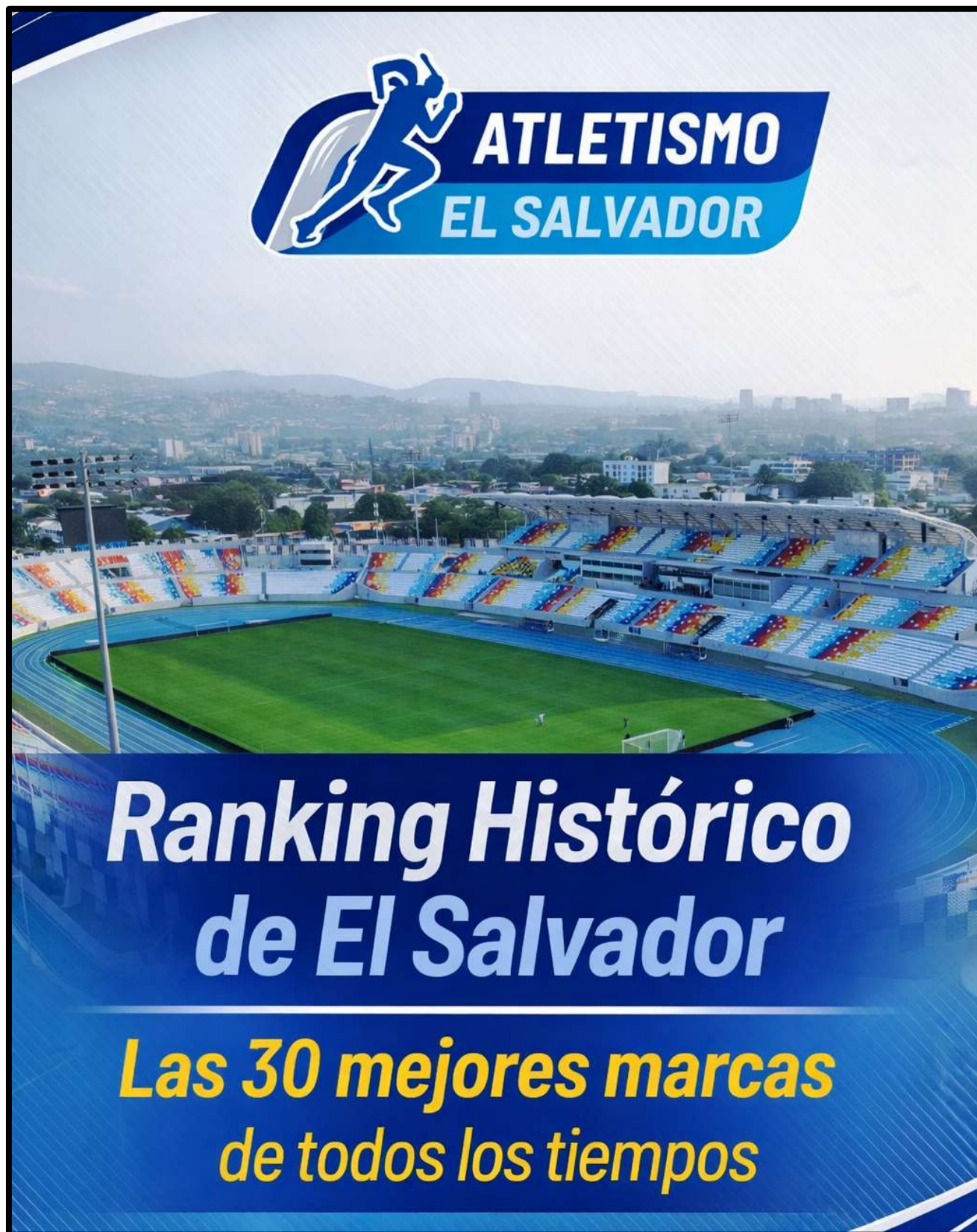




# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

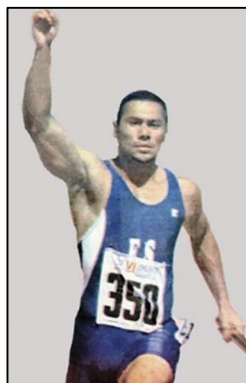
Creado por: *Carlos Clemente, Estadístico e Historiador*. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### 100 METROS PLANOS (-11.17s)

| LUGAR | MARCA | W    | NOMBRE                            | FEC/NAC     | EDAD | CLUB            | LUGAR            | PAIS | FECHA       | EVENTO     |
|-------|-------|------|-----------------------------------|-------------|------|-----------------|------------------|------|-------------|------------|
| 1     | 10.35 | 1.5  | Rubén Antonio Benítez             | 15-sep-1972 | 25   | Individual      | Fullerton        | USA  | 23-abr-1998 | Torneo     |
| 2     | 10.48 | 0.6  | Edgardo Antonio Serpas Rodas      | 10-dic-1973 | 23   | Individual      | Los Angeles, CA  | USA  | 3-may-1997  | Triang     |
| 3     | 10.53 | -1.7 | Juan Carlos Rodríguez Marroquin   | 19-dic-1994 | 28   | Individual      | San José         | CRC  | 6-may-2023  | CAMayor    |
| 4     | 10.58 | 0.0  | José Andrés Salazar Mijangos      | 11-ene-1997 | 22   | Projuves        | Chihuahua        | MEX  | 31-may-2019 | CNMayor    |
| 5     | 10.68 |      | Francisco Colorado                | 16-oct-1967 | 22   | Individual      | Guadalajara      | MEX  | 12-may-1990 | Torneo     |
| 6     | 10.68 | 1.2  | Julio Cesar Roque Morales         | 25-oct-1977 | 20   | Juvel           | Guatemala        | GUA  | 7-nov-1997  | JuegosCA   |
| 7     | 10.72 | 1.8  | Takeshi Salvador Fujiwara Salazar | 5-ago-1985  | 24   | Green Dreams    | Natchitoches, LA | USA  | 1-may-2010  | NSUInvit   |
| 8     | 10.77 |      | Carlos José Toledo                | 19-mar-1973 | 18   | Individual      | Cd. Victoria     | MEX  | 21-jun-1991 | Torneo     |
| 9     | 10.85 | 0.0  | Esteban Josué Ibáñez Guevara      | 5-dic-2000  | 23   | CAS             | Cuiba            | BRA  | 10-may-2024 | Ibero      |
| 10    | 10.86 | -0.3 | José David Braghieri Peralta      | 3-dic-1998  | 18   | Projuves        | Guatemala        | GUA  | 25-nov-2017 | Torneo     |
| 11    | 10.89 |      | Aldo Salandra Bove                | 3-jun-1958  | 18   | Individual      | Xalapa           | MEX  | 26-ago-1976 | CACJuvenil |
| 12    | 10.89 | 1.4  | Pablo Andrés Ibáñez Guevara       | 28-oct-1998 | 23   | CAS             | San Salvador     | ESA  | 25-jun-2022 | CNMayor    |
| 13    | 10.95 |      | Juan Diego Medina Portillo        | 18-feb-2010 | 15   | New Dreamers    | San Salvador     | ESA  | 10-oct-2025 | Torneo     |
| 14    | 10.96 |      | Rene Edgardo Hernández            |             |      | Individual      | Cd. Victoria     | MEX  | 1989        | Torneo     |
| 15    | 10.96 |      | Alejandro José Navarro Barriere   | 8-feb-1979  | 19   | BFA             | San Salvador     | ESA  | 4-jul-1998  | CNMayor    |
| 16    | 10.96 | 0.6  | Omar de Jesus Lazo Ramirez        | 14-abr-2008 | 17   | Sprinterssv     | San Salvador     | ESA  | 21-feb-2026 | Torneo     |
| 17    | 10.97 | 1.7  | Piero Rafael Braghieri Peralta    | 2-oct-2002  | 15   | Athletics Beans | San Salvador     | ESA  | 1-jun-2018  | CAJuvenil  |
| 18    | 10.97 | 0.9  | José Rene Navas Ortiz             | 12-jul-2002 | 21   | CAS             | San Salvador     | ESA  | 3-sep-2023  | CNMayor    |
| 19    | 10.97 | 0.6  | José Fabricio Marroquin Zepeda    | 11-oct-1997 | 28   | Sprinterssv     | San Salvador     | ESA  | 21-feb-2026 | Torneo     |
| 20    | 11.01 |      | José Adalberto Chorro Figueroa    | 1-dic-1993  | 23   | Olimpicus       | South Dakota     | USA  | 11-may-2017 | NSAACH     |
| 21    | 11.02 | 0.1  | Fernando José Bonilla Díaz        | 29-abr-2001 | 17   | Athletics Beans | San Salvador     | ESA  | 1-jun-2018  | CAJuvenil  |
| 22    | 11.03 | -2.0 | Renan Alejandro Palma Bernabe     | 13-oct-1990 | 18   | Olimpicus       | San Salvador     | ESA  | 16-may-2009 | CAJuvenil  |
| 23    | 11.04 | 1.9  | George Vincent Erazo Mureski      | 10-may-1992 | 27   | Elite Feats     | New York, NY     | USA  | 15-jun-2019 | Torneo     |
| 24    | 11.06 | 1.5  | Ronal Alexis Moreno Alas          | 14-jun-1996 | 25   | Green Dreams    | San Salvador     | ESA  | 11-jun-2022 | Torneo     |
| 25    | 11.07 |      | Marcelo Gabriel Gamero Lucero     | 17-nov-2008 | 16   | Trojans         | San Salvador     | ESA  | 10-oct-2025 | Torneo     |
| 26    | 11.09 |      | Isaias Antonio Palencia Avelar    | 13-ene-1993 | 16   | Olimpicus       | San Salvador     | ESA  | 21-feb-2009 | Torneo     |
| 27    | 11.14 |      | Mario Enrique Quintanilla Ruiz    | 13-sep-1985 | 20   | UES             | Guatemala        | GUA  | 4-nov-2005  | Cempro     |
| 28    | 11.14 | 1.6  | Juan Carlos Rivas Carcamo         | 25-ago-1993 | 16   | Athletics Beans | San José         | CRC  | 18-sep-2009 | Codicader  |
| 29    | 11.16 |      | Luis Alonso Reyes Velásquez       | 4-ene-1987  | 16   | Vitta           | San Salvador     | ESA  | 28-jun-2003 | Torneo     |
| 30    | 11.17 | 1.4  | Gabry Pratt Moreno Martinez       | 22-ago-2003 | 18   | Projuves        | San Salvador     | ESA  | 25-jun-2022 | CNMayor    |
| 31    | 11.17 | -0.1 | Manuel Alejandro Aguilar Gonzalez | 1-jul-2004  | 18   | Trojans         | San Salvador     | ESA  | 17-nov-2022 | AASCA      |



Rubén Benítez



Edgardo Serpas



Juan Carlos Rodríguez

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: **Carlos Clemente, Estadístico e Historiador**. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### CON VIENTO A FAVOR

| LUGAR | MARCA | W   | NOMBRE                          | FEC/NAC     | EDAD | CLUB            | LUGAR            | PAIS | FECHA       | EVENTO    |
|-------|-------|-----|---------------------------------|-------------|------|-----------------|------------------|------|-------------|-----------|
| 1     | 10.42 | 2.7 | José Andrés Salazar Mijangos    | 11-ene-1997 | 22   | Projuves        | Managua          | NCA  | 22-jun-2019 | CAMayor   |
| 2     | 10.53 | 2.7 | Juan Carlos Rodriguez Marroquin | 19-dic-1994 | 24   | Olimpicus       | Managua          | NCA  | 22-jun-2019 | CAMayor   |
| 3     | 10.75 | 3.2 | Renan Alejandro Palma Bernabe   | 13-oct-1990 | 20   | Arlington Univ. | Natchitoches, LA | USA  | 16-abr-2011 | Northwest |
| 4     | 10.90 | 4.2 | Juan Diego Medina Portillo      | 18-feb-2010 | 15   | New Dreamers    | San Salvador     | ESA  | 14-jun-2025 | CAJuvenil |
| 5     | 10.96 | 2.7 | Rene Murillo                    |             |      | Individual      | Mexico DF        | MEX  | 22-jul-1988 | Ibero     |

### MARCAS MANUALES

| LUGAR | MARCA | W    | NOMBRE                         | FEC/NAC     | EDAD | CLUB       | LUGAR          | PAIS | FECHA       | EVENTO   |
|-------|-------|------|--------------------------------|-------------|------|------------|----------------|------|-------------|----------|
| 1     | 10.6  |      | Aldo Salandra Bove             | 3-jun-1958  | 19   | Individual | San Salvador   | ESA  | 29-nov-1977 | JuegosCA |
| 2     | 10.6  |      | Francisco Colorado             | 16-oct-1967 | 20   | Individual | Mexico DF      | MEX  | 26-abr-1989 | Torneo   |
| 3     | 10.7  |      | Benjamin Reyes                 |             |      | Individual | San Salvador   | ESA  | 29-nov-1977 | JuegosCA |
| 4     | 10.7  |      | Rene López Escobar             | 14-jun-1963 | 22   | Batos      | San Salvador   | ESA  | 21-sep-1985 | CNMayor  |
| 5     | 10.8  |      | Luis Chandier                  |             |      | Individual | San Salvador   | ESA  | 1987        | Torneo   |
| 6     | 10.8  | -1.0 | Edgardo Antonio Serpas Rodas   | 10-dic-1973 | 23   | Individual | San Pedro Sula | HON  | 9-dic-1997  | JuegosCA |
| 7     | 10.8  | -0.9 | Julio Cesar Roque Morales      | 25-oct-1977 | 20   | Juvel      | San Pedro Sula | HON  | 9-dic-1997  | JuegosCA |
| 8     | 10.9  |      | Luis Antonio Amaya             |             |      | Laspu      | San Salvador   | ESA  | 13-ago-1994 | CNMayor  |
| 9     | 11.0  |      | Raul Antonio Mena              |             |      | Individual | San Salvador   | ESA  | 18-sep-1965 | CAMayor  |
| 10    | 11.0  |      | Emilio Delgado                 |             |      | Individual | San Salvador   | ESA  | 1-oct-1974  | CNMayor  |
| 11    | 11.0  |      | Eduardo Chandier               |             |      | SAS        | San Salvador   | ESA  | 28-sep-1985 | CNMayor  |
| 12    | 11.0  |      | Lucas Oswaldo Miralda          | 5-abr-1969  | 19   | Individual | Santo Domingo  | DOM  | 20-oct-1988 | Torneo   |
| 13    | 11.0  |      | Hector Armando Flores Paniagua | 6-feb-1974  | 19   | Emiliani   | Guatemala      | GUA  | 23-sep-1993 | CNMayor  |



José Andrés Salazar



Aldo Salandra

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### 200 METROS PLANOS (-22.59s)

| LUGAR | MARCA | W    | NOMBRE                            | FEC/NAC     | EDAD | CLUB            | LUGAR           | PAIS | FECHA       | EVENTO      |
|-------|-------|------|-----------------------------------|-------------|------|-----------------|-----------------|------|-------------|-------------|
| 1     | 21.05 | 0.0  | Rubén Antonio Benítez             | 16-sep-1972 | 25   | Individual      | Los Angeles     | USA  | 16-may-1998 | Torneo      |
| 2     | 21.23 | 1.3  | José Andrés Salazar Mijangos      | 11-ene-1997 | 22   | Projuves        | Managua         | NCA  | 22-jun-2019 | CAMayor     |
| 3     | 21.30 | -0.3 | Edgardo Antonio Serpas Rodas      | 10-dic-1973 | 25   | Individual      | Bridgetown      | BAR  | 27-jun-1999 | CACMayar    |
| 4     | 21.48 | -0.6 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985  | 23   | Green Dreams    | Nacogdoches, TX | USA  | 9-may-2009  | Southland   |
| 5     | 21.57 | 0.8  | Renan Alejandro Palma Bernabe     | 13-oct-1990 | 19   | Olimpicus       | Arlington, TX   | USA  | 15-may-2010 | Southland   |
| 6     | 21.65 | 0.5  | Esteban Josué Ibáñez Guevara      | 5-dic-2000  | 22   | CAS             | San Salvador    | ESA  | 2-jun-2024  | CNMayor     |
| 7     | 21.73 | -0.2 | José David Braghieri Peralta      | 3-dic-1998  | 18   | Projuves        | Managua         | NCA  | 28-jul-2017 | CAJuvenil   |
| 8     | 21.78 | 1.7  | Pablo Andrés Ibáñez Guevara       | 28-oct-1998 | 24   | CAS             | San Salvador    | ESA  | 25-sep-2022 | Torneo      |
| 9     | 21.81 | 0.5  | Julio Cesar Martínez Canales      | 7-oct-2004  | 21   | U.Albany (USA)  | Storrs, CT      | USA  | 4-abr-2026  | UCONN       |
| 10    | 21.91 |      | Julio Cesar Roque Morales         | 25-oct-1977 | 19   | Juvel           | La Habana       | CUB  | 17-may-1997 | Torneo      |
| 11    | 21.94 |      | Rene Marcelo Figueroa             | 30-nov-1982 | 21   | CEDH            | San Salvador    | ESA  | 4-jul-2004  | CNMayor     |
| 12    | 22.05 |      | Carlos José Toledo                | 19-mar-1973 | 24   | Sanjatts        | San Salvador    | ESA  | 27-jul-1997 | Torneo      |
| 13    | 22.09 | 1.2  | Omar de Jesus Lazo Ramirez        | 14-abr-2008 | 17   | Sprinterssv     | San Salvador    | ESA  | 21-feb-2026 | Torneo      |
| 14    | 22.15 |      | Francisco Colorado                | 16-oct-1967 | 22   | Individual      | Guadalajara     | MEX  | 12-may-1990 | Torneo      |
| 15    | 22.22 | 1.8  | Piero Rafael Braghieri Peralta    | 2-oct-2002  | 16   | Olimpicus       | Queretaro       | MEX  | 6-jul-2019  | NACACU18U23 |
| 16    | 22.23 | 1.2  | Rene López Escobar                | 14-jun-1963 | 22   | Batos           | Nassau          | BAH  | 26-jul-1985 | CACMayar    |
| 17    | 22.23 | 1.8  | José Rene Navas Ortiz             | 12-jul-2002 | 19   | CAS             | San Salvador    | ESA  | 15-may-2022 | CNJvenil    |
| 18    | 22.26 | 0.0  | Juan Carlos Rodriguez Marroquin   | 19-dic-1994 | 24   | Olimpicus       | Guatemala       | GUA  | 8-jun-2019  | CNMayor     |
| 19    | 22.26 | 1.2  | Ronal Alexis Moreno Alas          | 14-jun-1996 | 26   | Individual      | Managua         | NCA  | 2-jul-2022  | CAMayor     |
| 20    | 22.27 | 1.2  | José Fabricio Marroquin Zepeda    | 11-oct-1997 | 28   | Sprinterssv     | San Salvador    | ESA  | 21-feb-2026 | Torneo      |
| 21    | 22.28 | 1.7  | Fernando José Bonilla Díaz        | 29-abr-2001 | 16   | Athletics Beans | San Salvador    | ESA  | 14-oct-2017 | CNMayor     |
| 22    | 22.28 | 1.5  | Sebastian Andrés Vidal Cerna      | 17-ene-2002 | 17   | Athletics Beans | San José        | CRC  | 20-jul-2019 | PANAMU20    |
| 23    | 22.29 |      | George Vincent Erazo Mureski      | 10-may-1992 | 19   | Individual      | Queens, NY      | USA  | 9-abr-2012  |             |
| 24    | 22.35 |      | Isaias Antonio Palencia Avelar    | 13-ene-1993 | 15   | Olimpicus       | San Pedro Sula  | HON  | 28-sep-2008 | Codicader   |
| 25    | 22.48 | 1.1  | Edward Alberto Medrano Cruz       | 9-oct-2007  | 18   | CAS             | San Salvador    | ESA  | 19-abr-2026 | CNJvenil    |
| 26    | 22.48 | -0.4 | Juan Diego Medina Portillo        | 18-feb-2010 | 16   | New Dreamers    | Managua         | NCA  | 3-may-2026  | CAJuvenil   |
| 27    | 22.50 |      | Aldo Salandra Bove                | 3-jun-1958  | 18   | Individual      | Xalapa          | MEX  | 28-ago-1976 | CACJuvenil  |
| 28    | 22.51 |      | Roberto Cortes Molina             | 10-feb-1981 | 23   | Leones          | Guatemala       | GUA  | 6-nov-2004  | Cempro      |
| 29    | 22.54 |      | Rolando Arturo Ayala Hernández    | 10-abr-1991 | 21   | Olimpicus       | San Salvador    | ESA  | 7-abr-2013  | Torneo      |
| 30    | 22.59 |      | Mario Enrique Quintanilla Ruiz    | 13-sep-1985 | 20   | UES             | San Salvador    | ESA  | 15-oct-2005 | Torneo      |



Rubén Benítez



José Andrés Salazar



Edgardo Serpas

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

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### CON VIENTO A FAVOR

| LUGAR | MARCA | W   | NOMBRE                            | FEC/NAC     | EDAD | CLUB           | LUGAR            | PAIS | FECHA       | EVENTO      |
|-------|-------|-----|-----------------------------------|-------------|------|----------------|------------------|------|-------------|-------------|
| 1     | 20.90 | 2.6 | José Andrés Salazar Mijangos      | 11-ene-1997 | 22   | Projuves       | Queretaro        | MEX  | 6-jul-2019  | NACACU18U23 |
| 2     | 20.94 | 2.7 | Rubén Antonio Benitez             | 16-sep-1972 | 25   | Individual     | Fullerton, CA    | USA  | 23-abr-1998 | Torneo      |
| 3     | 21.40 | 4.1 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985  | 24   | Green Dreams   | Natchitoches, LA | USA  | 1-may-2010  | NorthInvnt  |
| 4     | 21.68 | 3.1 | José David Braghieri Peralta      | 3-dic-1998  | 18   | Projuves       | Managua          | NCA  | 28-jul-2017 | CAJuvenil   |
| 5     | 21.73 | 2.2 | Julio Cesar Martínez Canales      | 7-oct-2004  | 21   | U.Albany (USA) | Tampa, FL        | USA  | 20-mar-2026 | USFAIumni   |

### MARCAS MANUALES

| LUGAR | MARCA | W | NOMBRE                          | FEC/NAC     | EDAD | CLUB       | LUGAR        | PAIS | FECHA       | EVENTO   |
|-------|-------|---|---------------------------------|-------------|------|------------|--------------|------|-------------|----------|
| 1     | 21.6  |   | Rene López Escobar              | 14-jun-1963 | 22   | Batos      | San Salvador | ESA  | 21-sep-1985 | CNMayor  |
| 2     | 22.1  |   | Alejandro José Navarro Barriere | 8-feb-1979  | 19   | BFA        | Guatemala    | GUA  | 27-nov-1998 | Torneo   |
| 3     | 22.2  |   | Aldo Salandra Bove              | 3-jun-1958  | 19   | Individual | San Salvador | ESA  | 30-nov-1977 | JuegosCA |
| 4     | 22.5  |   | Emilio Delgado                  |             |      | Individual | San Salvador | ESA  | 1-oct-1974  | CNMayor  |
| 5     | 22.5  |   | Luis Antonio Amaya              |             |      | Laspu      | San Salvador | ESA  | 30-mar-1996 | Torneo   |
| 6     | 22.6  |   | Lucas Oswaldo Miralda           | 5-abr-1969  | 20   | UTEC       | San Salvador | ESA  | 1989        | Torneo   |
| 7     | 22.6  |   | Benjamin Reyes                  |             |      | Individual | San Salvador | ESA  | 30-nov-1977 | JuegosCA |
| 8     | 22.7  |   | Oscar López                     |             |      | Individual | Guatemala    | GUA  | 27-sep-1958 | CAMayor  |
| 9     | 22.7  |   | Hector Alexander Centeno        | 7-feb-1975  | 19   | Individual | San Salvador | ESA  | 12-abr-1994 | Torneo   |
| 10    | 22.8  |   | Juan Carlos Colorado            | 1-ene-1969  | 16   | Batos      | Mexico DF    | MEX  | 22-jun-1985 | Nakasawa |
| 11    | 22.8  |   | Francisco Colorado              | 16-oct-1967 | 18   | Batos      | San Salvador | ESA  | 21-sep-1985 | CNMayor  |



René López

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

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### 400 METROS PLANOS (-49.99s)

| LUGAR | MARCA | NOMBRE                            | FEC/NAC     | EDAD | CLUB            | LUGAR           | PAIS | FECHA       | EVENTO     |
|-------|-------|-----------------------------------|-------------|------|-----------------|-----------------|------|-------------|------------|
| 1     | 45.99 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985  | 26   | Green Dreams    | Medellin        | COL  | 28-abr-2012 | XRestrepo  |
| 2     | 46.57 | Pablo Andrés Ibáñez Guevara       | 28-oct-1998 | 24   | CAS             | Oordegem        | BEL  | 27-may-2023 | IFAM       |
| 3     | 47.51 | Rubén Antonio Benítez             | 16-sep-1972 | 20   | Individual      | Valencia        | VEN  | 1-may-1993  | Torneo     |
| 4     | 47.56 | George Vincent Erazo Mureski      | 10-may-1992 | 21   | Individual      | Cheyney, PA     | USA  | 3-may-2014  | Torneo     |
| 5     | 47.66 | Esteban Josué Ibáñez Guevara      | 5-dic-2000  | 24   | CAS             | San Salvador    | ESA  | 1-jun-2024  | CNMayor    |
| 6     | 47.70 | Rene Marcelo Figueroa             | 30-nov-1982 | 18   | Sanjatts        | La Habana       | CUB  | 25-may-2001 | Barrientos |
| 7     | 47.76 | Sebastian Andrés Vidal Cerna      | 17-ene-2002 | 22   | Athletics Beans | San Salvador    | ESA  | 28-jun-2024 | CAMayor    |
| 8     | 47.80 | Julio Cesar Martínez Canales      | 7-oct-2004  | 21   | U.Albany (USA)  | Storrs, CT      | USA  | 4-abr-2026  | UCONN      |
| 9     | 47.86 | Ronal Alexis Moreno Alas          | 14-jun-1996 | 21   | Green Dreams    | Tegucigalpa     | HON  | 30-jun-2017 | CAMayor    |
| 10    | 47.91 | Roberto Cortes Molina             | 10-feb-1981 | 24   | Sanjatts        | San José        | CRC  | 3-jun-2005  | CAMayor    |
| 11    | 48.23 | Samuel José Ibáñez Guevara        | 7-jul-2003  | 20   | CAS             | San Salvador    | ESA  | 28-jun-2024 | CAMayor    |
| 12    | 48.27 | José Rene Navas Ortiz             | 12-jul-2002 | 20   | CAS             | San José        | CRC  | 7-may-2023  | CAMayor    |
| 13    | 48.32 | Rolando Arturo Ayala Hernández    | 10-abr-1991 | 21   | Olimpicus       | San José        | CRC  | 16-feb-2013 | Torneo     |
| 14    | 48.37 | Santiago Heriberto Mellado        | 6-abr-1963  | 25   | Individual      | Seul            | KOR  | 28-sep-1988 | JOlímpicos |
| 15    | 48.41 | Carlos José Toledo                | 19-mar-1973 | 24   | Sanjatts        | San Salvador    | ESA  | 26-jul-1997 | Torneo     |
| 16    | 48.47 | Francisco López Torres            | 5-ago-1957  | 20   | Individual      | Medellin        | COL  | 15-jul-1978 | Torneo     |
| 17    | 48.71 | Rene López Escobar                | 14-jun-1963 | 21   | Batos           | Los Angeles, CA | USA  | 4-ago-1984  | JOlímpicos |
| 18    | 48.93 | Joseph Alejandro Hernández Silva  | 10-feb-1999 | 25   | CAS             | San Salvador    | ESA  | 20-abr-2024 | CNJvenil   |
| 19    | 49.07 | Alejandro José Navarro Barriere   | 8-feb-1979  | 22   | Individual      | Guatemala       | GUA  | 20-jul-2001 | CACMayor   |
| 20    | 49.07 | Edward Alberto Medrano Cruz       | 10-sep-2007 | 18   | CAS             | Managua         | NCA  | 3-may-2026  | CAJuvenil  |
| 21    | 49.43 | Felix Antonio Gonzalez            | 12-jun-1977 | 24   | Sanjatts        | Guatemala       | GUA  | 29-nov-2001 | JuegosCA   |
| 22    | 49.46 | Juan Andrés Moncayo Atalah        | 15-oct-2008 | 15   | Trojans         | San José        | CRC  | 18-may-2024 | CAJuvenil  |
| 23    | 49.48 | Juan Francisco Cuellar Sandoval   | 19-nov-1989 | 21   | Santa Ana       | San Salvador    | ESA  | 28-may-2011 | CNJvenil   |
| 24    | 49.57 | Cesar Alejandro Cornejo Nuila     | 16-abr-1988 | 19   | Green Dreams    | San Salvador    | ESA  | 27-may-2007 | CAJuvenil  |
| 25    | 49.65 | Cesar Augusto Arias Samayoa       | 4-nov-1978  | 20   | Individual      | San Salvador    | ESA  | 1-may-1999  | Torneo     |
| 26    | 49.78 | José Andrés Salazar Mijangos      | 11-ene-1997 | 26   | Projuves        | San Salvador    | ESA  | 1-abr-2023  | Torneo     |
| 27    | 49.95 | Bryan Isaac Ramos Benitez         | 18-sep-1989 | 23   | Individual      | San Salvador    | ESA  | 6-abr-2013  | Torneo     |
| 28    | 49.98 | Paul Joseph Dennehy               | 29-ago-1982 | 22   | Juvel           | San Salvador    | ESA  | 14-may-2005 | CNMayor    |
| 29    | 49.98 | Paolo Cordon Mejia                | 15-may-2003 | 22   | Olimpicus       | San Salvador    | ESA  | 21-mar-2026 | Torneo     |
| 30    | 49.99 | Erick David García                |             |      | Juvel           | San Salvador    | ESA  | 17-nov-2002 | Torneo     |



Takeshi Fujiwara



Pablo Ibáñez



Rubén Benítez

## RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

### ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: **Carlos Clemente, Estadístico e Historiador**. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

#### MARCAS MANUALES

| LUGAR | MARCA | NOMBRE                                | FEC/NAC     | EDAD | CLUB       | LUGAR        | PAIS | FECHA       | EVENTO   |
|-------|-------|---------------------------------------|-------------|------|------------|--------------|------|-------------|----------|
| 1     | 48.4  | Rene López Escobar                    | 14-jun-1963 | 22   | Batos      | San Salvador | ESA  | 22-sep-1985 | CNMayor  |
| 2     | 48.4  | Alejandro José Navarro Barriere       | 8-feb-1979  | 19   | Individual | Guatemala    | GUA  | 26-nov-1998 | Torneo   |
| 3     | 49.1  | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | 21   | Individual | San José     | CRC  | 28-nov-1975 | CAMayor  |
| 4     | 49.5  | Salvador López Torres                 | 5-ago-1957  | 18   | Individual | San José     | CRC  | 29-nov-1975 | CAMayor  |
| 5     | 49.6  | Carlos José Toledo                    | 19-mar-1973 | 20   | Sanjatts   | San Salvador | ESA  | 18-jun-1993 | CNMayor  |
| 6     | 49.7  | Francisco López Torres                | 5-ago-1957  | 20   | Individual | San Salvador | ESA  | 1-dic-1977  | JuegosCA |
| 7     | 50.1  | Carlos Humberto Alas                  |             |      | ENA        | San Salvador | ESA  | 22-sep-1985 | CNMayor  |
| 8     | 50.3  | Hector Armando Flores Paniagua        | 6-feb-1974  | 19   | Individual | Guatemala    | GUA  | 25-sep-1993 | CNMayor  |
| 9     | 50.6  | Ernesto Napoleon Vides Oliva          | 15-dic-1949 | 27   | Individual | San Salvador | ESA  | 19-nov-1977 | Torneo   |
| 10    | 50.6  | Hernan Antonio Castro Hernández       | 1-ene-1963  | 22   | ENA        | San Salvador | ESA  | 30-nov-1985 | Torneo   |



