Arias | 1-ene-1973 | 23 | Bansal | San Salvador | ESA | 10-ago-1996 | CNMayor |
| 23 | 10.01.54 | José Vladimir Maravilla Hernández | 15-ago-1998 | 18 | Calle Real | San Salvador | ESA | 19-mar-2016 | Torneo |
| 24 | 10.06.69 | Cain Elias Rodriguez | 26-oct-1983 | 19 | Betania | San Salvador | ESA | 26-jul-2003 | CNMayor |
| 25 | 10.07.4 | Jorge Alberto Miranda | | | Individual | Guatemala | GUA | 25-sep-1993 | CNMayor |
| 26 | 10.07.47 | Ronald Solorzano | | | Individual | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 27 | 10.07.67 | Joséph Alejandro Hernández Silva | 10-feb-1999 | 19 | Moret | San Salvador | ESA | 3-jun-2018 | CAJuvenil |
| 28 | 10.08.27 | Salvador Ernesto Amaya Zanco | 6-may-1997 | 18 | Fenix | San Salvador | ESA | 15-mar-2015 | Torneo |
| 29 | 10.09.09 | Salvador Francisco Romero | 14-may-1984 | 19 | Betania | San José | CRC | 5-sep-2003 | CAJuvenil |
| 30 | 10.09.1 | José Aparicio Morales | 1-ene-1960 | 25 | Lentos | San Salvador | ESA | 29-sep-1985 | CNMayor |

*Carlos Santos*

*Erick Bonilla*

*Cesar Peraza*

**MARCAS JUVENILES**

## 2000 METROS OBSTACULOS (0.84)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **6.48.03** | Sebastian Mauricio Hernández Hernández | 25-mar-2010 | **15** | Betania | San Salvador | ESA | **15-jun-2025** | CAJuvenil |
| **2** | **6.54.34** | Carlos Steven Escobar Ortiz | 22-feb-2009 | **16** | ACSA Santa Ana | San Salvador | ESA | **4-may-2025** | CNJuvenil |
| **3** | **6.57.89** | Andrés Ernesto Molina Stecklein | 24-oct-2009 | **14** | Trojans | San Salvador | ESA | 7-oct-2024 | Codicader |
| **4** | **7.02.38** | Erick Isai Martinez Argueta | 1-ene-2009 | **15** | Cuscatlan | San Salvador | ESA | 7-oct-2024 | Codicader |
| **5** | **7.02.88** | Esteban Luciano Rivera Zepeda | 16-ago-2005 | **15** | Fenix | San Salvador | ESA | 14-mar-2021 | Torneo |

*Sebastián Hernández*

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### RELEVOS 4X100 (-41.70s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **40.30** | **Juan Carlos Rodriguez Marroquin** | **19-dic-1994** | **30** | **S.Nacional** | **Quetzaltenango** | **GUA** | **20-oct-2025** | **JuegosCA** |
| | | **Pablo Andrés Ibáñez Guevara** | **28-oct-1998** | **26** | | | | | |
| | | **Esteban Josué Ibáñez Guevara** | **5-dic-2000** | **24** | | | | | |
| | | **José Andrés Salazar Mijangos** | **11-ene-1997** | **28** | | | | | |
| **2** | **40.77** | Alejandro José Navarro Barriere | 8-feb-1979 | **22** | S.Nacional | Guatemala | GUA | 1-dic-2001 | JuegosCA |
| | | Julio Cesar Roque Morales | 25-oct-1977 | **24** | | | | | |
| | | Edgardo Antonio Serpas Rodas | 10-dic-1973 | **27** | | | | | |
| | | Rubén Antonio Benitez | 16-sep-1972 | **29** | | | | | |
| **3** | **40.90** | Edgardo Antonio Serpas Rodas | 10-dic-1973 | **24** | S.Nacional | San Pedro Sula | HON | 12-dic-1997 | JuegosCA |
| | | Julio Cesar Roque Morales | 25-oct-1977 | **20** | | | | | |
| | | Carlos José Toledo | 19-mar-1973 | **24** | | | | | |
| | | Rubén Antonio Benitez | 16-sep-1972 | **25** | | | | | |
| **4** | **41.05** | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **30** | S.Nacional | Managua | NCA | **2-ago-2025** | CAMayor |
| | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **24** | | | | | |
| | | José Fabricio Marroquin Zepeda | 11-oct-1997 | **27** | | | | | |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **28** | | | | | |
| **5** | **41.07** | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **28** | S.Nacional | San José | CRC | 6-may-2023 | CAMayor |
| | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **22** | | | | | |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **19** | | | | | |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **24** | | | | | |
| **6** | **41.09** | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **28** | Equipo A | San Salvador | ESA | 15-abr-2023 | Torneo |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **24** | | | | | |
| | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **22** | | | | | |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **26** | | | | | |
| **7** | **41.16** | Piero Rafael Braghieri Peralta | 2-oct-2002 | **16** | S.Nacional | Guatemala | GUA | 7-jun-2019 | CNMayor |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **22** | | | | | |
| | | Renan Alejandro Palma Bernabe | 13-oct-1990 | **28** | | | | | |
| | | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **24** | | | | | |
| **8** | **41.29** | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **28** | S.Nacional | San Salvador | ESA | 6-jul-2023 | JuegosCAC |
| | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **22** | | | | | |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **19** | | | | | |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **24** | | | | | |
| **9** | **41.36** | José Andrés Salazar Mijangos | 11-ene-1997 | **21** | S.Nacional | Guatemala | GUA | 13-jul-2018 | CAMayor |
| | | José David Braghieri Peralta | 3-dic-1998 | **19** | | | | | |
| | | Piero Rafael Braghieri Peralta | 2-oct-2002 | **15** | | | | | |
| | | Renan Alejandro Palma Bernabe | 13-oct-1990 | **27** | | | | | |
| **10** | **41.39** | José David Braghieri Peralta | 3-dic-1998 | **19** | S.Nacional | Managua | NCA | 11-dic-2017 | JuegosCA |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **20** | | | | | |
| | | Fernando José Bonilla Diaz | 29-abr-2001 | **16** | | | | | |
| | | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **22** | | | | | |

*Relevo 4x100: Juan Carlos Rodríguez, Esteban Ibáñez, José Salazar Mijangos, Pablo Ibáñez*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| **11** | **41.57** | José Adalberto Chorro Figueroa | 1-dic-1993 | **23** | S.Nacional | Tegucigalpa | HON | 30-jun-2017 | CAMayor |
| | | Ronal Alexis Moreno Alas | 14-jun-1996 | **21** | | | | | |
| | | José David Braghieri Peralta | 3-dic-1998 | **18** | | | | | |
| | | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **22** | | | | | |
| **12** | **41.69** | Julio Cesar Roque Morales | 25-oct-1977 | **17** | S.Nacional | Guatemala | GUA | 14-jul-1995 | CACMayor |
| | | Luis Amaya | | | | | | | |
| | | Rubén Antonio Benitez | 16-sep-1972 | **22** | | | | | |
| | | Carlos José Toledo | 19-mar-1973 | **22** | | | | | |
| **13** | **42.22** | Rafael Enrique García Deleón | 10-dic-1980 | **15** | S.Nacional U20 | San Salvador | ESA | 13-jul-1996 | CACJuvenil |
| | | Julio Cesar Roque Morales | 25-oct-1977 | **18** | | | | | |
| | | Luis Eduardo Hernández | 1-oct-1976 | **19** | | | | | |
| | | Alejandro José Navarro Barriere | 8-feb-1979 | **17** | | | | | |
| **14** | **42.23** | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **26** | S.Nacional | San José | CRC | 26-jun-2021 | CAMayor |
| | | Víctor Andrés Steiner Jacoby | 17-ago-2001 | **19** | | | | | |
| | | Fernando José Bonilla Diaz | 29-abr-2001 | **20** | | | | | |
| | | Piero Rafael Braghieri Peralta | 2-oct-2002 | **18** | | | | | |
| **15** | **42.2** | Pedro Vasquez | | | S.Nacional | San Salvador | ESA | **18-oct-1958** | Torneo |
| | | Rodolfo Borjas | | | | | | | |
| | | Mauricio Casanova | | | | | | | |
| | | Anibal Valiente | | | | | | | |
| **16** | **42.2** | Francisco Colorado | 1-oct-1944 | **18** | S.Nacional | Guatemala | GUA | **7-dic-1962** | Torneo |
| | | Juan García Prieto | | | | | | | |
| | | Salvador Hernández | | | | | | | |
| | | Oscar Alejandro lopez | 13-ago-1940 | **22** | | | | | |
| **17** | **42.34** | Roberto Vidri | | | S.Nacional | San José | CRC | 8-jun-2007 | CAMayor |
| | | Mario Enrique Quintanilla Ruiz | 13-sep-1985 | **21** | | | | | |
| | | Cesar Cornejo | | | | | | | |
| | | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **21** | | | | | |
| **18** | **42.37** | Olimpicus | | | Olimpicus | San Salvador | ESA | 27-abr-2019 | CNJuvenil |
| **19** | **42.49** | Rene Murillo | | | S.Nacional | Mexico DF | MEX | **23-jul-1988** | Ibero |
| | | Lucas Oswaldo Miralda Gonzalez | 5-abr-1969 | | | | | | |
| | | Francisco Colorado | 16-oct-1967 | | | | | | |
| **20** | **42.57** | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **27** | S.Nacional | Managua | NCA | 2-jul-2022 | CAMayor |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **18** | | | | | |
| | | Ronal Alexis Moreno Alas | 14-jun-1996 | **26** | | | | | |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **25** | | | | | |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| **21** | **42.7** | Benjamin Reyes | | | S.Nacional | San Salvador | ESA | **2-dic-1977** | JuegosCA |
| | | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | **23** | | | | | |
| | | Emilio Delgado | | | | | | | |
| | | Aldo Salandra Bove | 3-jun-1958 | **19** | | | | | |
| **22** | **42.7** | Francisco Colorado | 16-oct-1967 | **17** | Batos | San Salvador | ESA | **28-sep-1985** | CNMayor |
| | | Juan Carlos Colorado | 1-ene-1969 | **16** | | | | | |
| | | Daniel Diaz | 1-ene-1963 | **22** | | | | | |
| | | Rene López Escobar | 14-jun-1963 | **22** | | | | | |
| **23** | **42.74** | José Andrés Salazar Mijangos | 11-ene-1997 | **24** | Equipo B | San Salvador | ESA | 24-abr-2021 | CNJuvenil |
| | | Fernando José Bonilla Diaz | 29-abr-2001 | **19** | | | | | |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **22** | | | | | |
| | | Axel Diego Martinez Reyes | 20-sep-2002 | **18** | | | | | |
| **24** | **42.83** | Samuel José Ibáñez Guevara | 7-jul-2003 | **20** | S.Nacional | San Salvador | ESA | 28-jun-2024 | CAMayor |
| | | Sebastian Andrés Vidal Cerna | 17-ene-2002 | **22** | | | | | |
| | | Paolo Cordon Mejia | 15-may-2003 | **21** | | | | | |
| | | Marlon Eduardo Colorado Bustamante | 6-mar-1992 | **32** | | | | | |
| **25** | **42.86** | Ronal Alexis Moreno Alas | 14-jun-1996 | **20** | S.Nacional | San Salvador | ESA | 18-jun-2016 | CAMayor |
| | | George Vincent Erazo Mureski | 10-may-1992 | **24** | | | | | |
| | | José David Braghieri Peralta | 3-dic-1998 | **17** | | | | | |
| | | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **21** | | | | | |
| **26** | **42.9** | Rene Salvador Sermeño Quezada | 1-ene-1967 | **18** | SAS | San Salvador | ESA | **28-sep-1985** | CNMayor |
| | | Mauricio Carranza Rivas | 2-feb-1965 | **20** | | | | | |
| | | Aldo Salandra Bove | 3-jun-1958 | **27** | | | | | |
| | | Eduardo Chandier | | | | | | | |
| **27** | **42.96** | Mario Enrique Quintanilla Ruiz | 13-sep-1985 | **22** | S.Nacional | San Pedro Sula | HON | 27-jun-2008 | CAMayor |
| | | Juan Francisco Cuellar Sandoval | 19-nov-1989 | **18** | | | | | |
| | | Renan Alejandro Palma Bernabe | 13-oct-1990 | **17** | | | | | |
| | | José Eduardo Gonzalez Sanchez | 28-mar-1990 | **18** | | | | | |
| **28** | **42.98** | Renan Alejandro Palma Bernabe | 13-oct-1990 | **17** | S.Nacional | San Pedro Sula | HON | 27-jun-2008 | CAMayor |
| | | Kevin Josué Zelaya Peña | 30-jul-1996 | **11** | | | | | |
| | | Juan Francisco Cuellar Sandoval | 19-nov-1989 | **18** | | | | | |
| | | José Eduardo Gonzalez Sanchez | 28-mar-1990 | **18** | | | | | |
| **29** | **43.0** | Rene López Escobar | 14-jun-1963 | **22** | S.Nacional | Guatemala | GUA | **11-ene-1986** | JuegosCA |
| | | Rene Salvador Sermeño Quezada | 1-ene-1967 | **19** | | | | | |
| | | Hernan Antonio Castro Hernández | 1-ene-1963 | **23** | | | | | |
| | | Juan Colorado | | | | | | | |
| **30** | **43.17** | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **25** | S.Nacional | Guatemala | GUA | 17-sep-2010 | CAMayor |
| | | Juan Francisco Cuellar Sandoval | 19-nov-1989 | **20** | | | | | |
| | | Marlon Eduardo Colorado Bustamante | 6-mar-1992 | **18** | | | | | |
| | | Antonio José Flamenco Mira | 26-dic-1992 | **17** | | | | | |

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### RELEVOS 4x400 (-3.25.00s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **3.09.22** | **Joseph Alejandro Hernández Silva** | **10-feb-1999** | **24** | **S.Nacional** | **San José** | **CRC** | **7-may-2023** | **CAMayor** |
| | | **Samuel José Ibáñez Guevara** | **7-jul-2003** | **19** | | | | | |
| | | **Esteban Josué Ibáñez Guevara** | **5-dic-2000** | **22** | | | | | |
| | | **Pablo Andrés Ibáñez Guevara** | **28-oct-1998** | **24** | | | | | |
| **2** | **3.11.71** | Joséph Alejandro Hernández Silva | 10-feb-1999 | **24** | S.Nacional | San Salvador | ESA | 7-jul-2023 | JuegosCAC |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **20** | | | | | |
| | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **22** | | | | | |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **24** | | | | | |
| **3** | **3.12.37** | Joséph Alejandro Hernández Silva | 10-feb-1999 | **24** | CAS | San Salvador | ESA | 16-abr-2023 | Torneo |
| | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **22** | | | | | |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **19** | | | | | |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **24** | | | | | |
| **4** | **3.12.63** | José Rene Navas Ortiz | 12-jul-2002 | **19** | CAS | San Salvador | ESA | 12-jun-2022 | Torneo |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **18** | | | | | |
| | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **21** | | | | | |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **23** | | | | | |
| **5** | **3.15.71** | Alejandro José Navarro Barriere | 8-feb-1979 | **22** | S.Nacional | Guatemala | GUA | 2-dic-2001 | JuegosCA |
| | | Cesar Augusto Arias | 5-nov-1979 | **22** | | | | | |
| | | Edgardo Antonio Serpas Rodas | 10-dic-1973 | **27** | | | | | |
| | | Roberto Cortes Molina | 10-feb-1981 | **20** | | | | | |
| **6** | **3.15.74** | Carlos José Toledo | 19-mar-1973 | **24** | S.Nacional | San Pedro Sula | HON | 13-dic-1997 | JuegosCA |
| | | Alejandro José Navarro Barriere | 8-feb-1979 | **18** | | | | | |
| | | Edgardo Antonio Serpas Rodas | 10-dic-1973 | **24** | | | | | |
| | | Rubén Antonio Benitez | 16-sep-1972 | **25** | | | | | |
| **7** | **3.16.03** | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **24** | S.Nacional | Quetzaltenango | GUA | **21-oct-2025** | JuegosCA |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **22** | | | | | |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **28** | | | | | |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **26** | | | | | |
| **8** | **3.17.36** | Samuel José Ibáñez Guevara | 7-jul-2003 | **20** | S.Nacional | San Salvador | ESA | 29-jun-2024 | CAMayor |
| | | Joséph Alejandro Hernández Silva | 10-feb-1999 | **25** | | | | | |
| | | Paolo Cordon Mejia | 15-may-2003 | **21** | | | | | |
| | | Sebastian Andrés Vidal Cerna | 17-ene-2002 | **22** | | | | | |
| **9** | **3.17.61** | George Vincent Erazo Mureski | 10-may-1992 | **24** | S.Nacional | San Salvador | ESA | 19-jun-2016 | CAMayor |
| | | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **21** | | | | | |
| | | Rene Rafael Perla Quintanilla | 16-feb-1996 | **20** | | | | | |
| | | Ronal Alexis Moreno Alas | 14-jun-1996 | **20** | | | | | |
| **10** | **3.17.63** | Joséph Alejandro Hernández Silva | 10-feb-1999 | **23** | S.Nacional | Managua | NCA | 3-jul-2022 | CAMayor |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **19** | | | | | |
| | | Ronal Alexis Moreno Alas | 14-jun-1996 | **26** | | | | | |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **25** | | | | | |

*Relevo 4x400: Joseph Hernández, Samuel Ibáñez, Esteban Ibáñez, Pablo Ibáñez*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| **11** | **3.17.98** | George Vincent Erazo Mureski | 10-may-1992 | **27** | S.Nacional | Managua | NCA | 23-jun-2019 | CAMayor |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **22** | | | | | |
| | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **18** | | | | | |
| | | Ever Daniel Peñalba Barraza | 6-dic-2001 | **17** | | | | | |
| **12** | **3.18.94** | Rene Marcelo Figueroa | 30-nov-1982 | **20** | S.Nacional | San Salvador | ESA | 6-dic-2002 | JuegosCAC |
| | | Cesar Augusto Arias | 5-nov-1979 | **23** | | | | | |
| | | Erick David García | | | | | | | |
| | | Roberto Cortes Molina | 10-feb-1981 | **21** | | | | | |
| **13** | **3.19.16** | Francis de Jesus Jimenez | 9-jun-1985 | **18** | S.Nacional | Guatemala | GUA | 20-jun-2003 | CAMayor |
| | | Juan Francisco Caneses | 4-jul-1986 | **17** | | | | | |
| | | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **18** | | | | | |
| | | Roberto Cortes Molina | 10-feb-1981 | **22** | | | | | |
| **14** | **3.19.22** | José Adalberto Chorro Figueroa | 1-dic-1993 | **23** | S.Nacional | Tegucigalpa | HON | 30-jun-2017 | CAMayor |
| | | Erick Saul Hernández Salguero | 28-sep-1998 | **18** | | | | | |
| | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **18** | | | | | |
| | | Ronal Alexis Moreno Alas | 14-jun-1996 | **21** | | | | | |
| **15** | **3.19.60** | Norbis Salvador Solano | 21-ene-1981 | **19** | S.Nacional | San Juan | PUR | 16-jul-2000 | CACJuvenil |
| | | Roberto Cortes Molina | 10-feb-1981 | **19** | | | | | |
| | | David Josué Reina | 17-sep-1983 | **16** | | | | | |
| | | Rene Marcelo Figueroa | 30-nov-1982 | **17** | | | | | |
| **16** | **3.20.1** | Aldo Salandra Bove | 3-jun-1958 | **19** | S.Nacional | San Salvador | ESA | **2-dic-1977** | JuegosCA |
| | | Francisco López Torres | 5-ago-1957 | **20** | | | | | |
| | | Ernesto Napoleon Vides Oliva | 15-dic-1949 | **27** | | | | | |
| | | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | **23** | | | | | |
| **17** | **3.20.33** | Alejandro Ernesto Olmedo Borja | 16-oct-1988 | **16** | S.Nacional | San José | CRC | 3-jun-2005 | CAMayor |
| | | Roberto Cortes Molina | 10-feb-1981 | **24** | | | | | |
| | | Paul Joséph Dennehy | 29-ago-1982 | **22** | | | | | |
| | | Ruben Reynaldo Guevara | 5-ene-1979 | **26** | | | | | |
| **18** | **3.20.44** | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | **19** | S.Nacional | Managua | NCA | 12-dic-2017 | JuegosCA |
| | | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | **22** | | | | | |
| | | José Andrés Salazar Mijangos | 11-ene-1997 | **20** | | | | | |
| | | José David Braghieri Peralta | 3-dic-1998 | **19** | | | | | |
| **19** | **3.20.51** | López | | | S.Nacional | Xalapa | MEX | **7-ago-1977** | CACMayor |
| | | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | **22** | | | | | |
| | | Aldo Salandra Bove | 3-jun-1958 | **19** | | | | | |
| | | Francisco López Torres | 5-ago-1957 | **20** | | | | | |
| **20** | **3.20.69** | Ronal Alexis Moreno Alas | 14-jun-1996 | **25** | S.Nacional | San José | CRC | 27-jun-2021 | CAMayor |
| | | Piero Rafael Braghieri Peralta | 2-oct-2002 | **18** | | | | | |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **17** | | | | | |
| | | George Vincent Erazo Mureski | 10-may-1992 | **29** | | | | | |

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|---|---|---|---|---|---|---|---|---|---|
| **21** | **3.20.70** | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **22** | S.Nacional | San Pedro Sula | HON | 27-jun-2008 | CAMayor |
| | | Juan Francisco Cuellar Sandoval | 19-nov-1989 | **18** | | | | | |
| | | José Eduardo Gonzalez Sanchez | 28-mar-1990 | **18** | | | | | |
| | | Francis de Jesus Jimenez | 9-jun-1985 | **23** | | | | | |
| **22** | **3.20.93** | Hector Alexander Centeno | 7-feb-1975 | **32** | S.Nacional | San José | CRC | 8-jun-2007 | CAMayor |
| | | Carlos José Toledo | 19-mar-1973 | **34** | | | | | |
| | | Julio Alberto Quintanilla Diaz | 9-ene-1969 | **38** | | | | | |
| | | Mauricio Carranza Rivas | 2-feb-1965 | **42** | | | | | |
| **23** | **3.20.95** | Francis de Jesus Jimenez | 9-jun-1985 | **21** | S.Nacional | San José | CRC | 8-jun-2007 | CAMayor |
| | | Mario Enrique Quintanilla Ruiz | 13-sep-1985 | **21** | | | | | |
| | | Cesar Leon | | | | | | | |
| | | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **21** | | | | | |
| **24** | **3.20.99** | Fidel Angel García Moreira | 21-jul-1991 | **23** | S.Nacional | Managua | NCA | 28-jun-2015 | CAMayor |
| | | Bryan Isaac Ramos Benitez | 18-sep-1989 | **25** | | | | | |
| | | Ronald Alexis Moreno Alas | 14-jun-1996 | **19** | | | | | |
| | | Rene Rafael Perla Quintanilla | 16-feb-1996 | **19** | | | | | |
| **25** | **3.21.45** | Juan Francisco Cuellar Sandoval | 19-nov-1989 | **21** | S.Nacional | San José | CRC | 24-jun-2011 | CAMayor |
| | | Marlon Eduardo Colorado Bustamante | 6-mar-1992 | **19** | | | | | |
| | | Rolando Arturo Ayala Hernández | 10-abr-1991 | **20** | | | | | |
| | | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **25** | | | | | |
| **26** | **3.21.98** | Francis de Jesus Jimenez | 9-jun-1985 | **19** | S.Nacional | Managua | NCA | 25-sep-2004 | CAMayor |
| | | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **19** | | | | | |
| | | Rafael Antonio Galdamez | 1-ene-1987 | **17** | | | | | |
| | | Roberto Cortes Molina | 10-feb-1981 | **23** | | | | | |
| **27** | **3.22.14** | Roberto Cortes Molina | 10-feb-1981 | **18** | S.Nacional | Panama | PAN | 1999 | Codicader |
| | | Norbis Salvador Solano | 21-ene-1981 | **18** | | | | | |
| | | Ruben Boanerges Quintanilla Baires | 9-jul-1981 | **18** | | | | | |
| | | Edgar Verganza | | | | | | | |
| **28** | **3.22.3** | Selección Nacional | | | S.Nacional | San José | CRC | **26-nov-1975** | CAMayor |
| **29** | **3.22.41** | Francis de Jesus Jimenez | 9-jun-1985 | **19** | S.Nacional | San José | CRC | 12-jun-2004 | CAJuvenil |
| | | Takeshi Salvador Fujiwara Salazar | 5-ago-1985 | **18** | | | | | |
| | | Mendoza | | | | | | | |
| | | Juan Francisco Caneses | 4-jul-1986 | **17** | | | | | |
| **30** | **3.22.9** | Walter Jacobo Barton | 6-sep-1972 | **19** | S.Nacional | Guatemala | GUA | 10-oct-1991 | Torneo |
| | | Hector Alexander Centeno | 7-feb-1975 | **16** | | | | | |
| | | Juan Carlos Sanglas | 2-jun-1972 | **19** | | | | | |
| | | Hector Armando Flores Paniagua | 6-feb-1974 | **17** | | | | | |

## RELEVOS 4x400 MIXTO (-4.00.00s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **3.36.70** | **Joséph Alejandro Hernández Silva** | **10-feb-1999** | **26** | **S. Nacional** | **Managua** | **NCA** | **2-ago-2025** | **CAMayor** |
| | | **Ashly Beatriz Benitez Ramos** | **30-ago-2009** | **15** | | | | | |
| | | **Samuel José Ibáñez Guevara** | **7-jul-2003** | **22** | | | | | |
| | | **Ana Isabela Gonzalez Velásquez** | **19-may-2005** | **20** | | | | | |
| **2** | **3.36.99** | José Rene Navas Ortiz | 12-jul-2002 | **20** | S. Nacional | San Salvador | ESA | 3-jul-2023 | JuegosCAC |
| | | Nathalie Abigail Almendarez Sandoval | 9-abr-2003 | **20** | | | | | |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **19** | | | | | |
| | | Yency Xiomara Chamur Soto | 5-jul-1995 | **27** | | | | | |
| **3** | **3.41.91** | Paolo Cordon Mejia | 15-may-2003 | **21** | S. Nacional | San Salvador | ESA | 28-jun-2024 | CAMayor |
| | | Ely Paola Vargas Orellana | 17-nov-2005 | **18** | | | | | |
| | | Juan Andrés Moncayo Atalah | 15-oct-2008 | **15** | | | | | |
| | | Yency Xiomara Chamur Soto | 5-jul-1995 | **28** | | | | | |
| **4** | **3.48.54** | José Rene Navas Ortiz | 12-jul-2002 | **20** | S. Nacional | San José | CRC | 6-may-2023 | CAMayor |
| | | Idelma Lizeth Delgado | 1-abr-1990 | **33** | | | | | |
| | | George Vincent Erazo Mureski | 10-may-1992 | **30** | | | | | |
| | | Yency Xiomara Chamur Soto | 5-jul-1995 | **27** | | | | | |
| **5** | **3.49.03** | Nathalie Abigail Almendarez Sandoval | 9-abr-2003 | **16** | S. Nacional | Queretaro | MEX | 7-jul-2019 | NACACU18U23 |
| | | Piero Rafael Braghieri Peralta | 2-oct-2002 | **16** | | | | | |
| | | Daniela Alexandra Aragon Valencia | 10-sep-2002 | **16** | | | | | |
| | | Sebastian Andrés Vidal Cerna | 17-ene-2002 | **17** | | | | | |
| **6** | **3.49.30** | Frank Alberto Hernández Silva | 10-feb-1999 | **24** | CAS | San Salvador | ESA | 2-abr-2023 | Torneo |
| | | Pamela Beatriz Yada Martinez | 26-ago-1994 | **28** | | | | | |
| | | Joséph Alejandro Hernández Silva | 10-feb-1999 | **24** | | | | | |
| | | Ely Paola Vargas Orellana | 17-nov-2005 | **17** | | | | | |
| **7** | **3.49.71** | Frank Alberto Hernández Silva | 10-feb-1999 | **23** | CAS | San Salvador | ESA | 25-jun-2022 | CNMayor |
| | | Ely Paola Vargas Orellana | 17-nov-2005 | **16** | | | | | |
| | | Samuel José Ibáñez Guevara | 7-jul-2003 | **18** | | | | | |
| | | Gabriela Isabel Ibáñez Guevara | 29-ago-2006 | **15** | | | | | |
| **8** | **3.51.46** | Samuel José Ibáñez Guevara | 7-jul-2003 | **22** | S. Nacional | Quetzaltenango | GUA | **19-oct-2025** | JuegosCA |
| | | Rebeca Valerie Barrientos Alpha | 13-jun-2001 | **24** | | | | | |
| | | Diego Javier Navas Ortiz | 13-dic-2004 | **20** | | | | | |
| | | Idelma Lizeth Delgado | 1-abr-1990 | **35** | | | | | |
| **9** | **3.55.67** | Guillermo Fernando Morales Aguilar | 10-abr-2005 | **19** | S. Nacional | San José | CRC | 18-may-2024 | CAJuvenil |
| | | Alexia Carolina Sanchez Batres | 23-oct-2006 | **17** | | | | | |
| | | José Andrés Sandoval Ramirez | 1-mar-2006 | **18** | | | | | |
| | | Ely Paola Vargas Orellana | 17-nov-2005 | **18** | | | | | |
| **10** | **3.56.30** | Cesar Alexander Alvarado Olmedo | 2-abr-2005 | **18** | S. Nacional | Guatemala | GUA | 3-may-2023 | CAJuvenil |
| | | Genesis Marcela Velásquez Aguirre | 26-oct-2004 | **18** | | | | | |
| | | Diego Javier Navas Ortiz | 13-dic-2004 | **18** | | | | | |
| | | Ely Paola Vargas Orellana | 17-nov-2005 | **17** | | | | | |

*Relevo 4x400 Mixto: Samuel Ibáñez, Ashly Benítez, Joseph Hernández, Ana Isabela González*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