René López

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### 800 METROS PLANOS (-1.57.81s)

| LUGAR | MARCA   | NOMBRE                                | FEC/NAC     | EDAD | CLUB               | LUGAR          | PAIS | FECHA       | EVENTO         |
|-------|---------|---------------------------------------|-------------|------|--------------------|----------------|------|-------------|----------------|
| 1     | 1.50.22 | Jon Díaz Querejeta                    | 7-jun-2001  | 25   | Empire Elite (USA) | Managua        | NCA  | 7-jun-2026  | CAMayor        |
| 2     | 1.50.43 | Aaron Alexander Hernández Bolaños     | 6-mar-2000  | 25   | Betania            | Freeport       | BAH  | 15-ago-2025 | NACACMayoy     |
| 3     | 1.50.85 | Pablo Andrés Ibáñez Guevara           | 28-oct-1998 | 24   | CAS                | San Salvador   | ESA  | 26-jun-2022 | CNMayoy        |
| 4     | 1.51.63 | George Vincent Erazo Mureski          | 10-may-1992 | 30   | Individual         | San José       | CRC  | 6-may-2023  | CAMayoy        |
| 5     | 1.52.14 | Joseph Alejandro Hernández Silva      | 10-feb-1999 | 24   | CAS                | San Salvador   | ESA  | 4-jul-2023  | JuegosCAC      |
| 6     | 1.52.64 | Roberto Cortes Molina                 | 10-feb-1981 | 24   | Sanjatts           | San José       | CRC  | 3-jun-2005  | CAMayoy        |
| 7     | 1.52.91 | Ronal Alexis Moreno Alas              | 14-jun-1996 | 19   | Green Dreams       | Rio de Janeiro | BRA  | 14-may-2016 | Ibero          |
| 8     | 1.53.12 | Cesar Augusto Arias Samayoa           | 4-nov-1978  | 23   | Bansal             | San Salvador   | ESA  | 20-jul-2002 | Torneo         |
| 9     | 1.53.35 | Juan Andrés Moncayo Atalah            | 15-oct-2008 | 17   | IMG Academy (USA)  | Matthews, NC   | USA  | 17-abr-2026 | DistanceCarniv |
| 10    | 1.53.99 | Francis de Jesus Jimenez              | 9-jun-1985  | 21   | Betania            | San José       | CRC  | 8-jun-2007  | CAMayoy        |
| 11    | 1.54.1  | Francisco López Torres                | 5-ago-1957  | 20   | Individual         | San Salvador   | ESA  | 29-nov-1977 | JuegosCA       |
| 12    | 1.54.70 | Oscar Omar Villata Fuentes            | 1-ene-1983  | 23   | UES                | San Salvador   | ESA  | 4-jun-2006  | Torneo         |
| 13    | 1.54.85 | David Josué Reina                     | 17-sep-1983 | 18   | Festina            | San Salvador   | ESA  | 19-oct-2001 | CNMayoy        |
| 14    | 1.54.91 | Luis Gustavo Solorzano Osorio         | 25-nov-1996 | 17   | Betania            | Tegucigalpa    | HON  | 20-jun-2014 | CAMayoy        |
| 15    | 1.55.06 | Erick Saul Hernández Salguero         | 28-sep-1998 | 18   | Fenix              | Tegucigalpa    | HON  | 30-jun-2017 | CAMayoy        |
| 16    | 1.55.15 | Ronald Ernesto Arias                  | 1-ene-1973  | 24   | Bansal             | San Pedro Sula | HON  | 11-dic-1997 | JuegosCA       |
| 17    | 1.55.33 | Juan Manuel Canjura                   | 30-sep-1980 | 24   | Betania            | San Salvador   | ESA  | 15-may-2005 | CNMayoy        |
| 18    | 1.55.50 | Paolo Cordon Mejia                    | 15-may-2003 | 21   | Green Dreams       | San Salvador   | ESA  | 2-jun-2024  | CNMayoy        |
| 19    | 1.55.59 | Juan Pablo Arafath Tutila             | 20-jun-1980 | 18   | Individual         | San Salvador   | ESA  | 6-jun-1999  | Torneo         |
| 20    | 1.55.7  | Giovanni Edgardo García Medrano       | 22-feb-1969 | 20   | UES                | San Salvador   | ESA  | 11-ene-1990 | JuegosCA       |
| 21    | 1.55.72 | Marlon Vladimir Monterrosa            | 13-oct-1987 | 16   | Cojute L.Beltran   | Managua        | NCA  | 17-sep-2004 | Codicader      |
| 22    | 1.55.94 | Cain Elias Rodriguez                  | 26-oct-1983 | 17   | Betania            | San Salvador   | ESA  | 19-oct-2001 | CNMayoy        |
| 23    | 1.56.92 | Ruben Boanerges Quintanilla Baires    | 9-jul-1981  | 22   | Vides Athletics    | La Habana      | CUB  | 24-abr-2004 | CNMayoy        |
| 24    | 1.57.01 | Juan José Giron                       |             |      | Ipsfa-Sanjatts     | San Salvador   | ESA  | 10-sep-1995 | CNMayoy        |
| 25    | 1.57.14 | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | 16   | Individual         | San Salvador   | ESA  | 17-jul-1971 | Torneo         |
| 26    | 1.57.31 | Juan Carlos Acosta Latino             | 6-ene-1996  | 16   | Vitta Sanjatts     | San Salvador   | ESA  | 25-may-2012 | CAJuvenil      |
| 27    | 1.57.35 | José Rene Navas Ortiz                 | 12-jul-2002 | 21   | CAS                | San Salvador   | ESA  | 12-may-2024 | Torneo         |
| 28    | 1.57.49 | Salvador Francisco Romero             | 14-may-1984 | 19   | Betania            | San Salvador   | ESA  | 4-abr-2004  | Torneo         |
| 29    | 1.57.7  | José Argueta                          |             |      | Individual         | San Salvador   | ESA  | 1987        | Torneo         |
| 30    | 1.57.81 | Víctor Manuel Castro Acevedo          | 26-abr-1992 | 18   | Asterix            | Panama         | PAN  | 28-may-2010 | CAJuvenil      |



Jon Díaz Querejeta



Aarón Hernández



Pablo Ibáñez

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### 1500 METROS PLANOS (-4.08.14s)

| LUGAR | MARCA   | NOMBRE                                 | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO     |
|-------|---------|----------------------------------------|-------------|------|------------------|----------------|------|-------------|------------|
| 1     | 3.47.93 | Aaron Alexander Hernández Bolaños      | 6-mar-2000  | 25   | Betania          | Freeport       | BAH  | 16-ago-2025 | NACACMayor |
| 2     | 3.54.11 | Cesar Enrique Peraza Rodriguez         | 13-ago-1997 | 25   | Betania          | San Salvador   | ESA  | 14-may-2022 | CNJuvenil  |
| 3     | 3.55.52 | Francis de Jesus Jimenez               | 9-jun-1985  | 21   | Betania          | San José       | CRC  | 2-sep-2006  | TorneoCA   |
| 4     | 3.56.56 | Luis Gustavo Solorzano Osorio          | 25-nov-1996 | 18   | Betania          | Tegucigalpa    | HON  | 21-jun-2014 | CAMayor    |
| 5     | 3.56.66 | Ronald Ernesto Arias                   | 1-ene-1973  | 24   | Bansal           | San Pedro Sula | HON  | 13-dic-1997 | JuegosCA   |
| 6     | 3.57.70 | Erick Amilcar Bonilla Rosa             | 8-oct-1981  | 20   | Bansal           | San German     | PUR  | 30-mar-2002 | Torneo     |
| 7     | 3.58.3  | Rene Francis Merino Monroy             | 30-dic-1963 | 25   | Escuela Naval    | Santiago       | CHI  | 1-jul-1989  | Torneo     |
| 8     | 3.58.7  | Dagoberto Perez                        | 26-mar-1964 | 29   | UES              | Cali           | COL  | 1-ago-1993  | CACMayor   |
| 9     | 4.00.73 | Juan Manuel Canjura                    | 30-sep-1980 | 19   | Betania          | La Habana      | CUB  | 29-jul-2000 | Barrientos |
| 10    | 4.01.5  | Cesar Augusto Arias Samayoa            | 4-nov-1978  | 19   | Denver           | San Salvador   | ESA  | 4-jul-1998  | CNMayor    |
| 11    | 4.01.72 | David Alexander Escobar Castillo       | 7-jul-1995  | 22   | Sn José Guayabal | Tegucigalpa    | HON  | 30-jun-2017 | CAMayor    |
| 12    | 4.02.2  | José Fernando López                    | 5-feb-1982  | 16   | Leones           | San Salvador   | ESA  | 4-jul-1998  | CNMayor    |
| 13    | 4.03.0  | Eduardo Hernández                      |             |      | Individual       | San Salvador   | ESA  | 8-ago-1977  | CNMayor    |
| 14    | 4.03.0  | Wilfredo Ayala Soriano                 | 11-ago-1961 | 21   | Individual       | San Salvador   | ESA  | 12-jun-1983 | Torneo     |
| 15    | 4.03.18 | Diego Ernesto Linares Mendez           | 14-abr-2006 | 20   | Green Dreams     | San Salvador   | ESA  | 18-abr-2026 | CNJuvenil  |
| 16    | 4.03.45 | William Stanley Marroquin              | 3-may-1978  | 27   | Betania          | San Salvador   | ESA  | 14-may-2005 | CNMayor    |
| 17    | 4.03.53 | Oscar William Calderon                 | 11-sep-1966 | 21   | Aetos            | San Salvador   | ESA  | 1987        | Torneo     |
| 18    | 4.04.46 | Salvador Francisco Romero              | 14-may-1984 | 19   | Betania          | San José       | CRC  | 4-sep-2003  | CAJuvenil  |
| 19    | 4.04.65 | Marlon Vladimir Monterrosa             | 13-oct-1987 | 16   | Cojute L.Beltran | San Salvador   | ESA  | 30-may-2004 | CNJuvenil  |
| 20    | 4.04.68 | David Josué Reina                      | 17-sep-1983 | 18   | Individual       | San Salvador   | ESA  | 19-oct-2001 | CNMayor    |
| 21    | 4.04.73 | Francisco Salvador Romero              | 20-jun-1984 | 20   | Betania          | San Salvador   | ESA  | 3-jul-2004  | CNMayor    |
| 22    | 4.04.97 | Noe Antonio Rivas Valenzuela           | 18-jul-1996 | 21   | Betania          | San Salvador   | ESA  | 13-may-2017 | Torneo     |
| 23    | 4.05.03 | Cristian Bladimir Quintanilla Castillo | 1-ene-1991  | 15   | Batos            | Puerto España  | TTO  | 14-jul-2006 | CACJuvenil |
| 24    | 4.05.42 | Cain Elias Rodriguez                   | 26-oct-1983 | 19   | Betania          | San Salvador   | ESA  | 26-jul-2003 | CNMayor    |
| 25    | 4.06.12 | Douglas Omar Aguilar Perez             | 15-feb-1989 | 22   | Betania          | San José       | CRC  | 24-jun-2011 | CAMayor    |
| 26    | 4.06.36 | Amilcar Arturo Tejada Escobar          | 1-ago-1992  | 30   | Fuerza Armada    | San Salvador   | ESA  | 25-jun-2022 | CNMayor    |
| 27    | 4.06.76 | Carlos Rene Aguilar Perez              | 4-abr-1992  | 17   | Betania          | San Salvador   | ESA  | 16-may-2009 | CAJuvenil  |
| 28    | 4.06.86 | William Edgardo Salinas                | 3-may-1978  | 26   | Betania          | San Salvador   | ESA  | 2-abr-2005  | Torneo     |
| 29    | 4.07.4  | Alex Armando Calderon                  | 1-ene-1967  | 18   | Aetos            | San Salvador   | ESA  | 28-sep-1985 | CNMayor    |
| 30    | 4.08.14 | Erick Saul Hernández Salguero          | 28-sep-1998 | 19   | Individual       | Managua        | NCA  | 28-jul-2017 | CAJuvenil  |



Aaron Hernández



Cesar Peraza



Francis Jiménez

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

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### 3000 METROS PLANOS (-9.28.71s)

| LUGAR | MARCA   |     | NOMBRE                                 | FEC/NAC     | EDAD | CLUB                 | LUGAR           | PAIS | FECHA       | EVENTO    |
|-------|---------|-----|----------------------------------------|-------------|------|----------------------|-----------------|------|-------------|-----------|
| 1     | 8.06.30 | (i) | Carlos Alcides Santos Tobar            | 7-jun-2000  | 22   | Stony Brook U        | St. Islands, NY | USA  | 10-feb-2023 | Fastrack  |
| 2     | 8.39.76 | (i) | Andre David Michaels Michaels          | 27-oct-2005 | 20   | Charlotte (USA)      | W.Salem, NC     | USA  | 7-feb-2026  | CamelDist |
| 3     | 8.42.29 |     | Benjamin Ricardo Jimenez García        | 31-mar-1993 | 30   | Fuerza Armada        | San Salvador    | ESA  | 10-mar-2024 | Torneo    |
| 4     | 8.43.46 |     | Cesar Enrique Peraza Rodriguez         | 13-ago-1997 | 22   | Betania              | San Salvador    | ESA  | 1-feb-2020  | Torneo    |
| 5     | 8.44.31 |     | Oscar Antonio Aldana Hernández         | 25-oct-1990 | 33   | AdN                  | San Salvador    | ESA  | 10-mar-2024 | Torneo    |
| 6     | 8.46.62 |     | Francis de Jesus Jimenez               | 9-jun-1985  | 20   | Betania              | San Salvador    | ESA  | 19-mar-2006 | Torneo    |
| 7     | 8.50.40 |     | Williams Alexander Sanchez Rivera      | 11-feb-1983 | 23   | Betania              | San Salvador    | ESA  | 19-mar-2006 | Torneo    |
| 8     | 8.51.11 |     | William Stanley Marroquin              | 3-may-1978  | 25   | Betania              | San Salvador    | ESA  | 12-mar-2005 | Torneo    |
| 9     | 8.52.75 |     | William Edgardo Salinas                | 28-may-1983 | 21   | Betania              | San Salvador    | ESA  | 12-mar-2005 | Torneo    |
| 10    | 8.53.77 |     | David Alexander Escobar Castillo       | 7-jul-1995  | 23   | Sn José Guayabal     | San Salvador    | ESA  | 3-mar-2019  | Torneo    |
| 11    | 8.54.99 |     | Luis Gustavo Solorzano Osorio          | 25-nov-1996 | 16   | Betania              | San Salvador    | ESA  | 28-abr-2013 | CNJvenil  |
| 12    | 8.55.14 |     | Aaron Alexander Hernández Bolaños      | 6-mar-2000  | 24   | Betania              | San Salvador    | ESA  | 10-mar-2024 | Torneo    |
| 13    | 8.57.43 |     | Amilcar Arturo Tejada Escobar          | 1-ago-1992  | 32   | Fuerza Armada        | San Salvador    | ESA  | 10-mar-2024 | Torneo    |
| 14    | 9.02.22 |     | Cristian Bladimir Quintanilla Castillo | 1-ene-1991  | 15   | Batos                | Panamá          | PAN  | 10-sep-2006 | Codicader |
| 15    | 9.04.05 |     | Douglas Omar Aguilar Perez             | 15-feb-1989 | 17   | Betania              | Panamá          | PAN  | 10-sep-2006 | Codicader |
| 16    | 9.06.77 |     | Carlos Rene Aguilar Perez              | 4-abr-1992  | 17   | Betania              | San Salvador    | ESA  | 24-abr-2009 | CNJvenil  |
| 17    | 9.07.04 |     | José Vladimir Maravilla Hernández      | 15-ago-1998 | 16   | Individual           | San Salvador    | ESA  | 12-jun-2015 | CAJuvenil |
| 18    | 9.07.49 |     | Diego Ernesto Linares Mendez           | 14-abr-2006 | 19   | Green Dreams         | San Salvador    | ESA  | 14-jun-2025 | CAJuvenil |
| 19    | 9.09.78 |     | Gabriel Armando Jimenez García         | 29-sep-2007 | 18   | Betania              | Managua         | NCA  | 2-may-2026  | CAJuvenil |
| 20    | 9.10.71 |     | Diego Pablo Roca Hernández             | 5-sep-1996  | 21   | Sn José Guayabal     | San Salvador    | ESA  | 25-feb-2018 | Torneo    |
| 21    | 9.10.80 |     | Marlon Vladimir Monterrosa             | 13-oct-1987 | 16   | Cojute López Beltran | Managua         | NCA  | 19-sep-2004 | Codicader |
| 22    | 9.11.46 |     | Erick Amilcar Bonilla Rosa             | 8-oct-1981  | 18   | Bansal               | San Salvador    | ESA  | 21-sep-2000 | Torneo    |
| 23    | 9.17.1  |     | Guillermo Isai Delgado                 | 11-feb-1989 | 17   | Tepetitan            | Santa Ana       | ESA  | 10-feb-2007 | Torneo    |
| 24    | 9.18.18 |     | Jonathan Geovanny Santos Borja         | 11-nov-1994 | 24   | Betania/UES          | San Salvador    | ESA  | 10-feb-2019 | Torneo    |
| 25    | 9.18.44 |     | Joseph Alejandro Hernández Silva       | 10-feb-1999 | 19   | Individual           | San Salvador    | ESA  | 25-feb-2018 | Torneo    |
| 26    | 9.18.99 |     | Ronald de Jesus Monterrosa Beltran     | 16-jun-1997 | 18   | Cojutepeque          | San Salvador    | ESA  | 6-feb-2016  | Torneo    |
| 27    | 9.19.80 |     | Nelson Ismael Aldana Henriquez         | 3-feb-2001  | 17   | Fénix                | San Salvador    | ESA  | 1-jun-2018  | CAJuvenil |
| 28    | 9.20.28 |     | Luis Alonso Loucel Saca                | 11-feb-1988 | 33   | Rasan                | San Salvador    | ESA  | 20-feb-2021 | Torneo    |
| 29    | 9.21.50 |     | Ivan Alfredo Menendez Magaña           | 21-mar-1994 | 29   | Fuerza Armada        | San Salvador    | ESA  | 11-feb-2024 | Torneo    |
| 30    | 9.28.71 |     | Salvador de Jesus Cañas Paiz           | 20-abr-2001 | 19   | Rasan                | San Salvador    | ESA  | 20-feb-2021 | Torneo    |



Carlos Santos



Andre Michaels



Benjamín Jiménez

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

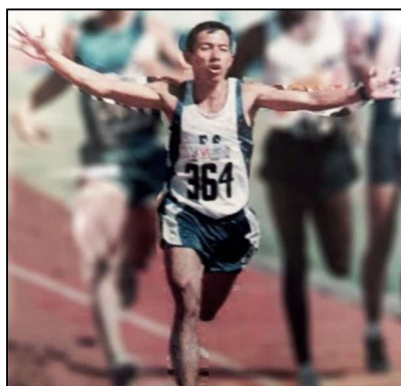
Creado por: *Carlos Clemente, Estadístico e Historiador*. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### 5000 METROS PLANOS (-15.48.00)

| LUGAR | MARCA        | NOMBRE                             | FEC/NAC     | EDAD | CLUB              | LUGAR          | PAIS | FECHA       | EVENTO     |
|-------|--------------|------------------------------------|-------------|------|-------------------|----------------|------|-------------|------------|
| 1     | 14.03.60 (i) | Carlos Alcides Santos Tobar        | 7-jun-2000  | 23   | Stony Brook U     | New York, NY   | USA  | 22-feb-2024 | CAAICH     |
| 2     | 14.38.37     | Ronald Ernesto Arias               | 1-ene-1973  | 28   | Bansal            | La Habana      | CUB  | 27-may-2001 | Barrientos |
| 3     | 14.46.81     | Oscar Antonio Aldana Hernández     | 25-oct-1990 | 34   | AdN               | San Salvador   | ESA  | 28-jun-2025 | CNMayor    |
| 4     | 15.00.75     | Aaron Alexander Hernández Bolaños  | 6-mar-2000  | 26   | Betania           | San Salvador   | ESA  | 21-mar-2026 | Torneo     |
| 5     | 15.08.54     | Benjamin Ricardo Jimenez García    | 31-mar-1993 | 33   | Fuerza Armada     | San Salvador   | ESA  | 7-may-2026  | CNMayor    |
| 6     | 15.08.98     | Williams Alexander Sanchez Rivera  | 11-feb-1983 | 28   | Betania           | San José       | CRC  | 24-jun-2011 | CAMayor    |
| 7     | 15.10.42     | Carlos Rene Aguilar Perez          | 4-abr-1992  | 22   | Betania           | San Salvador   | ESA  | 30-may-2014 | CNMayor    |
| 8     | 15.12.22     | Juan Carlos Ochoa Bernal           | 2-dic-1969  | 20   | Individual        | Cdad. Victoria | MEX  | 1989        | Torneo     |
| 9     | 15.13.61     | José Daniel Guzman                 | 21-ago-1968 | 25   | Individual        | Ponce          | PUR  | 25-nov-1993 | JuegosCAC  |
| 10    | 15.14.6      | José Jaime Hernández Rosales       |             |      | Individual        | San Salvador   | ESA  | 1-jun-1979  | Torneo     |
| 11    | 15.15.33     | William Edgardo Salinas            | 28-may-1983 | 21   | UES               | Managua        | NCA  | 25-sep-2004 | CAMayor    |
| 12    | 15.16.00     | Erick Amilcar Bonilla Rosa         | 8-oct-1981  | 20   | Bansal            | Ponce          | PUR  | 13-abr-2002 | JustasLAI  |
| 13    | 15.16.36     | German Escamilla                   | 12-may-1970 | 23   | Individual        | San Salvador   | ESA  | 17-ene-1994 | JuegosCA   |
| 14    | 15.17.10     | Douglas Cardona                    |             |      | Agua Cristal      | San Salvador   | ESA  | 22-mar-1997 | Torneo     |
| 15    | 15.18.1      | Oscar William Calderon             | 11-sep-1966 | 23   | Coca Cola         | San Salvador   | ESA  | 1989        | CNMayor    |
| 16    | 15.22.4      | Víctor Manuel Vasquez Valletas     | 10-mar-1964 | 25   | ANTEL             | San Salvador   | ESA  | 1989        | Torneo     |
| 17    | 15.22.9      | Cesar Enrique Peraza Rodriguez     | 13-ago-1997 | 24   | Betania           | Guatemala      | GUA  | 26-mar-2022 | Torneo     |
| 18    | 15.27.7      | Dagoberto Perez                    | 26-mar-1964 | 25   | UES               | San Salvador   | ESA  | 1989        | Torneo     |
| 19    | 15.27.93     | David Alexander Escobar Castillo   | 7-jul-1995  | 18   | Sn José Guayabal  | San Salvador   | ESA  | 30-may-2014 | CNMayor    |
| 20    | 15.30.50     | Jorge Hernández                    | 18-feb-1981 | 20   | Bansal            | San Salvador   | ESA  | 19-oct-2001 | CNMayor    |
| 21    | 15.34.59     | Gabriel Armando Jimenez García     | 29-sep-2007 | 17   | Betania           | San Salvador   | ESA  | 3-may-2025  | CNJvenil   |
| 22    | 15.34.80     | Fernando Jossue Escobar Barrera    | 18-nov-1999 | 19   | UT Rio Grande USA | Houston, TX    | USA  | 20-abr-2019 | DucketMeet |
| 23    | 15.38.59     | Amilcar Arturo Tejada Escobar      | 1-ago-1992  | 32   | Fuerza Armada     | San Salvador   | ESA  | 23-mar-2024 | Torneo     |
| 24    | 15.39.0      | Eduardo Hernández                  |             |      | Individual        | San José       | CRC  | 24-jul-1975 | CAJuvenil  |
| 25    | 15.39.49     | Diego Ernesto Linares Mendez       | 14-abr-2006 | 19   | Green Dreams      | San Salvador   | ESA  | 21-mar-2026 | Torneo     |
| 26    | 15.39.57     | Salvador de Jesus Cañas Paiz       | 20-abr-2001 | 21   | Rasan             | San Salvador   | ESA  | 11-jun-2022 | Torneo     |
| 27    | 15.42.94     | Ernesto Represa Monroy             | 9-nov-1987  | 25   | Fenix             | San Salvador   | ESA  | 19-ene-2013 | Torneo     |
| 28    | 15.43.51     | Ronald de Jesus Monterrosa Beltran | 16-jun-1997 | 20   | Cuscatlan         | San Salvador   | ESA  | 23-sep-2017 | Torneo     |
| 29    | 15.44.86     | Jonathan Geovanny Santos Borja     | 11-nov-1994 | 23   | Betania           | San Salvador   | ESA  | 25-mar-2018 | Torneo     |
| 30    | 15.48.0      | Rene Francis Merino Monroy         | 30-dic-1963 | 25   | Escuela Naval     | Valparaiso     | CHI  | 17-jun-1989 | Torneo     |



Carlos Santos



Ronald Arias



Oscar Aldana

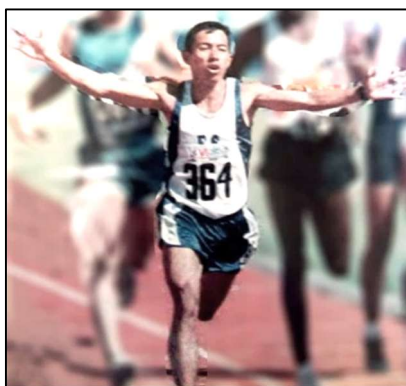
# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: *Carlos Clemente, Estadístico e Historiador*. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### 10000 METROS PLANOS (-33.38.00s)

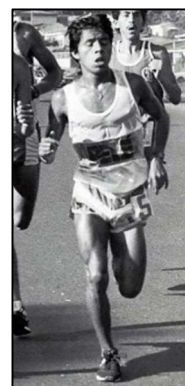
| LUGAR | MARCA    | NOMBRE                             | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO        |
|-------|----------|------------------------------------|-------------|------|------------------|----------------|------|-------------|---------------|
| 1     | 30.27.96 | Ronald Ernesto Arias               | 1-ene-1973  | 28   | Bansal           | C. Habana      | CUB  | 25-may-2001 | Barrientos    |
| 2     | 30.43.58 | Oscar Antonio Aldana Hernández     | 25-oct-1990 | 31   | Betania          | San Salvador   | ESA  | 29-jun-2024 | CAMayor       |
| 3     | 31.20.26 | Juan Carlos Ochoa Bernal           | 2-dic-1969  | 27   | Bansal           | Cdad. Victoria | MEX  | 16-jun-1989 | Torneo        |
| 4     | 31.24.9  | José Jaime Hernández Rosales       |             |      | Individual       | San Juan       | PUR  | 7-jul-1979  | Juegos PANAM  |
| 5     | 31.38.47 | Williams Alexander Sanchez Rivera  | 11-feb-1983 | 28   | Betania          | San José       | CRC  | 24-jun-2011 | CAMayor       |
| 6     | 31.46.35 | Benjamin Ricardo Jimenez García    | 31-mar-1993 | 33   | Fuerza Armada    | San Salvador   | ESA  | 8-may-2026  | CNMayor       |
| 7     | 31.46.68 | José Daniel Guzman                 | 21-ago-1968 | 25   | Individual       | Ponce          | PUR  | 23-nov-1993 | JuegosCAC     |
| 8     | 31.51.07 | Dagoberto Perez                    | 26-mar-1964 | 30   | UES              | San Salvador   | ESA  | 16-dic-1994 | CopaESA       |
| 9     | 32.05.9  | Víctor Manuel Vasquez Valletas     | 10-mar-1964 | 25   | ANTEL            | San Salvador   | ESA  | 20-ago-1989 | Torneo        |
| 10    | 32.09.6  | Juan Francisco Vasquez             |             |      | Individual       | Guatemala      | GUA  | 17-ago-1984 | CAMayor       |
| 11    | 32.13.01 | William Edgardo Salinas            | 28-may-1983 | 21   | UES              | Managua        | NCA  | 25-sep-2004 | CAMayor       |
| 12    | 32.16.91 | Carlos Rene Aguilar Perez          | 4-abr-1992  | 21   | Betania          | San Salvador   | ESA  | 7-abr-2013  | Torneo        |
| 13    | 32.19.04 | Luis Alonso Loucel Saca            | 11-feb-1988 | 34   | Individual       | Estocolmo      | SWE  | 17-may-2022 | Langlopparnas |
| 14    | 32.27.29 | Carlos Carballo                    | 1-ene-1982  | 25   | Leones           | San Salvador   | ESA  | 15-abr-2007 | Torneo        |
| 15    | 32.35.54 | Ernesto Represa Monroy             | 9-nov-1987  | 25   | Fenix            | San Salvador   | ESA  | 20-ene-2013 | Torneo        |
| 16    | 32.44.12 | David Alexander Escobar Castillo   | 7-jul-1995  | 23   | Sn José Guayabal | San Salvador   | ESA  | 31-mar-2019 | Torneo        |
| 17    | 32.44.3  | Oscar William Calderon             | 1-feb-1966  | 23   | Coca Cola        | San Salvador   | ESA  | 15-abr-1989 |               |
| 18    | 32.50.2  | Carlos Acosta Toches               | 1-ene-1947  | 27   | Individual       | Guatemala      | GUA  | 16-nov-1974 | Torneo        |
| 19    | 32.59.4  | German Escamilla                   | 12-may-1970 | 23   | Individual       | San Salvador   | ESA  | 17-ene-1994 | JuegosCA      |
| 20    | 33.00.5  | Ramon Gonzalez                     |             |      | UES              | San Salvador   | ESA  | 18-jun-1993 | CNMayor       |
| 21    | 33.05.6  | Erick Amilcar Bonilla Rosa         | 8-oct-1981  | 19   | Bansal           | San Salvador   | ESA  | 23-dic-2000 | Torneo        |
| 22    | 33.08.2  | Jorge Gonzalez                     | 23-ago-1965 | 23   | Coca Cola        | San Salvador   | ESA  | 20-ago-1989 | Torneo        |
| 23    | 33.11.1  | Alexander Brizuela                 | 16-feb-1966 | 23   | Coca Cola        | San Salvador   | ESA  | 15-abr-1989 | Torneo        |
| 24    | 33.15.36 | Guillermo Isai Delgado             | 11-feb-1989 | 18   | Individual       | San Salvador   | ESA  | 27-may-2007 | CAJuvenil     |
| 25    | 33.26.65 | Rene Amilcar Rodriguez Castillo    | 2-jul-1985  | 32   | Individual       | San Salvador   | ESA  | 15-may-2018 | Torneo        |
| 26    | 33.27.03 | Salvador de Jesus Cañas Paiz       | 20-abr-2001 | 19   | Rasan            | San Salvador   | ESA  | 11-abr-2021 | Torneo        |
| 27    | 33.29.91 | Ronald de Jesus Monterrosa Beltran | 16-jun-1997 | 19   | Individual       | San Salvador   | ESA  | 18-jun-2016 | CAMayor       |
| 28    | 33.31.1  | Marco Antonio Martinez             | 16-feb-1963 | 32   | Agua Cristal     | San Salvador   | ESA  | 3-sep-1995  | CNMayor       |
| 29    | 33.32.4  | Marcos Hernández                   |             |      | Individual       | Guatemala      | GUA  | 23-sep-1993 | CNMayor       |
| 30    | 33.37.6  | Jorge Hernández                    | 18-feb-1981 | 21   | Bansal           | Granada        | NCA  | 27-abr-2002 | Torneo        |



Ronald Arias



Oscar Aldana



Juan Carlos Ochoa

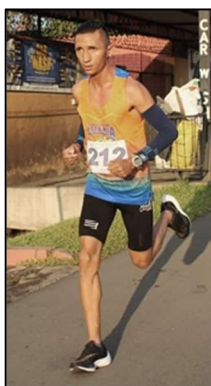
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### MEDIA MARATON (21kms) (-1h 25.51)

| LUGAR | MARCA    | NOMBRE                            | FEC/NAC     | EDAD | CLUB          | LUGAR        | PAIS | FECHA       | EVENTO       |
|-------|----------|-----------------------------------|-------------|------|---------------|--------------|------|-------------|--------------|
| 1     | 1h 07.54 | Oscar Antonio Aldana Hernández    | 25-oct-1990 | 32   | Betania       | San Salvador | ESA  | 2-jul-2023  | JuegosCAC    |
| 2     | 1h 09.52 | Rene Francis Merino Monroy        | 30-dic-1963 | 37   | Individual    | San Salvador | ESA  | 16-sep-2001 | 21KmsESA     |
| 3     | 1h 10.59 | Benjamin Ricardo Jimenez García   | 31-mar-1993 | 29   | Fuerza Armada | Santa Ana    | ESA  | 24-abr-2022 | CN21K10K     |
| 4     | 1h 11.55 | Williams Alexander Sanchez Rivera | 11-feb-1983 | 28   | Individual    | San Salvador | ESA  | 3-jul-2011  | MaratCOES    |
| 5     | 1h 12.04 | Ronald Ernesto Arias              | 1-ene-1973  | 27   | Bansal        | Veracruz     | MEX  | 12-nov-2000 | MundialIMMar |
| 6     | 1h 14.09 | Dagoberto Perez                   | 26-mar-1964 | 31   | UES           | Guatemala    | GUA  | 16-jul-1995 | CACMayor     |
| 7     | 1h 14.58 | Juan Carlos Ochoa Bernal          | 2-dic-1969  | 18   | Individual    | San Salvador | ESA  | 6-dic-1987  |              |
| 8     | 1h 14.59 | Marco Antonio Martinez            | 16-feb-1963 | 31   | Agua Cristal  | San Salvador | ESA  | 18-sep-1994 |              |
| 9     | 1h 15.10 | Víctor Manuel Vasquez Valletas    | 10-mar-1964 | 31   | Individual    | Guatemala    | GUA  | 16-jul-1995 | CACMayor     |
| 10    | 1h 15.14 | Luis Gustavo Hernández Martínez   | 18-ago-1977 | 39   | Individual    | San Salvador | ESA  | 15-oct-2016 | CAMaster     |
| 11    | 1h 15.21 | Douglas Omar Aguilar Perez        | 15-feb-1989 | 22   | Betania       | San Salvador | ESA  | 3-jul-2011  | MaratCOES    |
| 12    | 1h 15.37 | Rafael Flores                     |             |      | Individual    | Barranquilla | COL  | 14-dic-1946 | JuegosCAC    |
| 13    | 1h 15.59 | Jorge Hernández                   | 26-jun-1973 | 28   | Bansal        | Guatemala    | GUA  | 22-jul-2001 | CACMayor     |
| 14    | 1h 16.14 | Ivan Alfredo Menendez Magaña      | 21-mar-1994 | 28   | Fuerza Armada | Santa Ana    | ESA  | 24-abr-2022 | CN21K10K     |
| 15    | 1h 17.31 | Marvin Alexis López Segovia       | 1-jul-1980  | 41   | Individual    | Santa Ana    | ESA  | 24-abr-2022 | CN21K10K     |
| 16    | 1h 18.48 | Jorge Moises Rodas Barrera        | 2-nov-2001  | 20   | Betania       | Santa Ana    | ESA  | 24-abr-2022 | CN21K10K     |
| 17    | 1h 18.52 | Wilman Romeo Dolores Rodríguez    | 13-nov-2006 | 18   | Betania       | San Salvador | ESA  | 27-jul-2025 | CN21K10K     |
| 18    | 1h 19.37 | Juan Alberto Nerio García         | 16-may-1963 | 53   | Individual    | San Salvador | ESA  | 15-oct-2016 | CAMaster     |
| 19    | 1h 20.19 | Edwin Jeovany Guzmán Elías        | 1-ene-1985  | 40   | Individual    | San Salvador | ESA  | 27-jul-2025 | CN21K10K     |
| 20    | 1h 20.19 | Iván Calvo                        | 1-ene-1990  | 35   | Individual    | San Salvador | ESA  | 27-jul-2025 | CN21K10K     |
| 21    | 1h 20.55 | Ever Geremias Rivera Cabrera      | 4-mar-2003  | 21   | Fuerza Armada | San Salvador | ESA  | 5-may-2024  | CN21K10K     |
| 22    | 1h 21.32 | Josué Enrique Mejia Chavez        | 14-feb-1998 | 27   | Fuerza Armada | San Salvador | ESA  | 27-jul-2025 | CN21K10K     |
| 23    | 1h 21.58 | Miguel Tobar                      |             |      | Individual    | San José     | CRC  | 19-nov-1971 | CAMayor      |
| 24    | 1h 22.24 | José Guillermo Padilla Morales    | 9-sep-2000  | 21   | Betania       | Santa Ana    | ESA  | 24-abr-2022 | CN21K10K     |
| 25    | 1h 23.12 | Bryan Francisco Linares Ramirez   | 24-ago-2001 | 21   | Fuerza Armada | San Salvador | ESA  | 23-abr-2023 | CN21K10K     |
| 26    | 1h 23.45 | Francisco Miguel Menchaca         | 29-dic-1993 | 28   | Individual    | Santa Ana    | ESA  | 24-abr-2022 | CN21K10K     |
| 27    | 1h 24.14 | Fernando Antonio Castaneda Aragon | 3-feb-2002  | 20   | Cojute        | Santa Ana    | ESA  | 24-abr-2022 | CN21K10K     |
| 28    | 1h 24.17 | Misael Antonio Servellon Ventura  | 28-abr-2001 | 21   | Individual    | San Salvador | ESA  | 23-abr-2023 | CN21K10K     |
| 29    | 1h 24.26 | Bryan Edenilson Lue Reyes         | 19-ene-2002 | 22   | Fuerza Armada | San Salvador | ESA  | 5-may-2024  | CN21K10K     |
| 30    | 1h 25.51 | Mario Ernesto Lue Ventura         | 3-oct-1989  | 32   | Betania       | Santa Ana    | ESA  | 24-abr-2022 | CN21K10K     |



Oscar Aldana



Rene Francis Merino



Benjamín Jiménez

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### MARATON (42kms) (-2h 54.00s)

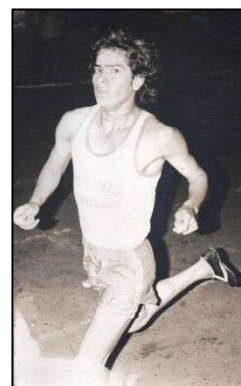
| LUGAR | MARCA    | NOMBRE                            | FEC/NAC     | EDAD | CLUB            | LUGAR           | PAIS | FECHA       | EVENTO        |
|-------|----------|-----------------------------------|-------------|------|-----------------|-----------------|------|-------------|---------------|
| 1     | 2h 26.57 | Víctor Manuel Vasquez Valletas    | 10-mar-1964 | 26   | ANTEL           | Tegucigalpa     | HON  | 13-ene-1990 | JuegosCA      |
| 2     | 2h 28.09 | Luis Alonso Aguillon Calderon     |             |      | Individual      | San Salvador    | ESA  | 13-sep-1983 |               |
| 3     | 2h 29.53 | José Jaime Hernández Rosales      |             |      | Individual      | San Salvador    | ESA  | 17-sep-1991 |               |
| 4     | 2h 31.06 | Dagoberto Perez                   | 26-mar-1964 | 30   | UES             | San Salvador    | ESA  | 18-sep-1994 |               |
| 5     | 2h 32.07 | Eusebio Miranda                   | 1-ene-1957  | 35   | Individual      | San Salvador    | ESA  | 1992        |               |
| 6     | 2h 34.50 | Jason Neftali García              | 29-nov-1990 | 31   | Individual      | Woodlands, TX   | USA  | 6-mar-2021  | WoodlandMar   |
| 7     | 2h 35.26 | Mario Ernesto Granadeño Renderos  | 27-jun-1992 | 33   | Individual      | Los Angeles, CA | USA  | 7-dic-2025  | CaliforMar    |
| 8     | 2h 35.46 | Hipolito Antonio Olmedo Alvarado  | 1-ene-1956  | 36   | Individual      | Los Angeles, CA | USA  | 1992        |               |
| 9     | 2h 36.08 | Carlos Acosta Tochez              | 1-ene-1947  | 35   | Individual      | Boston, MA      | USA  | 19-abr-1982 | BostonMar     |
| 10    | 2h 38.10 | Raul Pineda Molina                | 1-ene-1949  | 41   | Vides Athletics | Los Angeles, CA | USA  | 4-mar-1990  | LosAngelesMar |
| 11    | 2h 38.48 | Julian Barrera                    | 1-ene-1943  | 44   | Individual      | Boston, MA      | USA  | 20-abr-1987 | BostonMar     |
| 12    | 2h 39.34 | José Tobias Menjivar              |             |      | Individual      | San Salvador    | ESA  | 1991        |               |
| 13    | 2h 39.37 | Manuel Vicente Quiteño            |             |      | Individual      | San Salvador    | ESA  | 1988        |               |
| 14    | 2h 39.47 | Williams Alexander Sanchez Rivera | 11-feb-1983 | 42   | Fuerza Armada   | Valencia        | ESP  | 7-dic-2025  | ValenciaMar   |
| 15    | 2h 40.24 | Antonio Escobar                   |             |      | Individual      | San Salvador    | ESA  | 1992        |               |
| 16    | 2h 40.39 | Carlos Daniel Suria               |             |      | Permatex        | San Salvador    | ESA  | 1989        |               |
| 17    | 2h 43.18 | Marcos Eliseo Hernández           |             |      | Individual      | San Salvador    | ESA  | 23-ene-1994 | JuegosCA      |
| 18    | 2h 44.06 | Felix Salvador Gonzalez           |             |      | Individual      | San José        | CRC  | 26-nov-1975 | CAMayor       |
| 19    | 2h 44.52 | Elias Maldonado                   |             |      | Individual      | Boston, MA      | USA  | 18-abr-1994 | BostonMar     |
| 20    | 2h 45.22 | Nelson Bolaños                    | 2-ene-1982  | 19   | Individual      | Los Angeles, CA | USA  | 4-mar-2001  |               |
| 21    | 2h 46.40 | Napoleon Martinez                 | 1-ene-1950  | 35   | ANDA            | San Salvador    | ESA  | 22-sep-1985 | Bracos        |
| 22    | 2h 48.45 | José Campos                       |             |      | Individual      | San Salvador    | ESA  | 23-ene-1994 | JuegosCA      |
| 23    | 2h 49.44 | José Alfredo Romero               | 9-mar-1969  | 19   | Individual      | San Salvador    | ESA  | 15-may-1988 | Maratón       |
| 24    | 2h 50.09 | Mario Ernesto Avalos Ayala        |             |      | Individual      | Houston, TX     | USA  | 16-ene-2022 | HoustonMar    |
| 25    | 2h 50.47 | Raul Ventura Contreras            |             |      | Individual      | Guatemala       | GUA  | 8-nov-1980  | CAMayor       |
| 26    | 2h 51.32 | Baltazar Zepeda                   |             |      | Individual      | San Salvador    | ESA  | 7-mar-1993  | MaratCOES     |
| 27    | 2h 51.43 | Carlos Perez                      |             |      | Individual      | San Salvador    | ESA  | 1993        |               |
| 28    | 2h 52.04 | Miguel Angel Tobar                |             |      | Individual      | Guatemala       | GUA  | 8-nov-1980  | CAMayor       |
| 29    | 2h 53.06 | José Urrutia                      |             |      | Individual      | Boston, MA      | USA  | 15-abr-1996 | BostonMar     |
| 30    | 2h 53.28 | Carlos Rivera                     | 1-ene-1951  | 34   | Individual      | San Salvador    | ESA  | 22-sep-1985 | Bracos        |



Víctor Vásquez



Luis Aguillón



José Hernández

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### 110 METROS VALLAS (1.06m)(-18.20s)

| LUGAR | MARCA | W    | NOMBRE                             | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO     |
|-------|-------|------|------------------------------------|-------------|------|------------------|----------------|------|-------------|------------|
| 1     | 14.09 | 1.3  | Víctor Andrés Steiner Jacoby       | 17-ago-2001 | 20   | South Florida U. | Tampa, FL      | USA  | 14-may-2023 | AOChamp    |
| 2     | 14.09 | 1.1  | Esteban Josué Ibáñez Guevara       | 5-dic-2000  | 25   | AdN              | Managua        | NCA  | 6-jun-2026  | CAMayor    |
| 3     | 14.19 | 1.8  | Renan Alejandro Palma Bernabe      | 13-oct-1990 | 21   | Olimpicus        | Guadalajara    | MEX  | 27-oct-2011 | JPANAM     |
| 4     | 14.53 |      | José Adalberto Chorro Figueroa     | 1-dic-1993  | 23   | Individual       | South Dakota   | USA  | 11-may-2017 | NSAACH     |
| 5     | 14.58 | 1.8  | Jason Eliezer Alvarez Benitez      | 7-nov-2006  | 19   | NJTI (USA)       | Chester, PA    | USA  | 28-mar-2026 | CurranInv  |
| 6     | 14.60 | -1.5 | Alejandro Ernesto Olmedo Borja     | 16-oct-1988 | 19   | Individual       | Ponce          | PUR  | 12-abr-2008 | JustasLAI  |
| 7     | 15.01 | 1.6  | Rudel Antonio Franco Duarte        | 2-dic-1971  | 23   | Rocasa           | San Salvador   | ESA  | 18-ene-1994 | JuegosCA   |
| 8     | 15.05 |      | Alejandro José Navarro Barriere    | 8-feb-1979  | 18   | Individual       | Guatemala      | GUA  | 7-nov-1997  | Torneo     |
| 9     | 15.17 | 0.6  | Marlon Eduardo Colorado Bustamante | 6-mar-1992  | 22   | Olimpicus        | San Salvador   | ESA  | 31-may-2014 | CNMayor    |
| 10    | 15.26 | 0.7  | Roberto Cortes Molina              | 10-feb-1981 | 20   | Individual       | Guatemala      | GUA  | 30-nov-2001 | JuegosCA   |
| 11    | 15.37 |      | Mauricio Carranza Rivas            | 2-feb-1965  | 26   | Individual       | Tegucigalpa    | HON  | 28-jun-1991 | CAMayor    |
| 12    | 15.39 |      | Santiago Heriberto Mellado         | 6-abr-1963  | 25   | Individual       | Seul           | KOR  | 29-sep-1988 | JOLimpicos |
| 13    | 15.40 |      | Dany Elias Menjivar                | 3-ene-1980  | 19   | Individual       | Puerto Barrios | GUA  | 13-jun-1999 | CAJuvenil  |
| 14    | 15.60 |      | Roger Rafael Manzur Aguilar        | 23-dic-1961 | 21   | Individual       | Sto. Domingo   | DOM  | 27-oct-1983 | Torneo     |
| 15    | 15.68 |      | Josué Benjamin Rivera              | 17-abr-1985 | 19   | Santa Ana        | San Salvador   | ESA  | 16-abr-2005 | Torneo     |
| 16    | 15.84 | 1.6  | Luis Alberto Aguirre Cortez        | 9-sep-1964  | 29   | Juvel            | San Salvador   | ESA  | 18-ene-1994 | JuegosCA   |
| 17    | 15.84 | 0.4  | Yehefri Benjamin Vides             | 27-sep-1985 | 18   | Las Aguilas      | San José       | CRC  | 11-jun-2004 | CAJuvenil  |
| 18    | 16.56 | -2.1 | Antonio José Flamenco Mira         | 1-ene-1992  | 18   | Olimpicus        | Guatemala      | GUA  | 17-sep-2010 | CAMayor    |
| 19    | 16.68 | 1.3  | Mario Alejandro Mancía Zepeda      | 13-abr-1993 | 20   | Santa Ana        | San Salvador   | ESA  | 9-jun-2013  | CNMayor    |
| 20    | 16.71 | 0.5  | Marco Antonio Rodríguez Pablo      | 28-abr-1991 | 18   | Olimpicus        | Guatemala      | GUA  | 13-jun-2009 | CAMayor    |
| 21    | 16.80 |      | Hector Mata                        | 8-feb-1972  | 19   | Individual       | Cdad. Victoria | MEX  | 23-jun-1991 | Torneo     |
| 22    | 16.88 |      | Alejandro Duarte                   | 1-ene-1975  | 19   | Individual       | San Salvador   | ESA  | 24-jun-1994 | CAInfJuv   |
| 23    | 16.88 |      | Ruben Reynaldo Guevara             | 5-ene-1979  | 24   | Vides Athletics  | San Salvador   | ESA  | 26-jul-2003 | CNMayor    |
| 24    | 17.03 | -0.8 | Marcos Daniel Ibáñez Guevara       | 27-oct-1999 | 19   | Sanjatts Sport   | San Salvador   | ESA  | 22-jun-2018 | CNMayor    |
| 25    | 17.17 |      | Paul Joseph Dennehy                | 29-ago-1982 | 22   | Juvel            | San Salvador   | ESA  | 16-abr-2005 | Torneo     |
| 26    | 17.33 | 0.7  | Camilo Ernesto Menjivar Marroquin  | 7-dic-1999  | 22   | CAS              | San Salvador   | ESA  | 6-jun-2021  | CNMayor    |
| 27    | 17.46 |      | Jarel Oswaldo Rivas                | 23-ene-1988 | 17   | Vides Athletics  | San Salvador   | ESA  | 16-abr-2005 | Torneo     |
| 28    | 17.83 |      | Walter Mauricio Payes              | 17-jul-1985 | 18   | Santa Ana        | San José       | CRC  | 11-jun-2004 | CAJuvenil  |
| 29    | 18.00 |      | Ruben Ernesto López                | 3-jul-1978  | 24   | Vides Athletics  | San Salvador   | ESA  | 26-abr-2003 | Torneo     |
| 30    | 18.20 |      | Walter Jacobo Lobato               |             |      | Individual       | San Salvador   | ESA  | 24-mar-2012 | Torneo     |



Víctor Steiner



Esteban Ibáñez



Renán Palma

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: **Carlos Clemente, Estadístico e Historiador**. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### CON VIENTO A FAVOR

| LUGAR | MARCA | W   | NOMBRE                             | FEC/NAC     | EDAD | CLUB                | LUGAR          | PAIS | FECHA       | EVENTO     |
|-------|-------|-----|------------------------------------|-------------|------|---------------------|----------------|------|-------------|------------|
| 1     | 13.95 | 4.3 | Renan Alejandro Palma Bernabe      | 13-oct-1990 | 23   | Individual          | San Marcos, TX | USA  | 11-may-2014 | SunBelt    |
| 2     | 13.95 | 2.1 | Esteban Josué Ibáñez Guevara       | 5-dic-2000  | 24   | CAS                 | Managua        | NCA  | 2-ago-2025  | CAMayor    |
| 3     | 14.14 | 2.5 | Víctor Andrés Steiner Jacoby       | 17-ago-2001 | 20   | South Florida Univ. | Tampa, FL      | USA  | 8-abr-2022  | SouthInvit |
| 4     | 15.10 | 2.1 | Marlon Eduardo Colorado Bustamante | 6-mar-1992  | 33   | Olimpicus           | Managua        | NCA  | 2-ago-2025  | CAMayor    |

### MARCAS MANUALES

| LUGAR | MARCA | W | NOMBRE                      | FEC/NAC     | EDAD | CLUB       | LUGAR        | PAIS | FECHA       | EVENTO   |
|-------|-------|---|-----------------------------|-------------|------|------------|--------------|------|-------------|----------|
| 1     | 15.1  |   | Rudel Antonio Franco Duarte | 2-dic-1971  | 19   | Rocasa     | San Salvador | ESA  | 25-ago-1990 | Torneo   |
| 2     | 15.1  |   | Mauricio Carranza Rivas     | 2-feb-1965  | 25   | Individual | San Salvador | ESA  | 1990        | Torneo   |
| 3     | 16.2  |   | Joel Chavez                 |             |      | SAS        | Guatemala    | GUA  | 15-ago-1984 | CAMayor  |
| 4     | 16.2  |   | Luis Alberto Aguirre Cortez | 9-sep-1964  | 29   | Juvel      | Guatemala    | GUA  | 24-sep-1993 | CNMayor  |
| 5     | 16.3  |   | Dany Elias Menjivar         | 3-ene-1980  | 18   | Denver     | San Salvador | ESA  | 9-may-1998  | CNJvenil |
| 6     | 16.4  |   | Ritter Franco Duarte        | 1-ene-1962  | 23   | Rocasa     | San Salvador | ESA  | 29-sep-1985 | CNMayor  |
| 7     | 16.7  |   | Carlos José Carias          | 1-ene-1975  | 18   | Individual | Guatemala    | GUA  | 24-sep-1993 | CNMayor  |
| 8     | 17.0  |   | José Luis Guadron           | 1-ene-1964  | 21   | Juvel      | San Salvador | ESA  | 13-abr-1985 | Torneo   |
| 9     | 17.1  |   | Vidal Menjivar              |             |      | ALAC       | San Salvador | ESA  | 1989        | Torneo   |
| 10    | 17.1  |   | Roger Rafael Manzur Aguilar | 23-dic-1961 | 23   | Juvel      | San Salvador | ESA  | 6-jul-1985  | Torneo   |



Renán Palma



Rudel Franco



Mauricio Carranza

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### MARCAS JUVENILES

(0.99)

| LUGAR | MARCA | W   | NOMBRE                         | FEC/NAC     | EDAD | CLUB              | LUGAR         | PAIS | FECHA       | EVENTO     |
|-------|-------|-----|--------------------------------|-------------|------|-------------------|---------------|------|-------------|------------|
| 1     | 13.79 | 2.0 | Renan Alejandro Palma Bernabe  | 13-oct-1990 | 18   | Olimpicus         | Puerto España | TTO  | 31-ago-2009 | PANAMU20   |
| 2     | 14.06 | 2.9 | Víctor Andrés Steiner Jacoby   | 17-ago-2001 | 18   | IMG Academy (USA) | Lakeland, FL  | USA  | 15-feb-2020 | JenkinInv  |
| 3     | 14.13 | 0.0 | José Adalberto Chorro Figueroa | 1-dic-1993  | 18   | Olimpicus         | San Salvador  | ESA  | 1-jul-2012  | CACJuvenil |
| 4     | 14.45 | 2.9 | Alejandro Ernesto Olmedo Borja | 16-oct-1988 | 17   | Individual        | Puerto España | TTO  | 14-jul-2006 | CACJuvenil |
| 5     | 14.96 | 1.0 | Esteban Josué Ibáñez Guevara   | 5-dic-2000  | 18   | Sanjatts Sport    | San José      | CRC  | 21-jul-2019 | PANAMU20   |

(0.91)

| LUGAR | MARCA | W    | NOMBRE                          | FEC/NAC     | EDAD | CLUB            | LUGAR        | PAIS | FECHA       | EVENTO    |
|-------|-------|------|---------------------------------|-------------|------|-----------------|--------------|------|-------------|-----------|
| 1     | 13.63 | 1.2  | Víctor Andrés Steiner Jacoby    | 17-ago-2001 | 17   | Athletics Beans | Buenos Aires | ARG  | 16-oct-2018 | JOLimpJuv |
| 2     | 14.15 | 0.3  | Renan Alejandro Palma Bernabe   | 13-oct-1990 | 16   | Olimpicus       | San Salvador | ESA  | 28-abr-2007 | Torneo    |
| 3     | 14.39 | 0.7  | José Adalberto Chorro Figueroa  | 1-dic-1993  | 16   | Olimpicus       | San Salvador | ESA  | 3-abr-2010  | ClasOlimp |
| 4     | 14.64 | -1.5 | Fabio Andrés Mayorga Monterroza | 21-feb-2009 | 17   | Athletics Beans | Managua      | NCA  | 3-may-2026  | CAJuvenil |
| 5     | 14.70 | 1.1  | Antonio José Flamenco Mira      | 1-ene-1992  | 17   | Olimpicus       | San José     | CRC  | 18-sep-2009 | Codicader |



Renán Palma



Víctor Steiner



José Chorro

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### 400 METROS VALLAS (0.91)(-57.63s)

| LUGAR | MARCA | NOMBRE                            | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO      |
|-------|-------|-----------------------------------|-------------|------|------------------|----------------|------|-------------|-------------|
| 1     | 48.56 | Pablo Andrés Ibáñez Guevara       | 28-oct-1998 | 24   | CAS              | San José       | CRC  | 6-may-2023  | CAMayor     |
| 2     | 52.13 | Roberto Cortes Molina             | 10-feb-1981 | 20   | Sanjatts         | Guatemala      | GUA  | 22-jul-2001 | CACMayoy    |
| 3     | 52.21 | Samuel José Ibáñez Guevara        | 7-jul-2003  | 19   | CAS              | San José       | CRC  | 6-may-2023  | CAMayor     |
| 4     | 52.57 | Santiago Heriberto Mellado        | 6-abr-1963  | 19   | Individual       | Houston, TX    | USA  | 14-may-1982 | SWCMeet     |
| 5     | 52.84 | George Vincent Erazo Mureski      | 10-may-1992 | 24   | Individual       | San Salvador   | ESA  | 19-jun-2016 | CAMayor     |
| 6     | 53.02 | Alejandro José Navarro Barriere   | 8-feb-1979  | 18   | Individual       | San Pedro Sula | HON  | 12-dic-1997 | JuegosCA    |
| 7     | 53.09 | Takeshi Salvador Fujiwara Salazar | 5-ago-1985  | 20   | Individual       | Ponce          | PUR  | 29-abr-2006 | JUSTAS      |
| 8     | 53.55 | Paul Joseph Dennehy               | 29-ago-1982 | 22   | Juvel            | San José       | CRC  | 3-jun-2005  | CAMayor     |
| 9     | 53.55 | José Adalberto Chorro Figueroa    | 1-dic-1993  | 18   | Olimpicus        | San Salvador   | ESA  | 29-jun-2012 | CACJuvenil  |
| 10    | 53.58 | Dany Elias Menjivar               | 3-ene-1980  | 19   | Individual       | Tampa, FL      | USA  | 11-jul-1999 | PanamJuv    |
| 11    | 53.95 | Rene Rafael Perla Quintanilla     | 16-feb-1996 | 20   | Individual       | Manhattan, KS  | USA  | 7-may-2016  | Haylett     |
| 12    | 54.18 | Mauricio Carranza Rivas           | 2-feb-1965  | 27   | Vides Athletics  | Sevilla        | ESP  | 17-jul-1992 | Ibero       |
| 13    | 54.48 | José Eduardo Gonzalez Sanchez     | 28-mar-1990 | 18   | Green Dreams     | Guatemala      | GUA  | 8-nov-2008  | Cempro      |
| 14    | 55.35 | Miguel Alexander Rivas Navidad    | 5-abr-1992  | 22   | Green Dreams     | Tegucigalpa    | HON  | 20-jun-2014 | CAMayor     |
| 15    | 55.73 | Francisco Alberto Urquilla Paz    | 19-may-1993 | 19   | Cojutepeque      | San Salvador   | ESA  | 27-may-2012 | CAJuvenil   |
| 16    | 55.74 | Juan Francisco Caneses            | 4-jul-1986  | 18   | Individual       | Managua        | NCA  | 25-sep-2004 | CAMayor     |
| 17    | 55.86 | Carlos Rigoberto Clemente Flores  | 23-jun-1979 | 19   | BFA              | San Salvador   | ESA  | 19-jul-1998 | CopaESA     |
| 18    | 56.13 | Renan Alejandro Palma Bernabe     | 13-oct-1990 | 17   | Olimpicus        | San Salvador   | ESA  | 24-ago-2008 | CNJvenil    |
| 19    | 56.51 | Mario Luis Ronquillo Gomez        | 5-jun-1999  | 18   | Sanjatts Sport   | San Salvador   | ESA  | 3-jun-2018  | CAJuvenil   |
| 20    | 56.74 | Carlos José Carias                | 1-ene-1975  | 19   | Individual       | San Salvador   | ESA  | 24-jun-1994 | CAInfJuv    |
| 21    | 56.76 | Oscar Orlando Vasquez Martinez    | 18-ago-1988 | 18   | Individual       | San Salvador   | ESA  | 25-may-2007 | CAJuvenil   |
| 22    | 56.86 | Jason Eliezer Alvarez Benitez     | 7-nov-2006  | 19   | NJIT (USA)       | Lowell, MA     | USA  | 9-may-2026  | AmeriEast   |
| 23    | 57.02 | Cristian Eduardo Perez            | 26-ene-1987 | 17   | Bilingüe Frances | San Salvador   | ESA  | 26-ago-2004 | Estudiantil |
| 24    | 57.25 | Luis Eduardo Hernández            | 18-dic-1978 | 17   | Sanjatts         | San Salvador   | ESA  | 14-jul-1996 | CACJuvenil  |
| 25    | 57.28 | Ruben Reynaldo Guevara            | 5-ene-1979  | 26   | Sanjatts         | San José       | CRC  | 3-jun-2005  | CAMayor     |
| 26    | 57.38 | Antonio Flamenco                  | 26-dic-1992 | 17   | Individual       | Panama         | PAN  | 29-may-2010 | CAJuvenil   |
| 27    | 57.46 | Mario Nelson Mendoza              | 1-ene-1987  | 17   | Liceo Cristiano  | San Salvador   | ESA  | 26-ago-2004 | Estudiantil |
| 28    | 57.53 | Esteban Josué Ibáñez Guevara      | 5-dic-2000  | 18   | Sanjatts Sport   | San Salvador   | ESA  | 1-sep-2019  | CNMayor     |
| 29    | 57.56 | Cesar Ernesto Leon Alarcon        | 5-ene-1990  | 17   | Santa Ana        | San José       | CRC  | 8-jun-2007  | CAMayor     |
| 30    | 57.63 | Jarel Oswaldo Rivas               | 23-ene-1988 | 18   | Vides Athletics  | Guatemala      | GUA  | 11-may-2006 | CAJuvenil   |



Pablo Ibáñez



Roberto Cortés



Samuel Ibáñez

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### MARCAS MANUALES

| LUGAR | MARCA | NOMBRE                                | FEC/NAC     | EDAD | CLUB       | LUGAR        | PAIS | FECHA       | EVENTO    |
|-------|-------|---------------------------------------|-------------|------|------------|--------------|------|-------------|-----------|
| 1     | 52.2  | Alejandro José Navarro Barriere       | 8-feb-1979  | 19   | BFA        | Guatemala    | GUA  | 27-nov-1998 | Torneo    |
| 2     | 54.5  | Mauricio Carranza Rivas               | 2-feb-1965  | 26   | UES        | Tegucigalpa  | HON  | 28-jun-1991 | CAJuvenil |
| 3     | 55.4  | Ernesto Napoleon Vides Oliva          | 15-dic-1949 | 25   | Individual | San Salvador | ESA  | 18-nov-1975 | Torneo    |
| 4     | 56.5  | Edgardo García                        | 22-feb-1969 | 20   | Individual | Tegucigalpa  | HON  | 12-ene-1990 | JuegosCA  |
| 5     | 56.7  | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | 26   | Individual | Guatemala    | GUA  | 5-nov-1980  | CAMayor   |
| 6     | 57.1  | Francisco Antonio Peña                | 21-may-1960 | 19   | Individual | San Salvador | ESA  | 27-jul-1979 | Torneo    |
| 7     | 57.2  | Luis Rene Escobar                     | 1-ene-1956  | 17   | Individual | Guatemala    | GUA  | 28-nov-1973 | JuegosCA  |
| 8     | 57.5  | Fredy Romero                          |             |      | Individual | Guatemala    | GUA  | 5-nov-1980  | CAMayor   |
| 9     | 57.6  | Carlos Carias                         | 1-ene-1975  | 18   | Individual | Guatemala    | GUA  | 23-sep-1993 | CNMayor   |
| 10    | 57.7  | Giovanni Edgardo García Medrano       | 22-feb-1969 |      | UES        | San Salvador | ESA  | 1989        | Torneo    |