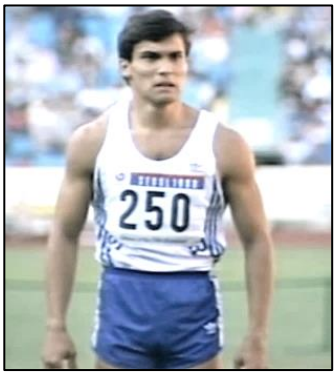
## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### SALTO DE ALTURA (+1.76m)

| LUGAR | MARCA | | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 2.11 | | Marlon Eduardo Colorado Bustamante | 6-mar-1992 | 19 | Olimpicus | Barquisimeto | VEN | 29-jul-2011 | JuegosALBA |
| 2 | 2.06 | | Santiago Heriberto Mellado | 6-abr-1963 | 25 | Individual | Seul | KOR | 28-sep-1988 | JOlimpicos |
| 3 | 2.05 | | Alejandro Ernesto Olmedo Borja | 16-oct-1988 | 20 | Individual | San Juan | PUR | 21-nov-2008 | JustasLAI |
| 4 | 2.02 | | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 21 | CAS | Arona | ESP | 17-jun-2023 | MeetArona |
| 5 | 2.00 | | Francisco José Rodriguez Castaneda | 5-ene-2000 | 16 | Asterix | San Salvador | ESA | 13-ago-2016 | CNMayor |
| 6 | 1.98 | (i) | Ariel Enrique Molina Viscarra | 26-may-2005 | 19 | Wisconsin U | U. Center, MI | USA | 24-feb-2024 | GLIACICH |
| 7 | 1.96 | | Angelo Iannuzzelli Carmona | 10-abr-1970 | 27 | Individual | San Salvador | ESA | 21-abr-1997 | Torneo |
| 8 | 1.95 | | Eduardo Chandier | | | SAS | San Salvador | ESA | 28-sep-1985 | CNMayor |
| 9 | 1.95 | | Rudel Antonio Franco Duarte | 2-dic-1971 | 18 | Rocasa | Tegucigalpa | HON | 9-ene-1990 | JuegosCA |
| 10 | 1.93 | | Diego José Reyes Rodriguez | 18-ago-2005 | 17 | Athletics Beans | San Salvador | ESA | 3-jul-2023 | JuegosCAC |
| 11 | 1.90 | | Roger Rafael Manzur Aguilar | 23-dic-1961 | 26 | UTEC | Mexico DF | MEX | 23-jul-1988 | Ibero |
| 12 | 1.90 | | Mario Efrain Callejas | 20-jun-1973 | 23 | Santa Ana | Guatemala | GUA | 26-nov-1996 | Torneo |
| 13 | 1.90 | | Kevin Alexander Hernández Chamagua | 14-ago-1997 | 17 | Projuves | San Salvador | ESA | 14-mar-2015 | Torneo |
| 14 | 1.90 | | Alexis Josué Amaya Moreira | 15-feb-1996 | 22 | Athletics Beans | San Salvador | ESA | 24-mar-2018 | Torneo |
| 15 | 1.90 | | Alejandro Jubis Bustillo | 5-ago-2005 | 19 | Trojans | San Salvador | ESA | 10-feb-2024 | Torneo |
| 16 | 1.88 | | Marcelo Gonzalez Quiñonez | 12-ago-2001 | 18 | Trojans | San Pedro Sula | HON | 24-nov-2019 | AASCA |
| 17 | 1.87 | | Luis Felipe Marenco Urrutia | 16-feb-2000 | 17 | Trojans | Guatemala | GUA | 27-ene-2018 | AASCA |
| 18 | 1.86 | | Carlos Francisco Flores Molina | 20-ene-1985 | 15 | Leones | San Salvador | ESA | 6-oct-2000 | Codicader |
| 19 | 1.86 | | Andrés Adiel Melara Aldana | 31-ago-1999 | 17 | Projuves | San Salvador | ESA | 6-abr-2017 | Torneo |
| 20 | 1.85 | | Piero Rafael Braghieri Peralta | 2-oct-2002 | 18 | Olimpicus | San Salvador | ESA | 13-feb-2021 | Torneo |
| 21 | 1.83 | | Numa Josué Rodezno | 23-abr-1982 | 21 | Las Aguilas | San Salvador | ESA | 11-jul-2003 | Torneo |
| 22 | 1.81 | | Yehefri Benjamin Vides | 27-sep-1985 | 18 | Las Aguilas | Managua | NCA | 25-sep-2004 | CAMayor |
| 23 | 1.81 | | Fernando Manuel Reyes Melgar | 13-jul-2004 | 16 | New Dreamers | San Salvador | ESA | 24-abr-2021 | CNJuvenil |
| 24 | 1.80 | | Lucas Oswaldo Miralda | 5-abr-1969 | 19 | Individual | Santo Domingo | DOM | 20-oct-1988 | Torneo |
| 25 | 1.80 | | Bryan Andony Zelaya Peña | 2-may-1995 | 16 | Athletics Beans | Panama | PAN | 17-nov-2011 | CACEstudiant |
| 26 | 1.80 | | Tate Ned Telford | 3-ene-2001 | 17 | Trojans | San Salvador | ESA | 3-oct-2018 | Torneo |
| 27 | 1.80 | | Ulises Adonay Melara Castellanos | 7-sep-2003 | 15 | Projuves | San Salvador | ESA | 2-mar-2019 | Torneo |
| 28 | 1.79 | | Ricardo Antonio Iraheta | 16-jun-1989 | 14 | Las Aguilas | San José | CRC | 12-jun-2004 | CAJuvenil |
| 29 | 1.77 | | José Rene Navas Ortiz | 12-jul-2002 | 18 | Athletics Beans | San Salvador | ESA | 13-mar-2021 | Torneo |
| 30 | 1.76 | | Carlos Centeno | | | Alacranes | San Salvador | ESA | 1989 | Torneo |
| 31 | 1.76 | | Joaquín Mendez | | | Individual | Panama | PAN | 6-feb-1938 | JuegosCAC |
| 32 | 1.76 | | Oscar Morales | | | Individual | Panama | PAN | 6-feb-1938 | JuegosCAC |

*Marlon Colorado*




*Santiago Mellado*

*Alejandro Olmedo*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### SALTO CON PERTIGA (+3.60m)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 5.35 | Natan Armando Rivera Alas | 12-dic-1998 | 21 | Rice University | Austin, TX | USA | 28-mar-2019 | TexasRelays |
| 2 | 4.90 | Pedro Daniel Figueroa Flores | 19-may-1991 | 21 | Olimpicus | Irapuato | MEX | 6-jul-2012 | NACACU23 |
| 3 | 4.90 | Diego Javier Navas Ortiz | 13-dic-2004 | 19 | AdN | San Salvador | ESA | 1-jun-2024 | CNMayor |
| 4 | 4.75 | Daniel Machado Morales | 10-abr-2003 | 20 | Betania | San Salvador | ESA | 6-jul-2023 | JuegosCAC |
| 5 | 4.74 | Oscar Arnulfo Hernández | 17-jul-1980 | 23 | LLT | San Salvador | ESA | 12-jul-2003 | Torneo |
| 6 | 4.60 | Santiago Heriberto Mellado | 6-abr-1963 | 25 | Individual | Seul | KOR | 29-sep-1988 | JOlimpicos |
| 7 | 4.50 | Marcos Josué Mira | 29-oct-1985 | 20 | Vitta | San Salvador | ESA | 9-abr-2006 | Torneo |
| 8 | 4.45 | Pedro Adolfo Fuentes | 19-abr-1983 | 20 | LLT | Guatemala | GUA | 20-jun-2003 | CAMayor |
| 9 | 4.30 | Alejandro Rafael Melara Torres | 30-may-1996 | 17 | Athletics Beans | San Salvador | ESA | 6-jun-2013 | Estudiantil |
| 10 | 4.30 | Edward Alexander Cruz Franco | 8-oct-1997 | 19 | Athletics Beans | San Salvador | ESA | 22-abr-2017 | CNJuvenil |
| 11 | 4.20 | Lucas Oswaldo Miralda | 5-abr-1969 | 19 | Individual | Mexico DF | MEX | 24-jul-1988 | Ibero |
| 12 | 4.20 | Sixto Armando Anchetta Ramírez | 7-mar-1977 | 22 | Juvel | San Salvador | ESA | 2-may-1999 | Torneo |
| 13 | 4.20 | Javier Antonio Romero Varela | 15-nov-1993 | 18 | Athletics Beans | San Salvador | ESA | 1-jul-2012 | CACJuvenil |
| 14 | 4.20 | Marcos Eugenio Rivera Alas | 30-oct-2000 | 19 | Olimpicus | San Salvador | ESA | 1-mar-2020 | Torneo |
| 15 | 4.20 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 23 | CAS | San Salvador | ESA | 29-jun-2024 | CAMayor |
| 16 | 4.15 | Andrés Alberto Ayala Abrego | 2-jun-2001 | 17 | Projuves | San Salvador | ESA | 2-jun-2018 | CAJuvenil |
| 17 | 4.10 | Juan Carlos Ramirez Escobar | 2-may-1978 | 19 | Juvel | San Pedro Sula | HON | 13-dic-1997 | JuegosCA |
| 18 | 4.10 | Daniel Alejandro Gutierrez | 19-may-1987 | 19 | Vitta Sanjatts | San José | CRC | 2-sep-2006 | CNJuvenil |
| 19 | 4.10 | Cesar Alonso Chavez Cardenas | 19-oct-1994 | 17 | Athletics Beans | San Salvador | ESA | 29-abr-2012 | CNJuvenil |
| 20 | 4.00 | Piero Rafael Braghieri Peralta | 2-oct-2002 | 16 | Olimpicus | Queretaro | MEX | 5-jul-2019 | NACACU18U23 |
| 21 | 3.90 | Luis Alberto Diaz | 27-may-1987 | 18 | Juvel | San Salvador | ESA | 3-sep-2005 | Torneo |
| 22 | 3.82 | Hector Manuel Olano Aparicio | 15-ene-1952 | 29 | Individual | San Salvador | ESA | 6-oct-1981 | Torneo |
| 23 | 3.80 | Edwin Ivan Escobar | 1-ene-1968 | 26 | Individual | San Salvador | ESA | 18-ene-1994 | JuegosCA |
| 24 | 3.80 | Juan Carlos Herrera | | | Juvel | San Salvador | ESA | 18-nov-1995 | CopaESA |
| 25 | 3.80 | Bryan Isai Sanchez Rodriguez | 27-ene-1996 | 19 | Individual | San Salvador | ESA | 16-may-2015 | Torneo |
| 26 | 3.75 | Yehefri Benjamin Vides | 27-sep-1985 | 19 | Las Aguilas | San Salvador | ESA | 13-nov-2004 | Universitarios |
| 27 | 3.70 | Bryan Josué Guatemala López | 23-feb-1996 | 17 | Athletics Beans | San Salvador | ESA | 6-jun-2013 | Estudiantil |
| 28 | 3.60 | Juan Ernesto Calidonio | 28-ene-1971 | 23 | Individual | San Salvador | ESA | 22-ene-1994 | JuegosCA |
| 29 | 3.60 | Juan Carlos Aguirre Orantes | 4-dic-1995 | 17 | Athletics Beans | San Salvador | ESA | 8-jun-2013 | CNMayor |
| 30 | 3.60 | José Anderson Villalobos Perez | 7-mar-2002 | 15 | Athletics Beans | San Salvador | ESA | 25-mar-2017 | Torneo |
| 31 | 3.60 | Ulises Adonay Melara Castellanos | 7-sep-2003 | 15 | Projuves | San Salvador | ESA | 1-sep-2019 | CNMayor |

*Natán Rivera*

*Pedro Figueroa*

*Diego Navas*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

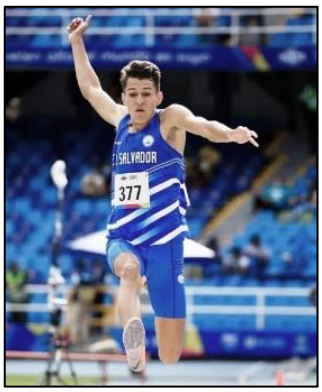
## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### SALTO DE LONGITUD (+6.38)

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 7.59 | | Angelo Iannuzzelli Carmona | 10-abr-1970 | 22 | Individual | Xuixquilucan | MEX | 26-mar-1992 | Torneo |
| 2 | 7.36 | 0.0 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 22 | CAS | San Salvador | ESA | 3-sep-2023 | CNMayor |
| 3 | 7.24 | 1.6 | Víctor Andrés Steiner Jacoby | 17-ago-2001 | 20 | South Florida | San José | CRC | 27-jun-2021 | CAMayor |
| 4 | 7.09 | | Santiago Heriberto Mellado | 6-abr-1963 | 19 | Individual | St. Angelo | USA | 1-may-1982 | Torneo |
| 5 | 7.08 | | Mauricio Carranza Rivas | 2-feb-1965 | 22 | UES | San Salvador | ESA | 22-jun-1987 | Torneo |
| 6 | 7.04 | | Julio Cesar Roque Morales | 25-oct-1977 | 19 | Juvel | San Salvador | ESA | 12-jul-1996 | CACJuvenil |
| 7 | 6.99 | 0.0 | Fernando Manuel Reyes Melgar | 13-jul-2004 | 17 | New Dreamers | San Salvador | ESA | 19-mar-2022 | Torneo |
| 8 | 6.98 | | Yehefri Benjamin Vides | 27-sep-1985 | 18 | Las Aguilas | San Salvador | ESA | 1-may-2004 | Torneo |
| 9 | 6.86 | | Francisco Colorado | 16-oct-1967 | 19 | Individual | San Salvador | ESA | 22-jun-1987 | Torneo |
| 10 | 6.81 | (i) | Renan Alejandro Palma Bernabe | 13-oct-1990 | 21 | U.Arlington | College St, TX | USA | 15-ene-2011 | TexasA&M |
| 11 | 6.78 | 1.5 | Piero Rafael Braghieri Peralta | 2-oct-2002 | 18 | Olimpicus | San Salvador | ESA | 5-jun-2021 | CNMayor |
| 12 | 6.75 | | Danny Elías Menjívar | 3-ene-1980 | 17 | Jopaflo | Guatemala | GUA | 20-jun-1997 | CAJuvenil |
| 13 | 6.69 | 0.8 | Mario Alejandro Mancia Zepeda | 13-abr-1993 | 24 | Santa Ana | San Salvador | ESA | 14-may-2017 | Torneo |
| 14 | 6.68 | | Eduardo Chandier | | | SAS | San Salvador | ESA | 28-sep-1985 | CNMayor |
| 15 | 6.66 | | Kevin Josué Zelaya Peña | 30-jul-1996 | 14 | Athletics Beans | San Salvador | ESA | 18-jun-2011 | CAJuvenil |
| 16 | 6.61 | | Arnoldo Morales | | | Individual | San Salvador | ESA | 5-ago-1959 | CNMayor |
| 17 | 6.59 | | Julio Miguel Aguirre Cabrera | 19-jun-1986 | 17 | Juvel | San Salvador | ESA | 28-may-2004 | CNJuvenil |
| 18 | 6.58 | | Walter Mauricio Payes | 17-jul-1985 | 18 | Santa Ana | San Salvador | ESA | 16-ago-2003 | CNJuvenil |
| 19 | 6.57 | | Nestor Oswaldo Meza Orellana | 9-ene-1988 | 19 | Olimpicus | San Salvador | ESA | 26-may-2007 | CAJuvenil |
| 20 | 6.55 | | Samuel Abarca | | | Individual | San Salvador | ESA | 30-nov-1977 | JuegosCA |
| 21 | 6.55 | | José Miguel Ramos Quiroz | 9-ene-1996 | 17 | Trojans | San José | CRC | 24-may-2013 | CAJuvenil |
| 22 | 6.54 | | Marlon Eduardo Colorado Bustamante | 6-mar-1992 | 17 | Olimpicus | San Salvador | ESA | 16-may-2009 | CAJuvenil |
| 23 | 6.54 | -1.6 | Ariel Enrique Molina Viscarra | 26-may-2005 | 19 | Athletics Beans | San Salvador | ESA | 16-abr-2025 | Torneo |
| 24 | 6.46 | | Rolando Arturo Ayala Hernández | 10-abr-1991 | 19 | Olimpicus | Guatemala | GUA | 23-jul-2010 | Torneo |
| 25 | 6.45 | | Fernando Eugenio Mendoza | 8-ago-1986 | 17 | Santa Ana | San Salvador | ESA | 18-sep-2003 | Estudiantil |
| 26 | 6.44 | | Mario Luis Ronquillo Gomez | 5-jun-1999 | 17 | Santa Ana | San Salvador | ESA | 22-abr-2017 | CNJuvenil |
| 27 | 6.43 | | José Adalberto Posada Bazan | 6-mar-1996 | 19 | Santa Ana | San Salvador | ESA | 18-abr-2015 | Torneo |
| 28 | 6.43 | -0.5 | José Adalberto Chorro Figueroa | 1-dic-1993 | 24 | Olimpicus | Tegucigalpa | HON | 30-jun-2017 | CAMayor |
| 29 | 6.38 | | Antonio Quan | 28-jul-1943 | 24 | Individual | Guatemala | GUA | 7-abr-1967 | Torneo |
| 30 | 6.38 | | Nelson de Leon | | | Individual | Guatemala | GUA | 6-nov-1980 | CAMayor |
| 31 | 6.38 | | Natan Armando Rivera Alas | 12-dic-1998 | 18 | Projuves | San Salvador | ESA | 23-sep-2017 | Torneo |

*Angelo Iannuzzelli*



*Esteban Ibáñez*

*Víctor Steiner*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### SALTO TRIPLE (+12.74m)

| LUGAR | MARCA | W | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 15.78 | 1.9 | Fernando Manuel Reyes Melgar | 13-jul-2004 | 18 | New Dreamers | Quetzaltenango | GUA | 21-oct-2025 | JuegosCA |
| 2 | 14.81 | 1.3 | Marcos Daniel Ibáñez Guevara | 27-oct-1999 | 19 | Sanjatts Sport | San Salvador | ESA | 21-abr-2018 | CNMayor |
| 3 | 14.49 | 0.0 | Víctor Andrés Steiner Jacoby | 17-ago-2001 | 17 | Athletics Beans | San Salvador | ESA | 1-jun-2018 | CAJuvenil |
| 4 | 14.37 | | Yehefri Benjamin Vides | 27-sep-1985 | 19 | Las Aguilas | San Salvador | ESA | 2-may-2004 | Torneo |
| 5 | 14.32 | | Mauricio Carranza Rivas | 2-feb-1965 | 28 | Individual | Tegucigalpa | HON | 27-mar-1993 | Torneo |
| 6 | 14.09 | | Samuel Abarca | 1-ene-1956 | 21 | Individual | San Salvador | ESA | 30-nov-1977 | JuegosCA |
| 7 | 13.96 | | Julio Miguel Aguirre Cabrera | 19-jun-1986 | 19 | Olimpicus | San Salvador | ESA | 1-may-2005 | CNJuvenil |
| 8 | 13.95 | | Ramón Américo López | | | Individual | San Salvador | ESA | 27-jun-1964 | Torneo |
| 9 | 13.91 | | Kevin Josué Zelaya Peña | 30-jul-1996 | 15 | Athletics Beans | San Salvador | ESA | 7-sep-2011 | Codicader |
| 10 | 13.86 | | Ernesto Alejandro Selva Flores | 8-abr-1979 | 24 | Juvel | San Salvador | ESA | 7-jun-2003 | Torneo |
| 11 | 13.80 | | Arnoldo Morales | | | Individual | Guatemala | GUA | 30-ago-1959 | Torneo |
| 12 | 13.57 | | Oscar Andrés Montes Berdugo | 16-ene-1991 | 16 | Leones | San Salvador | ESA | 18-mar-2007 | Torneo |
| 13 | 13.55 | 1.7 | Jorge Luis Montano Hernández | 12-abr-2006 | 16 | New Dreamers | Managua | NCA | 17-jun-2022 | CAJuvenil |
| 14 | 13.51 | | Nelson de Leon | | | Individual | Guatemala | GUA | 6-nov-1980 | CAMayor |
| 15 | 13.40 | | Pablo Andrés Ibáñez Guevara | 28-oct-1998 | 15 | Sanjatts | San Salvador | ESA | 26-abr-2014 | CNJuvenil |
| 16 | 13.39 | 1.5 | José Miguel Ramos Quiroz | 9-ene-1996 | 17 | Trojans | San José | CRC | 26-may-2013 | CAJuvenil |
| 17 | 13.39 | | Rogelio Javier Campos | | | Individual | Panama | PAN | 12-ago-1999 | Codicader |
| 18 | 13.34 | | Rafael Enrique García de Leon | 6-mar-1978 | 18 | GyL | San Salvador | ESA | 14-jul-1996 | CACJuvenil |
| 19 | 13.24 | | Rene Fernando Guzman Reyes | 20-jun-2000 | 16 | Athletics Beans | San Salvador | ESA | 18-may-2017 | Estudiantil |
| 20 | 13.15 | | Eliberto Dionet Quijada | 13-oct-1990 | 15 | Las Aguilas | Guatemala | GUA | 12-may-2006 | CAJuvenil |
| 21 | 13.15 | | Oscar Morales | | | Individual | Panama | PAN | 8-feb-1938 | JuegosCAC |
| 22 | 13.08 | 0.6 | Ariel Enrique Molina Viscarra | 26-may-2005 | 18 | Athletics Beans | San Salvador | ESA | 21-abr-2024 | CNJuvenil |
| 23 | 13.08 | | Luis Alberto Diaz | 27-may-1987 | 17 | Juvel | Managua | NCA | 19-sep-2004 | Codicader |
| 24 | 13.07 | 1.1 | Abner Fabricio García Serrano | 24-feb-2006 | 16 | Athletics Beans | Managua | NCA | 17-jun-2022 | CAJuvenil |
| 25 | 13.04 | | Nestor Oswaldo Meza Orellana | 9-ene-1988 | 17 | Olimpicus | San Salvador | ESA | 18-ago-2005 | Torneo |
| 26 | 12.97 | | Víctor Hugo Hurtarte | 7-feb-1996 | 16 | Athletics Beans | San Salvador | ESA | 15-may-2012 | Estudiantil |
| 27 | 12.90 | | Marlon Eduardo Colorado Bustamante | 6-mar-1992 | 24 | Projuves | San Salvador | ESA | 4-mar-2017 | Torneo |
| 28 | 12.85 | | Roberto Quan | | | Individual | San Salvador | ESA | 18-sep-1965 | CAMayor |
| 29 | 12.76 | | Pedro Daniel Figueroa Flores | 19-may-1991 | 17 | Olimpicus | San Salvador | ESA | 20-jul-2008 | CAJuvenil |
| 30 | 12.74 | | Luis Carlos Montoya Zuleta | 17-dic-1990 | 16 | Leones | San Salvador | ESA | 27-may-2007 | CAJuvenil |

*Fernando Reyes*

*Marcos Ibáñez*

*Víctor Steiner*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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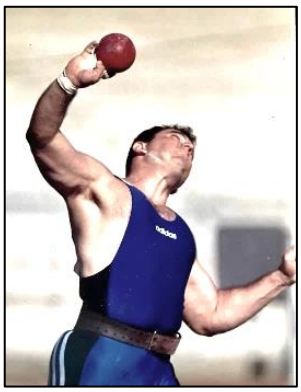
### IMPULSION DE BALA (7.2k)(+11.63m)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 18.93 | Carlos Alfredo Avilés | 20-ene-2001 | 21 | Ohio State Univ. | Columbus, OH | USA | 23-abr-2022 | JesseOwens |
| 2 | 16.47 | Jaime Gerardo Comandari Zanotti | 26-dic-1965 | 33 | Individual | México, DF | MEX | 19-jun-1999 | Torneo |
| 3 | 14.52 | José Castillo Escobar | 24-feb-1965 | 28 | Individual | San Salvador | ESA | 18-ene-1994 | JuegosCA |
| 4 | 14.46 | Mauricio Jubis Zacarías | 2-dic-1945 | 27 | Individual | San Salvador | ESA | 22-sep-1973 | Torneo |
| 5 | 14.46 | Ernesto Alfonso Argumedo | 26-feb-1974 | 24 | Juvel | San Salvador | ESA | 18-jul-1998 | CopaESA |
| 6 | 14.00 | Erick Vladimir Rivas Melendez | 14-ago-1966 | 33 | UES | Guatemala | GUA | 26-sep-1999 | Torneo |
| 7 | 13.95 | Dennis Andrés Duran Quintanilla | 15-oct-1992 | 20 | Individual | San José | CRC | 2-feb-2013 | Torneo |
| 8 | 13.74 | Oscar Osmin Marquez Argueta | 6-ene-1985 | 31 | Projuves | Guatemala | GUA | 14-oct-2016 | LaPedrera |
| 9 | 13.72 | Herberth Mauricio Rodríguez | 15-dic-1967 | 27 | Individual | San Salvador | ESA | 16-dic-1994 | CopaESA |
| 10 | 13.53 | Gustavo Eduardo Ponce | 17-jul-1976 | 18 | Individual | Guatemala | GUA | 29-jul-1994 | Torneo |
| 11 | 13.46 | Juan Enrique Galdamez | 31-jul-1955 | 30 | ENA | Guatemala | GUA | 12-ene-1986 | Torneo |
| 12 | 13.29 | Ronald Alexander Alvarenga Valladares | 31-ene-1994 | 19 | Individual | San Salvador | ESA | 9-jun-2013 | CNMayor |
| 13 | 13.10 | David Orlando Leiva | 10-nov-1968 | 20 | ALAC | San Salvador | ESA | 19-ago-1989 | Torneo |
| 14 | 13.00 | Fernando José Palomo | 19-nov-1972 | 24 | Individual | San Salvador | ESA | 1-ene-1997 | Torneo |
| 15 | 12.93 | Juan Enrique Galdamez García | 22-feb-1986 | 22 | Green Dreams | San Salvador | ESA | 21-jun-2008 | CACUniver |
| 16 | 12.82 | Joaquín Rodas Peña | 24-oct-1949 | 23 | Individual | San Salvador | ESA | 16-jul-1973 | CAMayor |
| 17 | 12.62 | Gerardo José Flores Esquivel | 16-oct-1995 | 22 | Projuves | San Salvador | ESA | 24-feb-2018 | Torneo |
| 18 | 12.51 | José Comandari David | 19-ene-1967 | 22 | Individual | San Salvador | ESA | 17-jun-1989 | Torneo |
| 19 | 12.03 | Julio Noltenius Velásquez | | | Individual | Mexico DF | MEX | 6-mar-1954 | JuegosCAC |
| 20 | 11.96 | Mario Portillo | | | Individual | San Salvador | ESA | 21-abr-1997 | Torneo |
| 21 | 11.95 | Kevin Rafael Linares Mendez | 6-feb-1995 | 21 | Sanjatts Sport | Tegucigalpa | HON | 20-abr-2016 | Juduca |
| 22 | 11.89 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 23 | CAS | San Salvador | ESA | 28-jun-2024 | CAMayor |
| 23 | 11.88 | Walter Vladimir Hernández | 1-ene-1975 | 19 | Individual | San Salvador | ESA | 24-jun-1994 | CAInfJuv |
| 24 | 11.81 | Jorge Merlos | | | SAS | San Salvador | ESA | 5-nov-1985 | Torneo |
| 25 | 11.75 | Juan Carlos de Leon | 5-dic-1988 | 16 | Olimpicus | San Salvador | ESA | 14-may-2005 | CNMayor |
| 26 | 11.71 | Ricardo Quiñonez | | | Individual | San Salvador | ESA | 17-mar-1935 | JuegosCAC |
| 27 | 11.71 | Diego José Ascencio Recinos | 7-jun-1997 | 19 | Individual | San Salvador | ESA | 25-mar-2017 | Torneo |
| 28 | 11.69 | Oscar Portillo | | | Individual | San Salvador | ESA | 29-nov-1977 | JuegosCA |
| 29 | 11.65 | Herbert Alexander Portillo Galan | 4-oct-1990 | 24 | Individual | San Salvador | ESA | 18-abr-2015 | Torneo |
| 30 | 11.63 | Santiago Heriberto Mellado | 6-abr-1963 | 25 | Individual | Seul | KOR | 28-sep-1988 | JOlimpicos |

*Carlos Avilés*


*Jaime Comandari*

*José Castillo*

**MARCAS JUVENILES**

**(6k)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 16.56 | Carlos Alfredo Avilés | 20-ene-2001 | 18 | Individual | San José | CRC | 21-jul-2019 | PANAMU20 |
| 2 | 15.63 | Ronal Alexander Alvarenga Valladares | 31-ene-1994 | 19 | Individual | San José | CRC | 24-may-2013 | CAJuvenil |
| 3 | 15.62 | Mathias Tobar Valladares | 7-nov-2008 | 16 | Individual | San Salvador | ESA | 30-ago-2025 | Torneo |
| 4 | 15.01 | Dennis Andrés Duran Quintanilla | 15-oct-1992 | 18 | Individual | San Salvador | ESA | 18-jun-2011 | CAJuvenil |
| 5 | 13.89 | Enrique Anibal Martinez Flores | 12-oct-1998 | 18 | Individual | Managua | NCA | 28-jul-2017 | CAJuvenil |

**(5k)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 18.03 | Mathias Tobar Valladares | 7-nov-2008 | 16 | Individual | Cordoba | COL | 3-nov-2025 | CACEstudiant |
| 2 | 15.33 | Carlo Andrés Aguilar Gonzalez | 1-jul-2004 | 16 | Individual | San Salvador | ESA | 5-jun-2021 | CNMayor |
| 3 | 15.08 | Ronald Alexander Alvarenga Valladares | 31-ene-1994 | 17 | Athletics Beans | San Salvador | ESA | 5-sep-2011 | Codicader |
| 4 | 14.89 | Juan Enrique Galdamez García | 22-feb-1986 | 17 | Leones | Tegucigalpa | HON | 17-oct-2003 | Codicader |
| 5 | 14.51 | Dennis Andrés Duran Quintanilla | 15-oct-1992 | 16 | Individual | San José | CRC | 18-sep-2009 | Codicader |