Alejandro Navarro

### MARCAS JUVENILES

(0.84)

| LUGAR | MARCA | NOMBRE                         | FEC/NAC     | EDAD | CLUB            | LUGAR         | PAIS | FECHA       | EVENTO     |
|-------|-------|--------------------------------|-------------|------|-----------------|---------------|------|-------------|------------|
| 1     | 52.56 | Pablo Andrés Ibáñez Guevara    | 28-oct-1998 | 16   | Sanjatts        | Cali          | COL  | 16-jul-2015 | MundialU18 |
| 2     | 53.65 | José Adalberto Chorro Figueroa | 1-dic-1993  | 16   | Olimpicus       | Panama        | PAN  | 28-may-2010 | CAJuvenil  |
| 3     | 53.74 | Ricardo Manuel Ortiz Moran     | 4-feb-1999  | 16   | Athletics Beans | Cali          | COL  | 16-jul-2015 | MundialU18 |
| 4     | 54.50 | José Eduardo Gonzalez Sanchez  | 28-mar-1990 | 17   | Green Dreams    | Suchitepequez | GUA  | 28-ago-2007 | Codicader  |
| 5     | 55.01 | Rene Rafael Perla Quintanilla  | 16-feb-1996 | 17   | Green Dreams    | San Salvador  | ESA  | 7-abr-2013  | Torneo     |



Pablo Ibáñez



José Chorro



Ricardo Ortiz

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### 3000 METROS OBSTACULOS (0.91)(-10.09.00s)

| LUGAR | MARCA    | NOMBRE                            | FEC/NAC     | EDAD | CLUB              | LUGAR            | PAIS | FECHA       | EVENTO      |
|-------|----------|-----------------------------------|-------------|------|-------------------|------------------|------|-------------|-------------|
| 1     | 8.40.32  | Carlos Alcides Santos Tobar       | 7-jun-2000  | 23   | Stony Brook U.    | Philadelphia, PA | USA  | 25-abr-2024 | Penn Relays |
| 2     | 9.04.20  | Erick Amilcar Bonilla Rosa        | 8-oct-1981  | 20   | Bansal            | San German       | PUR  | 7-may-2002  | JustasLAI   |
| 3     | 9.12.38  | Cesar Enrique Peraza Rodriguez    | 13-ago-1997 | 24   | Betania           | San José         | CRC  | 26-jun-2021 | CAMayor     |
| 4     | 9.21.7   | Dagoberto Perez                   | 26-mar-1964 | 28   | Individual        | San Salvador     | ESA  | 17-jun-1992 | Torneo      |
| 5     | 9.28.45  | David Alexander Escobar Castillo  | 7-jul-1995  | 20   | Sn José Guayabal  | Managua          | NCA  | 28-jun-2015 | CAMayor     |
| 6     | 9.29.9   | Luis Alonso Aguillon Calderon     |             |      | Individual        | San Salvador     | ESA  | 2-jun-1979  | Torneo      |
| 7     | 9.35.0   | Oscar William Calderon            | 11-sep-1966 | 23   | Coca Cola         | San Salvador     | ESA  | 19-ago-1989 | CNMayor     |
| 8     | 9.37.62  | William Stanley Marroquin         | 3-may-1978  | 27   | Betania           | San José         | CRC  | 3-jun-2005  | CAMayor     |
| 9     | 9.38.0   | Alexander Brizuela                | 16-feb-1966 | 23   | Coca Cola         | San Salvador     | ESA  | 19-ago-1989 | CNMayor     |
| 10    | 9.40.25  | Jorge Hernández                   | 18-feb-1981 | 20   | Bansal            | San Salvador     | ESA  | 19-oct-2001 | CNMayor     |
| 11    | 9.40.36  | Douglas Omar Aguilar Perez        | 15-feb-1989 | 21   | Betania           | Panama           | PAN  | 18-abr-2010 | JuegosCA    |
| 12    | 9.41.2   | Wilfredo Ayala Soriano            | 1-ene-1961  | 24   | Permatex          | San Salvador     | ESA  | 1-dic-1985  | Torneo      |
| 13    | 9.46.50  | Carlos Antonio Perez Gutierrez    | 16-feb-1989 | 19   | Betania           | San Pedro Sula   | HON  | 27-jun-2008 | CAMayor     |
| 14    | 9.50.92  | Marlon Vladimir Monterrosa        | 12-oct-1987 | 16   | Cojute L. Beltran | Managua          | NCA  | 25-sep-2004 | CAMayor     |
| 15    | 9.52.8   | Ernesto Arias                     |             |      | Bansal            | San Salvador     | ESA  | 22-mar-1997 | Torneo      |
| 16    | 9.53.28  | Francisco Salvador Romero         | 20-jun-1984 | 20   | Betania           | San Salvador     | ESA  | 3-jul-2004  | CNMayor     |
| 17    | 9.54.34  | Alejandro Juarez                  | 16-feb-1966 | 22   | Individual        | Mexico DF        | MEX  | 23-jul-1988 | Ibero       |
| 18    | 9.54.4   | Efrain Cordero                    | 8-mar-1938  | 24   | Individual        | Kingston         | JAM  | 20-ago-1962 | JuegosCAC   |
| 19    | 9.56.0   | Rene Francis Merino Monroy        | 30-dic-1963 | 25   | Escuela Naval     | Valparaiso       | CHI  | 11-jun-1989 | Torneo      |
| 20    | 9.57.8   | Nelson Martinez                   |             |      | Individual        | San Salvador     | ESA  | 2-dic-1977  | JuegosCA    |
| 21    | 10.00.1  | Alexander Juarez                  | 1-ene-1966  | 19   | Gacelas           | San Salvador     | ESA  | 1-dic-1985  | Torneo      |
| 22    | 10.00.50 | Ronald Ernesto Arias              | 1-ene-1973  | 23   | Bansal            | San Salvador     | ESA  | 10-ago-1996 | CNMayor     |
| 23    | 10.01.54 | José Vladimir Maravilla Hernández | 15-ago-1998 | 18   | Calle Real        | San Salvador     | ESA  | 19-mar-2016 | Torneo      |
| 24    | 10.06.69 | Cain Elias Rodriguez              | 26-oct-1983 | 19   | Betania           | San Salvador     | ESA  | 26-jul-2003 | CNMayor     |
| 25    | 10.07.4  | Jorge Alberto Miranda             |             |      | Individual        | Guatemala        | GUA  | 25-sep-1993 | CNMayor     |
| 26    | 10.07.47 | Ronald Solorzano                  |             |      | Individual        | San Salvador     | ESA  | 19-oct-2001 | CNMayor     |
| 27    | 10.07.67 | Joseph Alejandro Hernández Silva  | 10-feb-1999 | 19   | Moret             | San Salvador     | ESA  | 3-jun-2018  | CAJuvenil   |
| 28    | 10.08.27 | Salvador Ernesto Amaya Zanco      | 6-may-1997  | 18   | Fenix             | San Salvador     | ESA  | 15-mar-2015 | Torneo      |
| 29    | 10.09.09 | Salvador Francisco Romero         | 14-may-1984 | 19   | Betania           | San José         | CRC  | 5-sep-2003  | CAJuvenil   |
| 30    | 10.09.1  | José Aparicio Morales             | 1-ene-1960  | 25   | Lentos            | San Salvador     | ESA  | 29-sep-1985 | CNMayor     |



Carlos Santos



Erick Bonilla



Cesar Peraza

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#### MARCAS JUVENILES

#### 2000 METROS OBSTACULOS (0.84)

| LUGAR | MARCA   | NOMBRE                                 | FEC/NAC     | EDAD | CLUB           | LUGAR        | PAIS | FECHA       | EVENTO    |
|-------|---------|----------------------------------------|-------------|------|----------------|--------------|------|-------------|-----------|
| 1     | 6.31.63 | Sebastian Mauricio Hernández Hernández | 25-mar-2010 | 16   | Betania        | San Salvador | ESA  | 19-abr-2026 | CNJvenil  |
| 2     | 6.53.07 | Javier Mateo Rivas Gutierrez           | 30-nov-2010 | 15   | Projuves       | San Salvador | ESA  | 19-abr-2026 | CNJvenil  |
| 3     | 6.54.34 | Carlos Steven Escobar Ortiz            | 22-feb-2009 | 16   | ACSA Santa Ana | San Salvador | ESA  | 4-may-2025  | CNJvenil  |
| 4     | 6.57.89 | Andrés Ernesto Molina Stecklein        | 24-oct-2009 | 14   | Trojans        | San Salvador | ESA  | 7-oct-2024  | Codicader |
| 5     | 7.02.38 | Erick Isai Martinez Argueta            | 1-ene-2009  | 15   | Cuscatlan      | San Salvador | ESA  | 7-oct-2024  | Codicader |



Sebastián Hernández



Javier Rivas



Carlos Escobar

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### RELEVOS 4X100 (-43.05s)

| LUGAR | MARCA | NOMBRE                                                                                                                             | FEC/NAC                                                  | EDAD                 | CLUB       | LUGAR          | PAIS | FECHA       | EVENTO    |
|-------|-------|------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------|------------|----------------|------|-------------|-----------|
| 1     | 40.30 | Juan Carlos Rodríguez Marroquin<br>Pablo Andrés Ibáñez Guevara<br>Esteban Josué Ibáñez Guevara<br>José Andrés Salazar Mijangos     | 19-dic-1994<br>28-oct-1998<br>5-dic-2000<br>11-ene-1997  | 30<br>26<br>24<br>28 | S.Nacional | Quetzaltenango | GUA  | 20-oct-2025 | JuegosCA  |
| 2     | 40.77 | Alejandro José Navarro Barriere<br>Julio Cesar Roque Morales<br>Edgardo Antonio Serpas Rodas<br>Rubén Antonio Benitez              | 8-feb-1979<br>25-oct-1977<br>10-dic-1973<br>16-sep-1972  | 22<br>24<br>27<br>29 | S.Nacional | Guatemala      | GUA  | 1-dic-2001  | JuegosCA  |
| 3     | 40.90 | Edgardo Antonio Serpas Rodas<br>Julio Cesar Roque Morales<br>Carlos José Toledo<br>Rubén Antonio Benitez                           | 10-dic-1973<br>25-oct-1977<br>19-mar-1973<br>16-sep-1972 | 24<br>20<br>24<br>25 | S.Nacional | San Pedro Sula | HON  | 12-dic-1997 | JuegosCA  |
| 4     | 41.05 | Juan Carlos Rodríguez Marroquin<br>Esteban Josué Ibáñez Guevara<br>José Fabricio Marroquin Zepeda<br>José Andrés Salazar Mijangos  | 19-dic-1994<br>5-dic-2000<br>11-oct-1997<br>11-ene-1997  | 30<br>24<br>27<br>28 | S.Nacional | Managua        | NCA  | 2-ago-2025  | CAMayor   |
| 5     | 41.07 | Juan Carlos Rodríguez Marroquin<br>Esteban Josué Ibáñez Guevara<br>Samuel José Ibáñez Guevara<br>Pablo Andrés Ibáñez Guevara       | 19-dic-1994<br>5-dic-2000<br>7-jul-2003<br>28-oct-1998   | 28<br>22<br>19<br>24 | S.Nacional | San José       | CRC  | 6-may-2023  | CAMayor   |
| 6     | 41.09 | Juan Carlos Rodríguez Marroquin<br>Pablo Andrés Ibáñez Guevara<br>Esteban Josué Ibáñez Guevara<br>José Andrés Salazar Mijangos     | 19-dic-1994<br>28-oct-1998<br>5-dic-2000<br>11-ene-1997  | 28<br>24<br>22<br>26 | Equipo A   | San Salvador   | ESA  | 15-abr-2023 | Torneo    |
| 7     | 41.16 | Piero Rafael Braghieri Peralta<br>José Andrés Salazar Mijangos<br>Renan Alejandro Palma Bernabe<br>Juan Carlos Rodríguez Marroquin | 2-oct-2002<br>11-ene-1997<br>13-oct-1990<br>19-dic-1994  | 16<br>22<br>28<br>24 | S.Nacional | Guatemala      | GUA  | 7-jun-2019  | CNMayor   |
| 8     | 41.29 | Juan Carlos Rodríguez Marroquin<br>Esteban Josué Ibáñez Guevara<br>Samuel José Ibáñez Guevara<br>Pablo Andrés Ibáñez Guevara       | 19-dic-1994<br>5-dic-2000<br>7-jul-2003<br>28-oct-1998   | 28<br>22<br>19<br>24 | S.Nacional | San Salvador   | ESA  | 6-jul-2023  | JuegosCAC |



Relevo 4x100: Juan Carlos Rodríguez, Esteban Ibáñez, José Salazar Mijangos, Pablo Ibáñez

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

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|    |       |                                   |             |    |                |              |     |             |            |
|----|-------|-----------------------------------|-------------|----|----------------|--------------|-----|-------------|------------|
| 9  | 41.36 | José Andrés Salazar Mijangos      | 11-ene-1997 | 21 | S.Nacional     | Guatemala    | GUA | 13-jul-2018 | CAMayor    |
|    |       | José David Braghieri Peralta      | 3-dic-1998  | 19 |                |              |     |             |            |
|    |       | Piero Rafael Braghieri Peralta    | 2-oct-2002  | 15 |                |              |     |             |            |
|    |       | Renan Alejandro Palma Bernabe     | 13-oct-1990 | 27 |                |              |     |             |            |
| 10 | 41.39 | José David Braghieri Peralta      | 3-dic-1998  | 19 | S.Nacional     | Managua      | NCA | 11-dic-2017 | JuegosCA   |
|    |       | José Andrés Salazar Mijangos      | 11-ene-1997 | 20 |                |              |     |             |            |
|    |       | Fernando José Bonilla Díaz        | 29-abr-2001 | 16 |                |              |     |             |            |
|    |       | Juan Carlos Rodríguez Marroquin   | 19-dic-1994 | 22 |                |              |     |             |            |
| 11 | 41.57 | José Adalberto Chorro Figueroa    | 1-dic-1993  | 23 | S.Nacional     | Tegucigalpa  | HON | 30-jun-2017 | CAMayor    |
|    |       | Ronal Alexis Moreno Alas          | 14-jun-1996 | 21 |                |              |     |             |            |
|    |       | José David Braghieri Peralta      | 3-dic-1998  | 18 |                |              |     |             |            |
|    |       | Juan Carlos Rodríguez Marroquin   | 19-dic-1994 | 22 |                |              |     |             |            |
| 12 | 41.69 | Julio Cesar Roque Morales         | 25-oct-1977 | 17 | S.Nacional     | Guatemala    | GUA | 14-jul-1995 | CACMayor   |
|    |       | Luis Amaya                        |             |    |                |              |     |             |            |
|    |       | Rubén Antonio Benitez             | 16-sep-1972 | 22 |                |              |     |             |            |
|    |       | Carlos José Toledo                | 19-mar-1973 | 22 |                |              |     |             |            |
| 13 | 42.00 | Juan Carlos Rodríguez Marroquin   | 19-dic-1994 | 31 | S.Nacional     | San Salvador | ESA | 21-mar-2026 | Torneo     |
|    |       | Pablo Andrés Ibáñez Guevara       | 28-oct-1998 | 27 |                |              |     |             |            |
|    |       | Esteban Josué Ibáñez Guevara      | 5-dic-2000  | 25 |                |              |     |             |            |
|    |       | José Andrés Salazar Mijangos      | 11-ene-1997 | 29 |                |              |     |             |            |
| 14 | 42.22 | Rafael Enrique García Deleón      | 10-dic-1980 | 15 | S.Nacional U20 | San Salvador | ESA | 13-jul-1996 | CACJuvenil |
|    |       | Julio Cesar Roque Morales         | 25-oct-1977 | 18 |                |              |     |             |            |
|    |       | Luis Eduardo Hernández            | 1-oct-1976  | 19 |                |              |     |             |            |
|    |       | Alejandro José Navarro Barriere   | 8-feb-1979  | 17 |                |              |     |             |            |
| 15 | 42.23 | Juan Carlos Rodríguez Marroquin   | 19-dic-1994 | 26 | S.Nacional     | San José     | CRC | 26-jun-2021 | CAMayor    |
|    |       | Víctor Andrés Steiner Jacoby      | 17-ago-2001 | 19 |                |              |     |             |            |
|    |       | Fernando José Bonilla Díaz        | 29-abr-2001 | 20 |                |              |     |             |            |
|    |       | Piero Rafael Braghieri Peralta    | 2-oct-2002  | 18 |                |              |     |             |            |
| 16 | 42.2  | Pedro Vasquez                     |             |    | S.Nacional     | San Salvador | ESA | 18-oct-1958 | Torneo     |
|    |       | Rodolfo Borjas                    |             |    |                |              |     |             |            |
|    |       | Mauricio Casanova                 |             |    |                |              |     |             |            |
|    |       | Anibal Valiente                   |             |    |                |              |     |             |            |
| 17 | 42.2  | Francisco Colorado                | 1-oct-1944  | 18 | S.Nacional     | Guatemala    | GUA | 7-dic-1962  | Torneo     |
|    |       | Juan García Prieto                |             |    |                |              |     |             |            |
|    |       | Salvador Hernández                |             |    |                |              |     |             |            |
|    |       | Oscar Alejandro Iopez             | 13-ago-1940 | 22 |                |              |     |             |            |
| 18 | 42.34 | Roberto Vidri                     |             |    | S.Nacional     | San José     | CRC | 8-jun-2007  | CAMayor    |
|    |       | Mario Enrique Quintanilla Ruiz    | 13-sep-1985 | 21 |                |              |     |             |            |
|    |       | Cesar Cornejo                     |             |    |                |              |     |             |            |
|    |       | Takeshi Salvador Fujiwara Salazar | 5-ago-1985  | 21 |                |              |     |             |            |
| 19 | 42.37 | Olimpicus                         |             |    | Olimpicus      | San Salvador | ESA | 27-abr-2019 | CNJvenil   |
| 20 | 42.49 | Rene Murillo                      |             |    | S.Nacional     | Mexico DF    | MEX | 23-jul-1988 | Ibero      |
|    |       | Lucas Oswaldo Miralda             | 5-abr-1969  |    |                |              |     |             |            |
|    |       | Gonzalez                          |             |    |                |              |     |             |            |
|    |       | Francisco Colorado                | 16-oct-1967 |    |                |              |     |             |            |

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|           |              |                                       |             |           |            |                |     |                    |           |
|-----------|--------------|---------------------------------------|-------------|-----------|------------|----------------|-----|--------------------|-----------|
| <b>21</b> | <b>42.57</b> | Juan Carlos Rodriguez Marroquin       | 19-dic-1994 | <b>27</b> | S.Nacional | Managua        | NCA | 2-jul-2022         | CAMayor   |
|           |              | Samuel José Ibáñez Guevara            | 7-jul-2003  | <b>18</b> |            |                |     |                    |           |
|           |              | Ronal Alexis Moreno Alas              | 14-jun-1996 | <b>26</b> |            |                |     |                    |           |
|           |              | José Andrés Salazar Mijangos          | 11-ene-1997 | <b>25</b> |            |                |     |                    |           |
| <b>22</b> | <b>42.7</b>  | Benjamin Reyes                        |             |           | S.Nacional | San Salvador   | ESA | <b>2-dic-1977</b>  | JuegosCA  |
|           |              | Ruben Boanerges Quintanilla Henriquez | 30-ago-1954 | <b>23</b> |            |                |     |                    |           |
|           |              | Emilio Delgado                        |             |           |            |                |     |                    |           |
|           |              | Aldo Salandra Bove                    | 3-jun-1958  | <b>19</b> |            |                |     |                    |           |
| <b>23</b> | <b>42.7</b>  | Francisco Colorado                    | 16-oct-1967 | <b>17</b> | Batos      | San Salvador   | ESA | <b>28-sep-1985</b> | CNMayor   |
|           |              | Juan Carlos Colorado                  | 1-ene-1969  | <b>16</b> |            |                |     |                    |           |
|           |              | Daniel Diaz                           | 1-ene-1963  | <b>22</b> |            |                |     |                    |           |
|           |              | Rene López Escobar                    | 14-jun-1963 | <b>22</b> |            |                |     |                    |           |
| <b>24</b> | <b>42.74</b> | José Andrés Salazar Mijangos          | 11-ene-1997 | <b>24</b> | Equipo B   | San Salvador   | ESA | 24-abr-2021        | CNJuvenil |
|           |              | Fernando José Bonilla Díaz            | 29-abr-2001 | <b>19</b> |            |                |     |                    |           |
|           |              | Pablo Andrés Ibáñez Guevara           | 28-oct-1998 | <b>22</b> |            |                |     |                    |           |
|           |              | Axel Diego Martinez Reyes             | 20-sep-2002 | <b>18</b> |            |                |     |                    |           |
| <b>25</b> | <b>42.83</b> | Samuel José Ibáñez Guevara            | 7-jul-2003  | <b>20</b> | S.Nacional | San Salvador   | ESA | 28-jun-2024        | CAMayor   |
|           |              | Sebastian Andrés Vidal Cerna          | 17-ene-2002 | <b>22</b> |            |                |     |                    |           |
|           |              | Paolo Cordon Mejia                    | 15-may-2003 | <b>21</b> |            |                |     |                    |           |
|           |              | Marlon Eduardo Colorado Bustamante    | 6-mar-1992  | <b>32</b> |            |                |     |                    |           |
| <b>26</b> | <b>42.86</b> | Ronal Alexis Moreno Alas              | 14-jun-1996 | <b>20</b> | S.Nacional | San Salvador   | ESA | 18-jun-2016        | CAMayor   |
|           |              | George Vincent Erazo Mureski          | 10-may-1992 | <b>24</b> |            |                |     |                    |           |
|           |              | José David Braghieri Peralta          | 3-dic-1998  | <b>17</b> |            |                |     |                    |           |
|           |              | Juan Carlos Rodriguez Marroquin       | 19-dic-1994 | <b>21</b> |            |                |     |                    |           |
| <b>27</b> | <b>42.9</b>  | Rene Salvador Sermeño Quezada         | 1-ene-1967  | <b>18</b> | SAS        | San Salvador   | ESA | <b>28-sep-1985</b> | CNMayor   |
|           |              | Mauricio Carranza Rivas               | 2-feb-1965  | <b>20</b> |            |                |     |                    |           |
|           |              | Aldo Salandra Bove                    | 3-jun-1958  | <b>27</b> |            |                |     |                    |           |
|           |              | Eduardo Chandier                      |             |           |            |                |     |                    |           |
| <b>28</b> | <b>42.96</b> | Mario Enrique Quintanilla Ruiz        | 13-sep-1985 | <b>22</b> | S.Nacional | San Pedro Sula | HON | 27-jun-2008        | CAMayor   |
|           |              | Juan Francisco Cuellar Sandoval       | 19-nov-1989 | <b>18</b> |            |                |     |                    |           |
|           |              | Renan Alejandro Palma Bernabe         | 13-oct-1990 | <b>17</b> |            |                |     |                    |           |
|           |              | José Eduardo Gonzalez Sanchez         | 28-mar-1990 | <b>18</b> |            |                |     |                    |           |
| <b>29</b> | <b>42.98</b> | Renan Alejandro Palma Bernabe         | 13-oct-1990 | <b>17</b> | S.Nacional | San Pedro Sula | HON | 27-jun-2008        | CAMayor   |
|           |              | Kevin Josué Zelaya Peña               | 30-jul-1996 | <b>11</b> |            |                |     |                    |           |
|           |              | Juan Francisco Cuellar Sandoval       | 19-nov-1989 | <b>18</b> |            |                |     |                    |           |
|           |              | José Eduardo Gonzalez Sanchez         | 28-mar-1990 | <b>18</b> |            |                |     |                    |           |
| <b>30</b> | <b>43.05</b> | Daniel Machado Morales                | 10-abr-2003 | <b>23</b> | S.Nacional | Managua        | NCA | <b>7-jun-2026</b>  | CAMayor   |
|           |              | Joseph Alejandro Hernández Silva      | 10-feb-1999 | <b>27</b> |            |                |     |                    |           |
|           |              | Esteban Josué Ibáñez Guevara          | 5-dic-2000  | <b>25</b> |            |                |     |                    |           |
|           |              | Julio Cesar Martínez Canales          | 7-oct-2004  | <b>21</b> |            |                |     |                    |           |

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### RELEVOS 4x400 (-3.22.41s)

| LUGAR | MARCA   | NOMBRE                                                                                                                          | FEC/NAC                                                 | EDAD                 | CLUB       | LUGAR          | PAIS | FECHA       | EVENTO    |
|-------|---------|---------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|----------------------|------------|----------------|------|-------------|-----------|
| 1     | 3.09.22 | Joseph Alejandro Hernández Silva<br>Samuel José Ibáñez Guevara<br>Esteban Josué Ibáñez Guevara<br>Pablo Andrés Ibáñez Guevara   | 10-feb-1999<br>7-jul-2003<br>5-dic-2000<br>28-oct-1998  | 24<br>19<br>22<br>24 | S.Nacional | San José       | CRC  | 7-may-2023  | CAMayor   |
| 2     | 3.11.71 | Joseph Alejandro Hernández Silva<br>Samuel José Ibáñez Guevara<br>Esteban Josué Ibáñez Guevara<br>Pablo Andrés Ibáñez Guevara   | 10-feb-1999<br>7-jul-2003<br>5-dic-2000<br>28-oct-1998  | 24<br>20<br>22<br>24 | S.Nacional | San Salvador   | ESA  | 7-jul-2023  | JuegosCAC |
| 3     | 3.12.37 | Joseph Alejandro Hernández Silva<br>Esteban Josué Ibáñez Guevara<br>Samuel José Ibáñez Guevara<br>Pablo Andrés Ibáñez Guevara   | 10-feb-1999<br>5-dic-2000<br>7-jul-2003<br>28-oct-1998  | 24<br>22<br>19<br>24 | CAS        | San Salvador   | ESA  | 16-abr-2023 | Torneo    |
| 4     | 3.12.63 | José Rene Navas Ortiz<br>Samuel José Ibáñez Guevara<br>Esteban Josué Ibáñez Guevara<br>Pablo Andrés Ibáñez Guevara              | 12-jul-2002<br>7-jul-2003<br>5-dic-2000<br>28-oct-1998  | 19<br>18<br>21<br>23 | CAS        | San Salvador   | ESA  | 12-jun-2022 | Torneo    |
| 5     | 3.12.89 | Julio Cesar Martínez Canales<br>Esteban Josué Ibáñez Guevara<br>Joseph Alejandro Hernández Silva<br>Pablo Andrés Ibáñez Guevara | 7-oct-2004<br>5-dic-2000<br>10-feb-1999<br>28-oct-1998  | 21<br>25<br>27<br>27 | S.Nacional | Managua        | NCA  | 7-jun-2026  | CAMayor   |
| 6     | 3.15.71 | Alejandro José Navarro Barriere<br>Cesar Augusto Arias<br>Edgardo Antonio Serpas Rodas<br>Roberto Cortes Molina                 | 8-feb-1979<br>5-nov-1979<br>10-dic-1973<br>10-feb-1981  | 22<br>22<br>27<br>20 | S.Nacional | Guatemala      | GUA  | 2-dic-2001  | JuegosCA  |
| 7     | 3.15.74 | Carlos José Toledo<br>Alejandro José Navarro Barriere<br>Edgardo Antonio Serpas Rodas<br>Rubén Antonio Benitez                  | 19-mar-1973<br>8-feb-1979<br>10-dic-1973<br>16-sep-1972 | 24<br>18<br>24<br>25 | S.Nacional | San Pedro Sula | HON  | 13-dic-1997 | JuegosCA  |
| 8     | 3.16.03 | Esteban Josué Ibáñez Guevara<br>Samuel José Ibáñez Guevara<br>José Andrés Salazar Mijangos<br>Pablo Andrés Ibáñez Guevara       | 5-dic-2000<br>7-jul-2003<br>11-ene-1997<br>28-oct-1998  | 24<br>22<br>28<br>26 | S.Nacional | Quetzaltenango | GUA  | 21-oct-2025 | JuegosCA  |



Relevo 4x400: Joseph Hernández, Samuel Ibáñez, Esteban Ibáñez, Pablo Ibáñez

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|           |                |                                                                                                                                |                                                          |                                                  |            |              |     |             |            |
|-----------|----------------|--------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------|------------|--------------|-----|-------------|------------|
| <b>9</b>  | <b>3.17.36</b> | Samuel José Ibáñez Guevara<br>Joseph Alejandro Hernández Silva<br>Paolo Cordon Mejia<br>Sebastian Andrés Vidal Cerna           | 7-jul-2003<br>10-feb-1999<br>15-may-2003<br>17-ene-2002  | <b>20</b><br><b>25</b><br><b>21</b><br><b>22</b> | S.Nacional | San Salvador | ESA | 29-jun-2024 | CAMayor    |
| <b>10</b> | <b>3.17.61</b> | George Vincent Erazo Mureski<br>Juan Carlos Rodríguez Marroquin<br>Rene Rafael Perla Quintanilla<br>Ronald Alexis Moreno Alas  | 10-may-1992<br>19-dic-1994<br>16-feb-1996<br>14-jun-1996 | <b>24</b><br><b>21</b><br><b>20</b><br><b>20</b> | S.Nacional | San Salvador | ESA | 19-jun-2016 | CAMayor    |
| <b>11</b> | <b>3.17.63</b> | Joseph Alejandro Hernández Silva<br>Samuel José Ibáñez Guevara<br>Ronald Alexis Moreno Alas<br>José Andrés Salazar Mijangos    | 10-feb-1999<br>7-jul-2003<br>14-jun-1996<br>11-ene-1997  | <b>23</b><br><b>19</b><br><b>26</b><br><b>25</b> | S.Nacional | Managua      | NCA | 3-jul-2022  | CAMayor    |
| <b>12</b> | <b>3.17.98</b> | George Vincent Erazo Mureski<br>José Andrés Salazar Mijangos<br>Esteban Josué Ibáñez Guevara<br>Ever Daniel Peñalba Barraza    | 10-may-1992<br>11-ene-1997<br>5-dic-2000<br>6-dic-2001   | <b>27</b><br><b>22</b><br><b>18</b><br><b>17</b> | S.Nacional | Managua      | NCA | 23-jun-2019 | CAMayor    |
| <b>13</b> | <b>3.18.94</b> | Rene Marcelo Figueroa<br>Cesar Augusto Arias<br>Erick David García<br>Roberto Cortes Molina                                    | 30-nov-1982<br>5-nov-1979<br><br>10-feb-1981             | <b>20</b><br><b>23</b><br><br><b>21</b>          | S.Nacional | San Salvador | ESA | 6-dic-2002  | JuegosCAC  |
| <b>14</b> | <b>3.19.16</b> | Francis de Jesus Jimenez<br>Juan Francisco Caneses<br>Takeshi Salvador Fujiwara Salazar<br>Roberto Cortes Molina               | 9-jun-1985<br>4-jul-1986<br>5-ago-1985<br>10-feb-1981    | <b>18</b><br><b>17</b><br><b>18</b><br><b>22</b> | S.Nacional | Guatemala    | GUA | 20-jun-2003 | CAMayor    |
| <b>15</b> | <b>3.19.22</b> | José Adalberto Chorro Figueroa<br>Erick Saul Hernández Salguero<br>Pablo Andrés Ibáñez Guevara<br>Ronald Alexis Moreno Alas    | 1-dic-1993<br>28-sep-1998<br>28-oct-1998<br>14-jun-1996  | <b>23</b><br><b>18</b><br><b>18</b><br><b>21</b> | S.Nacional | Tegucigalpa  | HON | 30-jun-2017 | CAMayor    |
| <b>16</b> | <b>3.19.60</b> | Norbis Salvador Solano<br>Roberto Cortes Molina<br>David Josué Reina<br>Rene Marcelo Figueroa                                  | 21-ene-1981<br>10-feb-1981<br>17-sep-1983<br>30-nov-1982 | <b>19</b><br><b>19</b><br><b>16</b><br><b>17</b> | S.Nacional | San Juan     | PUR | 16-jul-2000 | CACJuvenil |
| <b>17</b> | <b>3.20.1</b>  | Aldo Salandra Bove<br>Francisco López Torres<br>Ernesto Napoleon Vides Oliva<br>Ruben Boanerges Quintanilla Henriquez          | 3-jun-1958<br>5-ago-1957<br>15-dic-1949<br>30-ago-1954   | <b>19</b><br><b>20</b><br><b>27</b><br><b>23</b> | S.Nacional | San Salvador | ESA | 2-dic-1977  | JuegosCA   |
| <b>18</b> | <b>3.20.33</b> | Alejandro Ernesto Olmedo Borja<br>Roberto Cortes Molina<br>Paul Joseph Dennehy<br>Ruben Reynaldo Guevara                       | 16-oct-1988<br>10-feb-1981<br>29-ago-1982<br>5-ene-1979  | <b>16</b><br><b>24</b><br><b>22</b><br><b>26</b> | S.Nacional | San José     | CRC | 3-jun-2005  | CAMayor    |
| <b>19</b> | <b>3.20.44</b> | Pablo Andrés Ibáñez Guevara<br>Juan Carlos Rodríguez Marroquin<br>José Andrés Salazar Mijangos<br>José David Braghieri Peralta | 28-oct-1998<br>19-dic-1994<br>11-ene-1997<br>3-dic-1998  | <b>19</b><br><b>22</b><br><b>20</b><br><b>19</b> | S.Nacional | Managua      | NCA | 12-dic-2017 | JuegosCA   |
| <b>20</b> | <b>3.20.51</b> | López<br>Ruben Boanerges Quintanilla Henriquez<br>Aldo Salandra Bove<br>Francisco López Torres                                 | <br>30-ago-1954<br>3-jun-1958<br>5-ago-1957              | <br><b>22</b><br><b>19</b><br><b>20</b>          | S.Nacional | Xalapa       | MEX | 7-ago-1977  | CACMayo    |