*Carlos Avilés*

*Mathias Tobar*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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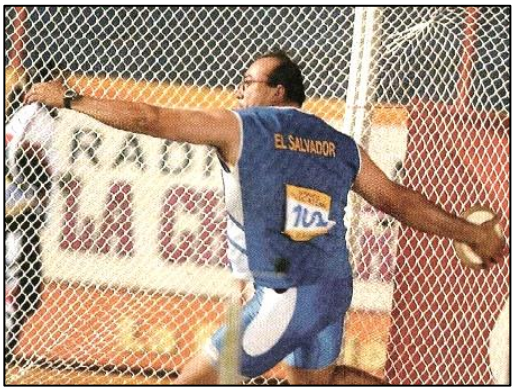
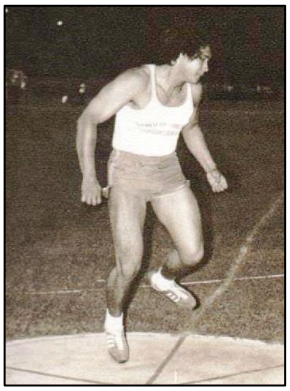
### LANZAMIENTO DE DISCO (2.0k)(+33.87m)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 59.14 | Carlos Alfredo Avilés | 20-ene-2001 | 23 | Ohio State Univ. | Louisville, KY | USA | 27-abr-2024 | Clarkwood |
| 2 | 55.54 | Herberth Mauricio Rodríguez | 15-dic-1967 | 24 | Individual | Inglewood, CA | USA | 28-jul-1991 | Torneo |
| 3 | 46.72 | Joaquín Rodas Peña | 24-oct-1949 | 25 | Individual | Santo Domingo | DOM | 6-mar-1974 | JuegosCAC |
| 4 | 46.25 | Juan Enrique Galdámez García | 22-feb-1986 | 25 | Individual | Guatemala | GUA | 4-jun-2011 | Torneo |
| 5 | 45.03 | Enrique Anibal Martinez Flores | 12-oct-1998 | 19 | Individual | Managua | NCA | 10-dic-2017 | JuegosCA |
| 6 | 44.10 | Jaime Gerardo Comandari Zanotti | 26-dic-1965 | 36 | Individual | San Salvador | ESA | 1-sep-1997 | Torneo |
| 7 | 43.14 | Erick Vladimir Rivas Melendez | 14-ago-1966 | 35 | Individual | Guatemala | GUA | 2-dic-2001 | JuegosCA |
| 8 | 42.07 | Oscar Osmin Marquez Argueta | 6-ene-1985 | 29 | Projuves | San Salvador | ESA | 30-may-2014 | CNMayor |
| 9 | 41.90 | Mauricio Jubis Zacarías | 2-dic-1945 | 28 | Individual | Guatemala | GUA | 29-nov-1973 | JuegosCA |
| 10 | 41.22 | Fernando José Palomo | 19-nov-1972 | 24 | Individual | San Salvador | ESA | 1-ene-1997 | Torneo |
| 11 | 41.18 | Milton Avalos | | | Individual | San José | CRC | 24-jul-1975 | CAJuvenil |
| 12 | 40.24 | Walter Vladimir Hernández | 31-ene-1975 | 19 | Individual | San Salvador | ESA | 24-jun-1994 | CAInfJuv |
| 13 | 40.12 | Ernesto José Melendez | 18-may-1954 | 31 | Juvel | San Salvador | ESA | 1-dic-1985 | Torneo |
| 14 | 38.98 | Carlos Eduardo Hasbun Zablah | 27-sep-1949 | 23 | Individual | Panama | PAN | 24-nov-1972 | CAMayor |
| 15 | 38.60 | José Castillo Escobar | 24-feb-1965 | 22 | Individual | San Salvador | ESA | 1987 | Torneo |
| 16 | 38.57 | Kevin Rafael Linares Mendez | 6-feb-1995 | 22 | Sanjatts Sport | Tegucigalpa | HON | 30-jun-2017 | CAMayor |
| 17 | 37.89 | Gerardo José Flores Esquivel | 16-oct-1995 | 20 | Individual | San Salvador | ESA | 17-jun-2016 | CAMayor |
| 18 | 37.88 | José David Comandari | 19-ene-1967 | 20 | Individual | San Salvador | ESA | 1987 | Torneo |
| 19 | 37.62 | Víctor Manuel Castañeda | | | Individual | San Salvador | ESA | 30-oct-1949 | Torneo |
| 20 | 37.52 | Santiago Heriberto Mellado | 6-abr-1963 | 25 | Individual | Seul | KOR | 29-sep-1988 | JOlimpicos |
| 21 | 35.73 | Ernesto Alejandro Callejas Menjivar | 16-sep-1989 | 27 | Projuves | San Salvador | ESA | 14-may-2017 | Torneo |
| 22 | 35.50 | Oscar Bolaños | | | Rio Zarco | San Salvador | ESA | 16-nov-1985 | Torneo |
| 23 | 35.50 | Josué Benjamin Rivera López | 17-abr-1986 | 38 | ACSA Santa Ana | San Salvador | ESA | 12-abr-2025 | Torneo |
| 24 | 34.80 | Rafael Francisco Callejas Molina | 8-mar-2001 | 16 | Santa Ana | San Salvador | ESA | 14-oct-2017 | CNMayor |
| 25 | 34.74 | Juan Enrique Galdámez | 31-jul-1955 | 30 | ENA | San Salvador | ESA | 29-sep-1985 | CNMayor |
| 26 | 34.63 | Cristian Gilberto Jovel | 18-jun-1990 | 17 | Tepetitan | San Salvador | ESA | 7-jun-2008 | CNMayor |
| 27 | 34.57 | Rudy Aguilar Ruano | 15-ago-1956 | 24 | Individual | Guatemala | GUA | 6-nov-1980 | CAMayor |
| 28 | 34.54 | Ronald Alexander Alvarenga Valladares | 31-ene-1994 | 18 | Individual | San Salvador | ESA | 24-mar-2012 | Torneo |
| 29 | 33.91 | Dennis Andrés Duran Quintanilla | 15-oct-1992 | 20 | Individual | San Salvador | ESA | 6-abr-2013 | Torneo |
| 30 | 33.87 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 21 | CAS | San Salvador | ESA | 23-oct-2022 | Torneo |

*Carlos Avilés*




*Herberth Rodríguez*



*Joaquín Rodas*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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### MARCAS JUVENILES

**(1.75k)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 47.03 | Enrique Anibal Martinez Flores | 12-oct-1998 | 18 | Projuves | Managua | NCA | 28-jul-2017 | CAJuvenil |
| 2 | 45.54 | Carlos Alfredo Avilés | 20-ene-2001 | 18 | Individual | San José | CRC | 19-jul-2019 | PanamU20 |
| 3 | 42.57 | Víctor Manuel Argueta Marroquin | 16-ene-2000 | 18 | Cuscatlan | San Salvador | ESA | 22-abr-2018 | CNJuvenil |
| 4 | 39.47 | Carlo Andrés Aguilar Gonzalez | 1-jul-2004 | 17 | Individual | San Salvador | ESA | 15-may-2022 | CNJuvenil |
| 5 | 38.46 | Cristian Gilberto Jovel | 18-jun-1990 | 18 | Tepetitan | San Salvador | ESA | 16-may-2009 | CAJuvenil |

**(1.5k)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 46.09 | Mathias Tobar Valladares | 7-nov-2008 | 16 | Individual | San Salvador | ESA | 4-may-2025 | CNJuvenil |
| 2 | 44.90 | Enrique Anibal Martinez Flores | 12-oct-1998 | 16 | Projuves | San Salvador | ESA | 19-abr-2015 | Torneo |
| 3 | 44.16 | Rafael Francisco Callejas Molina | 8-mar-2001 | 17 | Projuves | San Salvador | ESA | 25-mar-2018 | Torneo |
| 4 | 43.60 | Juan Enrique Galdamez García | 22-feb-1986 | 17 | Leones | Tegucigalpa | HON | 17-oct-2003 | Codicader |
| 5 | 41.82 | Carlos Alejandro Escobar Ortiz | 1-abr-1992 | 17 | Santa Ana | San Salvador | ESA | 5-abr-2009 | Torneo |

*Enrique Martínez*

*Mathias Tobar*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

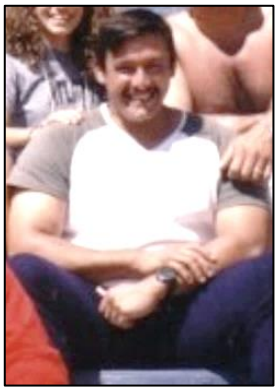
*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### LANZAMIENTO DE MARTILLO (7.2k)(+33.98m)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 61.30 | David Antonio Ayala Abrego | 27-mar-2004 | 21 | AdN | San Salvador | ESA | 30-mar-2025 | Torneo |
| 2 | 61.13 | Enrique Anibal Martinez Flores | 12-oct-1998 | 20 | Individual | Canyon, TX | USA | 7-abr-2018 | WESTTX |
| 3 | 56.63 | Guillermo Enrique Morales | 19-dic-1970 | 27 | BFA | San Salvador | ESA | 4-jul-1998 | CNMayor |
| 4 | 54.86 | Vicente Ernesto Franco | 13-dic-1978 | 23 | Individual | Santa Ana | ESA | 28-sep-2002 | Torneo |
| 5 | 52.20 | Kevin Rafael Linares Mendez | 6-feb-1995 | 22 | Sanjatts Sport | Guatemala | GUA | 25-nov-2017 | Torneo |
| 6 | 52.18 | Carlos Alfredo Avilés | 20-ene-2001 | 21 | Ohio State Univ. | Columbia, SC | USA | 23-abr-2022 | JESSEOWENS |
| 7 | 49.02 | Juan Pedro Varela | 27-feb-1954 | 19 | Juvel | San Salvador | ESA | 27-ene-1974 | Torneo |
| 8 | 47.61 | Ernesto Alfonso Argumedo | 26-feb-1974 | 20 | Individual | San Salvador | ESA | 16-dic-1994 | Torneo |
| 9 | 46.56 | Erick Vladimir Rivas Melendez | 14-ago-1966 | 31 | UES | San Salvador | ESA | 4-jul-1998 | CNMayor |
| 10 | 46.40 | Simon Arturo Kafie | 5-mar-1967 | 23 | UDB | Guatemala | GUA | 25-abr-1990 | Torneo |
| 11 | 45.88 | Ernesto Alejandro Callejas Menjivar | 16-sep-1989 | 27 | Projuves | Guatemala | GUA | 14-oct-2016 | LaPedrera |
| 12 | 45.50 | Carlos Eduardo Hasbun Zablah | 27-sep-1949 | 22 | Individual | San Salvador | ESA | 10-sep-1972 | Torneo |
| 13 | 44.54 | José Antonio Ramos | 1-ene-1953 | 20 | Individual | San Salvador | ESA | 14-oct-1973 | Torneo |
| 14 | 44.24 | Herberth Mauricio Rodríguez | 15-dic-1967 | 30 | NJS | Piscataway, NJ | USA | 6-jun-1998 | USATFCH |
| 15 | 42.85 | Alexis José Ramos Grande | 30-sep-1982 | 21 | Las Aguilas | San Salvador | ESA | 1-may-2004 | Torneo |
| 16 | 42.28 | Carlos Alberto Barahona | 1-ene-1957 | 19 | Individual | Guatemala | GUA | 7-nov-1976 | CAJuvenil |
| 17 | 41.62 | Lew Fraser Torres | 8-ene-1966 | 18 | UCA | Guatemala | GUA | 15-ago-1984 | CAMayor |
| 18 | 40.35 | Leonardo Josué Escobar | 1-ene-1985 | 21 | UCA | San Salvador | ESA | 4-jun-2006 | Torneo |
| 19 | 40.01 | Juan Enrique Galdamez García | 22-feb-1986 | 19 | Leones | San Salvador | ESA | 21-oct-2005 | Chequeo |
| 20 | 39.60 | Luis Andreu | | | Individual | San Salvador | ESA | 17-oct-1937 | Torneo |
| 21 | 39.60 | Nahum Zaldaña | | | Sufesa | San Salvador | ESA | 13-abr-2002 | Torneo |
| 22 | 38.34 | Sergio Rodriguez | | | Barahona Brass | San Salvador | ESA | 10-ago-1996 | CNMayor |
| 23 | 37.76 | Vladimir Diaz | 14-ene-1972 | 19 | Individual | Guatemala | GUA | 10-oct-1991 | CAJuvenil |
| 24 | 37.66 | Gustavo Eduardo Ponce | 17-jul-1976 | 19 | Individual | San Salvador | ESA | 20-ago-1995 | Torneo |
| 25 | 37.16 | Jorge Contreras | | | Individual | San Salvador | ESA | 11-jul-1972 | Torneo |
| 26 | 36.74 | Raul Paredes | 1-ene-1965 | 20 | Aetos | San Salvador | ESA | 5-nov-1985 | Torneo |
| 27 | 36.45 | Francisco Andrés Cornejo Velasco | 20-sep-1998 | 19 | Sanjatts Sport | San Salvador | ESA | 23-jun-2018 | CNMayor |
| 28 | 36.02 | Juan Carlos Zamora | | | Individual | San Salvador | ESA | 8-jul-1995 | CNJuvenil |
| 29 | 35.44 | Fernando José Palomo | 19-nov-1972 | 23 | Individual | Austin, TX | USA | 20-abr-1996 | Torneo |
| 30 | 34.63 | Josué Eliazar Juarez | 8-ago-1987 | 17 | Yuri | San Salvador | ESA | 30-abr-2005 | CNJuvenil |

*David Ayala*

*Enrique Martínez*


*Guillermo Morales*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

**MARCAS JUVENILES**

**(6k)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 65.21 | David Antonio Ayala Abrego | 27-mar-2004 | 19 | Individual | San Salvador | ESA | 16-abr-2023 | CNJuvenil |
| 2 | 64.24 | Enrique Anibal Martinez Flores | 12-oct-1998 | 18 | Projuves | Managua | NCA | 30-jul-2017 | CAJuvenil |
| 3 | 47.01 | Alexis Manahem Sanchez Colindres | 5-jun-2002 | 17 | ACSA Santa Ana | San Salvador | ESA | 29-feb-2020 | Torneo |
| 4 | 45.29 | Kevin Rafael Linares Mendez | 6-feb-1995 | 19 | Sanjatts | Morelia | MEX | 4-jul-2014 | CACJuvenil |
| 5 | 44.59 | Francisco Andrés Cornejo Velasco | 20-sep-1998 | 18 | Sanjatts Sport | San Salvador | ESA | 15-jul-2017 | Torneo |

**(5k)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 67.31 | David Antonio Ayala Abrego | 27-mar-2004 | 17 | Betania | San José | CRC | 11-jul-2021 | NACACU18U23 |
| 2 | 59.51 | Enrique Anibal Martinez Flores | 12-oct-1998 | 16 | Projuves | San Salvador | ESA | 12-jun-2015 | CAJuvenil |
| 3 | 55.20 | Alexis Manahem Sanchez Colindres | 5-jun-2002 | 16 | Santa Ana ACSA | San Salvador | ESA | 27-abr-2019 | CNJuvenil |
| 4 | 46.56 | Kevin Rafael Linares Mendez | 6-feb-1995 | 17 | Sanjatts | San Salvador | ESA | 27-sep-2012 | Codicader |
| 5 | 45.84 | Alejandro Daniel Flores Valencia | 24-nov-2000 | 16 | Projuves | San Salvador | ESA | 25-mar-2017 | Torneo |

*David Ayala*

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

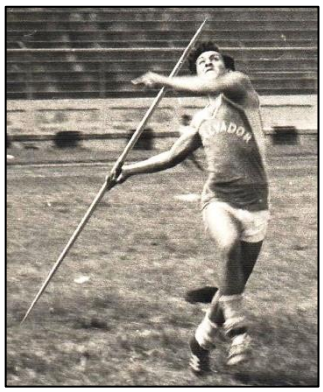
*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### LANZAMIENTO DE JABALINA (800g)(+45.50m)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 72.70 | Fernando José Palomo | 19-nov-1972 | 25 | Individual | Maracaibo | VEN | 19-ago-1998 | JuegosCAC |
| 2 | 65.73 | Manuel Enrique Nuila Pacas | 19-abr-1977 | 21 | Individual | San Salvador | ESA | 20-mar-1999 | Torneo |
| 3 | 63.14 | Rudy Aguilar Ruano | 15-ago-1956 | 24 | Individual | Guatemala | GUA | 7-nov-1980 | CAMayor |
| 4 | 60.04 | Juan Enrique Galdamez | 31-jul-1955 | 34 | ENA | San Salvador | ESA | 1989 | Torneo |
| 5 | 57.13 | Ivan Dagoberto Torres Paniagua | 16-jun-1984 | 18 | Santa Ana | San Salvador | ESA | 7-jun-2003 | Torneo |
| 6 | 56.76 | Pablo Antonio Siliezar Artiga | 23-nov-1993 | 21 | Individual | San Salvador | ESA | 19-abr-2015 | Torneo |
| 7 | 55.96 | Francisco José Rodriguez | 1-ene-1972 | 23 | Juvel | San Salvador | ESA | 1-abr-1995 | Torneo |
| 8 | 55.94 | David Cabrera | 12-sep-1945 | 22 | Individual | Guatemala | GUA | 5-oct-1967 | Torneo |
| 9 | 55.42 | Santiago Heriberto Mellado | 6-abr-1963 | 25 | Individual | Seu | KOR | 29-sep-1988 | JOlimpicos |
| 10 | 54.24 | Rafael Antonio Gallardo Galdamez | 1-ene-1966 | 19 | Aetos | San Salvador | ESA | 5-nov-1985 | Torneo |
| 11 | 53.83 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 23 | CAS | Cuiba | BRA | 11-may-2024 | Ibero |
| 12 | 53.19 | Ricardo Alfredo Cornejo Duran | 11-ago-1999 | 21 | Projuves | San Salvador | ESA | 1-feb-2020 | Torneo |
| 13 | 53.05 | Luis Ernesto Aquino Salazar | 26-jul-1986 | 17 | Las Aguilas | San Salvador | ESA | 29-feb-2004 | Torneo |
| 14 | 52.50 | Víctor Manuel Castañeda | | | Individual | Guatemala | GUA | 10-mar-1950 | JuegosCAC |
| 15 | 52.44 | Rudy Bladimir Diaz | 1-ene-1983 | 22 | San Miguel | San Salvador | ESA | 19-feb-2005 | Torneo |
| 16 | 50.39 | Jhonatan Josué Cardenas Arias | 20-mar-2003 | 18 | Betania | Managua | NCA | 31-jul-2021 | CAJuvenil |
| 17 | 50.12 | José Saul Corado | | | Individual | San Salvador | ESA | 1987 | Torneo |
| 18 | 49.76 | Ernesto Aguilar | | | Individual | San Salvador | ESA | 1-mar-1998 | Torneo |
| 19 | 49.63 | Wilber Adonay Molina Corvera | 9-jun-1996 | 22 | M Cojute | San Salvador | ESA | 31-mar-2019 | Torneo |
| 20 | 48.60 | Steven Wilfredo López Ayala | 8-nov-1996 | 22 | M Cojute | San Salvador | ESA | 3-mar-2019 | Torneo |
| 21 | 48.56 | Ricardo Quiñonez | | | Individual | San Salvador | ESA | 20-mar-1935 | JuegosCAC |
| 22 | 47.38 | José Gregrorio Driotez Urrutia | 1-ene-1982 | 19 | Individual | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 23 | 46.64 | Rafael Antonio Santos Cisneros | 13-jun-1944 | 27 | Individual | San José | CRC | 19-nov-1971 | CAMayor |
| 24 | 46.45 | Ernesto Melendez | 1-ene-1979 | 19 | Denver | San Salvador | ESA | 9-may-1998 | CNJuvenil |
| 25 | 46.42 | Ricardo Villafuerte | | | Individual | Panama | PAN | 8-feb-1938 | JuegosCAC |
| 26 | 46.10 | Carlos Bolaños | | | Individual | Guatemala | GUA | 27-sep-1958 | CAMayor |
| 27 | 46.10 | Lucas Oswaldo Miralda | 5-abr-1969 | 19 | Individual | Santo Domingo | DOM | 21-oct-1988 | Torneo |
| 28 | 46.02 | Ruben Elias Lobato Arteaga | 8-feb-2001 | 17 | Cuscatlan | San Salvador | ESA | 23-jun-2018 | CNMayor |
| 29 | 45.90 | Mario Hernández | | | UES | San Salvador | ESA | 21-nov-1985 | Torneo |
| 30 | 45.54 | Manuel Villalobos | | | Individual | San Salvador | ESA | 19-sep-1965 | CAMayor |

*Fernando Palomo*

*Manuel Nuila*


*Rudy Aguilar*

**MARCAS JUVENILES**

**(700g)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **52.38** | Luis Ernesto Aquino Salazar | 22-feb-1986 | **17** | Santa Ana | San Salvador | ESA | 18-sep-2003 | Estudiantil |
| **2** | **51.25** | Jhonatan Josué Cardenas Arias | 20-mar-2003 | **16** | Cuscatlan | San Salvador | ESA | 1-mar-2020 | Torneo |
| **3** | **49.08** | Angel Alberto Olmedo Serrano | 2-may-2005 | **15** | Projuves | San Salvador | ESA | 14-mar-2021 | Torneo |
| **4** | **47.05** | Ruben Elias Lobato Arteaga | 8-feb-2001 | **17** | Cuscatlan | San Salvador | ESA | 1-sep-2018 | Torneo |
| **5** | **46.47** | Kevin Jovel DeLeon Sanchez | 28-jul-1996 | **15** | Individual | San Salvador | ESA | 24-mar-2012 | Torneo |

*Luis Aquino*

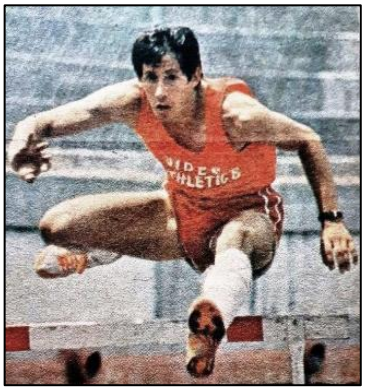
# DECATLON (+4000pts)

**(Mayor) 100, SL, IB(7.62k), SA, 400, 110mv(1.06), LD(2k) SP, LJ(800g), 1500**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **7517** | **Santiago Heriberto Mellado** | **6-abr-1963** | **25** | **Individual** | **Seul** | **KOR** | **29-sep-88** | **JOlimpicos** |
| | *(11.33, 6.83, 11.63, 2.06, 48.37, 15.39, 37.52, 4.60, 55.42, 4.30.07)* | | | | | | | | |
| **2** | **7491** | Esteban Josué Ibáñez Guevara | 5-dic-2000 | **22** | CAS | San Salvador | ESA | 29-jun-2024 | CAMayor |
| | *(10.96(1.6),7.29(0.0),11.89,2.00,49.08,14.56(0.0),32.94,4.20,52.95,4.29.84)* | | | | | | | | |
| **3** | **5973** | Mauricio Carranza Rivas | 2-feb-1965 | **32** | UES | San Salvador | ESA | 27-jul-1997 | Torneo |
| | *(11.29, 7.05, 11.05, 1.68, 56.72, 15.60, 30.44, 3.50, 37.48, 5.15.16)* | | | | | | | | |
| **4** | **5798** | Lucas Oswaldo Miralda | 5-abr-1969 | **19** | Juvel | Santo Domingo | DOM | 21-oct-1988 | Torneo |
| | *(11.0, 6.20, 10.36, 1.80, 52.8, 17.2, 29.90, 4.10, 46.10, 5.45.7)* | | | | | | | | |
| **5** | **5782** | Rudy Aguilar Ruano | 15-ago-1956 | **24** | Individual | Guatemala | GUA | **6-nov-1980** | CAMayor |
| | *(11.4, 5.81, 11.40, 1.68, 55.7, 17.6, 34.57, 3.05, 61.27, 5.21.4)* | | | | | | | | |
| **6** | **5686** | Alejandro Ernesto Olmedo Borja | 16-oct-1988 | **20** | Individual | San Juan | PUR | 22-nov-2008 | JustasLAI |
| | *(11.42, 6.10, 9.72, 2.05, 50.72, 14.95, 22.50, 2.70, 29.44, 5.18.90)* | | | | | | | | |
| **7** | **5619** | Yehefri Benjamin Vides | 27-sep-1985 | **20** | Juvel | San José | CRC | 4-jun-2005 | CAMayor |
| | *(11.39, 6.49, 10.00, 1.69, 54.73, 15.89, 24.85, 3.70, 35.17, 5.10.76)* | | | | | | | | |
| **8** | **5601** | Juan Ernesto Calidonio | 28-ene-1971 | **23** | Individual | San Salvador | ESA | 18-ene-1994 | JuegosCA |
| | *(11.63(2.2), 5.89, 9.74, 1.55, 52.50, 17.70(2.8), 30.50, 3.60, 42.14, 4.35.15)* | | | | | | | | |
| **9** | **5426** | Mario Alejandro Mancia Zepeda | 13-abr-1993 | **23** | Santa Ana | San Salvador | ESA | 16-abr-2016 | CNJuvenil |
| **10** | **5402** | Hector Mata | 8-feb-1972 | **21** | Individual | San Salvador | ESA | 18-ene-1994 | JuegosCA |
| | *(11.69(2.5), 6.06, 8.99, 1.73, 53.60, 16.70(1.7), 22.64, 3.50, 36.62, 4.54.40)* | | | | | | | | |
| **11** | **5334** | Roger Rafael Manzur Aguilar | 23-dic-1961 | **28** | UTEC | San Salvador | ESA | **1989** | CNMayor |
| **12** | **5286** | Luis Alberto Aguirre Cortez | 9-sep-1964 | **33** | Juvel | San Pedro Sula | HON | 12-dic-1997 | JuegosCA |
| | *(11.6(1.2), 6.36, 10.12, 1.59, 54.2, 16.6, 31.22, 3.50, 39.62, 5.48.5)* | | | | | | | | |
| **13** | **5262** | Sixto Armando Anchetta Ramírez | 7-mar-1977 | **24** | Juvel | San Salvador | ESA | 19-oct-2001 | CNMayor |
| **14** | **5242** | Rolando Arturo Ayala Hernández | 10-abr-1991 | **20** | Olimpicus | San José | CRC | 25-jun-2011 | CAMayor |
| | *(11.62(0.4), 6.29(0.0), 9.24, 1.61, 50.82, 18.92(0.4), 22.74, 3.40, 31.64, 4.47.62)* | | | | | | | | |
| **15** | **5209** | Rafael Antonio Santos Cisneros | 13-jun-1944 | **26** | Individual | Panama | PAN | **7-mar-1970** | JuegosCAC |
| | *(11.5, 5.73, 8.94, 1.60, 53.4, 18.5, 24.54, 2.80, 45.52, 4.41.9)* | | | | | | | | |

*Santiago Mellado*

*Esteban Ibáñez*



*Mauricio Carranza*

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| **16** | **5173** | Saul Nelson Deleon | 1-ene-1956 | **30** | SAS | Guatemala | GUA | **11-ene-1986** | JuegosCA |
| | *(12.0. 5.90, 10.18, 1.60, 55.0, 17.1, 29.62, 2.90, 39.96, 4.58.9)* | | | | | | | | |
| **17** | **5009** | Walter Mauricio Payes | 1-ene-1985 | **19** | Santa Ana | Managua | NCA | 26-sep-2004 | CACJuvenil |
| | *(11.60, 5.82, 7.92, 1.65, 52.12, 17.83, 22.68, 3.55, 28.92, 5.10.60)* | | | | | | | | |
| **18** | **4936** | Marco Antonio Rodriguez Pablo | 28-abr-1991 | **18** | Olimpicus | Guatemala | GUA | 12-jun-2009 | CAMayor |
| | (11.92(-0.1, 6.01, 9.49, 1.62, 54.04, 16.71(0.5), 21.65, 3.10, 26.13, 5.06.41) | | | | | | | | |
| **19** | **4912** | Nestor Oswaldo Meza Orellana | 9-ene-1988 | **19** | Olimpicus | San José | CRC | 9-jun-2007 | CAMayor |
| | *(11.56, 6.24, 7.18, 1.73, 52.09, 18.31, 22.19, 2.90, 22.97, 4.56.15)* | | | | | | | | |
| **20** | **4910** | Camilo Ernesto Menjivar Marroquin | 7-dic-1999 | **23** | CAS | San Salvador | ESA | 26-jun-2022 | CNMayor |
| | *(12.02(0.8), 5.30(0.0), 9.55, 1.62, 53.87, 17.58(0.0), 23.64, 3.10, 34.80, 4.55.76)* | | | | | | | | |
| **21** | **4872** | Ernesto Napoleon Vides Oliva | 15-dic-1949 | **33** | Individual | San Salvador | ESA | **14-nov-1982** | CNMayor |
| | *(11.9, 5.49, 9.52, 1.50, 56.8, 18.4, 25.22, 2.50, 38.35, 4.57.0)* | | | | | | | | |
| **22** | **4769** | Mario Alejandro Mancia Zepeda | 13-abr-1993 | **24** | Santa Ana | Tegucigalpa | HON | 30-jun-2017 | CAMayor |
| **23** | **4654** | Daniel Alejandro Gutierrez | 19-may-1987 | **21** | Vitta-Sanjatts | San Pedro Sula | HON | 27-jun-2008 | CAMayor |
| | *(12.02(-0.5), 5.70, 7.89, 1.40, 53.06, 19.84(0.9), 19.07, 4.10, 28.38, 4.54.89)* | | | | | | | | |
| **24** | **4611** | Pedro Daniel Figueroa Flores | 19-may-1991 | **18** | Olimpicus | Guatemala | GUA | 12-jun-2009 | CAMayor |
| | *(12.36(-0.1), 5.67, 8.09, 1.62, 56.71, 18.51(0.5), 21.22, 4.20, 25.79, 5.21.05)* | | | | | | | | |
| **25** | **4572** | Carlos Rigoberto Clemente Flores | 23-jun-1979 | **20** | BFA | San Salvador | ESA | 28-ago-1999 | CNMayor |
| | *(**, 5.52, **, 1.51, 55.28, 18.34, 23.87, 3.00, 38.54, **)* | | | | | | | | |
| **26** | **4430** | Alfredo Aleman Muñoz | | | SAS | San Salvador | ESA | **29-sep-1985** | CNMayor |
| **27** | **4372** | Oscar Rodriguez | 1-ene-1963 | **22** | SAS | San Salvador | ESA | **29-sep-1985** | CNMayor |
| **28** | **4098** | Ruben Ernesto López | 3-jul-1978 | **27** | Juvel | San Salvador | ESA | 15-may-2005 | CNMayor |
| **29** | **4069** | Diego Francisco Barahona | 1-ene-1987 | **18** | Olimpicus | San Salvador | ESA | 15-may-2005 | CNMayor |
| **30** | **4033** | Rafael Antonio Gallardo Galdamez | 1-ene-1966 | **18** | Aetos | Guatemala | GUA | **15-ago-1984** | CAMayor |
| | *(12.8, 4.88, 7.50, 1.73, 1.01.1, 20.5, 24.18, 2.70, 47.12, 5.31.8)* | | | | | | | | |

# PENTATLON

**SL, LJ(800g), 200m, LD(2.0k), 1500m**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **3131** | Víctor Manuel Castañeda | | | Individual | Barranquilla | COL | **14-dic-1946** | JuegosCAC |
| | | (5.01, 51.91, **, 31.68, 5.01) | | | | | | | |
| **2** | **2407** | José Castro | | | Individual | San José | CRC | **19-nov-1971** | CAMayor |
| | | (6.09, 39.24, 25.9, 26.98, 4.58.2) | | | | | | | |
| **3** | **2314** | Rafael Antonio Santos Cisneros | 13-jun-1944 | **27** | Individual | San José | CRC | **19-nov-1971** | CAMayor |
| | | (5.80, 46.64, 24.4, 25.06, 5.49.1) | | | | | | | |
| **4** | **2245** | Carlos Eduardo Hasbun Zablah | 27-sep-1949 | **22** | Individual | San José | CRC | **19-nov-1971** | CAMayor |
| **5** | **2184** | Federico Noltenius | | | Individual | San Salvador | ESA | **22-mar-1935** | JuegosCAC |
| | | (5.94, 40.45, 24.0, 57.52, 4.51.6) | | | | | | | |

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

*Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a **atletismoelsalvador@yahoo.com***