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## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: **Carlos Clemente, Estadístico e Historiador.** Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

|           |                |                                                                                                                                              |                                                          |                                                  |            |                |     |                    |           |
|-----------|----------------|----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------|------------|----------------|-----|--------------------|-----------|
| <b>21</b> | <b>3.20.69</b> | Ronal Alexis Moreno Alas<br>Piero Rafael Braghieri Peralta<br>Samuel José Ibáñez Guevara<br>George Vincent Erazo Mureski                     | 14-jun-1996<br>2-oct-2002<br>7-jul-2003<br>10-may-1992   | <b>25</b><br><b>18</b><br><b>17</b><br><b>29</b> | S.Nacional | San José       | CRC | 27-jun-2021        | CAMayor   |
| <b>22</b> | <b>3.20.70</b> | Takeshi Salvador Fujiwara Salazar<br>Juan Francisco Cuellar Sandoval<br>José Eduardo Gonzalez Sanchez<br>Francis de Jesus Jimenez            | 5-ago-1985<br>19-nov-1989<br>28-mar-1990<br>9-jun-1985   | <b>22</b><br><b>18</b><br><b>18</b><br><b>23</b> | S.Nacional | San Pedro Sula | HON | 27-jun-2008        | CAMayor   |
| <b>23</b> | <b>3.20.93</b> | Hector Alexander Centeno<br>Carlos José Toledo<br>Julio Alberto Quintanilla Diaz<br>Mauricio Carranza Rivas                                  | 7-feb-1975<br>19-mar-1973<br>9-ene-1969<br>2-feb-1965    | <b>32</b><br><b>34</b><br><b>38</b><br><b>42</b> | S.Nacional | San José       | CRC | 8-jun-2007         | CAMayor   |
| <b>24</b> | <b>3.20.95</b> | Francis de Jesus Jimenez<br>Mario Enrique Quintanilla Ruiz<br>Cesar Leon<br>Takeshi Salvador Fujiwara Salazar                                | 9-jun-1985<br>13-sep-1985<br><br>5-ago-1985              | <b>21</b><br><b>21</b><br><br><b>21</b>          | S.Nacional | San José       | CRC | 8-jun-2007         | CAMayor   |
| <b>25</b> | <b>3.20.99</b> | Fidel Angel García Moreira<br>Bryan Isaac Ramos Benitez<br>Ronald Alexis Moreno Alas<br>Rene Rafael Perla Quintanilla                        | 21-jul-1991<br>18-sep-1989<br>14-jun-1996<br>16-feb-1996 | <b>23</b><br><b>25</b><br><b>19</b><br><b>19</b> | S.Nacional | Managua        | NCA | 28-jun-2015        | CAMayor   |
| <b>26</b> | <b>3.21.45</b> | Juan Francisco Cuellar Sandoval<br>Marlon Eduardo Colorado Bustamante<br>Rolando Arturo Ayala Hernández<br>Takeshi Salvador Fujiwara Salazar | 19-nov-1989<br>6-mar-1992<br>10-abr-1991<br>5-ago-1985   | <b>21</b><br><b>19</b><br><b>20</b><br><b>25</b> | S.Nacional | San José       | CRC | 24-jun-2011        | CAMayor   |
| <b>27</b> | <b>3.21.98</b> | Francis de Jesus Jimenez<br>Takeshi Salvador Fujiwara Salazar<br>Rafael Antonio Galdamez<br>Roberto Cortes Molina                            | 9-jun-1985<br>5-ago-1985<br>1-ene-1987<br>10-feb-1981    | <b>19</b><br><b>19</b><br><b>17</b><br><b>23</b> | S.Nacional | Managua        | NCA | 25-sep-2004        | CAMayor   |
| <b>28</b> | <b>3.22.14</b> | Roberto Cortes Molina<br>Norbis Salvador Solano<br>Ruben Boanerges Quintanilla Baires<br>Edgar Verganza                                      | 10-feb-1981<br>21-ene-1981<br>9-jul-1981<br><br>         | <b>18</b><br><b>18</b><br><b>18</b><br><br>      | S.Nacional | Panama         | PAN | 1999               | Codicader |
| <b>29</b> | <b>3.22.3</b>  | Selección Nacional                                                                                                                           |                                                          |                                                  | S.Nacional | San José       | CRC | <b>26-nov-1975</b> | CAMayor   |
| <b>30</b> | <b>3.22.41</b> | Francis de Jesus Jimenez<br>Takeshi Salvador Fujiwara Salazar<br>Mendoza<br>Juan Francisco Caneses                                           | 9-jun-1985<br>5-ago-1985<br><br>4-jul-1986               | <b>19</b><br><b>18</b><br><br><b>17</b>          | S.Nacional | San José       | CRC | 12-jun-2004        | CAJuvenil |

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

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### RELEVOS 4x100 MIXTO (MAS,FEM,MAS,FEM) (-50.00s)

| LUGAR | MARCA | NOMBRE                                                                                                                                     | FEC/NAC                                                  | EDAD                 | CLUB            | LUGAR        | PAIS | FECHA       | EVENTO    |
|-------|-------|--------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------|-----------------|--------------|------|-------------|-----------|
| 1     | 45.00 | Juan Carlos Rodríguez Marroquin<br>Nathalie Abigail Almendarez Sandoval<br>José Andrés Salazar Mijangos<br>Shantely Shiley Scott de Olmedo | 19-dic-1994<br>9-abr-2003<br>11-ene-1997<br>17-abr-1991  | 31<br>23<br>29<br>35 | S. Nacional     | Lima         | PER  | 30-may-2026 | Iberoamer |
| 2     | 46.43 | José Fabricio Marroquin Zepeda<br>Jimena Lucía Ascencio Aguilera<br>José Andrés Salazar Mijangos<br>Shantely Shiley Scott de Olmedo        | 11-oct-1997<br>31-oct-2011<br>11-ene-1997<br>17-abr-1991 | 28<br>14<br>29<br>35 | Preseleccion    | San Salvador | ESA  | 18-abr-2026 | Torneo    |
| 3     | 46.72 | Fabio Andrés Mayorga Monterroza<br>Ariela María Atalah Van Helden<br>Juan Diego Medina Portillo<br>Ana Valeria Ramos Dominguez             | 21-feb-2009<br>18-may-2011<br>18-feb-2010<br>6-jul-2009  | 17<br>14<br>16<br>16 | S. Nacional     | Managua      | NCA  | 2-may-2026  | CAJuvenil |
| 4     | 48.01 | Oscar Alejandro Cruz Miranda<br>Ximena Ivette Rodríguez Cabezas<br>Fabio Andrés Mayorga Monterroza<br>Adriana Sofia Bermudez Suazo         | 21-may-2011<br>25-may-2011<br>21-feb-2009<br>7-feb-2011  | 14<br>14<br>17<br>15 | Athletics Beans | San Salvador | ESA  | 18-abr-2026 | CNJvenil  |
| 5     | 48.56 | Marcelo Gabriel Gamero Lucero<br>Natalie Michelle Barrientos Alpha<br>Piero Benjamín López Vásquez<br>Meztli Ariana Rodriguez Ardon        | 17-nov-2008<br>10-ago-2007<br>13-jun-2007<br>2-mar-2007  | 17<br>18<br>18<br>19 | S. Nacional     | Managua      | NCA  | 2-may-2026  | CAJuvenil |
| 6     | 49.33 | Omar de Jesus Lazo Ramirez<br>Jimena Lucía Ascencio Aguilera<br>Marlon Eduardo Colorado Bustamante<br>Leda Vanessa Rodríguez Moreno        | 14-abr-2008<br>31-oct-2011<br>6-mar-1992<br>2-may-1998   | 17<br>14<br>34<br>27 | Sprinterssv     | San Salvador | ESA  | 21-mar-2026 | Torneo    |
| 7     | 49.63 | Andres Eduardo Reyes Lopez<br>Ana Valeria Ramos Dominguez<br>Lino Norberto Morales Ardon<br>Valeria Sofía Trejo Mena                       | 6-ene-2009<br>6-jul-2009<br>22-nov-2009<br>1-ene-2010    | 17<br>16<br>16<br>16 | Green Dreams    | San Salvador | ESA  | 7-may-2026  | CNMayor   |



Relevo 4x100 mixto: Juan Carlos Rodríguez, Nathalie Almendarez, José Salazar, Shantely Scott

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

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### RELEVOS 4x400 MIXTO (MAS,FEM,MAS,FEM) (-4.00.00s)

| LUGAR | MARCA   | NOMBRE                                                                                                                                      | FEC/NAC                                                  | EDAD                 | CLUB        | LUGAR        | PAIS | FECHA       | EVENTO      |
|-------|---------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------|-------------|--------------|------|-------------|-------------|
| 1     | 3.36.70 | Joseph Alejandro Hernández Silva<br>Ashly Beatriz Benítez Ramos<br>Samuel José Ibáñez Guevara<br>Ana Isabela Gonzalez Velásquez             | 10-feb-1999<br>30-ago-2009<br>7-jul-2003<br>19-may-2005  | 26<br>15<br>22<br>20 | S. Nacional | Managua      | NCA  | 2-ago-2025  | CAMayor     |
| 2     | 3.36.99 | José Rene Navas Ortiz<br>Nathalie Abigail Almendarez Sandoval<br>Samuel José Ibáñez Guevara<br>Yency Xiomara Chamur Soto                    | 12-jul-2002<br>9-abr-2003<br>7-jul-2003<br>5-jul-1995    | 20<br>20<br>19<br>27 | S. Nacional | San Salvador | ESA  | 3-jul-2023  | JuegosCAC   |
| 3     | 3.41.91 | Paolo Cordon Mejia<br>Ely Paola Vargas Orellana<br>Juan Andrés Moncayo Atalah<br>Yency Xiomara Chamur Soto                                  | 15-may-2003<br>17-nov-2005<br>15-oct-2008<br>5-jul-1995  | 21<br>18<br>15<br>28 | S. Nacional | San Salvador | ESA  | 28-jun-2024 | CAMayor     |
| 4     | 3.48.54 | José Rene Navas Ortiz<br>Idelma Lizeth Delgado<br>George Vincent Erazo Mureski<br>Yency Xiomara Chamur Soto                                 | 12-jul-2002<br>1-abr-1990<br>10-may-1992<br>5-jul-1995   | 20<br>33<br>30<br>27 | S. Nacional | San José     | CRC  | 6-may-2023  | CAMayor     |
| 5     | 3.49.03 | Nathalie Abigail Almendarez Sandoval<br>Piero Rafael Braghieri Peralta<br>Daniela Alexandra Aragon Valencia<br>Sebastian Andrés Vidal Cerna | 9-abr-2003<br>2-oct-2002<br>10-sep-2002<br>17-ene-2002   | 16<br>16<br>16<br>17 | S. Nacional | Queretaro    | MEX  | 7-jul-2019  | NACACU18U23 |
| 6     | 3.49.30 | Frank Alberto Hernández Silva<br>Pamela Beatriz Yada Martinez<br>Joseph Alejandro Hernández Silva<br>Ely Paola Vargas Orellana              | 10-feb-1999<br>26-ago-1994<br>10-feb-1999<br>17-nov-2005 | 24<br>28<br>24<br>17 | CAS         | San Salvador | ESA  | 2-abr-2023  | Torneo      |
| 7     | 3.49.71 | Frank Alberto Hernández Silva<br>Ely Paola Vargas Orellana<br>Samuel José Ibáñez Guevara<br>Gabriela Isabel Ibáñez Guevara                  | 10-feb-1999<br>17-nov-2005<br>7-jul-2003<br>29-ago-2006  | 23<br>16<br>18<br>15 | CAS         | San Salvador | ESA  | 25-jun-2022 | CNMayor     |
| 8     | 3.49.99 | Joseph Alejandro Hernández Silva<br>Krissia Mariel Martínez Dominguez<br>Jon Diaz Querejeta<br>Nathalie Michelle Barrientos Alpha           | 10-feb-1999<br>1-sep-2010<br>7-jun-2001<br>10-ago-2007   | 27<br>15<br>24<br>18 | S.Nacional  | Managua      | NCA  | 6-jun-2026  | CAMayor     |



Relevo 4x400 Mixto: Samuel Ibáñez, Ashly Benítez, Joseph Hernández, Ana Isabela González

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

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|           |                |                                    |             |           |             |                |     |             |           |
|-----------|----------------|------------------------------------|-------------|-----------|-------------|----------------|-----|-------------|-----------|
| <b>9</b>  | <b>3.51.46</b> | Samuel José Ibáñez Guevara         | 7-jul-2003  | <b>22</b> | S. Nacional | Quetzaltenango | GUA | 19-oct-2025 | JuegosCA  |
|           |                | Rebeca Valerie Barrientos Alpha    | 13-jun-2001 | <b>24</b> |             |                |     |             |           |
|           |                | Diego Javier Navas Ortiz           | 13-dic-2004 | <b>20</b> |             |                |     |             |           |
|           |                | Idelma Lizeth Delgado              | 1-abr-1990  | <b>35</b> |             |                |     |             |           |
| <b>10</b> | <b>3.55.67</b> | Guillermo Fernando Morales Aguilar | 10-abr-2005 | <b>19</b> | S. Nacional | San José       | CRC | 18-may-2024 | CAJuvenil |
|           |                | Alexia Carolina Sanchez Batres     | 23-oct-2006 | <b>17</b> |             |                |     |             |           |
|           |                | José Andrés Sandoval Ramirez       | 1-mar-2006  | <b>18</b> |             |                |     |             |           |
|           |                | Ely Paola Vargas Orellana          | 17-nov-2005 | <b>18</b> |             |                |     |             |           |
| <b>11</b> | <b>3.56.30</b> | Cesar Alexander Alvarado Olmedo    | 2-abr-2005  | <b>18</b> | S. Nacional | Guatemala      | GUA | 3-may-2023  | CAJuvenil |
|           |                | Genesis Marcela Velásquez Aguirre  | 26-oct-2004 | <b>18</b> |             |                |     |             |           |
|           |                | Diego Javier Navas Ortiz           | 13-dic-2004 | <b>18</b> |             |                |     |             |           |
|           |                | Ely Paola Vargas Orellana          | 17-nov-2005 | <b>17</b> |             |                |     |             |           |
| <b>12</b> | <b>4.00.84</b> | Guillermo Fernando Morales Aguilar | 10-abr-2005 | <b>19</b> | S. Nacional | San Salvador   | ESA | 12-may-2024 | Torneo    |
|           |                | Nataly Fernanda Delgado Juarez     | 5-abr-2005  | <b>19</b> |             |                |     |             |           |
|           |                | José Andrés Sandoval Ramirez       | 1-mar-2006  | <b>18</b> |             |                |     |             |           |
|           |                | Ely Paola Vargas Orellana          | 17-nov-2005 | <b>18</b> |             |                |     |             |           |

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

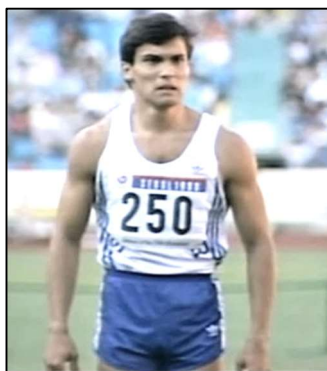
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### SALTO DE ALTURA (+1.76m)

| LUGAR | MARCA | NOMBRE                             | FEC/NAC     | EDAD | CLUB            | LUGAR          | PAIS | FECHA       | EVENTO       |
|-------|-------|------------------------------------|-------------|------|-----------------|----------------|------|-------------|--------------|
| 1     | 2.11  | Marlon Eduardo Colorado Bustamante | 6-mar-1992  | 19   | Olimpicus       | Barquisimeto   | VEN  | 29-jul-2011 | JuegosALBA   |
| 2     | 2.06  | Santiago Heriberto Mellado         | 6-abr-1963  | 25   | Individual      | Seul           | KOR  | 28-sep-1988 | JOLimpicos   |
| 3     | 2.05  | Alejandro Ernesto Olmedo Borja     | 16-oct-1988 | 20   | Individual      | San Juan       | PUR  | 21-nov-2008 | JustasLAI    |
| 4     | 2.02  | Esteban Josué Ibáñez Guevara       | 5-dic-2000  | 21   | CAS             | Arona          | ESP  | 17-jun-2023 | MeetArona    |
| 5     | 2.02  | (i) Ariel Enrique Molina Viscarra  | 26-may-2005 | 19   | Wisconsin U     | Saginaw, MI    | USA  | 1-mar-2026  | GLIACICH     |
| 6     | 2.00  | Francisco José Rodríguez Castaneda | 5-ene-2000  | 16   | Asterix         | San Salvador   | ESA  | 13-ago-2016 | CNMayor      |
| 7     | 1.96  | Angelo Iannuzzelli Carmona         | 10-abr-1970 | 27   | Individual      | San Salvador   | ESA  | 21-abr-1997 | Torneo       |
| 8     | 1.95  | Eduardo Chandier                   |             |      | SAS             | San Salvador   | ESA  | 28-sep-1985 | CNMayor      |
| 9     | 1.95  | Rudel Antonio Franco Duarte        | 2-dic-1971  | 18   | Rocasa          | Tegucigalpa    | HON  | 9-ene-1990  | JuegosCA     |
| 10    | 1.93  | Diego José Reyes Rodríguez         | 18-ago-2005 | 17   | Athletics Beans | San Salvador   | ESA  | 3-jul-2023  | JuegosCAC    |
| 11    | 1.90  | Roger Rafael Manzur Aguilar        | 23-dic-1961 | 26   | UTEC            | Mexico DF      | MEX  | 23-jul-1988 | Ibero        |
| 12    | 1.90  | Mario Efrain Callejas              | 20-jun-1973 | 23   | Santa Ana       | Guatemala      | GUA  | 26-nov-1996 | Torneo       |
| 13    | 1.90  | Kevin Alexander Hernández Chamagua | 14-ago-1997 | 17   | Projuves        | San Salvador   | ESA  | 14-mar-2015 | Torneo       |
| 14    | 1.90  | Alexis Josué Amaya Moreira         | 15-feb-1996 | 22   | Athletics Beans | San Salvador   | ESA  | 24-mar-2018 | Torneo       |
| 15    | 1.90  | Alejandro Jubis Bustillo           | 5-ago-2005  | 19   | Trojans         | San Salvador   | ESA  | 10-feb-2024 | Torneo       |
| 16    | 1.88  | Marcelo Gonzalez Quiñonez          | 12-ago-2001 | 18   | Trojans         | San Pedro Sula | HON  | 24-nov-2019 | AASCA        |
| 17    | 1.87  | Luis Felipe Marengo Urrutia        | 16-feb-2000 | 17   | Trojans         | Guatemala      | GUA  | 27-ene-2018 | AASCA        |
| 18    | 1.86  | Carlos Francisco Flores Molina     | 20-ene-1985 | 15   | Leones          | San Salvador   | ESA  | 6-oct-2000  | Codicader    |
| 19    | 1.86  | Andrés Adiel Melara Aldana         | 31-ago-1999 | 17   | Projuves        | San Salvador   | ESA  | 6-abr-2017  | Torneo       |
| 20    | 1.85  | Piero Rafael Braghieri Peralta     | 2-oct-2002  | 18   | Olimpicus       | San Salvador   | ESA  | 13-feb-2021 | Torneo       |
| 21    | 1.83  | Numa Josué Rodezno                 | 23-abr-1982 | 21   | Las Aguilas     | San Salvador   | ESA  | 11-jul-2003 | Torneo       |
| 22    | 1.81  | Yehefri Benjamin Vides             | 27-sep-1985 | 18   | Las Aguilas     | Managua        | NCA  | 25-sep-2004 | CAMayor      |
| 23    | 1.81  | Fernando Manuel Reyes Melgar       | 13-jul-2004 | 16   | New Dreamers    | San Salvador   | ESA  | 24-abr-2021 | CNJvenil     |
| 24    | 1.80  | Lucas Oswaldo Miralda              | 5-abr-1969  | 19   | Individual      | Santo Domingo  | DOM  | 20-oct-1988 | Torneo       |
| 25    | 1.80  | Bryan Andony Zelaya Peña           | 2-may-1995  | 16   | Athletics Beans | Panama         | PAN  | 17-nov-2011 | CACEstudiant |
| 26    | 1.80  | Tate Ned Telford                   | 3-ene-2001  | 17   | Trojans         | San Salvador   | ESA  | 3-oct-2018  | Torneo       |
| 27    | 1.80  | Ulises Adonay Melara Castellanos   | 7-sep-2003  | 15   | Projuves        | San Salvador   | ESA  | 2-mar-2019  | Torneo       |
| 28    | 1.79  | Ricardo Antonio Iraheta            | 16-jun-1989 | 14   | Las Aguilas     | San José       | CRC  | 12-jun-2004 | CAJuvenil    |
| 29    | 1.77  | José Rene Navas Ortiz              | 12-jul-2002 | 18   | Athletics Beans | San Salvador   | ESA  | 13-mar-2021 | Torneo       |
| 30    | 1.76  | Carlos Centeno                     |             |      | Alacranes       | San Salvador   | ESA  | 1989        | Torneo       |
| 31    | 1.76  | Joaquín Mendez                     |             |      | Individual      | Panama         | PAN  | 6-feb-1938  | JuegosCAC    |
| 32    | 1.76  | Oscar Morales                      |             |      | Individual      | Panama         | PAN  | 6-feb-1938  | JuegosCAC    |



Marlon Colorado



Santiago Mellado



Alejandro Olmedo

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

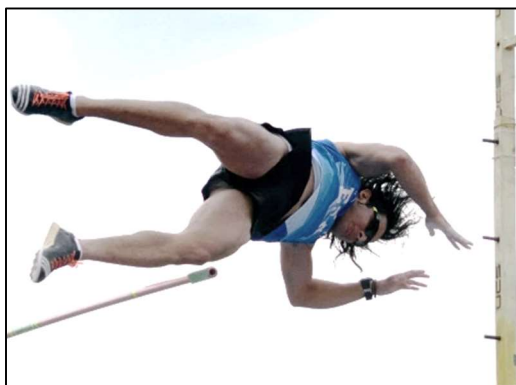
Creado por: *Carlos Clemente, Estadístico e Historiador*. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### SALTO CON PERTIGA (+3.60m)

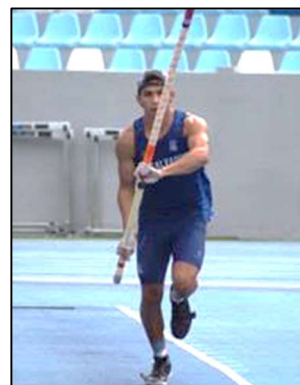
| LUGAR | MARCA | NOMBRE                           | FEC/NAC     | EDAD | CLUB            | LUGAR          | PAIS | FECHA       | EVENTO         |
|-------|-------|----------------------------------|-------------|------|-----------------|----------------|------|-------------|----------------|
| 1     | 5.35  | Natan Armando Rivera Alas        | 12-dic-1998 | 21   | Rice University | Austin, TX     | USA  | 28-mar-2019 | TexasRelays    |
| 2     | 4.90  | Pedro Daniel Figueroa Flores     | 19-may-1991 | 21   | Olimpicus       | Irapuato       | MEX  | 6-jul-2012  | NACACU23       |
| 3     | 4.90  | Diego Javier Navas Ortiz         | 13-dic-2004 | 19   | AdN             | San Salvador   | ESA  | 1-jun-2024  | CNMayor        |
| 4     | 4.75  | Daniel Machado Morales           | 10-abr-2003 | 20   | Betania         | San Salvador   | ESA  | 6-jul-2023  | JuegosCAC      |
| 5     | 4.74  | Oscar Arnulfo Hernández          | 17-jul-1980 | 23   | LLT             | San Salvador   | ESA  | 12-jul-2003 | Torneo         |
| 6     | 4.60  | Santiago Heriberto Mellado       | 6-abr-1963  | 25   | Individual      | Seul           | KOR  | 29-sep-1988 | JOLimpicos     |
| 7     | 4.50  | Marcos Josué Mira                | 29-oct-1985 | 20   | Vitta           | San Salvador   | ESA  | 9-abr-2006  | Torneo         |
| 8     | 4.45  | Pedro Adolfo Fuentes             | 19-abr-1983 | 20   | LLT             | Guatemala      | GUA  | 20-jun-2003 | CAMayor        |
| 9     | 4.30  | Alejandro Rafael Melara Torres   | 30-may-1996 | 17   | Athletics Beans | San Salvador   | ESA  | 6-jun-2013  | Estudiantil    |
| 10    | 4.30  | Edward Alexander Cruz Franco     | 8-oct-1997  | 19   | Athletics Beans | San Salvador   | ESA  | 22-abr-2017 | CNJvenil       |
| 11    | 4.20  | Lucas Oswaldo Miralda            | 5-abr-1969  | 19   | Individual      | Mexico DF      | MEX  | 24-jul-1988 | Ibero          |
| 12    | 4.20  | Sixto Armando Anchetta Ramírez   | 7-mar-1977  | 22   | Juvel           | San Salvador   | ESA  | 2-may-1999  | Torneo         |
| 13    | 4.20  | Javier Antonio Romero Varela     | 15-nov-1993 | 18   | Athletics Beans | San Salvador   | ESA  | 1-jul-2012  | CACJuvenil     |
| 14    | 4.20  | Marcos Eugenio Rivera Alas       | 30-oct-2000 | 19   | Olimpicus       | San Salvador   | ESA  | 1-mar-2020  | Torneo         |
| 15    | 4.20  | Esteban Josué Ibáñez Guevara     | 5-dic-2000  | 23   | CAS             | San Salvador   | ESA  | 29-jun-2024 | CAMayor        |
| 16    | 4.15  | Andrés Alberto Ayala Abrego      | 2-jun-2001  | 17   | Projuves        | San Salvador   | ESA  | 2-jun-2018  | CAJuvenil      |
| 17    | 4.10  | Juan Carlos Ramirez Escobar      | 2-may-1978  | 19   | Juvel           | San Pedro Sula | HON  | 13-dic-1997 | JuegosCA       |
| 18    | 4.10  | Daniel Alejandro Gutierrez       | 19-may-1987 | 19   | Vitta Sanjatts  | San José       | CRC  | 2-sep-2006  | CNJvenil       |
| 19    | 4.10  | Cesar Alonso Chavez Cardenas     | 19-oct-1994 | 17   | Athletics Beans | San Salvador   | ESA  | 29-abr-2012 | CNJvenil       |
| 20    | 4.00  | Piero Rafael Braghieri Peralta   | 2-oct-2002  | 16   | Olimpicus       | Queretaro      | MEX  | 5-jul-2019  | NACACU18U23    |
| 21    | 3.90  | Luis Alberto Diaz                | 27-may-1987 | 18   | Juvel           | San Salvador   | ESA  | 3-sep-2005  | Torneo         |
| 22    | 3.82  | Hector Manuel Olano Aparicio     | 15-ene-1952 | 29   | Individual      | San Salvador   | ESA  | 6-oct-1981  | Torneo         |
| 23    | 3.80  | Edwin Ivan Escobar               | 1-ene-1968  | 26   | Individual      | San Salvador   | ESA  | 18-ene-1994 | JuegosCA       |
| 24    | 3.80  | Juan Carlos Herrera              |             |      | Juvel           | San Salvador   | ESA  | 18-nov-1995 | CopaESA        |
| 25    | 3.80  | Bryan Isai Sanchez Rodriguez     | 27-ene-1996 | 19   | Individual      | San Salvador   | ESA  | 16-may-2015 | Torneo         |
| 26    | 3.75  | Yehefri Benjamin Vides           | 27-sep-1985 | 19   | Las Aguilas     | San Salvador   | ESA  | 13-nov-2004 | Universitarios |
| 27    | 3.70  | Bryan Josué Guatemala López      | 23-feb-1996 | 17   | Athletics Beans | San Salvador   | ESA  | 6-jun-2013  | Estudiantil    |
| 28    | 3.60  | Juan Ernesto Calidonio           | 28-ene-1971 | 23   | Individual      | San Salvador   | ESA  | 22-ene-1994 | JuegosCA       |
| 29    | 3.60  | Juan Carlos Aguirre Orantes      | 4-dic-1995  | 17   | Athletics Beans | San Salvador   | ESA  | 8-jun-2013  | CNMayor        |
| 30    | 3.60  | José Anderson Villalobos Perez   | 7-mar-2002  | 15   | Athletics Beans | San Salvador   | ESA  | 25-mar-2017 | Torneo         |
| 31    | 3.60  | Ulises Adonay Melara Castellanos | 7-sep-2003  | 15   | Projuves        | San Salvador   | ESA  | 1-sep-2019  | CNMayor        |