### MARCAS INFANTILES Y JUVENILES

**(DECATLON Juv. A - U20) (100, SL, IB (6k), SA, 400, 110mv(0.99), LD(1.75k) SP, LJ(800g), 1500)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 6426 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 18 | Sanjatts Sport | San José | CRC | 21-jul.-2019 | PANAMU20 |
| | *(11.38(2.5), 6.31(1.0), 9.78, 1.90, 51.13, 14.96(1.0), 33.55, 3.50, 47.47, 4.49.44)* | | | | | | | | |
| 2 | 5951 | Piero Rafael Braghieri Peralta | 2-oct-2002 | 18 | Olimpicus | Managua | NCA | 1-ago-2021 | CAJuvenil |
| | *(11.19(1.0), 6.72(-0.7), 8.82, 1.76, 50.97, 15.45(0.3), 32.45, 3.50, 29.11, 5.05.53)* | | | | | | | | |
| 3 | 5947 | José Rene Navas Ortiz | 12-jul-2002 | 19 | Athletics Beans | Managua | NCA | 1-ago-2021 | CAJuvenil |
| | *(11.28(1.0), 6.16(-0.9), 10.76, 1.73, 50.84, 15.79(0.3), 28.60, 3.20, 36.50, 4.43.41)* | | | | | | | | |
| 4 | 5210 | Nestor Oswaldo Meza Orellana | 9-ene-1988 | 19 | Olimpicus | San Salvador | ESA | 27-may-2007 | CAJuvenil |
| | *(11.60, 6.57, 8.76, 1.72, 51.88, 17.03, 23.09, 2.90, 27.80, 5.08.5)* | | | | | | | | |
| 5 | 5210 | Rolando Arturo Ayala Hernández | 10-abr-1991 | 19 | Individual | Panama | PAN | 29-may-2010 | CAJuvenil |
| | *(12.07(0.4), 6.41(1.0), 8.94, 1.68, 53.71, 18.03(0.0), 21.20, 3.20, 35.86, 4.38.39)* | | | | | | | | |

**(DECATLON Juv. B - U18) (100m, SL, IB(5k),SA, 400m, 110mv(0.91), LD(1.5k), SP, LJ(700g), 1500)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 5716 | Esteban Josué Ibáñez Guevara | 5-dic-2000 | 16 | Sanjatts Sport | Managua | NCA | 30-jul-2017 | CAJuvenil |
| | *(12.56, 5.76, 9.50, 1.79, 55.52, 15.85(0.0), 27.27, 2.70, 36.25, 4.51.56)* | | | | | | | | |
| 2 | 4491 | Camilo Ernesto Menjivar Marroquin | 7-dic-1999 | 16 | Sanjatts Sport | San Salvador | ESA | 16-abr-2016 | CNJuvenil |
| 3 | 4277 | Hector Enrique Grenni Alvarado | 8-nov-1999 | 16 | Sanjatts Sport | San Salvador | ESA | 16-abr-2016 | CNJuvenil |
| 4 | 4115 | Hugo Eleazar Sanchez Colindres | 20-jun-2000 | 15 | Santa Ana | San Salvador | ESA | 16-abr-2016 | CNJuvenil |
| 5 | 4103 | José Roberto Ayala Hernández | 8-mar-1998 | 17 | Projuves | San Salvador | ESA | 13-jun-2015 | CNJuvenil |
| | *(11.88(1.4), 5.06 (-0.1), 8.22, 1.54, 53.76, 19.63 (0.1), 21.85, 2.40, 23.34, 2.50.69)* | | | | | | | | |

**(HEPTATLON U15) (80m, SL, IB(3k), 80mv(0.84m), SA, LB, 1200m)**

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 5047 | Kevin Josué Zelaya Peña | 30-jul-1996 | 13 | Athletics Beans | San José | CRC | 28-nov-2009 | CAInfantil |
| | *(9.64, 6.45, 13.12, 12.07, 1.59, 77.50, 4.01.72)* | | | | | | | | |
| 2 | 4710 | Ronald Alexander Alvarenga | 31-ene-1994 | 13 | Linares | San Salvador | ESA | 10-nov-2007 | CAInfantil |
| | *(9.4, 5.39, 13.72, 11.7, 1.46, 66.65, 4.12.0)* | | | | | | | | |
| 3 | 4501 | Angel Alberto Olmedo Serrano | 2-may-2005 | 14 | Projuves | San Salvador | ESA | 27-jul-2019 | NACACU13U15 |
| | *(10.14(1.7), 5.60(0.9), 11.95, 11.93(1.3), 1.45, 67.94, 4.13.82)* | | | | | | | | |
| 4 | 4407 | Francisco Xavier Monterrosa Velado | 28-ene-2005 | 14 | Projuves | San Salvador | ESA | 27-jul-2019 | NACACU13U15 |
| | *(9.76(0.2), 5.47(0.7), 11.19, 12.21(1.3), 1.55, 47.65, 4.12.48)* | | | | | | | | |
| 5 | 4294 | Bryan Andony Zelaya Peña | 2-may-1995 | 13 | Athletics Beans | Managua | NCA | 22-nov-2008 | CAInfantil |
| | *(10.64, 5.46, 11.70, 12.50, 1.52, 40.93, 3.44.84)* | | | | | | | | |

Esteban Ibáñez

# MARCHA

## 5000 METROS MARCHA

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **20.31.53** | **José Gilberto Menjivar Avilés** | **22-ago-2001** | **17** | **Sn José Guayabal** | **Buenos Aires** | **ARG** | **11-oct-2018** | **JOlimpJuv** |
| **2** | **21.17.72** | Emerson Esnal Hernández | 20-ene-1989 | **17** | López Beltran | San Salvador | ESA | 27-jul-2006 | Torneo |
| **3** | **21.36.16** | Víctor Hugo Mendoza Barrillas | 16-nov-1988 | **17** | López Beltran | San Salvador | ESA | 6-may-2006 | Torneo |
| **4** | **21.41.62** | Walter Alberto Sandoval | 16-dic-1984 | **17** | Individual | San Salvador | ESA | 2001 | Codicader |
| **5** | **21.45.61** | Joséph Alejandro Hernández Silva | 10-feb-1999 | **18** | M Cojute | San Salvador | ESA | 17-may-2017 | Torneo |
| **6** | **21.47.05** | José Alejandro Leon Lara | 11-Jan-1962 | **26** | Juvel | San Salvador | ESA | **1988** | Torneo |
| **7** | **21.58.67** | Frank Alberto Hernández Silva | 10-feb-1999 | **18** | M Cojute | San Salvador | ESA | 17-may-2017 | Torneo |
| **8** | **22.09.75** | Salvador Ernesto Mira Vasquez | 23-ago-1984 | **17** | Individual | San Salvador | ESA | 2001 | Codicader |
| **9** | **22.38.8** | Francisco Guzman | 26-dic-1966 | **27** | Cojutepeque | San Salvador | ESA | 1993 | Torneo |
| **10** | **22.57.0** | Ricardo Ernesto Reyes | 10-mar-1980 | **24** | López Beltran | San Salvador | ESA | 1-may-2004 | Torneo |
| **11** | **23.49.7** | Herberth Mauricio Martínez Henriquez | 2-dic-1983 | **18** | Las Aguilas | Santa Ana | ESA | 12-may-2002 | Torneo |

## 5 KILOMETROS MARCHA

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **22.48** | **Emerson Esnal Hernández** | **20-ene-1989** | **15** | **Las Aguilas** | **San Salvador** | **ESA** | **1-may-2004** | **Torneo** |
| **2** | **22.57** | Ricardo Ernesto Reyes | 10-mar-1980 | **24** | Cojute L. Beltran | San Salvador | ESA | 1-may-2004 | Torneo |
| **3** | **22.58** | Víctor Hugo Mendoza Barrillas | 16-nov-1988 | **15** | Cojute L. Beltran | San Salvador | ESA | 1-may-2004 | Torneo |
| **4** | **23.17** | Brayan Estiven Mendez Lievano | 30-sep-2003 | **14** | Sn José Guayabal | San José | CRC | 24-mar-2018 | CAMarcha |
| **5** | **23.21** | Herberth Mauricio Martínez Henriquez | 2-dic-1983 | **20** | Las Aguilas | San Salvador | ESA | 1-may-2004 | Torneo |
| **6** | **23.29** | Gerson Otoniel Navas Jimenez | 7-may-1998 | **14** | Sn José Guayabal | San Salvador | ESA | 19-ene-2013 | Torneo |
| **7** | **23.45** | David Alexander Escobar Castillo | 7-jul-1995 | **16** | Sn José Guayabal | San Salvador | ESA | 8-ene-2012 | CNMarcha |
| **8** | **23.50** | Marco Antonio Benavides | 2-may-1986 | **15** | Individual | San Salvador | ESA | 28-abr-2002 | ChequeoMar |
| **9** | **24.16** | Oscar Armando Menjivar Avilés | 7-may-1997 | **14** | Sn José Guayabal | San Salvador | ESA | 8-ene-2012 | CNMarcha |
| **10** | **24.20** | Alcides Esau Rosales Alvarez | 9-sep-1996 | **15** | Cojutepeque | San Salvador | ESA | 8-ene-2012 | CNMarcha |
| **11** | **24.23** | Jason Steven Acevedo | 8-oct-1996 | **14** | Individual | San Salvador | ESA | 27-feb-2011 | CopaMarcha |

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 31DIC2025)

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### 10000 METROS MARCHA

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 40.55.4 | Walter Alberto Sandoval | 16-dic-1984 | 25 | López Beltran | San Salvador | ESA | 30-may-2009 | CNMayor |
| 2 | 41.28.7 | Ricardo Ernesto Reyes | 10-mar-1980 | 29 | Equipo de Marcha | San Salvador | ESA | 30-may-2009 | CNMayor |
| 3 | 42.17.56 | Emerson Esnal Hernández | 20-ene-1989 | 25 | Equipo de Marcha | Philadelphia, PA | ESA | 26-abr-2014 | PennRelays |
| 4 | 42.35.17 | Salvador Ernesto Mira Vasquez | 23-ago-1984 | 21 | López Beltran | San Salvador | ESA | 2-abr-2005 | Torneo |
| 5 | 42.35.79 | Marco Antonio Benavides | 2-may-1986 | 19 | López Beltran | San Salvador | ESA | 2-abr-2005 | Torneo |
| 6 | 43.05.14 | José Gilberto Menjivar Avilés | 22-ago-2001 | 17 | Sn José Guayabal | Panama | PAN | 17-sep-2018 | Codicader |
| 7 | 43.57.00 | Víctor Hugo Mendoza Barrillas | 16-nov-1988 | 18 | Equipo de Marcha | San Salvador | ESA | 4-jun-2006 | Torneo |
| 8 | 44.30.55 | Jesus Elias Maldonado | 20-ago-1970 | 31 | Equipo de Marcha | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 9 | 44.31.74 | Oscar Armando Menjivar Avilés | 5-jul-1997 | 18 | Sn José Guayabal | Edmonton | CAN | 2-ago-2015 | PanamJuvenil |
| 10 | 44.43.13 | Frank Alberto Hernández Silva | 10-feb-1999 | 20 | Moret | San Salvador | ESA | 10-feb-2019 | Torneo |
| 11 | 44.53.46 | Brayan Estiven Mendez Lievano | 30-sep-2003 | 15 | Sn José Guayabal | San Salvador | ESA | 18-may-2019 | CAJuvenil |
| 12 | 44.55.55 | Balmore Ernesto Elias | 12-jul-1975 | 19 | Cojutepeque | Lisboa | POR | 21-jul-1994 | MundialMarcha |
| 13 | 44.56.81 | José Ernesto Cuevas | 1-ene-1984 | 21 | López Beltran | San Salvador | ESA | 2-abr-2005 | Torneo |
| 14 | 45.05.97 | Luis Alfonso López Menjivar | 18-ene-1994 | 21 | Caminantes | San Salvador | ESA | 18-abr-2015 | Torneo |
| 15 | 45.54.24 | Gerson Otoniel Navas Jimenez | 7-may-1998 | 18 | Sn José Guayabal | San Salvador | ESA | 22-abr-2017 | CNJuvenil |
| 16 | 46.31.14 | José Roberto Benavides | 6-nov-1987 | 17 | López Beltran | San Salvador | ESA | 12-mar-2005 | Torneo |
| 17 | 46.33.59 | Cesar Cristian Escobar Castro | 13-feb-1994 | 19 | Benavides | San Salvador | ESA | 8-jun-2013 | CNMayor |
| 18 | 46.44.7 | José Alejandro Leon Lara | 11-Jan-1962 | 23 | Juvel | San Salvador | ESA | 5-nov-1985 | Torneo |
| 19 | 47.03.82 | Joséph Alejandro Hernández Silva | 10-feb-1999 | 17 | Moret | San José | CRC | 21-may-2016 | CAJuvenil |
| 20 | 47.26.64 | Herberth Mauricio Martínez Henriquez | 2-dic-1983 | 17 | Individual | San Salvador | ESA | 19-oct-2001 | CNMayor |
| 21 | 48.31.27 | José Roberto Guzman | | | Individual | Guatemala | GUA | 13-may-2006 | CAJuvenil |
| 22 | 48.53.16 | Bryan Alexander de la O Hernández | 5-abr-2002 | 16 | Sn José Guayabal | San Salvador | ESA | 2-jun-2018 | CAJuvenil |
| 23 | 49.45.6 | Francisco Rodriguez | | | Cojutepeque | San Salvador | ESA | 1-abr-1995 | Torneo |
| 24 | 49.50.8 | Luis Alonso Rodriguez | 24-feb-1971 | 24 | Juvel | San Salvador | ESA | 1-abr-1995 | Torneo |
| 25 | 51.39.0 | Fernando Antonio Castaneda Aragon | 3-feb-2002 | 20 | Cojute | San Salvador | ESA | 11-dic-2021 | CNMarcha |
| 26 | 52.22.4 | Sergio Daniel Lizama Mejia | 1-ene-1984 | 18 | Las Aguilas | San Salvador | ESA | 23-mar-2002 | Torneo |
| 27 | 52.35.0 | Luis Enrique Menjivar Marroquin | 20-ene-2005 | 16 | Guayabal | San Salvador | ESA | 11-dic-2021 | CNMarcha |
| 28 | 53.01.86 | Kevin Enrique Castaneda Aragon | 3-feb-2002 | 19 | Cuscatlan | San Salvador | ESA | 10-abr-2021 | Torneo |
| 29 | 53.22.2 | Roberto Antonio López | | | Juvel | San Salvador | ESA | 5-nov-1985 | Torneo |
| 30 | 57.11.84 | William Noe Flores | 1-ene-1990 | 17 | Individual | San Salvador | ESA | 25-may-2007 | CAJuvenil |