Natán Rivera



Pedro Figueroa



Diego Navas

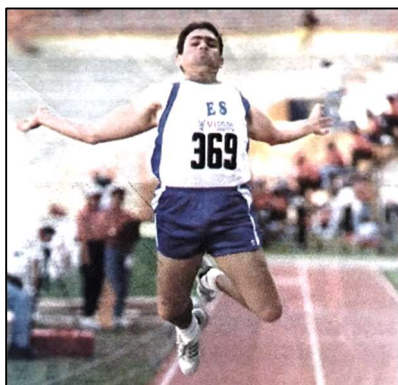
# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: *Carlos Clemente, Estadístico e Historiador*. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### SALTO DE LONGITUD (+6.38)

| LUGAR | MARCA | W    | NOMBRE                             | FEC/NAC     | EDAD | CLUB            | LUGAR          | PAIS | FECHA       | EVENTO      |
|-------|-------|------|------------------------------------|-------------|------|-----------------|----------------|------|-------------|-------------|
| 1     | 7.59  |      | Angelo Iannuzzelli Carmona         | 10-abr-1970 | 22   | Individual      | Xuixquilucan   | MEX  | 26-mar-1992 | Torneo      |
| 2     | 7.36  | 0.0  | Esteban Josué Ibáñez Guevara       | 5-dic-2000  | 22   | CAS             | San Salvador   | ESA  | 3-sep-2023  | CNMayor     |
| 3     | 7.24  | 1.6  | Víctor Andrés Steiner Jacoby       | 17-ago-2001 | 20   | South Florida   | San José       | CRC  | 27-jun-2021 | CAMayor     |
| 4     | 7.09  |      | Santiago Heriberto Mellado         | 6-abr-1963  | 19   | Individual      | St. Angelo     | USA  | 1-may-1982  | Torneo      |
| 5     | 7.08  |      | Mauricio Carranza Rivas            | 2-feb-1965  | 22   | UES             | San Salvador   | ESA  | 22-jun-1987 | Torneo      |
| 6     | 7.04  |      | Julio Cesar Roque Morales          | 25-oct-1977 | 19   | Juvel           | San Salvador   | ESA  | 12-jul-1996 | CACJuvenil  |
| 7     | 6.99  | 0.0  | Fernando Manuel Reyes Melgar       | 13-jul-2004 | 17   | New Dreamers    | San Salvador   | ESA  | 19-mar-2022 | Torneo      |
| 8     | 6.98  |      | Yehefri Benjamin Vides             | 27-sep-1985 | 18   | Las Aguilas     | San Salvador   | ESA  | 1-may-2004  | Torneo      |
| 9     | 6.86  |      | Francisco Colorado                 | 16-oct-1967 | 19   | Individual      | San Salvador   | ESA  | 22-jun-1987 | Torneo      |
| 10    | 6.81  | (i)  | Renan Alejandro Palma Bernabe      | 13-oct-1990 | 21   | U.Arlington     | College St, TX | USA  | 15-ene-2011 | TexasA&M    |
| 11    | 6.78  | 1.5  | Piero Rafael Braghieri Peralta     | 2-oct-2002  | 18   | Olimpicus       | San Salvador   | ESA  | 5-jun-2021  | CNMayor     |
| 12    | 6.75  |      | Danny Elías Menjívar               | 3-ene-1980  | 17   | Jopaflo         | Guatemala      | GUA  | 20-jun-1997 | CAJuvenil   |
| 13    | 6.69  | 0.8  | Mario Alejandro Mancía Zepeda      | 13-abr-1993 | 24   | Santa Ana       | San Salvador   | ESA  | 14-may-2017 | Torneo      |
| 14    | 6.68  |      | Eduardo Chandier                   |             |      | SAS             | San Salvador   | ESA  | 28-sep-1985 | CNMayor     |
| 15    | 6.66  |      | Kevin Josué Zelaya Peña            | 30-jul-1996 | 14   | Athletics Beans | San Salvador   | ESA  | 18-jun-2011 | CAJuvenil   |
| 16    | 6.61  |      | Arnoldo Morales                    |             |      | Individual      | San Salvador   | ESA  | 5-ago-1959  | CNMayor     |
| 17    | 6.60  | (i)  | Ariel Enrique Molina Viscarra      | 26-may-2005 | 20   | U.Winsconsin    | Saginaw, MI    | USA  | 1-mar-2026  | GLIACICH    |
| 18    | 6.59  |      | Julio Miguel Aguirre Cabrera       | 19-jun-1986 | 17   | Juvel           | San Salvador   | ESA  | 28-may-2004 | CNJvenil    |
| 19    | 6.58  |      | Walter Mauricio Payes              | 17-jul-1985 | 18   | Santa Ana       | San Salvador   | ESA  | 16-ago-2003 | CNJvenil    |
| 20    | 6.57  |      | Nestor Oswaldo Meza Orellana       | 9-ene-1988  | 19   | Olimpicus       | San Salvador   | ESA  | 26-may-2007 | CAJuvenil   |
| 21    | 6.55  |      | Samuel Abarca                      | 1-ene-1956  | 21   | Individual      | San Salvador   | ESA  | 30-nov-1977 | JuegosCA    |
| 22    | 6.55  |      | José Miguel Ramos Quiroz           | 9-ene-1996  | 17   | Trojans         | San José       | CRC  | 24-may-2013 | CAJuvenil   |
| 23    | 6.54  |      | Marlon Eduardo Colorado Bustamante | 6-mar-1992  | 17   | Olimpicus       | San Salvador   | ESA  | 16-may-2009 | CAJuvenil   |
| 24    | 6.46  |      | Rolando Arturo Ayala Hernández     | 10-abr-1991 | 19   | Olimpicus       | Guatemala      | GUA  | 23-jul-2010 | Torneo      |
| 25    | 6.45  |      | Fernando Eugenio Mendoza           | 8-ago-1986  | 17   | Santa Ana       | San Salvador   | ESA  | 18-sep-2003 | Estudiantil |
| 26    | 6.44  |      | Mario Luis Ronquillo Gomez         | 5-jun-1999  | 17   | Santa Ana       | San Salvador   | ESA  | 22-abr-2017 | CNJvenil    |
| 27    | 6.43  |      | José Adalberto Posada Bazan        | 6-mar-1996  | 19   | Santa Ana       | San Salvador   | ESA  | 18-abr-2015 | Torneo      |
| 28    | 6.43  | -0.5 | José Adalberto Chorro Figueroa     | 1-dic-1993  | 24   | Olimpicus       | Tegucigalpa    | HON  | 30-jun-2017 | CAMayor     |
| 29    | 6.38  |      | Antonio Quan                       | 28-jul-1943 | 24   | Individual      | Guatemala      | GUA  | 7-abr-1967  | Torneo      |
| 30    | 6.38  |      | Nelson de Leon                     |             |      | Individual      | Guatemala      | GUA  | 6-nov-1980  | CAMayor     |
| 31    | 6.38  |      | Natan Armando Rivera Alas          | 12-dic-1998 | 18   | Projuves        | San Salvador   | ESA  | 23-sep-2017 | Torneo      |



Angelo Iannuzzelli



Esteban Ibáñez



Víctor Steiner

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

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### SALTO TRIPLE (+12.74m)

| LUGAR | MARCA | W   | NOMBRE                             | FEC/NAC     | EDAD | CLUB            | LUGAR          | PAIS | FECHA       | EVENTO      |
|-------|-------|-----|------------------------------------|-------------|------|-----------------|----------------|------|-------------|-------------|
| 1     | 15.78 | 1.9 | Fernando Manuel Reyes Melgar       | 13-jul-2004 | 18   | New Dreamers    | Quetzaltenango | GUA  | 21-oct-2025 | JuegosCA    |
| 2     | 14.81 | 1.3 | Marcos Daniel Ibáñez Guevara       | 27-oct-1999 | 19   | Sanjatts Sport  | San Salvador   | ESA  | 21-abr-2018 | CNMayor     |
| 3     | 14.49 | 0.0 | Víctor Andrés Steiner Jacoby       | 17-ago-2001 | 17   | Athletics Beans | San Salvador   | ESA  | 1-jun-2018  | CAJuvenil   |
| 4     | 14.37 |     | Yehefri Benjamin Vides             | 27-sep-1985 | 19   | Las Aguilas     | San Salvador   | ESA  | 2-may-2004  | Torneo      |
| 5     | 14.32 |     | Mauricio Carranza Rivas            | 2-feb-1965  | 28   | Individual      | Tegucigalpa    | HON  | 27-mar-1993 | Torneo      |
| 6     | 14.09 |     | Samuel Abarca                      | 1-ene-1956  | 21   | Individual      | San Salvador   | ESA  | 30-nov-1977 | JuegosCA    |
| 7     | 13.96 |     | Julio Miguel Aguirre Cabrera       | 19-jun-1986 | 19   | Olimpicus       | San Salvador   | ESA  | 1-may-2005  | CNJvenil    |
| 8     | 13.95 |     | Ramón Américo López                |             |      | Individual      | San Salvador   | ESA  | 27-jun-1964 | Torneo      |
| 9     | 13.91 |     | Kevin Josué Zelaya Peña            | 30-jul-1996 | 15   | Athletics Beans | San Salvador   | ESA  | 7-sep-2011  | Codicader   |
| 10    | 13.86 |     | Ernesto Alejandro Selva Flores     | 8-abr-1979  | 24   | Juvel           | San Salvador   | ESA  | 7-jun-2003  | Torneo      |
| 11    | 13.80 |     | Arnoldo Morales                    |             |      | Individual      | Guatemala      | GUA  | 30-ago-1959 | Torneo      |
| 12    | 13.57 |     | Oscar Andrés Montes Berdugo        | 16-ene-1991 | 16   | Leones          | San Salvador   | ESA  | 18-mar-2007 | Torneo      |
| 13    | 13.55 | 1.7 | Jorge Luis Montano Hernández       | 12-abr-2006 | 16   | New Dreamers    | Managua        | NCA  | 17-jun-2022 | CAJuvenil   |
| 14    | 13.51 |     | Nelson de Leon                     |             |      | Individual      | Guatemala      | GUA  | 6-nov-1980  | CAMayor     |
| 15    | 13.40 |     | Pablo Andrés Ibáñez Guevara        | 28-oct-1998 | 15   | Sanjatts        | San Salvador   | ESA  | 26-abr-2014 | CNJvenil    |
| 17    | 13.39 |     | Rogelio Javier Campos              |             |      | Individual      | Panama         | PAN  | 12-ago-1999 | Codicader   |
| 16    | 13.39 | 1.5 | José Miguel Ramos Quiroz           | 9-ene-1996  | 17   | Trojans         | San José       | CRC  | 26-may-2013 | CAJuvenil   |
| 18    | 13.34 |     | Rafael Enrique García de Leon      | 6-mar-1978  | 18   | GyL             | San Salvador   | ESA  | 14-jul-1996 | CACJuvenil  |
| 19    | 13.24 |     | Rene Fernando Guzman Reyes         | 20-jun-2000 | 16   | Athletics Beans | San Salvador   | ESA  | 18-may-2017 | Estudiantil |
| 21    | 13.15 |     | Oscar Morales                      |             |      | Individual      | Panama         | PAN  | 8-feb-1938  | JuegosCAC   |
| 20    | 13.15 |     | Eliberto Dionet Quijada            | 13-oct-1990 | 15   | Las Aguilas     | Guatemala      | GUA  | 12-may-2006 | CAJuvenil   |
| 23    | 13.08 |     | Luis Alberto Díaz                  | 27-may-1987 | 17   | Juvel           | Managua        | NCA  | 19-sep-2004 | Codicader   |
| 22    | 13.08 | 0.6 | Ariel Enrique Molina Viscarra      | 26-may-2005 | 18   | Athletics Beans | San Salvador   | ESA  | 21-abr-2024 | CNJvenil    |
| 24    | 13.07 | 1.1 | Abner Fabricio García Serrano      | 24-feb-2006 | 16   | Athletics Beans | Managua        | NCA  | 17-jun-2022 | CAJuvenil   |
| 25    | 13.04 |     | Nestor Oswaldo Meza Orellana       | 9-ene-1988  | 17   | Olimpicus       | San Salvador   | ESA  | 18-ago-2005 | Torneo      |
| 26    | 12.97 |     | Víctor Hugo Hurtarte               | 7-feb-1996  | 16   | Athletics Beans | San Salvador   | ESA  | 15-may-2012 | Estudiantil |
| 27    | 12.90 |     | Marlon Eduardo Colorado Bustamante | 6-mar-1992  | 24   | Projuves        | San Salvador   | ESA  | 4-mar-2017  | Torneo      |
| 28    | 12.85 |     | Roberto Quan                       |             |      | Individual      | San Salvador   | ESA  | 18-sep-1965 | CAMayor     |
| 29    | 12.76 |     | Pedro Daniel Figueroa Flores       | 19-may-1991 | 17   | Olimpicus       | San Salvador   | ESA  | 20-jul-2008 | CAJuvenil   |
| 30    | 12.74 |     | Luis Carlos Montoya Zuleta         | 17-dic-1990 | 16   | Leones          | San Salvador   | ESA  | 27-may-2007 | CAJuvenil   |



Fernando Reyes



Marcos Ibáñez



Víctor Steiner

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

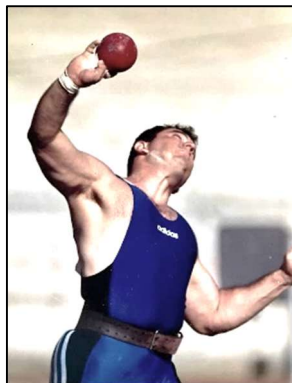
Creado por: *Carlos Clemente, Estadístico e Historiador*. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### IMPULSION DE BALA (7.2k)(+11.63m)

| LUGAR | MARCA | NOMBRE                                | FEC/NAC     | EDAD | CLUB             | LUGAR        | PAIS | FECHA       | EVENTO     |
|-------|-------|---------------------------------------|-------------|------|------------------|--------------|------|-------------|------------|
| 1     | 18.93 | Carlos Alfredo Avilés                 | 20-ene-2001 | 21   | Ohio State Univ. | Columbus, OH | USA  | 23-abr-2022 | JesseOwens |
| 2     | 16.47 | Jaime Gerardo Comandari Zanotti       | 26-dic-1965 | 33   | Individual       | México, DF   | MEX  | 19-jun-1999 | Torneo     |
| 3     | 14.52 | José Castillo Escobar                 | 24-feb-1965 | 28   | Individual       | San Salvador | ESA  | 18-ene-1994 | JuegosCA   |
| 4     | 14.46 | Mauricio Jubis Zacarías               | 2-dic-1945  | 27   | Individual       | San Salvador | ESA  | 22-sep-1973 | Torneo     |
| 5     | 14.46 | Ernesto Alfonso Argumedo              | 26-feb-1974 | 24   | Juvel            | San Salvador | ESA  | 18-jul-1998 | CopaESA    |
| 6     | 14.00 | Erick Vladimir Rivas Melendez         | 14-ago-1966 | 33   | UES              | Guatemala    | GUA  | 26-sep-1999 | Torneo     |
| 7     | 13.95 | Dennis Andrés Duran Quintanilla       | 15-oct-1992 | 20   | Individual       | San José     | CRC  | 2-feb-2013  | Torneo     |
| 8     | 13.74 | Oscar Osmin Marquez Argueta           | 6-ene-1985  | 31   | Projuves         | Guatemala    | GUA  | 14-oct-2016 | LaPedrera  |
| 9     | 13.72 | Herberth Mauricio Rodríguez           | 15-dic-1967 | 27   | Individual       | San Salvador | ESA  | 16-dic-1994 | CopaESA    |
| 10    | 13.53 | Gustavo Eduardo Ponce                 | 17-jul-1976 | 18   | Individual       | Guatemala    | GUA  | 29-jul-1994 | Torneo     |
| 11    | 13.46 | Juan Enrique Galdamez                 | 31-jul-1955 | 30   | ENA              | Guatemala    | GUA  | 12-ene-1986 | Torneo     |
| 12    | 13.29 | Ronald Alexander Alvarenga Valladares | 31-ene-1994 | 19   | Individual       | San Salvador | ESA  | 9-jun-2013  | CNMayor    |
| 13    | 13.10 | David Orlando Leiva                   | 10-nov-1968 | 20   | ALAC             | San Salvador | ESA  | 19-ago-1989 | Torneo     |
| 14    | 13.00 | Fernando José Palomo                  | 19-nov-1972 | 24   | Individual       | San Salvador | ESA  | 1-ene-1997  | Torneo     |
| 15    | 12.93 | Juan Enrique Galdamez García          | 22-feb-1986 | 22   | Green Dreams     | San Salvador | ESA  | 21-jun-2008 | CACUniver  |
| 16    | 12.82 | Joaquín Rodas Peña                    | 24-oct-1949 | 23   | Individual       | San Salvador | ESA  | 16-jul-1973 | CAMayor    |
| 17    | 12.62 | Gerardo José Flores Esquivel          | 16-oct-1995 | 22   | Projuves         | San Salvador | ESA  | 24-feb-2018 | Torneo     |
| 18    | 12.51 | José Comandari David                  | 19-ene-1967 | 22   | Individual       | San Salvador | ESA  | 17-jun-1989 | Torneo     |
| 19    | 12.03 | Julio Noltenius Velásquez             |             |      | Individual       | Mexico DF    | MEX  | 6-mar-1954  | JuegosCAC  |
| 20    | 11.96 | Mario Portillo                        |             |      | Individual       | San Salvador | ESA  | 21-abr-1997 | Torneo     |
| 21    | 11.95 | Kevin Rafael Linares Mendez           | 6-feb-1995  | 21   | Sanjatts Sport   | Tegucigalpa  | HON  | 20-abr-2016 | Juduca     |
| 22    | 11.89 | Esteban Josué Ibáñez Guevara          | 5-dic-2000  | 23   | CAS              | San Salvador | ESA  | 28-jun-2024 | CAMayor    |
| 23    | 11.88 | Walter Vladimir Hernández             | 1-ene-1975  | 19   | Individual       | San Salvador | ESA  | 24-jun-1994 | CAInfJuv   |
| 24    | 11.81 | Jorge Merlos                          |             |      | SAS              | San Salvador | ESA  | 5-nov-1985  | Torneo     |
| 25    | 11.75 | Juan Carlos de Leon                   | 5-dic-1988  | 16   | Olimpicus        | San Salvador | ESA  | 14-may-2005 | CNMayor    |
| 26    | 11.71 | Ricardo Quiñonez                      |             |      | Individual       | San Salvador | ESA  | 17-mar-1935 | JuegosCAC  |
| 27    | 11.71 | Diego José Ascencio Recinos           | 7-jun-1997  | 19   | Individual       | San Salvador | ESA  | 25-mar-2017 | Torneo     |
| 28    | 11.69 | Oscar Portillo                        |             |      | Individual       | San Salvador | ESA  | 29-nov-1977 | JuegosCA   |
| 29    | 11.65 | Herbert Alexander Portillo Galan      | 4-oct-1990  | 24   | Individual       | San Salvador | ESA  | 18-abr-2015 | Torneo     |
| 30    | 11.63 | Santiago Heriberto Mellado            | 6-abr-1963  | 25   | Individual       | Seul         | KOR  | 28-sep-1988 | JOlimpicos |



Carlos Avilés



Jaime Comandari



José Castillo

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: **Carlos Clemente, Estadístico e Historiador**. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### MARCAS JUVENILES

(6k)

| LUGAR | MARCA | NOMBRE                               | FEC/NAC     | EDAD | CLUB       | LUGAR        | PAIS | FECHA       | EVENTO    |
|-------|-------|--------------------------------------|-------------|------|------------|--------------|------|-------------|-----------|
| 1     | 16.77 | Mathias Tobar Valladares             | 7-nov-2008  | 17   | Individual | San Salvador | ESA  | 18-abr-2026 | CNJuvenil |
| 2     | 16.56 | Carlos Alfredo Avilés                | 20-ene-2001 | 18   | Individual | San José     | CRC  | 21-jul-2019 | PANAMU20  |
| 3     | 15.63 | Ronal Alexander Alvarenga Valladares | 31-ene-1994 | 19   | Individual | San José     | CRC  | 24-may-2013 | CAJuvenil |
| 4     | 15.01 | Dennis Andrés Duran Quintanilla      | 15-oct-1992 | 18   | Individual | San Salvador | ESA  | 18-jun-2011 | CAJuvenil |
| 5     | 13.89 | Enrique Anibal Martinez Flores       | 12-oct-1998 | 18   | Individual | Managua      | NCA  | 28-jul-2017 | CAJuvenil |

(5k)

| LUGAR | MARCA | NOMBRE                                | FEC/NAC     | EDAD | CLUB            | LUGAR        | PAIS | FECHA       | EVENTO       |
|-------|-------|---------------------------------------|-------------|------|-----------------|--------------|------|-------------|--------------|
| 1     | 18.03 | Mathias Tobar Valladares              | 7-nov-2008  | 16   | Individual      | Cordoba      | COL  | 3-nov-2025  | CACEstudiant |
| 2     | 15.55 | Rene Alejandro Uceda Rodríguez        | 14-ago-2009 | 16   | Trojans         | San Salvador | ESA  | 20-jun-2026 | Torneo       |
| 3     | 15.33 | Carlo Andrés Aguilar Gonzalez         | 1-jul-2004  | 16   | Individual      | San Salvador | ESA  | 5-jun-2021  | CNMayor      |
| 4     | 15.08 | Ronald Alexander Alvarenga Valladares | 31-ene-1994 | 17   | Athletics Beans | San Salvador | ESA  | 5-sep-2011  | Codicader    |
| 5     | 14.89 | Juan Enrique Galdamez García          | 22-feb-1986 | 17   | Leones          | Tegucigalpa  | HON  | 17-oct-2003 | Codicader    |



Mathias Tobar



Carlos Avilés



Ronald Alvarenga



Rene Uceda



Carlo Aguilar

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

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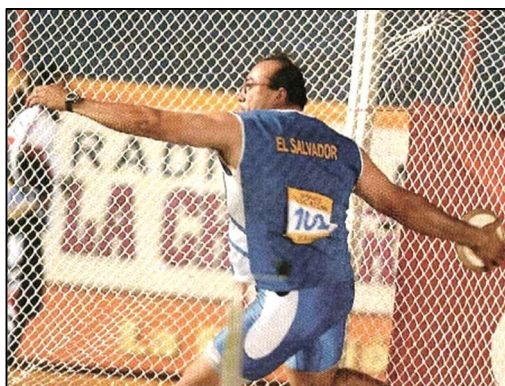
Creado por: *Carlos Clemente, Estadístico e Historiador*. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### LANZAMIENTO DE DISCO (2.0k)(+33.87m)

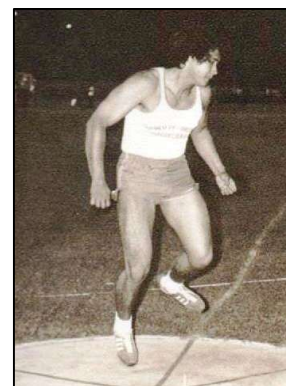
| LUGAR | MARCA | NOMBRE                                | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO     |
|-------|-------|---------------------------------------|-------------|------|------------------|----------------|------|-------------|------------|
| 1     | 59.14 | Carlos Alfredo Avilés                 | 20-ene-2001 | 23   | Ohio State Univ. | Louisville, KY | USA  | 27-abr-2024 | Clarkwood  |
| 2     | 55.54 | Herberth Mauricio Rodríguez           | 15-dic-1967 | 24   | Individual       | Inglewood, CA  | USA  | 28-jul-1991 | Torneo     |
| 3     | 46.72 | Joaquín Rodas Peña                    | 24-oct-1949 | 25   | Individual       | Santo Domingo  | DOM  | 6-mar-1974  | JuegosCAC  |
| 4     | 46.25 | Juan Enrique Galdámez García          | 22-feb-1986 | 25   | Individual       | Guatemala      | GUA  | 4-jun-2011  | Torneo     |
| 5     | 45.03 | Enrique Anibal Martínez Flores        | 12-oct-1998 | 19   | Individual       | Managua        | NCA  | 10-dic-2017 | JuegosCA   |
| 6     | 44.10 | Jaime Gerardo Comandari Zanotti       | 26-dic-1965 | 36   | Individual       | San Salvador   | ESA  | 1-sep-1997  | Torneo     |
| 7     | 43.14 | Erick Vladimir Rivas Melendez         | 14-ago-1966 | 35   | Individual       | Guatemala      | GUA  | 2-dic-2001  | JuegosCA   |
| 8     | 42.07 | Oscar Osmin Marquez Argueta           | 6-ene-1985  | 29   | Projuves         | San Salvador   | ESA  | 30-may-2014 | CNMayor    |
| 9     | 41.90 | Mauricio Jubis Zacarías               | 2-dic-1945  | 28   | Individual       | Guatemala      | GUA  | 29-nov-1973 | JuegosCA   |
| 10    | 41.22 | Fernando José Palomo                  | 19-nov-1972 | 24   | Individual       | San Salvador   | ESA  | 1-ene-1997  | Torneo     |
| 11    | 41.18 | Milton Avalos                         |             |      | Individual       | San José       | CRC  | 24-jul-1975 | CAJuvenil  |
| 12    | 40.24 | Walter Vladimir Hernández             | 31-ene-1975 | 19   | Individual       | San Salvador   | ESA  | 24-jun-1994 | CAInfJuv   |
| 13    | 40.12 | Ernesto José Melendez                 | 18-may-1954 | 31   | Juvel            | San Salvador   | ESA  | 1-dic-1985  | Torneo     |
| 14    | 38.98 | Carlos Eduardo Hasbun Zablah          | 27-sep-1949 | 23   | Individual       | Panama         | PAN  | 24-nov-1972 | CAMayor    |
| 15    | 38.60 | José Castillo Escobar                 | 24-feb-1965 | 22   | Individual       | San Salvador   | ESA  | 1987        | Torneo     |
| 16    | 38.57 | Kevin Rafael Linares Mendez           | 6-feb-1995  | 22   | Sanjatts Sport   | Tegucigalpa    | HON  | 30-jun-2017 | CAMayor    |
| 17    | 37.89 | Gerardo José Flores Esquivel          | 16-oct-1995 | 20   | Individual       | San Salvador   | ESA  | 17-jun-2016 | CAMayor    |
| 18    | 37.88 | José David Comandari                  | 19-ene-1967 | 20   | Individual       | San Salvador   | ESA  | 1987        | Torneo     |
| 19    | 37.62 | Víctor Manuel Castañeda               |             |      | Individual       | San Salvador   | ESA  | 30-oct-1949 | Torneo     |
| 20    | 37.52 | Santiago Heriberto Mellado            | 6-abr-1963  | 25   | Individual       | Seul           | KOR  | 29-sep-1988 | JOLimpicos |
| 21    | 35.73 | Ernesto Alejandro Callejas Menjivar   | 16-sep-1989 | 27   | Projuves         | San Salvador   | ESA  | 14-may-2017 | Torneo     |
| 22    | 35.50 | Oscar Bolaños                         |             |      | Rio Zarco        | San Salvador   | ESA  | 16-nov-1985 | Torneo     |
| 23    | 35.50 | Josué Benjamin Rivera López           | 17-abr-1986 | 38   | ACSA Santa Ana   | San Salvador   | ESA  | 12-abr-2025 | Torneo     |
| 24    | 34.80 | Rafael Francisco Callejas Molina      | 8-mar-2001  | 16   | Santa Ana        | San Salvador   | ESA  | 14-oct-2017 | CNMayor    |
| 25    | 34.74 | Juan Enrique Galdámez                 | 31-jul-1955 | 30   | ENA              | San Salvador   | ESA  | 29-sep-1985 | CNMayor    |
| 26    | 34.63 | Cristian Gilberto Jovel               | 18-jun-1990 | 17   | Tepetitán        | San Salvador   | ESA  | 7-jun-2008  | CNMayor    |
| 27    | 34.57 | Rudy Aguilar Ruano                    | 15-ago-1956 | 24   | Individual       | Guatemala      | GUA  | 6-nov-1980  | CAMayor    |
| 28    | 34.54 | Ronald Alexander Alvarenga Valladares | 31-ene-1994 | 18   | Individual       | San Salvador   | ESA  | 24-mar-2012 | Torneo     |
| 29    | 33.91 | Dennis Andrés Duran Quintanilla       | 15-oct-1992 | 20   | Individual       | San Salvador   | ESA  | 6-abr-2013  | Torneo     |
| 30    | 33.87 | Esteban Josué Ibáñez Guevara          | 5-dic-2000  | 21   | CAS              | San Salvador   | ESA  | 23-oct-2022 | Torneo     |



Carlos Avilés



Herberth Rodríguez



Joaquín Rodas

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: **Carlos Clemente, Estadístico e Historiador**. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

### MARCAS JUVENILES

(1.75k)

| LUGAR | MARCA | NOMBRE                          | FEC/NAC     | EDAD | CLUB       | LUGAR        | PAIS | FECHA       | EVENTO     |
|-------|-------|---------------------------------|-------------|------|------------|--------------|------|-------------|------------|
| 1     | 47.03 | Enrique Anibal Martinez Flores  | 12-oct-1998 | 18   | Projuves   | Managua      | NCA  | 28-jul-2017 | CAJuvenil  |
| 2     | 45.54 | Carlos Alfredo Avilés           | 20-ene-2001 | 18   | Individual | San José     | CRC  | 19-jul-2019 | PanamU20   |
| 3     | 42.57 | Víctor Manuel Argueta Marroquin | 16-ene-2000 | 18   | Cuscatlan  | San Salvador | ESA  | 22-abr-2018 | CNJjuvenil |
| 4     | 39.47 | Carlo Andrés Aguilar Gonzalez   | 1-jul-2004  | 17   | Individual | San Salvador | ESA  | 15-may-2022 | CNJjuvenil |
| 5     | 38.46 | Cristian Gilberto Jovel         | 18-jun-1990 | 18   | Tepetitan  | San Salvador | ESA  | 16-may-2009 | CAJuvenil  |

(1.5k)

| LUGAR | MARCA | NOMBRE                           | FEC/NAC     | EDAD | CLUB       | LUGAR        | PAIS | FECHA       | EVENTO     |
|-------|-------|----------------------------------|-------------|------|------------|--------------|------|-------------|------------|
| 1     | 46.09 | Mathias Tobar Valladares         | 7-nov-2008  | 16   | Individual | San Salvador | ESA  | 4-may-2025  | CNJjuvenil |
| 2     | 44.90 | Enrique Anibal Martinez Flores   | 12-oct-1998 | 16   | Projuves   | San Salvador | ESA  | 19-abr-2015 | Torneo     |
| 3     | 44.16 | Rafael Francisco Callejas Molina | 8-mar-2001  | 17   | Projuves   | San Salvador | ESA  | 25-mar-2018 | Torneo     |
| 4     | 43.60 | Juan Enrique Galdamez García     | 22-feb-1986 | 17   | Leones     | Tegucigalpa  | HON  | 17-oct-2003 | Codicader  |
| 5     | 41.82 | Carlos Alejandro Escobar Ortiz   | 1-abr-1992  | 17   | Santa Ana  | San Salvador | ESA  | 5-abr-2009  | Torneo     |



Enrique Martínez



Carlos Aviles



Mathias Tobar

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### LANZAMIENTO DE MARTILLO (7.2k)(+33.98m)

| LUGAR | MARCA | NOMBRE                              | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO     |
|-------|-------|-------------------------------------|-------------|------|------------------|----------------|------|-------------|------------|
| 1     | 61.30 | David Antonio Ayala Abrego          | 27-mar-2004 | 21   | AdN              | San Salvador   | ESA  | 30-mar-2025 | Torneo     |
| 2     | 61.13 | Enrique Anibal Martinez Flores      | 12-oct-1998 | 20   | Individual       | Canyon, TX     | USA  | 7-abr-2018  | WESTTX     |
| 3     | 56.63 | Guillermo Enrique Morales           | 19-dic-1970 | 27   | BFA              | San Salvador   | ESA  | 4-jul-1998  | CNMayor    |
| 4     | 54.86 | Vicente Ernesto Franco              | 13-dic-1978 | 23   | Individual       | Santa Ana      | ESA  | 28-sep-2002 | Torneo     |
| 5     | 52.20 | Kevin Rafael Linares Mendez         | 6-feb-1995  | 22   | Sanjatts Sport   | Guatemala      | GUA  | 25-nov-2017 | Torneo     |
| 6     | 52.18 | Carlos Alfredo Avilés               | 20-ene-2001 | 21   | Ohio State Univ. | Columbia, SC   | USA  | 23-abr-2022 | JESSEOWENS |
| 7     | 49.02 | Juan Pedro Varela                   | 27-feb-1954 | 19   | Juvel            | San Salvador   | ESA  | 27-ene-1974 | Torneo     |
| 8     | 47.61 | Ernesto Alfonso Argumedo            | 26-feb-1974 | 20   | Individual       | San Salvador   | ESA  | 16-dic-1994 | Torneo     |
| 9     | 46.56 | Erick Vladimir Rivas Melendez       | 14-ago-1966 | 31   | UES              | San Salvador   | ESA  | 4-jul-1998  | CNMayor    |
| 10    | 46.40 | Simon Arturo Kafie                  | 5-mar-1967  | 23   | UDB              | Guatemala      | GUA  | 25-abr-1990 | Torneo     |
| 11    | 45.88 | Ernesto Alejandro Callejas Menjivar | 16-sep-1989 | 27   | Projuves         | Guatemala      | GUA  | 14-oct-2016 | LaPedrera  |
| 12    | 45.50 | Carlos Eduardo Hasbun Zablah        | 27-sep-1949 | 22   | Individual       | San Salvador   | ESA  | 10-sep-1972 | Torneo     |
| 13    | 44.54 | José Antonio Ramos                  | 1-ene-1953  | 20   | Individual       | San Salvador   | ESA  | 14-oct-1973 | Torneo     |
| 14    | 44.24 | Herberth Mauricio Rodríguez         | 15-dic-1967 | 30   | NJS              | Piscataway, NJ | USA  | 6-jun-1998  | USATFCH    |
| 15    | 42.85 | Alexis José Ramos Grande            | 30-sep-1982 | 21   | Las Aguilas      | San Salvador   | ESA  | 1-may-2004  | Torneo     |
| 16    | 42.28 | Carlos Alberto Barahona             | 1-ene-1957  | 19   | Individual       | Guatemala      | GUA  | 7-nov-1976  | CAJuvenil  |
| 17    | 41.62 | Lew Fraser Torres                   | 8-ene-1966  | 18   | UCA              | Guatemala      | GUA  | 15-ago-1984 | CAMayor    |
| 18    | 40.35 | Leonardo Josué Escobar              | 1-ene-1985  | 21   | UCA              | San Salvador   | ESA  | 4-jun-2006  | Torneo     |
| 19    | 40.01 | Juan Enrique Galdamez García        | 22-feb-1986 | 19   | Leones           | San Salvador   | ESA  | 21-oct-2005 | Chequeo    |
| 20    | 39.60 | Luis Andreu                         |             |      | Individual       | San Salvador   | ESA  | 17-oct-1937 | Torneo     |
| 21    | 39.60 | Nahum Zaldaña                       |             |      | Sufesa           | San Salvador   | ESA  | 13-abr-2002 | Torneo     |
| 22    | 38.34 | Sergio Rodríguez                    |             |      | Barahona Brass   | San Salvador   | ESA  | 10-ago-1996 | CNMayor    |
| 23    | 37.76 | Vladimir Díaz                       | 14-ene-1972 | 19   | Individual       | Guatemala      | GUA  | 10-oct-1991 | CAJuvenil  |
| 24    | 37.66 | Gustavo Eduardo Ponce               | 17-jul-1976 | 19   | Individual       | San Salvador   | ESA  | 20-ago-1995 | Torneo     |
| 25    | 37.16 | Jorge Contreras                     |             |      | Individual       | San Salvador   | ESA  | 11-jul-1972 | Torneo     |
| 26    | 36.74 | Raul Paredes                        | 1-ene-1965  | 20   | Aetos            | San Salvador   | ESA  | 5-nov-1985  | Torneo     |
| 27    | 36.45 | Francisco Andrés Cornejo Velasco    | 20-sep-1998 | 19   | Sanjatts Sport   | San Salvador   | ESA  | 23-jun-2018 | CNMayor    |
| 28    | 36.02 | Juan Carlos Zamora                  |             |      | Individual       | San Salvador   | ESA  | 8-jul-1995  | CNJuvénil  |
| 29    | 35.44 | Fernando José Palomo                | 19-nov-1972 | 23   | Individual       | Austin, TX     | USA  | 20-abr-1996 | Torneo     |
| 30    | 34.63 | Josué Eliazar Juárez                | 8-ago-1987  | 17   | Yuri             | San Salvador   | ESA  | 30-abr-2005 | CNJuvénil  |



David Ayala



Enrique Martínez



Guillermo Morales

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### MARCAS JUVENILES

(6k)

| LUGAR | MARCA | NOMBRE                           | FEC/NAC     | EDAD | CLUB           | LUGAR        | PAIS | FECHA       | EVENTO     |
|-------|-------|----------------------------------|-------------|------|----------------|--------------|------|-------------|------------|
| 1     | 65.21 | David Antonio Ayala Abrego       | 27-mar-2004 | 19   | Individual     | San Salvador | ESA  | 16-abr-2023 | CNJvenil   |
| 2     | 64.24 | Enrique Anibal Martinez Flores   | 12-oct-1998 | 18   | Projuves       | Managua      | NCA  | 30-jul-2017 | CAJuvenil  |
| 3     | 47.01 | Alexis Manahem Sanchez Colindres | 5-jun-2002  | 17   | ACSA Santa Ana | San Salvador | ESA  | 29-feb-2020 | Torneo     |
| 4     | 45.29 | Kevin Rafael Linares Mendez      | 6-feb-1995  | 19   | Sanjatts       | Morelia      | MEX  | 4-jul-2014  | CACJuvenil |
| 5     | 44.59 | Francisco Andrés Cornejo Velasco | 20-sep-1998 | 18   | Sanjatts Sport | San Salvador | ESA  | 15-jul-2017 | Torneo     |

(5k)

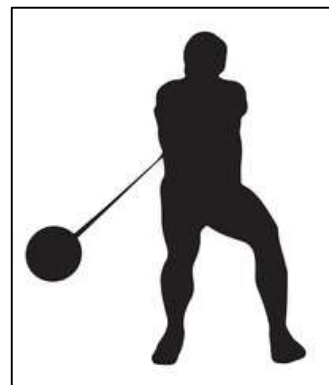
| LUGAR | MARCA | NOMBRE                           | FEC/NAC     | EDAD | CLUB           | LUGAR        | PAIS | FECHA       | EVENTO      |
|-------|-------|----------------------------------|-------------|------|----------------|--------------|------|-------------|-------------|
| 1     | 67.31 | David Antonio Ayala Abrego       | 27-mar-2004 | 17   | Betania        | San José     | CRC  | 11-jul-2021 | NACACU18U23 |
| 2     | 59.51 | Enrique Anibal Martinez Flores   | 12-oct-1998 | 16   | Projuves       | San Salvador | ESA  | 12-jun-2015 | CAJuvenil   |
| 3     | 55.20 | Alexis Manahem Sanchez Colindres | 5-jun-2002  | 16   | Santa Ana ACSA | San Salvador | ESA  | 27-abr-2019 | CNJvenil    |
| 4     | 46.56 | Kevin Rafael Linares Mendez      | 6-feb-1995  | 17   | Sanjatts       | San Salvador | ESA  | 27-sep-2012 | Codicader   |
| 5     | 45.84 | Alejandro Daniel Flores Valencia | 24-nov-2000 | 16   | Projuves       | San Salvador | ESA  | 25-mar-2017 | Torneo      |



David Ayala



Enrique Martínez



Alexis Sanchez

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

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### LANZAMIENTO DE JABALINA (800g)(+45.90m)

| LUGAR | MARCA | NOMBRE                           | FEC/NAC     | EDAD | CLUB         | LUGAR         | PAIS | FECHA       | EVENTO     |
|-------|-------|----------------------------------|-------------|------|--------------|---------------|------|-------------|------------|
| 1     | 72.70 | Fernando José Palomo             | 19-nov-1972 | 25   | Individual   | Maracaibo     | VEN  | 19-ago-1998 | JuegosCAC  |
| 2     | 65.73 | Manuel Enrique Nuila Pacas       | 19-abr-1977 | 21   | Individual   | San Salvador  | ESA  | 20-mar-1999 | Torneo     |
| 3     | 63.14 | Rudy Aguilar Ruano               | 15-ago-1956 | 24   | Individual   | Guatemala     | GUA  | 7-nov-1980  | CAMayor    |
| 4     | 60.04 | Juan Enrique Galdamez            | 31-jul-1955 | 34   | ENA          | San Salvador  | ESA  | 1989        | Torneo     |
| 5     | 57.13 | Ivan Dagoberto Torres Paniagua   | 16-jun-1984 | 18   | Santa Ana    | San Salvador  | ESA  | 7-jun-2003  | Torneo     |
| 6     | 56.76 | Pablo Antonio Siliezar Artiga    | 23-nov-1993 | 21   | Individual   | San Salvador  | ESA  | 19-abr-2015 | Torneo     |
| 7     | 55.96 | Francisco José Rodríguez         | 1-ene-1972  | 23   | Juvel        | San Salvador  | ESA  | 1-abr-1995  | Torneo     |
| 8     | 55.94 | David Cabrera                    | 12-sep-1945 | 22   | Individual   | Guatemala     | GUA  | 5-oct-1967  | Torneo     |
| 9     | 55.42 | Santiago Heriberto Mellado       | 6-abr-1963  | 25   | Individual   | Seu           | KOR  | 29-sep-1988 | JOLimpicos |
| 10    | 54.24 | Rafael Antonio Gallardo Galdamez | 1-ene-1966  | 19   | Aetos        | San Salvador  | ESA  | 5-nov-1985  | Torneo     |
| 11    | 53.83 | Esteban Josué Ibáñez Guevara     | 5-dic-2000  | 23   | CAS          | Cuiba         | BRA  | 11-may-2024 | Ibero      |
| 12    | 53.19 | Ricardo Alfredo Cornejo Duran    | 11-ago-1999 | 21   | Projuves     | San Salvador  | ESA  | 1-feb-2020  | Torneo     |
| 13    | 53.05 | Luis Ernesto Aquino Salazar      | 26-jul-1986 | 17   | Las Aguilas  | San Salvador  | ESA  | 29-feb-2004 | Torneo     |
| 14    | 52.50 | Víctor Manuel Castañeda          |             |      | Individual   | Guatemala     | GUA  | 10-mar-1950 | JuegosCAC  |
| 15    | 52.44 | Rudy Bladimir Díaz               | 1-ene-1983  | 22   | San Miguel   | San Salvador  | ESA  | 19-feb-2005 | Torneo     |
| 16    | 50.39 | Jhonatan Josué Cardenas Arias    | 20-mar-2003 | 18   | Betania      | Managua       | NCA  | 31-jul-2021 | CAJuvenil  |
| 17    | 50.12 | José Saul Corado                 |             |      | Individual   | San Salvador  | ESA  | 1987        | Torneo     |
| 18    | 49.76 | Ernesto Aguilar                  |             |      | Individual   | San Salvador  | ESA  | 1-mar-1998  | Torneo     |
| 19    | 49.63 | Wilber Adonay Molina Corvera     | 9-jun-1996  | 22   | M Cojute     | San Salvador  | ESA  | 31-mar-2019 | Torneo     |
| 20    | 48.60 | Steven Wilfredo López Ayala      | 8-nov-1996  | 22   | M Cojute     | San Salvador  | ESA  | 3-mar-2019  | Torneo     |
| 21    | 48.56 | Ricardo Quiñonez                 |             |      | Individual   | San Salvador  | ESA  | 20-mar-1935 | JuegosCAC  |
| 22    | 47.38 | José Gregorio Driotez Urrutia    | 1-ene-1982  | 19   | Individual   | San Salvador  | ESA  | 19-oct-2001 | CNMayor    |
| 23    | 46.64 | Rafael Antonio Santos Cisneros   | 13-jun-1944 | 27   | Individual   | San José      | CRC  | 19-nov-1971 | CAMayor    |
| 24    | 46.45 | Ernesto Melendez                 | 1-ene-1979  | 19   | Denver       | San Salvador  | ESA  | 9-may-1998  | CNJvenil   |
| 25    | 46.42 | Ricardo Villafuerte              |             |      | Individual   | Panama        | PAN  | 8-feb-1938  | JuegosCAC  |
| 26    | 46.10 | Lucas Oswaldo Miralda            | 5-abr-1969  | 19   | Individual   | Santo Domingo | DOM  | 21-oct-1988 | Torneo     |
| 27    | 46.10 | Carlos Bolaños                   |             |      | Individual   | Guatemala     | GUA  | 27-sep-1958 | CAMayor    |
| 28    | 46.04 | Jonathan Eli Leon Mena           | 30-abr-2000 | 26   | Rasan-Bernal | San Salvador  | ESA  | 9-may-2026  | CNMayor    |
| 29    | 46.02 | Ruben Elias Lobato Arteaga       | 8-feb-2001  | 17   | Cuscatlan    | San Salvador  | ESA  | 23-jun-2018 | CNMayor    |
| 30    | 45.90 | Mario Hernández                  |             |      | UES          | San Salvador  | ESA  | 21-nov-1985 | Torneo     |



Fernando Palomo



Manuel Nuila



Rudy Aguilar

## RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

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#### MARCAS JUVENILES

(700g)

| LUGAR | MARCA | NOMBRE                         | FEC/NAC     | EDAD | CLUB      | LUGAR        | PAIS | FECHA       | EVENTO      |
|-------|-------|--------------------------------|-------------|------|-----------|--------------|------|-------------|-------------|
| 1     | 52.38 | Luis Ernesto Aquino Salazar    | 22-feb-1986 | 17   | Santa Ana | San Salvador | ESA  | 18-sep-2003 | Estudiantil |
| 2     | 51.25 | Jhonatan Josué Cardenas Arias  | 20-mar-2003 | 16   | Cuscatlan | San Salvador | ESA  | 1-mar-2020  | Torneo      |
| 3     | 50.48 | Federico Andrés Díaz Flores    | 1-jun-2009  | 16   | Trojans   | Managua      | NCA  | 3-may-2026  | CAJuvenil   |
| 4     | 49.87 | Julio Alejandro Valdes Aylagas | 5-abr-2006  | 17   | Trojans   | San Salvador | ESA  | 27-ene-2024 | AASCA       |
| 5     | 49.08 | Angel Alberto Olmedo Serrano   | 2-may-2005  | 15   | Projuves  | San Salvador | ESA  | 14-mar-2021 | Torneo      |



Luis Aquino



Jonathan Cardenas



Federico Diaz

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

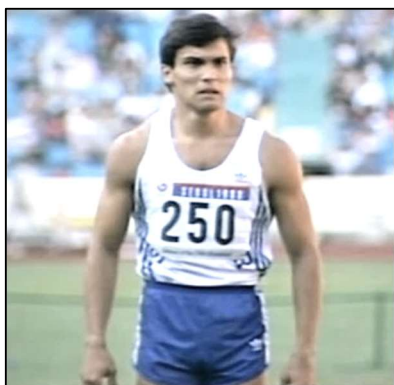
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### DECATLON (+4000pts)

(Mayor) 100, SL, IB(7.62k), SA, 400, 110mv(1.06), LD(2k) SP, LJ(800g), 1500

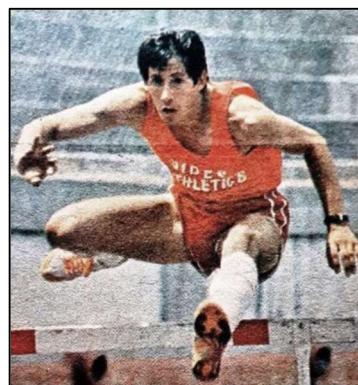
| LUGAR                                                                                | MARCA | NOMBRE                         | FEC/NAC     | EDAD | CLUB       | LUGAR          | PAIS | FECHA       | EVENTO     |
|--------------------------------------------------------------------------------------|-------|--------------------------------|-------------|------|------------|----------------|------|-------------|------------|
| 1                                                                                    | 7517  | Santiago Heriberto Mellado     | 6-abr-1963  | 25   | Individual | Seul           | KOR  | 29-sep-88   | JOlímpicos |
| (11.33, 6.83, 11.63, 2.06, 48.37, 15.39, 37.52, 4.60, 55.42, 4.30.07)                |       |                                |             |      |            |                |      |             |            |
| 2                                                                                    | 7491  | Esteban Josué Ibáñez Guevara   | 5-dic-2000  | 22   | CAS        | San Salvador   | ESA  | 29-jun-2024 | CAMayor    |
| (10.96(1.6), 7.29(0.0), 11.89, 2.00, 49.08, 14.56(0.0), 32.94, 4.20, 52.95, 4.29.84) |       |                                |             |      |            |                |      |             |            |
| 3                                                                                    | 5973  | Mauricio Carranza Rivas        | 2-feb-1965  | 32   | UES        | San Salvador   | ESA  | 27-jul-1997 | Torneo     |
| (11.29, 7.05, 11.05, 1.68, 56.72, 15.60, 30.44, 3.50, 37.48, 5.15.16)                |       |                                |             |      |            |                |      |             |            |
| 4                                                                                    | 5798  | Lucas Oswaldo Miralda          | 5-abr-1969  | 19   | Juvel      | Santo Domingo  | DOM  | 21-oct-1988 | Torneo     |
| (11.0, 6.20, 10.36, 1.80, 52.8, 17.2, 29.90, 4.10, 46.10, 5.45.7)                    |       |                                |             |      |            |                |      |             |            |
| 5                                                                                    | 5782  | Rudy Aguilar Ruano             | 15-ago-1956 | 24   | Individual | Guatemala      | GUA  | 6-nov-1980  | CAMayor    |
| (11.4, 5.81, 11.40, 1.68, 55.7, 17.6, 34.57, 3.05, 61.27, 5.21.4)                    |       |                                |             |      |            |                |      |             |            |
| 6                                                                                    | 5686  | Alejandro Ernesto Olmedo Borja | 16-oct-1988 | 20   | Individual | San Juan       | PUR  | 22-nov-2008 | JustasLAI  |
| (11.42, 6.10, 9.72, 2.05, 50.72, 14.95, 22.50, 2.70, 29.44, 5.18.90)                 |       |                                |             |      |            |                |      |             |            |
| 7                                                                                    | 5619  | Yehefri Benjamin Vides         | 27-sep-1985 | 20   | Juvel      | San José       | CRC  | 4-jun-2005  | CAMayor    |
| (11.39, 6.49, 10.00, 1.69, 54.73, 15.89, 24.85, 3.70, 35.17, 5.10.76)                |       |                                |             |      |            |                |      |             |            |
| 8                                                                                    | 5601  | Juan Ernesto Calidonio         | 28-ene-1971 | 23   | Individual | San Salvador   | ESA  | 18-ene-1994 | JuegosCA   |
| (11.63(2.2), 5.89, 9.74, 1.55, 52.50, 17.70(2.8), 30.50, 3.60, 42.14, 4.35.15)       |       |                                |             |      |            |                |      |             |            |
| 9                                                                                    | 5426  | Mario Alejandro Mancia Zepeda  | 13-abr-1993 | 23   | Santa Ana  | San Salvador   | ESA  | 16-abr-2016 | CNJvenil   |
| 10                                                                                   | 5402  | Hector Mata                    | 8-feb-1972  | 21   | Individual | San Salvador   | ESA  | 18-ene-1994 | JuegosCA   |
| (11.69(2.5), 6.06, 8.99, 1.73, 53.60, 16.70(1.7), 22.64, 3.50, 36.62, 4.54.40)       |       |                                |             |      |            |                |      |             |            |
| 11                                                                                   | 5334  | Roger Rafael Manzur Aguilar    | 23-dic-1961 | 28   | UTEC       | San Salvador   | ESA  | 1989        | CNMayor    |
| 12                                                                                   | 5286  | Luis Alberto Aguirre Cortez    | 9-sep-1964  | 33   | Juvel      | San Pedro Sula | HON  | 12-dic-1997 | JuegosCA   |
| (11.6(1.2), 6.36, 10.12, 1.59, 54.2, 16.6, 31.22, 3.50, 39.62, 5.48.5)               |       |                                |             |      |            |                |      |             |            |
| 13                                                                                   | 5262  | Sixto Armando Anchetta Ramírez | 7-mar-1977  | 24   | Juvel      | San Salvador   | ESA  | 19-oct-2001 | CNMayor    |
| 14                                                                                   | 5242  | Rolando Arturo Ayala Hernández | 10-abr-1991 | 20   | Olimpicus  | San José       | CRC  | 25-jun-2011 | CAMayor    |
| (11.62(0.4), 6.29(0.0), 9.24, 1.61, 50.82, 18.92(0.4), 22.74, 3.40, 31.64, 4.47.62)  |       |                                |             |      |            |                |      |             |            |
| 15                                                                                   | 5209  | Rafael Antonio Santos Cisneros | 13-jun-1944 | 26   | Individual | Panama         | PAN  | 7-mar-1970  | JuegosCAC  |
| (11.5, 5.73, 8.94, 1.60, 53.4, 18.5, 24.54, 2.80, 45.52, 4.41.9)                     |       |                                |             |      |            |                |      |             |            |



Santiago Mellado



Esteban Ibáñez



Mauricio Carranza

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

## ATLETISMO CATEGORIA MASCULINA (Actualizado 23JUN2026)

Creado por: **Carlos Clemente, Estadístico e Historiador**. Correcciones o adiciones escribe a [atletismoelsalvador@yahoo.com](mailto:atletismoelsalvador@yahoo.com)

|           |             |                                                                                     |             |           |                |                |     |                    |            |
|-----------|-------------|-------------------------------------------------------------------------------------|-------------|-----------|----------------|----------------|-----|--------------------|------------|
| <b>16</b> | <b>5173</b> | Saul Nelson Deleon                                                                  | 1-ene-1956  | <b>30</b> | SAS            | Guatemala      | GUA | <b>11-ene-1986</b> | JuegosCA   |
|           |             | (12.0, 5.90, 10.18, 1.60, 55.0, 17.1, 29.62, 2.90, 39.96, 4.58.9)                   |             |           |                |                |     |                    |            |
| <b>17</b> | <b>5009</b> | Walter Mauricio Payes                                                               | 1-ene-1985  | <b>19</b> | Santa Ana      | Managua        | NCA | 26-sep-2004        | CACJuvenil |
|           |             | (11.60, 5.82, 7.92, 1.65, 52.12, 17.83, 22.68, 3.55, 28.92, 5.10.60)                |             |           |                |                |     |                    |            |
| <b>18</b> | <b>4936</b> | Marco Antonio Rodriguez Pablo                                                       | 28-abr-1991 | <b>18</b> | Olimpicus      | Guatemala      | GUA | 12-jun-2009        | CAMayor    |
|           |             | (11.92(-0.1), 6.01, 9.49, 1.62, 54.04, 16.71(0.5), 21.65, 3.10, 26.13, 5.06.41)     |             |           |                |                |     |                    |            |
| <b>19</b> | <b>4912</b> | Nestor Oswaldo Meza Orellana                                                        | 9-ene-1988  | <b>19</b> | Olimpicus      | San José       | CRC | 9-jun-2007         | CAMayor    |
|           |             | (11.56, 6.24, 7.18, 1.73, 52.09, 18.31, 22.19, 2.90, 22.97, 4.56.15)                |             |           |                |                |     |                    |            |
| <b>20</b> | <b>4910</b> | Camilo Ernesto Menjivar Marroquin                                                   | 7-dic-1999  | <b>23</b> | CAS            | San Salvador   | ESA | 26-jun-2022        | CNMayor    |
|           |             | (12.02(0.8), 5.30(0.0), 9.55, 1.62, 53.87, 17.58(0.0), 23.64, 3.10, 34.80, 4.55.76) |             |           |                |                |     |                    |            |
| <b>21</b> | <b>4872</b> | Ernesto Napoleon Vides Oliva                                                        | 15-dic-1949 | <b>33</b> | Individual     | San Salvador   | ESA | <b>14-nov-1982</b> | CNMayor    |
|           |             | (11.9, 5.49, 9.52, 1.50, 56.8, 18.4, 25.22, 2.50, 38.35, 4.57.0)                    |             |           |                |                |     |                    |            |
| <b>22</b> | <b>4769</b> | Mario Alejandro Mancia Zepeda                                                       | 13-abr-1993 | <b>24</b> | Santa Ana      | Tegucigalpa    | HON | 30-jun-2017        | CAMayor    |
| <b>23</b> | <b>4654</b> | Daniel Alejandro Gutierrez                                                          | 19-may-1987 | <b>21</b> | Vitta-Sanjatts | San Pedro Sula | HON | 27-jun-2008        | CAMayor    |
|           |             | (12.02(-0.5), 5.70, 7.89, 1.40, 53.06, 19.84(0.9), 19.07, 4.10, 28.38, 4.54.89)     |             |           |                |                |     |                    |            |
| <b>24</b> | <b>4611</b> | Pedro Daniel Figueroa Flores                                                        | 19-may-1991 | <b>18</b> | Olimpicus      | Guatemala      | GUA | 12-jun-2009        | CAMayor    |
|           |             | (12.36(-0.1), 5.67, 8.09, 1.62, 56.71, 18.51(0.5), 21.22, 4.20, 25.79, 5.21.05)     |             |           |                |                |     |                    |            |
| <b>25</b> | <b>4572</b> | Carlos Rigoberto Clemente Flores                                                    | 23-jun-1979 | <b>20</b> | BFA            | San Salvador   | ESA | 28-ago-1999        | CNMayor    |
|           |             | (**, 5.52, **, 1.51, 55.28, 18.34, 23.87, 3.00, 38.54, **)                          |             |           |                |                |     |                    |            |
| <b>26</b> | <b>4430</b> | Alfredo Aleman Muñoz                                                                |             |           | SAS            | San Salvador   | ESA | <b>29-sep-1985</b> | CNMayor    |
| <b>27</b> | <b>4372</b> | Oscar Rodriguez                                                                     | 1-ene-1963  | <b>22</b> | SAS            | San Salvador   | ESA | <b>29-sep-1985</b> | CNMayor    |
| <b>28</b> | <b>4098</b> | Ruben Ernesto López                                                                 | 3-jul-1978  | <b>27</b> | Juvel          | San Salvador   | ESA | 15-may-2005        | CNMayor    |
| <b>29</b> | <b>4069</b> | Diego Francisco Barahona                                                            | 1-ene-1987  | <b>18</b> | Olimpicus      | San Salvador   | ESA | 15-may-2005        | CNMayor    |
| <b>30</b> | <b>4033</b> | Rafael Antonio Gallardo Galdamez                                                    | 1-ene-1966  | <b>18</b> | Aetos          | Guatemala      | GUA | <b>15-ago-1984</b> | CAMayor    |
|           |             | (12.8, 4.88, 7.50, 1.73, 1.01.1, 20.5, 24.18, 2.70, 47.12, 5.31.8)                  |             |           |                |                |     |                    |            |

## PENTATLON

SL, LJ(800g), 200m, LD(2.0k), 1500m

| LUGAR    | MARCA       | NOMBRE                             | FEC/NAC     | EDAD      | CLUB       | LUGAR        | PAIS | FECHA              | EVENTO    |
|----------|-------------|------------------------------------|-------------|-----------|------------|--------------|------|--------------------|-----------|
| <b>1</b> | <b>3131</b> | Víctor Manuel Castañeda            |             |           | Individual | Barranquilla | COL  | <b>14-dic-1946</b> | JuegosCAC |
|          |             | (5.01, 51.91, **, 31.68, 5.01)     |             |           |            |              |      |                    |           |
| <b>2</b> | <b>2407</b> | José Castro                        |             |           | Individual | San José     | CRC  | <b>19-nov-1971</b> | CAMayor   |
|          |             | (6.09, 39.24, 25.9, 26.98, 4.58.2) |             |           |            |              |      |                    |           |
| <b>3</b> | <b>2314</b> | Rafael Antonio Santos Cisneros     | 13-jun-1944 | <b>27</b> | Individual | San José     | CRC  | <b>19-nov-1971</b> | CAMayor   |
|          |             | (5.80, 46.64, 24.4, 25.06, 5.49.1) |             |           |            |              |      |                    |           |
| <b>4</b> | <b>2245</b> | Carlos Eduardo Hasbun Zablah       | 27-sep-1949 | <b>22</b> | Individual | San José     | CRC  | <b>19-nov-1971</b> | CAMayor   |
| <b>5</b> | <b>2184</b> | Federico Noltenius                 |             |           | Individual | San Salvador | ESA  | <b>22-mar-1935</b> | JuegosCAC |
|          |             | (5.94, 40.45, 24.0, 57.52, 4.51.6) |             |           |            |              |      |                    |           |

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### MARCAS INFANTILES Y JUVENILES

#### (DECATLON Juv. A - U20) (100, SL, IB (6k), SA, 400, 110mv(0.99), LD(1.75k) SP, LJ(800g), 1500)

| LUGAR | MARCA                                                                                 | NOMBRE                         | FEC/NAC     | EDAD | CLUB            | LUGAR        | PAIS | FECHA        | EVENTO    |
|-------|---------------------------------------------------------------------------------------|--------------------------------|-------------|------|-----------------|--------------|------|--------------|-----------|
| 1     | <b>6426</b>                                                                           | Esteban Josué Ibáñez Guevara   | 5-dic-2000  | 18   | Sanjatts Sport  | San José     | CRC  | 21-jul.-2019 | PANAMU20  |
|       | (11.38(2.5), 6.31(1.0), 9.78, 1.90, 51.13, 14.96(1.0), 33.55, 3.50, 47.47, 4.49.44)   |                                |             |      |                 |              |      |              |           |
| 2     | <b>5951</b>                                                                           | Piero Rafael Braghieri Peralta | 2-oct-2002  | 18   | Olimpicus       | Managua      | NCA  | 1-ago-2021   | CAJuvenil |
|       | (11.19(1.0), 6.72(-0.7), 8.82, 1.76, 50.97, 15.45(0.3), 32.45, 3.50, 29.11, 5.05.53)  |                                |             |      |                 |              |      |              |           |
| 3     | <b>5947</b>                                                                           | José Rene Navas Ortiz          | 12-jul-2002 | 19   | Athletics Beans | Managua      | NCA  | 1-ago-2021   | CAJuvenil |
|       | (11.28(1.0), 6.16(-0.9), 10.76, 1.73, 50.84, 15.79(0.3), 28.60, 3.20, 36.50, 4.43.41) |                                |             |      |                 |              |      |              |           |
| 4     | <b>5210</b>                                                                           | Nestor Oswaldo Meza Orellana   | 9-ene-1988  | 19   | Olimpicus       | San Salvador | ESA  | 27-may-2007  | CAJuvenil |
|       | (11.60, 6.57, 8.76, 1.72, 51.88, 17.03, 23.09, 2.90, 27.80, 5.08.5)                   |                                |             |      |                 |              |      |              |           |
| 5     | <b>5210</b>                                                                           | Rolando Arturo Ayala Hernández | 10-abr-1991 | 19   | Individual      | Panama       | PAN  | 29-may-2010  | CAJuvenil |
|       | (12.07(0.4), 6.41(1.0), 8.94, 1.68, 53.71, 18.03(0.0), 21.20, 3.20, 35.86, 4.38.39)   |                                |             |      |                 |              |      |              |           |

#### (DECATLON Juv. B - U18) (100m, SL, IB(5k),SA, 400m, 110mv(0.91), LD(1.5k), SP, LJ(700g), 1500)

| LUGAR | MARCA                                                                                  | NOMBRE                            | FEC/NAC     | EDAD | CLUB           | LUGAR        | PAIS | FECHA       | EVENTO    |
|-------|----------------------------------------------------------------------------------------|-----------------------------------|-------------|------|----------------|--------------|------|-------------|-----------|
| 1     | <b>5716</b>                                                                            | Esteban Josué Ibáñez Guevara      | 5-dic-2000  | 16   | Sanjatts Sport | Managua      | NCA  | 30-jul-2017 | CAJuvenil |
|       | (12.56, 5.76, 9.50, 1.79, 55.52, 15.85(0.0), 27.27, 2.70, 36.25, 4.51.56)              |                                   |             |      |                |              |      |             |           |
| 2     | <b>4491</b>                                                                            | Camilo Ernesto Menjivar Marroquin | 7-dic-1999  | 16   | Sanjatts Sport | San Salvador | ESA  | 16-abr-2016 | CNJvenil  |
| 3     | <b>4277</b>                                                                            | Hector Enrique Grenni Alvarado    | 8-nov-1999  | 16   | Sanjatts Sport | San Salvador | ESA  | 16-abr-2016 | CNJvenil  |
| 4     | <b>4115</b>                                                                            | Hugo Eleazar Sanchez Colindres    | 20-jun-2000 | 15   | Santa Ana      | San Salvador | ESA  | 16-abr-2016 | CNJvenil  |
| 5     | <b>4103</b>                                                                            | José Roberto Ayala Hernández      | 8-mar-1998  | 17   | Projuves       | San Salvador | ESA  | 13-jun-2015 | CNJvenil  |
|       | (11.88(1.4), 5.06 (-0.1), 8.22, 1.54, 53.76, 19.63 (0.1), 21.85, 2.40, 23.34, 2.50.69) |                                   |             |      |                |              |      |             |           |