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

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### 10 KILOMETROS MARCHA

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **41.55** | **Víctor Hugo Mendoza Barillas** | **16-nov-1988** | **19** | **López Beltran** | **San Salvador** | **ESA** | **3-feb-2007** | **Torneo** |
| **2** | **41.55** | **José Gilberto Menjivar Avilés** | **22-ago-2001** | **18** | **Sn José Guayabal** | **Guatemala** | **GUA** | **24-feb-2019** | **CAMarcha** |
| **3** | **42.20** | Luis Alfonso López Menjivar | 18-ene-1994 | **23** | Caminantes | Santa Tecla | ESA | 14-ene-2017 | CNMarcha |
| **4** | **43.10** | Emerson Esnal Hernández | 20-ene-1989 | **18** | Equipo de Marcha | San Salvador | ESA | 3-feb-2007 | Torneo |
| **5** | **43.44** | José Alejandro Leon Lara | 11-Jan-1962 | **26** | Juvel | Xalapa | GUA | **1988** | CopaMarcha |
| **6** | **44.34** | Gerson Otoniel Navas Jimenez | 7-may-1998 | **19** | Caminantes | Santa Tecla | ESA | 14-ene-2017 | CNMarcha |
| **7** | **45.15** | Brayan Estiven Mendez Lievano | 30-sep-2003 | **17** | Sn José Guayabal | Guatemala | GUA | 2-feb-2020 | CAMarcha |
| **8** | **45.32** | Frank Alberto Hernández Silva | 10-feb-1999 | **18** | M Cojute | Guatemala | GUA | 12-feb-2017 | CAMarcha |
| **9** | **45.34** | Joséph Alejandro Hernández Silva | 10-feb-1999 | **18** | M Cojute | Santa Tecla | ESA | 14-ene-2017 | CNMarcha |
| **10** | **46.59** | Oscar Armando Menjivar Avilés | 5-jul-1997 | **16** | Sn José Guayabal | San Salvador | ESA | 19-ene-2013 | Torneo |
| **11** | **47.04** | Cesar Cristian Escobar Castro | 13-feb-1994 | **18** | Caminantes | San Salvador | ESA | 19-ene-2013 | Torneo |
| **12** | **48.06** | Cesar Alexander Martinez Martinez | 2-ene-1991 | **18** | Equipo de Marcha | San Salvador | ESA | 22-mar-2009 | CNMarcha |
| **13** | **48.43** | Luis Enrique Menjivar Marroquin | 20-ene-2005 | **17** | Guayabal | San Salvador | ESA | 20-feb-2022 | CAMarcha |
| **14** | **49.33** | Bryan Alexander de la O Hernández | 5-abr-2002 | **15** | Sn José Guayabal | Santa Tecla | ESA | 28-ene-2018 | CNMarcha |
| **15** | **50.43** | Alcides Esau Rosales Alvarez | 9-sep-1996 | **16** | Tepetitan | San Salvador | ESA | 19-ene-2013 | Torneo |
| **16** | **51.50** | Saul Armando Rodas Barrera | 21-mar-1994 | **16** | Caminantes | San Salvador | ESA | 6-feb-2011 | CNMarcha |
| **17** | **51.53** | Bryan Edgardo Barahona Beltran | 3-abr-1994 | **16** | Caminantes | San Salvador | ESA | 27-feb-2011 | CNMarcha |
| **18** | **53.26** | Edgar Heriberto Hernández Hernández | 23-mar-1999 | **17** | M Cojute | Santa Tecla | ESA | 14-ene-2017 | CNMarcha |
| **19** | **53.33** | David Humberto Escobar | 25-dic-1991 | **17** | Individual | San Salvador | ESA | 22-mar-2009 | CNMarcha |
| **20** | **55.34** | Luis Alberto Campos | 21-jul-1962 | **27** | Individual | San Salvador | ESA | 3-feb-2007 | Torneo |
| **21** | **56.21** | Roberto Carlos Paredes | 7-sep-1993 | **17** | Individual | San Salvador | ESA | 27-feb-2011 | CNMarcha |
| **22** | **58.15** | Luis Mendoza | 16-sep-1995 | **13** | Individual | San Salvador | ESA | 1-may-2009 | PANAMMarcha |

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### 20000 METROS MARCHA

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1h 25.19.91 | Walter Alberto Sandoval | 16-dic-1984 | 24 | Equipo de Marcha | Guatemala | GUA | 12-jun-2009 | CAMayor |
| 2 | 1h 27.48.29 | Ricardo Ernesto Reyes | 10-mar-1980 | 29 | Equipo de Marcha | Guatemala | GUA | 12-jun-2009 | CAMayor |
| 3 | 1h 29.31.0 | Salvador Ernesto Mira Vasquez | 23-ago-1984 | 20 | Equipo de Marcha | San Salvador | ESA | 11-dic-2004 | Torneo |
| 4 | 1h 30.45.13 | Víctor Hugo Mendoza Barrillas | 16-nov-1988 | 18 | Equipo de Marcha | San José | CRC | 8-jun-2007 | CAMayor |
| 5 | 1h 31.01.08 | Emerson Esnal Hernández | 20-ene-1989 | 18 | Equipo de Marcha | San José | CRC | 8-jun-2007 | CAMayor |
| 6 | 1h 32.39.0 | Jesus Elias Maldonado | 20-ago-1970 | 31 | López Beltran | San Salvador | ESA | 23-mar-2002 | Torneo |
| 7 | 1h 33.26.0 | José Ernesto Cuevas | 1-ene-1984 | 20 | López Beltran | San Salvador | ESA | 11-dic-2004 | Torneo |
| 8 | 1h 33.38.91 | Luis Alfonso López Menjivar | 18-ene-1994 | 20 | López Beltran | San Salvador | ESA | 16-mar-2014 | Torneo |
| 9 | 1h 35.24.48 | Gerson Otoniel Navas Jimenez | 7-may-1998 | 18 | Sn José Guayabal | San Salvador | ESA | 17-jul-2016 | NACACU23 |
| 10 | 1h 35.40.0 | Frank Alberto Hernández Silva | 10-feb-1999 | 18 | M Cojute | San Salvador | ESA | 24-sep-2017 | Torneo |
| 11 | 1h 36.18.0 | José Alejandro Leon Lara | 11-Jan-1962 | 27 | Juvel | San Salvador | ESA | 1989 | CNMayor |
| 12 | 1h 38.20.0 | Joséph Alejandro Hernández Silva | 10-feb-1999 | 18 | M Cojute | San Salvador | ESA | 24-sep-2017 | Torneo |
| 13 | 1h 39.07.63 | Oscar Armando Menjivar Avilés | 5-jul-1997 | 19 | Individual | San Salvador | ESA | 17-jul-2016 | NACACU23 |
| 14 | 1h 42.13.0 | Herberth Mauricio Martínez Henriquez | 2-dic-1983 | 18 | Las Aguilas | San Salvador | ESA | 23-mar-2002 | Torneo |
| 15 | 1h 45.04.0 | Kevin Enrique Castaneda Aragon | 3-feb-2002 | 19 | Cojute | San Salvador | ESA | 22-ene-2022 | CNMarcha |
| 16 | 1h 46.26.0 | Fernando Antonio Castaneda Aragon | 3-feb-2002 | 19 | Cojute | San Salvador | ESA | 22-ene-2022 | CNMarcha |
| 17 | 1h 49.40.0 | Mario Antonio Martinez | | 97 | Cojutepeque | San Salvador | ESA | 22-mar-1997 | Torneo |
| 18 | 1h 53.31.0 | Marvin Antonio Vivas Campos | 10-sep-2002 | 19 | Cojute | San Salvador | ESA | 22-ene-2022 | CNMarcha |
| 19 | 1h 53.36.0 | Jorge Moises Rodas Barrera | 2-nov-2001 | 20 | Betania | San Salvador | ESA | 22-ene-2022 | CNMarcha |

### 20 KILOMETROS MARCHA (-1h 58.00s)

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 1h 25.23 | Walter Alberto Sandoval | 16-dic-1984 | 22 | Equipo de Marcha | La Coruña | ESP | 2-jun-2007 | GPMarcha |
| 2 | 1h 26.09 | Salvador Ernesto Mira Vasquez | 23-ago-1984 | 21 | López Beltran | San Salvador | ESA | 10-dic-2005 | CopaMarcha |
| 3 | 1h 26.17 | Víctor Hugo Mendoza Barrillas | 16-nov-1988 | 20 | Equipo de Marcha | San Salvador | ESA | 22-mar-2009 | CAMarcha |
| 4 | 1h 26.34 | Emerson Esnal Hernández | 20-ene-1989 | 24 | Equipo de Marcha | San Giovanni | ITA | 1-may-2013 | CopaIAAF |
| 5 | 1h 27.32 | Ricardo Ernesto Reyes | 10-mar-1980 | 24 | López Beltran | San Salvador | ESA | 19-feb-2005 | Torneo |
| 6 | 1h 27.50 | Luis Alfonso López Menjivar | 18-ene-1994 | 23 | Caminantes | Guatemala | GUA | 12-feb-2017 | CAMarcha |
| 7 | 1h 28.45 | Marco Antonio Benavides | 2-may-1986 | 19 | López Beltran | San Salvador | ESA | 10-dic-2005 | CopaMarcha |
| 8 | 1h 32.21 | Francisco Antonio Guzman | 26-dic-1966 | 27 | SUFECU | San Salvador | ESA | 18-ene-1994 | JuegosCA |
| 9 | 1h 32.39 | Jesus Elias Maldonado | 20-ago-1970 | 31 | López Beltran | San Salvador | ESA | 23-mar-2002 | Torneo |
| 10 | 1h 33.19 | José Alejandro Leon Lara | 11-Jan-1962 | 26 | Juvel | San Salvador | ESA | 8-may-1988 | Torneo |
| 11 | 1h 33.26 | José Ernesto Cuevas | 1-ene-1984 | 20 | López Beltran | San Salvador | ESA | 11-dic-2004 | Torneo |
| 12 | 1h 33.49 | Balmore Ernesto Elias | 12-jul-1975 | 18 | Cojutepeque | San Salvador | ESA | 18-ene-1994 | JuegosCA |
| 13 | 1h 38.17 | Luis Alberto Campos | 21-jul-1962 | 24 | Individual | San Salvador | ESA | 30-ago-1986 | Torneo |
| 14 | 1h 38.26 | José Roberto Benavides | 6-nov-1987 | 19 | López Beltran | Guatemala | GUA | 18-mar-2007 | CAMarcha |
| 15 | 1h 38.58 | Kevin Enrique Castaneda Aragon | 3-feb-2002 | 20 | Cojute | San Salvador | ESA | 20-feb-2022 | CAMarcha |
| 16 | 1h 40.06 | Frank Alberto Hernández Silva | 10-feb-1999 | 20 | M Cojute | Guatemala | GUA | 24-feb-2019 | CAMarcha |
| 17 | 1h 42.18 | Herberth Mauricio Martínez Henriquez | 2-dic-1983 | 18 | Las Aguilas | San Salvador | ESA | 28-abr-2002 | ChequeoMar |
| 18 | 1h 42.34 | Carlos Alberto Rivera | 1-oct-1954 | 44 | Jopaflo | Guatemala | GUA | 26-nov-1998 | Torneo |
| 19 | 1h 43.34 | Cesar Cristian Escobar Castro | 13-feb-1994 | 20 | López Beltran | San Salvador | ESA | 2-mar-2014 | CNMarcha |
| 20 | 1h 44.15 | Fernando Antonio Castaneda Aragon | 3-feb-2002 | 20 | Cojute | San Salvador | ESA | 20-feb-2022 | CAMarcha |
| 21 | 1h 45.56 | Guillermo Vasquez | 25-jun-1971 | 26 | Cojutepeque | San Pedro Sula | HON | 9-dic-1997 | JuegosCA |
| 22 | 1h 50.04 | Mario de Jesus Martinez Mejia | 2-jun-1975 | 22 | Cojutepeque | San Pedro Sula | HON | 9-dic-1997 | JuegosCA |
| 23 | 1h 51.12 | Luis Alonso Rodríguez | | | Juvel | San Salvador | ESA | 3-sep-1995 | CNMayor |
| 24 | 1h 53.00 | Roberto Antonio López | | | Juvel | San Salvador | ESA | 1989 | Torneo |
| 25 | 1h 55.41 | Jorge Estrada | 1-Jan-1967 | 18 | Tortugas | San Salvador | ESA | 29-sep-1985 | CNMayor |
| 26 | 1h 56.57 | Edmundo Palacios | | | ENA | San Salvador | ESA | 29-sep-1985 | CNMayor |
| 27 | 1h 58.17 | Saul Armando Rodas Barrera | 21-mar-1994 | 20 | López Beltran | San Salvador | ESA | 30-mar-2014 | CAMarcha |
| 28 | 1h 58.48 | Roberto Castellanos Braña | 7-oct-1950 | 18 | Individual | Mexico DF | MEX | 14-oct-1968 | JOlimpicos |
| 29 | 1h 59.00 | Oscar Diaz Cabrales | 24-ago-1953 | 19 | Individual | Panama | PAN | 24-nov-1972 | CAMayor |

## 35 KILOMETROS MARCHA

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **2h 37.11** | **Emerson Esnal Hernández** | **20-ene-1989** | **22** | **Equipo de Marcha** | **San Salvador** | **ESA** | **6-feb-2011** | **CNMarcha** |
| **2** | **2h 45.47** | Salvador Ernesto Mira Vasquez | 23-ago-1984 | **22** | Equipo de Marcha | Rio de Janeiro | BRA | 28-jul-2007 | JuegosPANAM |
| **3** | **3h 16.42** | Carlos Alberto Rivera | 1-oct-1954 | **40** | SUFECU | San Salvador | ESA | 18-jun-1995 | Torneo |
| **4** | **4h 04.60** | Luis Alonso Rodriguez | 24-feb-1971 | **26** | Juvel | San Salvador | ESA | 22-mar-1997 | Torneo |

## 50 KILOMETROS MARCHA

| LUGAR | MARCA | NOMBRE | FEC/NAC | EDAD | CLUB | LUGAR | PAIS | FECHA | EVENTO |
|---|---|---|---|---|---|---|---|---|---|
| **1** | **3h 53.57** | **Emerson Esnal Hernández** | **20-ene-1989** | **23** | **Equipo de Marcha** | **Londres** | **GBR** | **11-ago-2012** | **JOlimpicos** |
| **2** | **3h 59.51** | Salvador Ernesto Mira Vasquez | 23-ago-1984 | **22** | Equipo de Marcha | Rio de Janeiro | BRA | 28-jul-2007 | JuegosPANAM |
| **3** | **4h 01.59** | Luis Alfonso López Menjivar | 18-ene-1994 | **22** | Caminantes | Ciudad Juarez | MEX | 6-mar-2016 | ChallengeMarcha |
| **4** | **4h 06.01** | Marco Antonio Benavides | 2-may-1986 | **21** | Equipo de Marcha | Chihuahua | MEX | 9-mar-2008 | Torneo |
| **5** | **4h 18.45** | Ricardo Ernesto Reyes | 10-mar-1980 | **27** | Equipo de Marcha | Santa Catarina | BRA | 22-abr-2007 | PANAMMarcha |
| **6** | **4h 44.45** | Luis Alonso Rodriguez | 24-feb-1971 | **22** | Juvel | San Salvador | ESA | 22-ene-1994 | JuegosCA |
| **7** | **4h 45.49** | José Alejandro Leon Lara | 11-Jan-1962 | **26** | Juvel | Guatemala | GUA | **6-may-1988** | Torneo |
| **8** | **4h 59.56** | Carlos Alberto Rivera | 1-oct-1954 | **39** | Aguilas | San Salvador | ESA | 22-ene-1994 | JuegosCA |
| **9** | **5h 09.48** | Oscar Diaz Cabrales | 24-ago-1953 | **19** | Individual | Panama | PAN | **25-nov-1972** | CAMayor |
| **10** | **5h 22.00** | Ricardo Alberto Cruz Flores | 9-abr-1946 | **22** | UES | Mexico DF | MEX | **17-oct-1968** | JOlimpicos |

*José Gilberto Menjívar*

*Emerson Hernández*

*Walter Sandoval*

*Víctor Mendoza*

*Salvador Mira*

*Ricardo Reyes*

*Luis López*

*Carlos Rivera*

**RANKING CREADO POR:**
Carlos Clemente, Estadístico e Historiador.

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Visita los sitios web:

La Historia del Atletismo de El Salvador
**https://atletismoelsalvador.org/**

Resultados de Atletismo
**https://atletismo.info/**