#### (HEPTATLON U15) (80m, SL, IB(3k), 80mv(0.84m), SA, LB, 1200m)

| LUGAR | MARCA                                                            | NOMBRE                             | FEC/NAC     | EDAD | CLUB            | LUGAR        | PAIS | FECHA       | EVENTO      |
|-------|------------------------------------------------------------------|------------------------------------|-------------|------|-----------------|--------------|------|-------------|-------------|
| 1     | <b>5047</b>                                                      | Kevin Josué Zelaya Peña            | 30-jul-1996 | 13   | Athletics Beans | San José     | CRC  | 28-nov-2009 | CAInfantil  |
|       | (9.64, 6.45, 13.12, 12.07, 1.59, 77.50, 4.01.72)                 |                                    |             |      |                 |              |      |             |             |
| 2     | <b>4710</b>                                                      | Ronald Alexander Alvarenga         | 31-ene-1994 | 13   | Linares         | San Salvador | ESA  | 10-nov-2007 | CAInfantil  |
|       | (9.4, 5.39, 13.72, 11.7, 1.46, 66.65, 4.12.0)                    |                                    |             |      |                 |              |      |             |             |
| 3     | <b>4501</b>                                                      | Angel Alberto Olmedo Serrano       | 2-may-2005  | 14   | Projuves        | San Salvador | ESA  | 27-jul-2019 | NACACU13U15 |
|       | (10.14(1.7), 5.60(0.9), 11.95, 11.93(1.3), 1.45, 67.94, 4.13.82) |                                    |             |      |                 |              |      |             |             |
| 4     | <b>4407</b>                                                      | Francisco Xavier Monterrosa Velado | 28-ene-2005 | 14   | Projuves        | San Salvador | ESA  | 27-jul-2019 | NACACU13U15 |
|       | (9.76(0.2), 5.47(0.7), 11.19, 12.21(1.3), 1.55, 47.65, 4.12.48)  |                                    |             |      |                 |              |      |             |             |
| 5     | <b>4294</b>                                                      | Bryan Andony Zelaya Peña           | 2-may-1995  | 13   | Athletics Beans | Managua      | NCA  | 22-nov-2008 | CAInfantil  |
|       | (10.64, 5.46, 11.70, 12.50, 1.52, 40.93, 3.44.84)                |                                    |             |      |                 |              |      |             |             |



Esteban Ibáñez

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| LUGAR | MARCA    | NOMBRE                               | FEC/NAC     | EDAD | CLUB             | LUGAR        | PAIS | FECHA       | EVENTO    |
|-------|----------|--------------------------------------|-------------|------|------------------|--------------|------|-------------|-----------|
| 1     | 20.31.53 | José Gilberto Menjivar Avilés        | 22-ago-2001 | 17   | Sn José Guayabal | Buenos Aires | ARG  | 11-oct-2018 | JOlímpJuv |
| 2     | 21.17.72 | Emerson Esnal Hernández              | 20-ene-1989 | 17   | López Beltran    | San Salvador | ESA  | 27-jul-2006 | Torneo    |
| 3     | 21.36.16 | Víctor Hugo Mendoza Barrillas        | 16-nov-1988 | 17   | López Beltran    | San Salvador | ESA  | 6-may-2006  | Torneo    |
| 4     | 21.41.62 | Walter Alberto Sandoval              | 16-dic-1984 | 17   | Individual       | San Salvador | ESA  | 2001        | Codicader |
| 5     | 21.45.61 | Joséph Alejandro Hernández Silva     | 10-feb-1999 | 18   | M Cojute         | San Salvador | ESA  | 17-may-2017 | Torneo    |
| 6     | 21.47.05 | José Alejandro Leon Lara             | 11-Jan-1962 | 26   | Juvel            | San Salvador | ESA  | 1988        | Torneo    |
| 7     | 21.58.67 | Frank Alberto Hernández Silva        | 10-feb-1999 | 18   | M Cojute         | San Salvador | ESA  | 17-may-2017 | Torneo    |
| 8     | 22.09.75 | Salvador Ernesto Mira Vasquez        | 23-ago-1984 | 17   | Individual       | San Salvador | ESA  | 2001        | Codicader |
| 9     | 22.38.8  | Francisco Guzman                     | 26-dic-1966 | 27   | Cojutepeque      | San Salvador | ESA  | 1993        | Torneo    |
| 10    | 22.57.0  | Ricardo Ernesto Reyes                | 10-mar-1980 | 24   | López Beltran    | San Salvador | ESA  | 1-may-2004  | Torneo    |
| 11    | 23.49.7  | Herberth Mauricio Martínez Henriquez | 2-dic-1983  | 18   | Las Aguilas      | Santa Ana    | ESA  | 12-may-2002 | Torneo    |

**5 KILOMETROS MARCHA**

| LUGAR | MARCA | NOMBRE                               | FEC/NAC     | EDAD | CLUB              | LUGAR        | PAIS | FECHA       | EVENTO     |
|-------|-------|--------------------------------------|-------------|------|-------------------|--------------|------|-------------|------------|
| 1     | 22.48 | Emerson Esnal Hernández              | 20-ene-1989 | 15   | Las Aguilas       | San Salvador | ESA  | 1-may-2004  | Torneo     |
| 2     | 22.57 | Ricardo Ernesto Reyes                | 10-mar-1980 | 24   | Cojute L. Beltran | San Salvador | ESA  | 1-may-2004  | Torneo     |
| 3     | 22.58 | Víctor Hugo Mendoza Barrillas        | 16-nov-1988 | 15   | Cojute L. Beltran | San Salvador | ESA  | 1-may-2004  | Torneo     |
| 4     | 23.17 | Brayan Estiven Mendez Lievano        | 30-sep-2003 | 14   | Sn José Guayabal  | San José     | CRC  | 24-mar-2018 | CAMarcha   |
| 5     | 23.21 | Herberth Mauricio Martínez Henriquez | 2-dic-1983  | 20   | Las Aguilas       | San Salvador | ESA  | 1-may-2004  | Torneo     |
| 6     | 23.29 | Gerson Otoniel Navas Jimenez         | 7-may-1998  | 14   | Sn José Guayabal  | San Salvador | ESA  | 19-ene-2013 | Torneo     |
| 7     | 23.45 | David Alexander Escobar Castillo     | 7-jul-1995  | 16   | Sn José Guayabal  | San Salvador | ESA  | 8-ene-2012  | CNMarcha   |
| 8     | 23.50 | Marco Antonio Benavides              | 2-may-1986  | 15   | Individual        | San Salvador | ESA  | 28-abr-2002 | ChequeoMar |
| 9     | 24.16 | Oscar Armando Menjivar Avilés        | 7-may-1997  | 14   | Sn José Guayabal  | San Salvador | ESA  | 8-ene-2012  | CNMarcha   |
| 10    | 24.20 | Alcides Esau Rosales Alvarez         | 9-sep-1996  | 15   | Cojutepeque       | San Salvador | ESA  | 8-ene-2012  | CNMarcha   |
| 11    | 24.23 | Jason Steven Acevedo                 | 8-oct-1996  | 14   | Individual        | San Salvador | ESA  | 27-feb-2011 | CopaMarcha |

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### 10000 METROS MARCHA

| LUGAR | MARCA    | NOMBRE                               | FEC/NAC     | EDAD | CLUB             | LUGAR            | PAIS | FECHA       | EVENTO        |
|-------|----------|--------------------------------------|-------------|------|------------------|------------------|------|-------------|---------------|
| 1     | 40.55.4  | Walter Alberto Sandoval              | 16-dic-1984 | 25   | López Beltran    | San Salvador     | ESA  | 30-may-2009 | CNMMayor      |
| 2     | 41.28.7  | Ricardo Ernesto Reyes                | 10-mar-1980 | 29   | Equipo de Marcha | San Salvador     | ESA  | 30-may-2009 | CNMMayor      |
| 3     | 42.17.56 | Emerson Esnal Hernández              | 20-ene-1989 | 25   | Equipo de Marcha | Philadelphia, PA | ESA  | 26-abr-2014 | PennRelays    |
| 4     | 42.35.17 | Salvador Ernesto Mira Vasquez        | 23-ago-1984 | 21   | López Beltran    | San Salvador     | ESA  | 2-abr-2005  | Torneo        |
| 5     | 42.35.79 | Marco Antonio Benavides              | 2-may-1986  | 19   | López Beltran    | San Salvador     | ESA  | 2-abr-2005  | Torneo        |
| 6     | 43.05.14 | José Gilberto Menjivar Avilés        | 22-ago-2001 | 17   | Sn José Guayabal | Panama           | PAN  | 17-sep-2018 | Codicader     |
| 7     | 43.57.00 | Víctor Hugo Mendoza Barrillas        | 16-nov-1988 | 18   | Equipo de Marcha | San Salvador     | ESA  | 4-jun-2006  | Torneo        |
| 8     | 44.30.55 | Jesus Elias Maldonado                | 20-ago-1970 | 31   | Equipo de Marcha | San Salvador     | ESA  | 19-oct-2001 | CNMMayor      |
| 9     | 44.31.74 | Oscar Armando Menjivar Avilés        | 5-jul-1997  | 18   | Sn José Guayabal | Edmonton         | CAN  | 2-ago-2015  | PanamJuvenil  |
| 10    | 44.43.13 | Frank Alberto Hernández Silva        | 10-feb-1999 | 20   | Moret            | San Salvador     | ESA  | 10-feb-2019 | Torneo        |
| 11    | 44.53.46 | Brayan Estiven Mendez Lievano        | 30-sep-2003 | 15   | Sn José Guayabal | San Salvador     | ESA  | 18-may-2019 | CAJuvenil     |
| 12    | 44.55.55 | Balmore Ernesto Elias                | 12-jul-1975 | 19   | Cojutepeque      | Lisboa           | POR  | 21-jul-1994 | MundialMarcha |
| 13    | 44.56.81 | José Ernesto Cuevas                  | 1-ene-1984  | 21   | López Beltran    | San Salvador     | ESA  | 2-abr-2005  | Torneo        |
| 14    | 45.05.97 | Luis Alfonso López Menjivar          | 18-ene-1994 | 21   | Caminantes       | San Salvador     | ESA  | 18-abr-2015 | Torneo        |
| 15    | 45.54.24 | Gerson Otoniel Navas Jimenez         | 7-may-1998  | 18   | Sn José Guayabal | San Salvador     | ESA  | 22-abr-2017 | CNJuvvenil    |
| 16    | 46.31.14 | José Roberto Benavides               | 6-nov-1987  | 17   | López Beltran    | San Salvador     | ESA  | 12-mar-2005 | Torneo        |
| 17    | 46.33.59 | Cesar Cristian Escobar Castro        | 13-feb-1994 | 19   | Benavides        | San Salvador     | ESA  | 8-jun-2013  | CNMMayor      |
| 18    | 46.44.7  | José Alejandro Leon Lara             | 11-Jan-1962 | 23   | Juvel            | San Salvador     | ESA  | 5-nov-1985  | Torneo        |
| 19    | 47.03.82 | Joséph Alejandro Hernández Silva     | 10-feb-1999 | 17   | Moret            | San José         | CRC  | 21-may-2016 | CAJuvenil     |
| 20    | 47.26.64 | Herberth Mauricio Martínez Henriquez | 2-dic-1983  | 17   | Individual       | San Salvador     | ESA  | 19-oct-2001 | CNMMayor      |
| 21    | 48.31.27 | José Roberto Guzman                  |             |      | Individual       | Guatemala        | GUA  | 13-may-2006 | CAJuvenil     |
| 22    | 48.53.16 | Bryan Alexander de la O Hernández    | 5-abr-2002  | 16   | Sn José Guayabal | San Salvador     | ESA  | 2-jun-2018  | CAJuvenil     |
| 23    | 49.45.6  | Francisco Rodriguez                  |             |      | Cojutepeque      | San Salvador     | ESA  | 1-abr-1995  | Torneo        |
| 24    | 49.50.8  | Luis Alonso Rodriguez                | 24-feb-1971 | 24   | Juvel            | San Salvador     | ESA  | 1-abr-1995  | Torneo        |
| 25    | 51.39.0  | Fernando Antonio Castaneda Aragon    | 3-feb-2002  | 20   | Cojute           | San Salvador     | ESA  | 11-dic-2021 | CNMMarcha     |
| 26    | 52.22.4  | Sergio Daniel Lizama Mejia           | 1-ene-1984  | 18   | Las Aguillas     | San Salvador     | ESA  | 23-mar-2002 | Torneo        |
| 27    | 52.35.0  | Luis Enrique Menjivar Marroquin      | 20-ene-2005 | 16   | Guayabal         | San Salvador     | ESA  | 11-dic-2021 | CNMMarcha     |
| 28    | 53.01.86 | Kevin Enrique Castaneda Aragon       | 3-feb-2002  | 19   | Cuscatlan        | San Salvador     | ESA  | 10-abr-2021 | Torneo        |
| 29    | 53.22.2  | Roberto Antonio López                |             |      | Juvel            | San Salvador     | ESA  | 5-nov-1985  | Torneo        |
| 30    | 57.11.84 | William Noe Flores                   | 1-ene-1990  | 17   | Individual       | San Salvador     | ESA  | 25-may-2007 | CAJuvenil     |

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### 10 KILOMETROS MARCHA

| LUGAR | MARCA | NOMBRE                              | FEC/NAC     | EDAD | CLUB             | LUGAR        | PAIS | FECHA       | EVENTO      |
|-------|-------|-------------------------------------|-------------|------|------------------|--------------|------|-------------|-------------|
| 1     | 41.55 | Víctor Hugo Mendoza Barillas        | 16-nov-1988 | 19   | López Beltran    | San Salvador | ESA  | 3-feb-2007  | Torneo      |
| 2     | 41.55 | José Gilberto Menjivar Avilés       | 22-ago-2001 | 18   | Sn José Guayabal | Guatemala    | GUA  | 24-feb-2019 | CAMarcha    |
| 3     | 42.20 | Luis Alfonso López Menjivar         | 18-ene-1994 | 23   | Caminantes       | Santa Tecla  | ESA  | 14-ene-2017 | CNMarcha    |
| 4     | 43.10 | Emerson Esnal Hernández             | 20-ene-1989 | 18   | Equipo de Marcha | San Salvador | ESA  | 3-feb-2007  | Torneo      |
| 5     | 43.44 | José Alejandro Leon Lara            | 11-Jan-1962 | 26   | Juvel            | Xalapa       | GUA  | 1988        | CopaMarcha  |
| 6     | 44.34 | Gerson Otoniel Navas Jimenez        | 7-may-1998  | 19   | Caminantes       | Santa Tecla  | ESA  | 14-ene-2017 | CNMarcha    |
| 7     | 45.15 | Brayan Estiven Mendez Lievano       | 30-sep-2003 | 17   | Sn José Guayabal | Guatemala    | GUA  | 2-feb-2020  | CAMarcha    |
| 8     | 45.32 | Frank Alberto Hernández Silva       | 10-feb-1999 | 18   | M Cojute         | Guatemala    | GUA  | 12-feb-2017 | CAMarcha    |
| 9     | 45.34 | Joséph Alejandro Hernández Silva    | 10-feb-1999 | 18   | M Cojute         | Santa Tecla  | ESA  | 14-ene-2017 | CNMarcha    |
| 10    | 46.59 | Oscar Armando Menjivar Avilés       | 5-jul-1997  | 16   | Sn José Guayabal | San Salvador | ESA  | 19-ene-2013 | Torneo      |
| 11    | 47.04 | Cesar Cristian Escobar Castro       | 13-feb-1994 | 18   | Caminantes       | San Salvador | ESA  | 19-ene-2013 | Torneo      |
| 12    | 48.06 | Cesar Alexander Martinez Martinez   | 2-ene-1991  | 18   | Equipo de Marcha | San Salvador | ESA  | 22-mar-2009 | CNMarcha    |
| 13    | 48.43 | Luis Enrique Menjivar Marroquin     | 20-ene-2005 | 17   | Guayabal         | San Salvador | ESA  | 20-feb-2022 | CAMarcha    |
| 14    | 49.33 | Bryan Alexander de la O Hernández   | 5-abr-2002  | 15   | Sn José Guayabal | Santa Tecla  | ESA  | 28-ene-2018 | CNMarcha    |
| 15    | 50.43 | Alcides Esau Rosales Alvarez        | 9-sep-1996  | 16   | Tepetitan        | San Salvador | ESA  | 19-ene-2013 | Torneo      |
| 16    | 51.50 | Saul Armando Rodas Barrera          | 21-mar-1994 | 16   | Caminantes       | San Salvador | ESA  | 6-feb-2011  | CNMarcha    |
| 17    | 51.53 | Bryan Edgardo Barahona Beltran      | 3-abr-1994  | 16   | Caminantes       | San Salvador | ESA  | 27-feb-2011 | CNMarcha    |
| 18    | 53.26 | Edgar Heriberto Hernández Hernández | 23-mar-1999 | 17   | M Cojute         | Santa Tecla  | ESA  | 14-ene-2017 | CNMarcha    |
| 19    | 53.33 | David Humberto Escobar              | 25-dic-1991 | 17   | Individual       | San Salvador | ESA  | 22-mar-2009 | CNMarcha    |
| 20    | 55.34 | Luis Alberto Campos                 | 21-jul-1962 | 27   | Individual       | San Salvador | ESA  | 3-feb-2007  | Torneo      |
| 21    | 56.21 | Roberto Carlos Paredes              | 7-sep-1993  | 17   | Individual       | San Salvador | ESA  | 27-feb-2011 | CNMarcha    |
| 22    | 58.15 | Luis Mendoza                        | 16-sep-1995 | 13   | Individual       | San Salvador | ESA  | 1-may-2009  | PANAMMarcha |

# RANKING HISTORICO DE EL SALVADOR - LAS 30 MEJORES MARCAS DE TODOS LOS TIEMPOS

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### 20000 METROS MARCHA

| LUGAR | MARCA       | NOMBRE                               | FEC/NAC     | EDAD | CLUB             | LUGAR        | PAIS | FECHA       | EVENTO   |
|-------|-------------|--------------------------------------|-------------|------|------------------|--------------|------|-------------|----------|
| 1     | 1h 25.19.91 | Walter Alberto Sandoval              | 16-dic-1984 | 24   | Equipo de Marcha | Guatemala    | GUA  | 12-jun-2009 | CAMayor  |
| 2     | 1h 27.48.29 | Ricardo Ernesto Reyes                | 10-mar-1980 | 29   | Equipo de Marcha | Guatemala    | GUA  | 12-jun-2009 | CAMayor  |
| 3     | 1h 29.31.0  | Salvador Ernesto Mira Vasquez        | 23-ago-1984 | 20   | Equipo de Marcha | San Salvador | ESA  | 11-dic-2004 | Torneo   |
| 4     | 1h 30.45.13 | Víctor Hugo Mendoza Barrillas        | 16-nov-1988 | 18   | Equipo de Marcha | San José     | CRC  | 8-jun-2007  | CAMayor  |
| 5     | 1h 31.01.08 | Emerson Esnal Hernández              | 20-ene-1989 | 18   | Equipo de Marcha | San José     | CRC  | 8-jun-2007  | CAMayor  |
| 6     | 1h 32.39.0  | Jesus Elias Maldonado                | 20-ago-1970 | 31   | López Beltran    | San Salvador | ESA  | 23-mar-2002 | Torneo   |
| 7     | 1h 33.26.0  | José Ernesto Cuevas                  | 1-ene-1984  | 20   | López Beltran    | San Salvador | ESA  | 11-dic-2004 | Torneo   |
| 8     | 1h 33.38.91 | Luis Alfonso López Menjivar          | 18-ene-1994 | 20   | López Beltran    | San Salvador | ESA  | 16-mar-2014 | Torneo   |
| 9     | 1h 35.24.48 | Gerson Otoniel Navas Jimenez         | 7-may-1998  | 18   | Sn José Guayabal | San Salvador | ESA  | 17-jul-2016 | NACACU23 |
| 10    | 1h 35.40.0  | Frank Alberto Hernández Silva        | 10-feb-1999 | 18   | M Cojute         | San Salvador | ESA  | 24-sep-2017 | Torneo   |
| 11    | 1h 36.18.0  | José Alejandro Leon Lara             | 11-Jan-1962 | 27   | Juvel            | San Salvador | ESA  | 1989        | CNMayor  |
| 12    | 1h 38.20.0  | Joséph Alejandro Hernández Silva     | 10-feb-1999 | 18   | M Cojute         | San Salvador | ESA  | 24-sep-2017 | Torneo   |
| 13    | 1h 39.07.63 | Oscar Armando Menjivar Avilés        | 5-jul-1997  | 19   | Individual       | San Salvador | ESA  | 17-jul-2016 | NACACU23 |
| 14    | 1h 42.13.0  | Herberth Mauricio Martínez Henriquez | 2-dic-1983  | 18   | Las Aguilas      | San Salvador | ESA  | 23-mar-2002 | Torneo   |
| 15    | 1h 45.04.0  | Kevin Enrique Castaneda Aragon       | 3-feb-2002  | 19   | Cojute           | San Salvador | ESA  | 22-ene-2022 | CNMarcha |
| 16    | 1h 46.26.0  | Fernando Antonio Castaneda Aragon    | 3-feb-2002  | 19   | Cojute           | San Salvador | ESA  | 22-ene-2022 | CNMarcha |
| 17    | 1h 49.40.0  | Mario Antonio Martinez               |             | 97   | Cojutepeque      | San Salvador | ESA  | 22-mar-1997 | Torneo   |
| 18    | 1h 53.31.0  | Marvin Antonio Vivas Campos          | 10-sep-2002 | 19   | Cojute           | San Salvador | ESA  | 22-ene-2022 | CNMarcha |
| 19    | 1h 53.36.0  | Jorge Moises Rodas Barrera           | 2-nov-2001  | 20   | Betania          | San Salvador | ESA  | 22-ene-2022 | CNMarcha |

### 20 KILOMETROS MARCHA (-1h 58.00s)

| LUGAR | MARCA    | NOMBRE                               | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO     |
|-------|----------|--------------------------------------|-------------|------|------------------|----------------|------|-------------|------------|
| 1     | 1h 25.23 | Walter Alberto Sandoval              | 16-dic-1984 | 22   | Equipo de Marcha | La Coruña      | ESP  | 2-jun-2007  | GPMarcha   |
| 2     | 1h 26.09 | Salvador Ernesto Mira Vasquez        | 23-ago-1984 | 21   | López Beltran    | San Salvador   | ESA  | 10-dic-2005 | CopaMarcha |
| 3     | 1h 26.17 | Víctor Hugo Mendoza Barrillas        | 16-nov-1988 | 20   | Equipo de Marcha | San Salvador   | ESA  | 22-mar-2009 | CAMarcha   |
| 4     | 1h 26.34 | Emerson Esnal Hernández              | 20-ene-1989 | 24   | Equipo de Marcha | San Giovanni   | ITA  | 1-may-2013  | CopaIAAF   |
| 5     | 1h 27.32 | Ricardo Ernesto Reyes                | 10-mar-1980 | 24   | López Beltran    | San Salvador   | ESA  | 19-feb-2005 | Torneo     |
| 6     | 1h 27.50 | Luis Alfonso López Menjivar          | 18-ene-1994 | 23   | Caminantes       | Guatemala      | GUA  | 12-feb-2017 | CAMarcha   |
| 7     | 1h 28.45 | Marco Antonio Benavides              | 2-may-1986  | 19   | López Beltran    | San Salvador   | ESA  | 10-dic-2005 | CopaMarcha |
| 8     | 1h 32.21 | Francisco Antonio Guzman             | 26-dic-1966 | 27   | SUFECU           | San Salvador   | ESA  | 18-ene-1994 | JuegosCA   |
| 9     | 1h 32.39 | Jesus Elias Maldonado                | 20-ago-1970 | 31   | López Beltran    | San Salvador   | ESA  | 23-mar-2002 | Torneo     |
| 10    | 1h 33.19 | José Alejandro Leon Lara             | 11-Jan-1962 | 26   | Juvel            | San Salvador   | ESA  | 8-may-1988  | Torneo     |
| 11    | 1h 33.26 | José Ernesto Cuevas                  | 1-ene-1984  | 20   | López Beltran    | San Salvador   | ESA  | 11-dic-2004 | Torneo     |
| 12    | 1h 33.49 | Baltimore Ernesto Elias              | 12-jul-1975 | 18   | Cojutepeque      | San Salvador   | ESA  | 18-ene-1994 | JuegosCA   |
| 13    | 1h 38.17 | Luis Alberto Campos                  | 21-jul-1962 | 24   | Individual       | San Salvador   | ESA  | 30-ago-1986 | Torneo     |
| 14    | 1h 38.26 | José Roberto Benavides               | 6-nov-1987  | 19   | López Beltran    | Guatemala      | GUA  | 18-mar-2007 | CAMarcha   |
| 15    | 1h 38.58 | Kevin Enrique Castaneda Aragon       | 3-feb-2002  | 20   | Cojute           | San Salvador   | ESA  | 20-feb-2022 | CAMarcha   |
| 16    | 1h 40.06 | Frank Alberto Hernández Silva        | 10-feb-1999 | 20   | M Cojute         | Guatemala      | GUA  | 24-feb-2019 | CAMarcha   |
| 17    | 1h 42.18 | Herberth Mauricio Martínez Henriquez | 2-dic-1983  | 18   | Las Aguilas      | San Salvador   | ESA  | 28-abr-2002 | ChequeoMar |
| 18    | 1h 42.34 | Carlos Alberto Rivera                | 1-oct-1954  | 44   | Jopaflo          | Guatemala      | GUA  | 26-nov-1998 | Torneo     |
| 19    | 1h 43.34 | Cesar Cristian Escobar Castro        | 13-feb-1994 | 20   | López Beltran    | San Salvador   | ESA  | 2-mar-2014  | CNMarcha   |
| 20    | 1h 44.15 | Fernando Antonio Castaneda Aragon    | 3-feb-2002  | 20   | Cojute           | San Salvador   | ESA  | 20-feb-2022 | CAMarcha   |
| 21    | 1h 45.56 | Guillermo Vasquez                    | 25-jun-1971 | 26   | Cojutepeque      | San Pedro Sula | HON  | 9-dic-1997  | JuegosCA   |
| 22    | 1h 50.04 | Mario de Jesus Martinez Mejia        | 2-jun-1975  | 22   | Cojutepeque      | San Pedro Sula | HON  | 9-dic-1997  | JuegosCA   |
| 23    | 1h 51.12 | Luis Alonso Rodríguez                |             |      | Juvel            | San Salvador   | ESA  | 3-sep-1995  | CNMayor    |
| 24    | 1h 53.00 | Roberto Antonio López                |             |      | Juvel            | San Salvador   | ESA  | 1989        | Torneo     |
| 25    | 1h 55.41 | Jorge Estrada                        | 1-Jan-1967  | 18   | Tortugas         | San Salvador   | ESA  | 29-sep-1985 | CNMayor    |
| 26    | 1h 56.57 | Edmundo Palacios                     |             |      | ENA              | San Salvador   | ESA  | 29-sep-1985 | CNMayor    |
| 27    | 1h 58.17 | Saul Armando Rodas Barrera           | 21-mar-1994 | 20   | López Beltran    | San Salvador   | ESA  | 30-mar-2014 | CAMarcha   |
| 28    | 1h 58.48 | Roberto Castellanos Braña            | 7-oct-1950  | 18   | Individual       | Mexico DF      | MEX  | 14-oct-1968 | JOLimpicos |
| 29    | 1h 59.00 | Oscar Diaz Cabrales                  | 24-ago-1953 | 19   | Individual       | Panama         | PAN  | 24-nov-1972 | CAMayor    |

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### 35 KILOMETROS MARCHA

| LUGAR | MARCA    | NOMBRE                        | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO      |
|-------|----------|-------------------------------|-------------|------|------------------|----------------|------|-------------|-------------|
| 1     | 2h 37.11 | Emerson Esnal Hernández       | 20-ene-1989 | 22   | Equipo de Marcha | San Salvador   | ESA  | 6-feb-2011  | CNMarcha    |
| 2     | 2h 45.47 | Salvador Ernesto Mira Vasquez | 23-ago-1984 | 22   | Equipo de Marcha | Rio de Janeiro | BRA  | 28-jul-2007 | JuegosPANAM |
| 3     | 3h 16.42 | Carlos Alberto Rivera         | 1-oct-1954  | 40   | SUFECU           | San Salvador   | ESA  | 18-jun-1995 | Torneo      |
| 4     | 4h 04.60 | Luis Alonso Rodriguez         | 24-feb-1971 | 26   | Juvel            | San Salvador   | ESA  | 22-mar-1997 | Torneo      |

### 50 KILOMETROS MARCHA

| LUGAR | MARCA    | NOMBRE                        | FEC/NAC     | EDAD | CLUB             | LUGAR          | PAIS | FECHA       | EVENTO          |
|-------|----------|-------------------------------|-------------|------|------------------|----------------|------|-------------|-----------------|
| 1     | 3h 53.57 | Emerson Esnal Hernández       | 20-ene-1989 | 23   | Equipo de Marcha | Londres        | GBR  | 11-ago-2012 | JOlímpicos      |
| 2     | 3h 59.51 | Salvador Ernesto Mira Vasquez | 23-ago-1984 | 22   | Equipo de Marcha | Rio de Janeiro | BRA  | 28-jul-2007 | JuegosPANAM     |
| 3     | 4h 01.59 | Luis Alfonso López Menjivar   | 18-ene-1994 | 22   | Caminantes       | Ciudad Juarez  | MEX  | 6-mar-2016  | ChallengeMarcha |
| 4     | 4h 06.01 | Marco Antonio Benavides       | 2-may-1986  | 21   | Equipo de Marcha | Chihuahua      | MEX  | 9-mar-2008  | Torneo          |
| 5     | 4h 18.45 | Ricardo Ernesto Reyes         | 10-mar-1980 | 27   | Equipo de Marcha | Santa Catarina | BRA  | 22-abr-2007 | PANAMMarcha     |
| 6     | 4h 44.45 | Luis Alonso Rodriguez         | 24-feb-1971 | 22   | Juvel            | San Salvador   | ESA  | 22-ene-1994 | JuegosCA        |
| 7     | 4h 45.49 | José Alejandro Leon Lara      | 11-Jan-1962 | 26   | Juvel            | Guatemala      | GUA  | 6-may-1988  | Torneo          |
| 8     | 4h 59.56 | Carlos Alberto Rivera         | 1-oct-1954  | 39   | Aguilas          | San Salvador   | ESA  | 22-ene-1994 | JuegosCA        |
| 9     | 5h 09.48 | Oscar Díaz Cabrales           | 24-ago-1953 | 19   | Individual       | Panama         | PAN  | 25-nov-1972 | CAMayor         |
| 10    | 5h 22.00 | Ricardo Alberto Cruz Flores   | 9-abr-1946  | 22   | UES              | Mexico DF      | MEX  | 17-oct-1968 | JOlímpicos      |



José Gilberto Menjívar



Emerson Hernández



Walter Sandoval



Víctor Mendoza



Salvador Mira



Ricardo Reyes



Luis López



Carlos Rivera

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